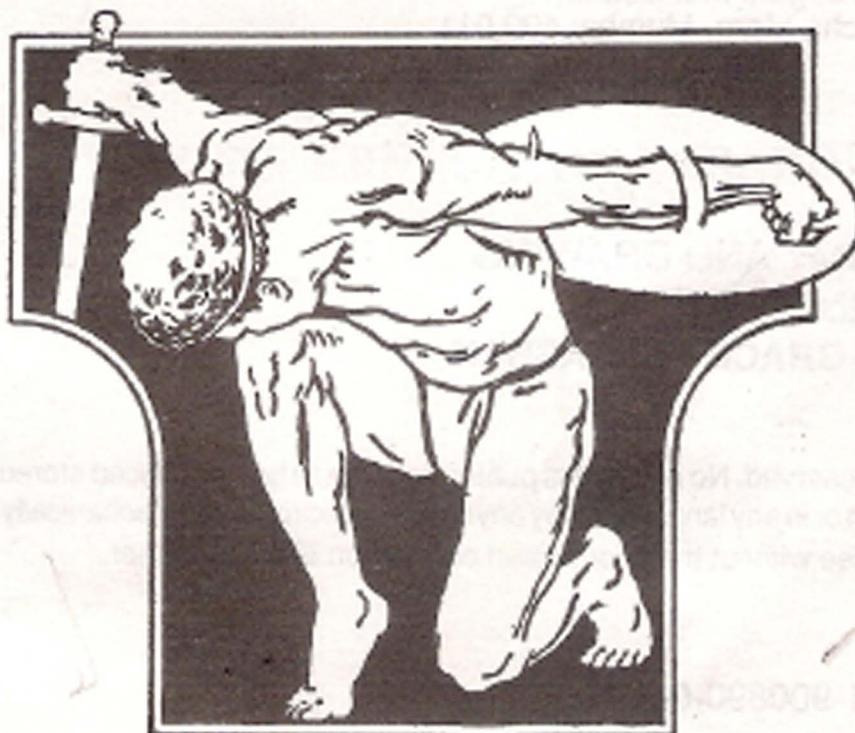


# ANATOMY AND DRAWING

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OVER A THOUSAND ILLUSTRATIONS

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## PREFACE

The purpose of this book is to present in a simple and direct manner the subject of anatomy as it is applied to Art. As little text as possible has been used, and much dependence has been placed on pictorial representation because the latter are a more direct means of impressing the artist with construction and form. For this reason this work has been copiously illustrated, often showing various views of the same structures and action.

To the beginner the study of anatomy is too often dull, prosaic and difficult and this is due, in large part, to the fact that many text books on the subject contain insufficient descriptive drawings. Even though the subject plows through many pages of text, he often fails to visualize the subject properly. Therefore it has been endeavored to substitute

## Anatomy and Drawing

Illustrations for descriptive text whenever practical. The drawing have been arranged in groups for the purpose of comparison, and in this way the eye becomes accustomed to observe much which otherwisenight escape attention.

To express outward form correctly requires a knowledge of the internal structure, that is, of the bones which compose the framework and define its proportions and of the muscles and tendons which direct its action.

Every figure artist finds sooner or later, as he advances in his artist career, that his work needs strengthening through a well grounded knowledge of anatomy. The great masters of the past realized this and their grasp on the fundamentals of anatomy is reflected not only on their finished works, but in such of their preliminary sketches as are still preserved.

The ability to construct figures correctly from the imagination rather then to depend entirely on models is a distinct aid to the draftsman and to the sculptor. The student of anatomy should therefore test his skill by making memory drawing and by applying his knowledge to compositions of his own fancy.

When working from living models, the artist will find that his knowledge of anatomy will enable him to analyze and interpret the forms before him in a more understanding way

then he could without such information. It will develop in him greater powers of observation. An understanding of anatomy is an instrument in the mechanics of Art: a means to be employed to assist but never allowed to dominate. The artist must learn properly to evaluate his anatomical information and to know the part it is to play in the development of his art. The studies he makes will then be done more intelligently and with better draftsmanship as an inevitable result.

VICTOR PERARD



## NOTES ON PROPORTION

Since proportion is the comparative relation of one thing to another, some standard or unit of measure must arbitrarily be established. In Art, this unit is known as the "head" which is the distance from the top of the skull to the tip of the chin. The illustrations in this book are based on the proportion of seven and a half "heads" to the height of an erect figure. The use of this standard will obviate much

descriptive text. It is well, however to bear in mind that this standard of proportion is modified by such elements as race, sex, age and physical differences peculiar to the individual. For this reason the following notes on proportion are grouped under the heads: Male, Female, Children and General Observations.

*Proportions of the Male.* The greatest width of the male figures is at the deltoids, a little below the shoulders and the width here is about two heads.

The width between the hips should equal one and one half heads, and the width between the nipples one head.

The height of the figure, seven and one-half heads, should approximate one "head" for the head, two and three-quarter heads for the neck and trunk, and three and three-quarter heads for the lower extremities.

From the finger tips to the elbow should measure two heads.

*Proportions of the Female.* The bones of the female are shorter and have less rough surface than those of the male. The sternum or breast bone is shorter and more curved and the pelvis is broader and shallower which gives a greater width to the hips. The sacrum is wider and projects at an angle backward.

The posterior superior iliac spines and the anterior iliac

spines are further apart than those of the male. The distance from the rib cage to the pelvis is greater due to the shallower and broader pelvis.

There is less distance from the crest of the iliacs to the great trochanters of the hips, because the anterior iliac spines are spread out and lower, and further apart. In the female figure the Poupart's ligaments and the furrow of the groin are more horizontal.

The shoulders are narrower and the collar bones (clavicles) straighter and shorter thus giving a more graceful and longer neck and more sloping shoulders in comparison with the square shoulders of the male.

The arms are shorter in proportion to the trunk which is due to the shorter humerus bone of the female, and because the humerus bone is shorter, the elbow is higher.

Variations in the length of the female leg are more frequent than those of the trunk and so it is more difficult to judge the height of the female figure when seated. But the length of the torso is proportionately longer than in the other sex. The legs are shorter and the skull smaller.

The center of the female figures is above the pubic bone while in the male, the center is about at the pubic bone. The width of the female hips is about the width of the chest wall plus that of one arms and is greater than that of the male of the same height. The fact that the female sacrum is at a greater

angle than that of the male and that there is more fat on the buttocks gives these a greater diameter.

The female abdomen, is more rounded and the thighs are thicker from the back to the front than in the other sex.

*Proportions of Children.* The child of three is about one half the height of the adult, and at ten, about three-quarters the height of the adult. As the child grows older the relative sizes of the head and the trunk change. At twenty-five the figure is full grown.

At birth the centre of the figure is a little above the navel, at two years at the navel and at three years the center is level with the iliac bone.

With advancing age this point gradually lowers depending to great extent on the length of the legs.

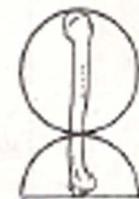
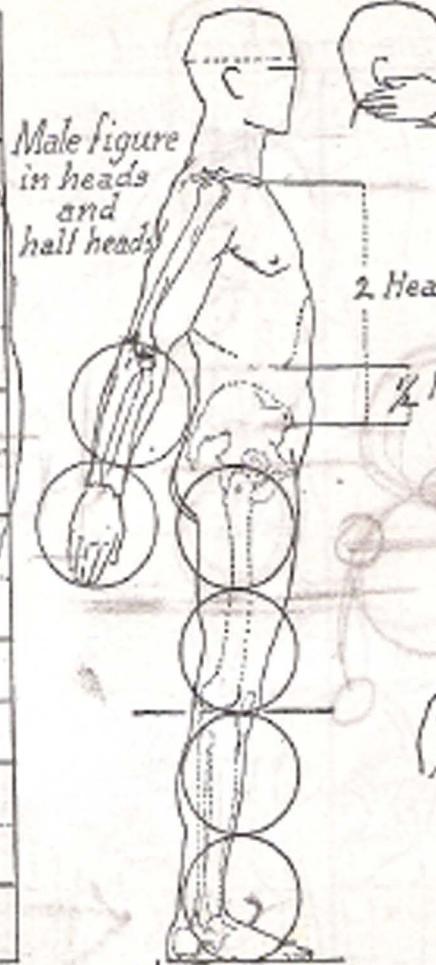
*General Observations.* The clavicle bone continues to grow for a considerable period after the other bones of the body have attained their full development and therefore the shoulders are said to broaden

Only very tall people have a height of eight heads. Short people are seven heads or less. The muscles of the adult account for about one half the weight of the body.

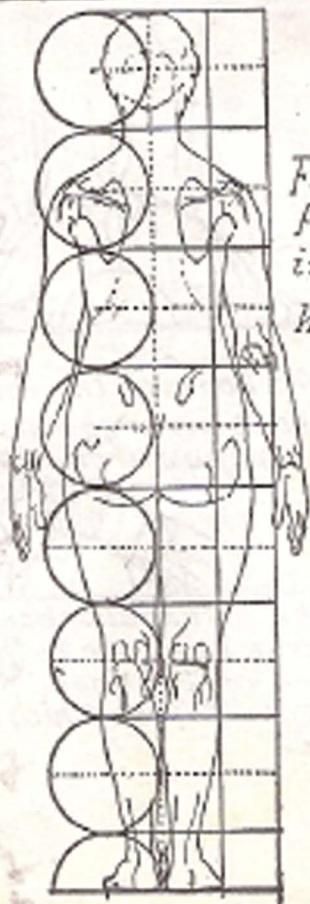
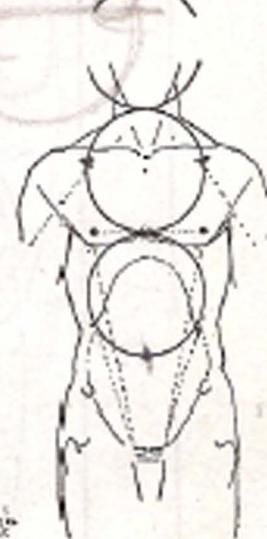
The skeleton always provides the proportions of the figure with slight allowances for the padding between the joints, between each vertebra, and under the heel and foot. In old age the figure shortens due to the hardening and shrinking of the cartilages between the bones.



PART I  
PROPORTION  
AND  
DRAWING



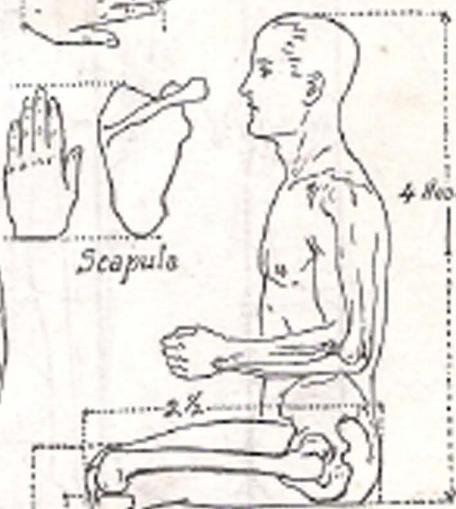
Humerus



Female figure in heads and half heads

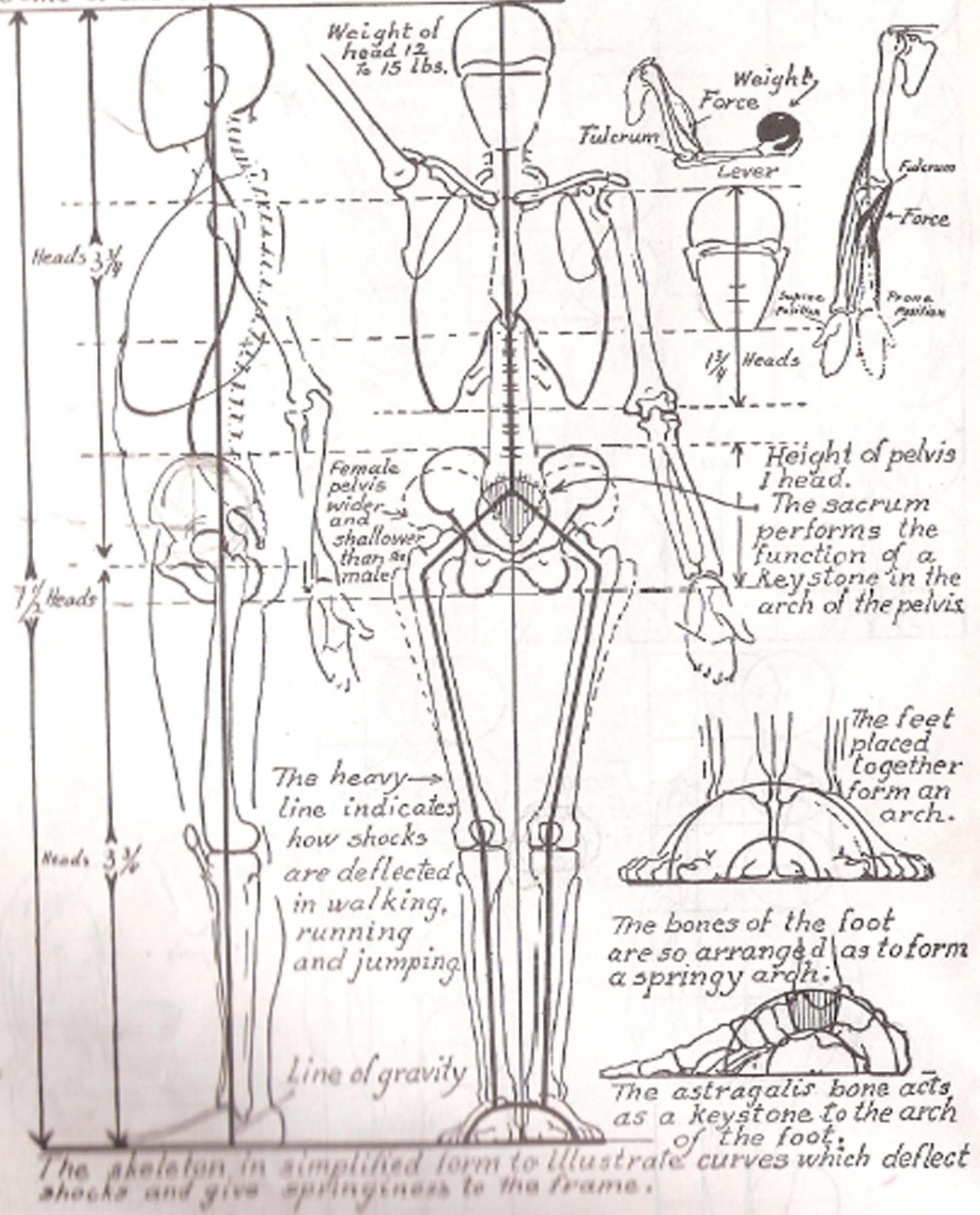


Scapula

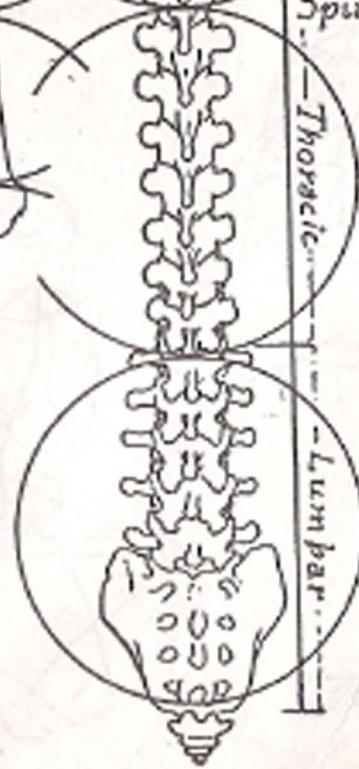
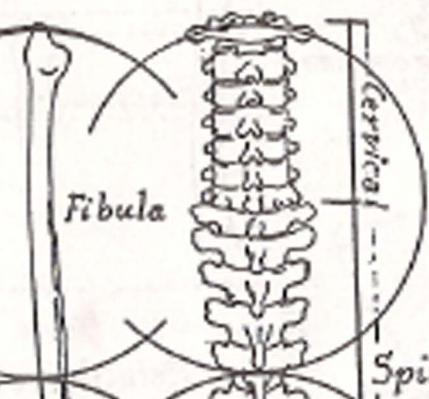
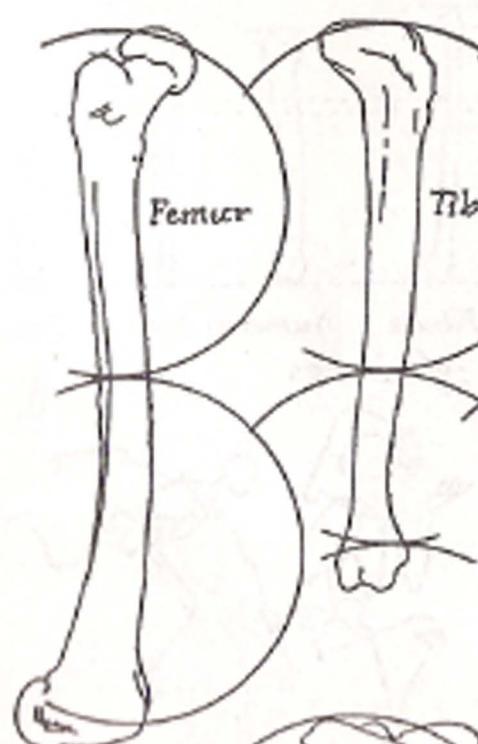
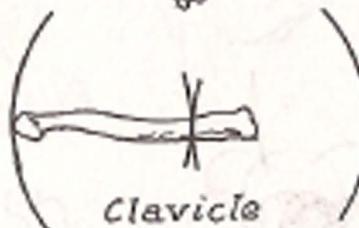
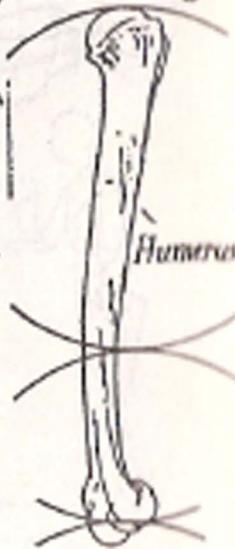
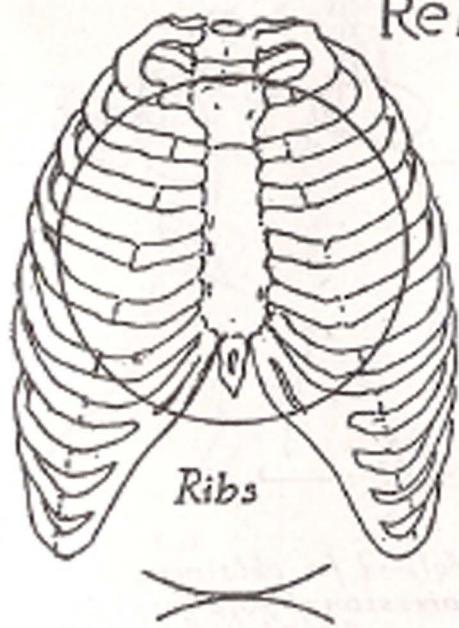


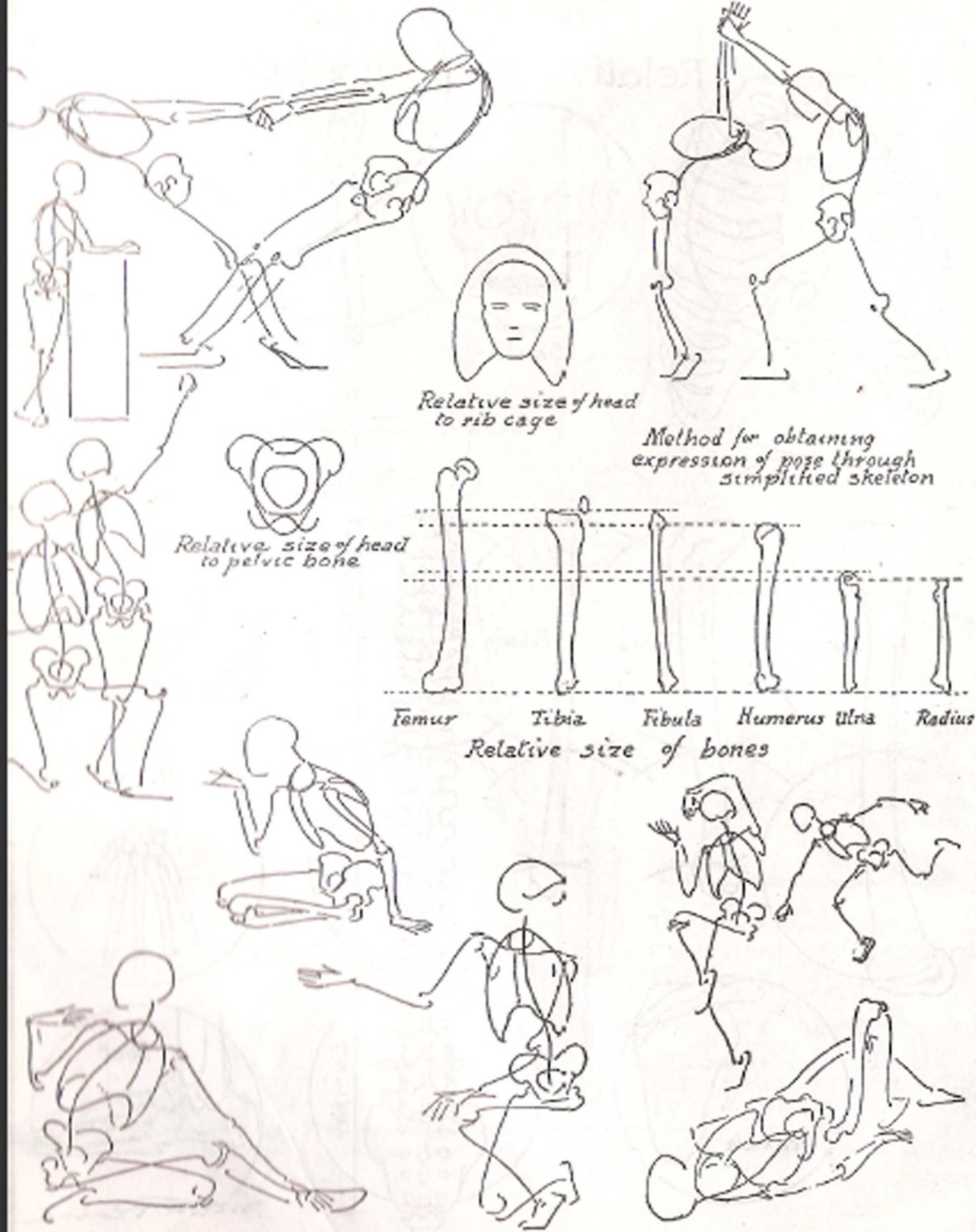
RELATIVE PROPORTIONS

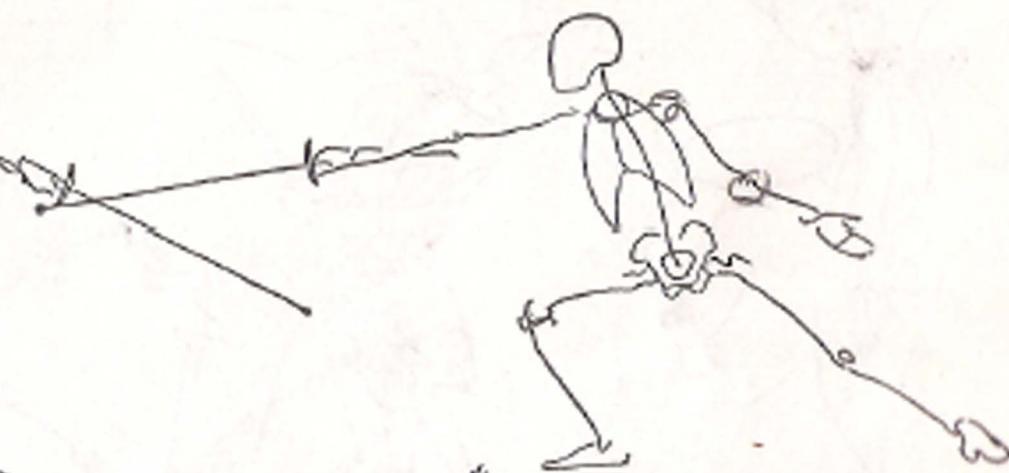
Some of the mechanical principles of the human frame.



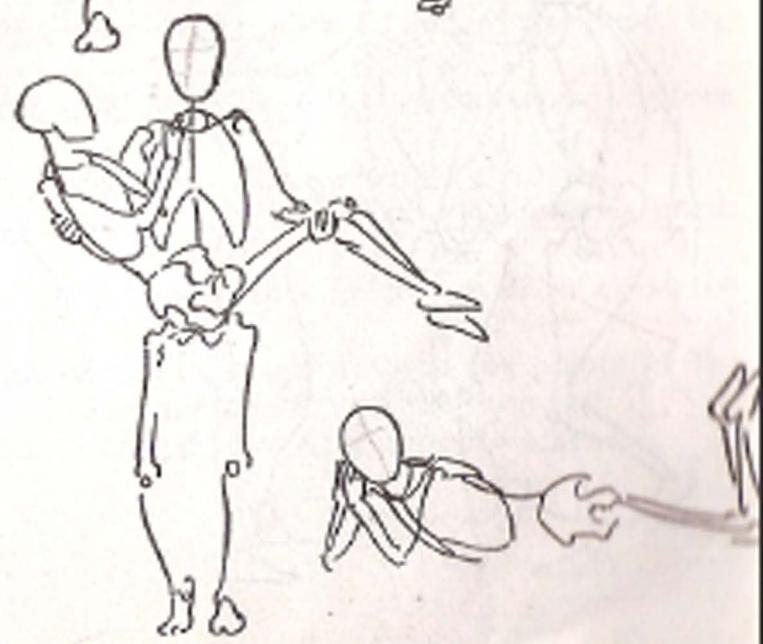
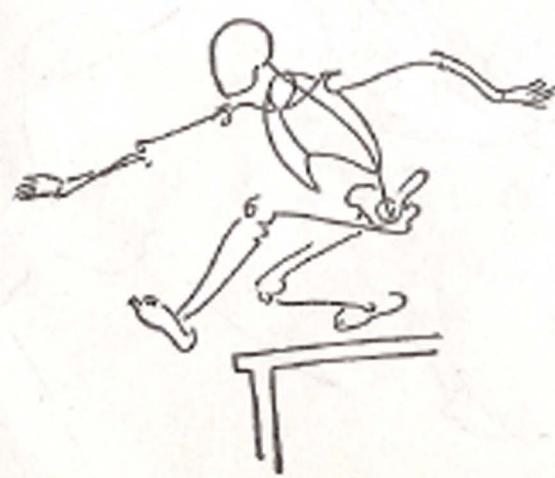
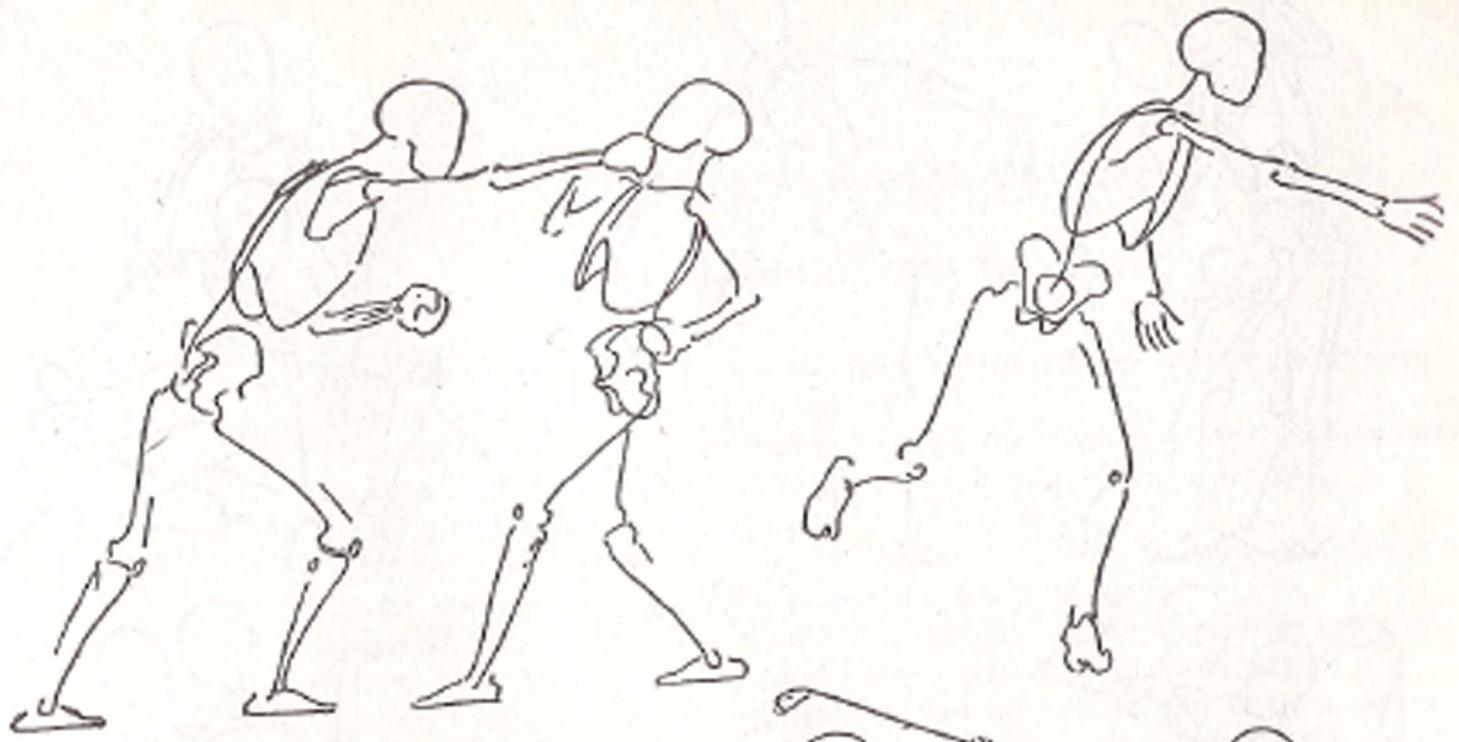
# Relative proportion of bones by heads

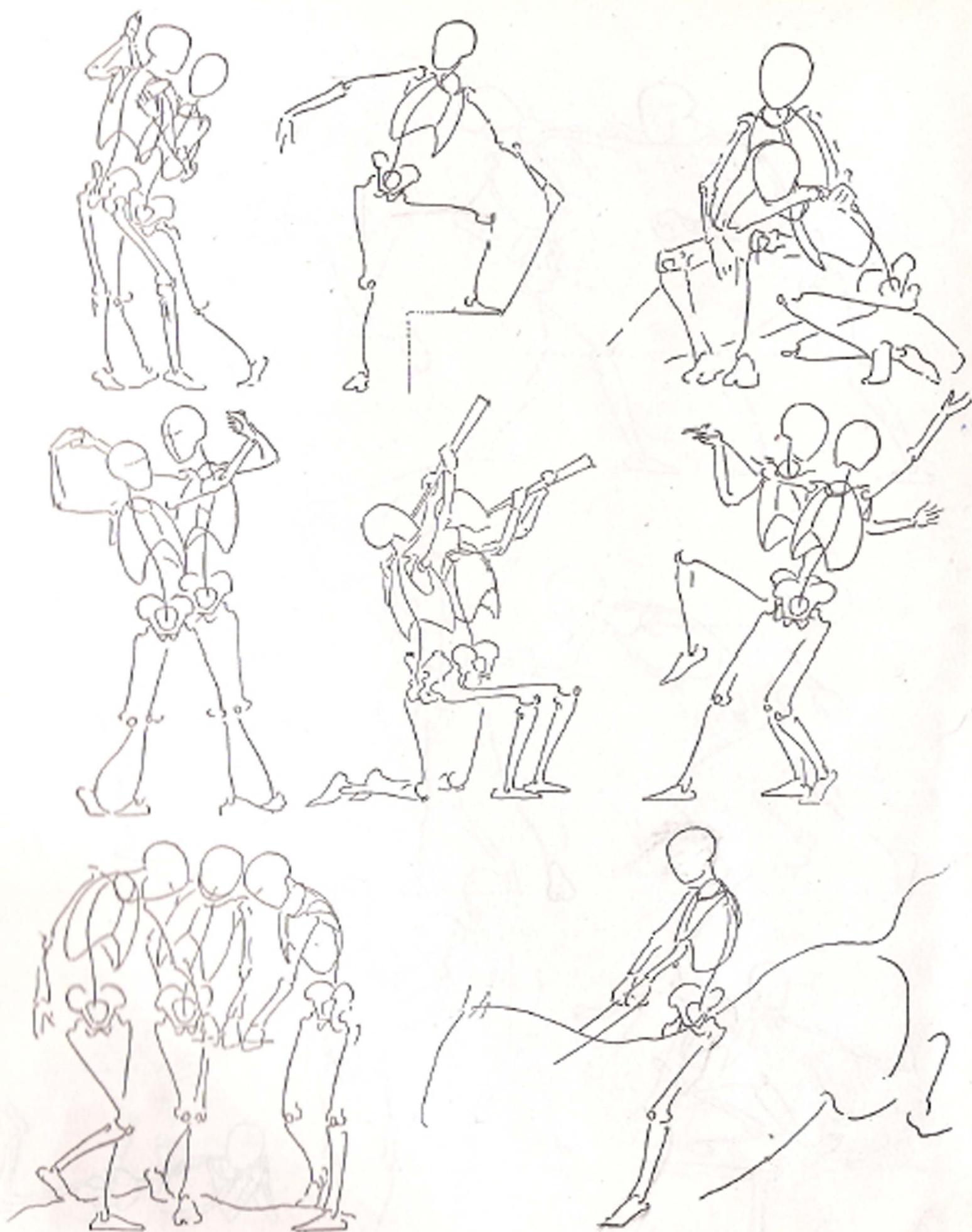


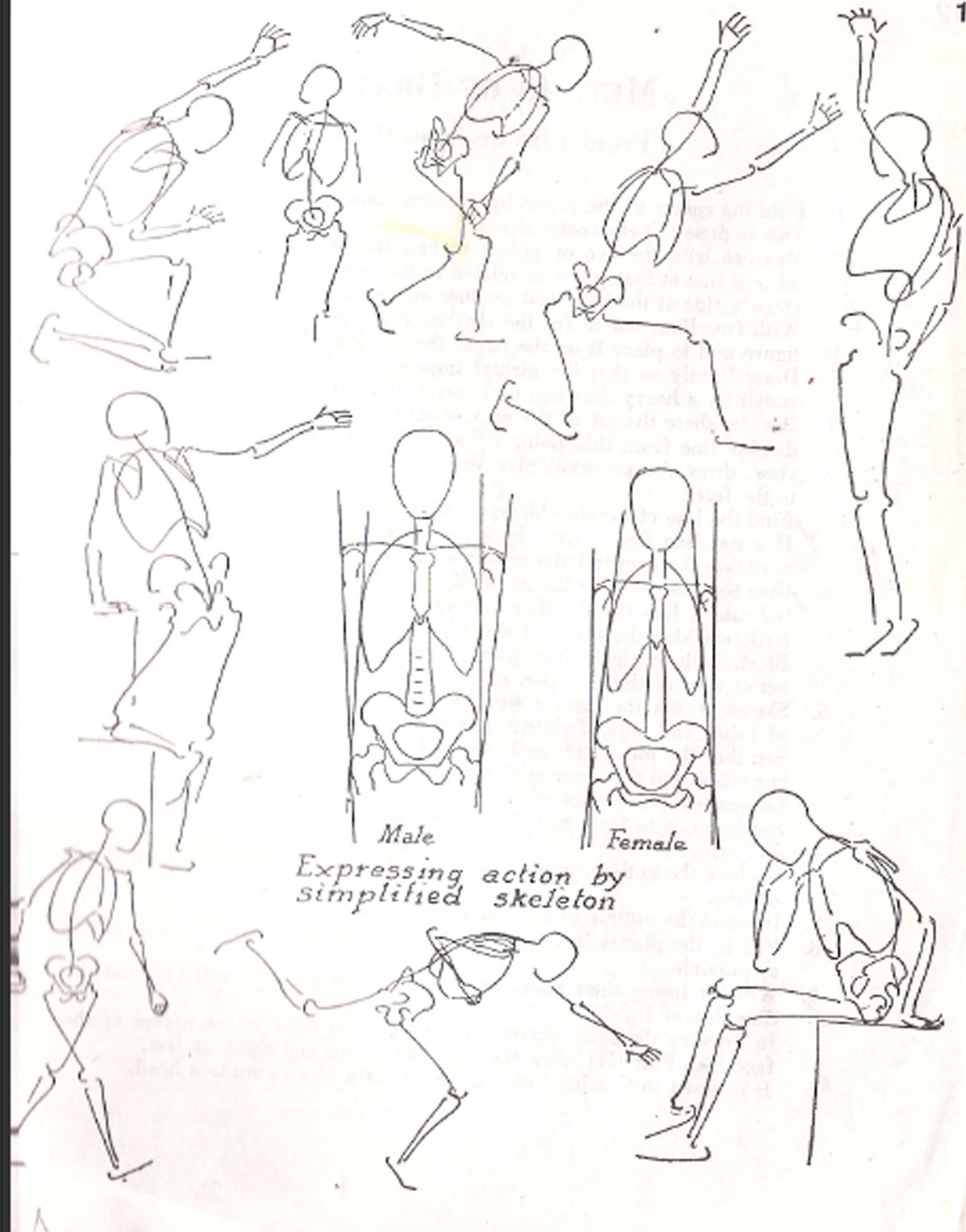








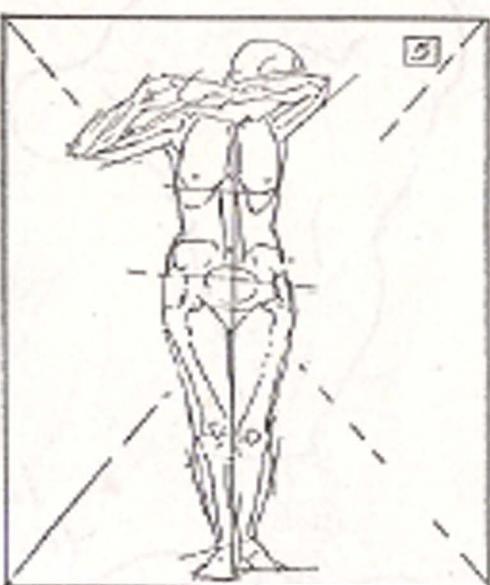
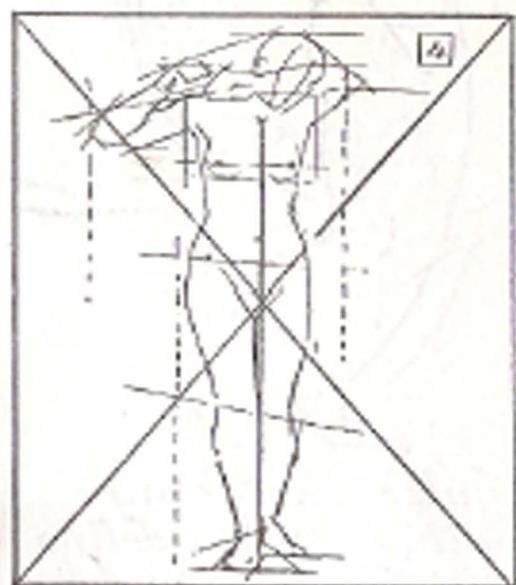
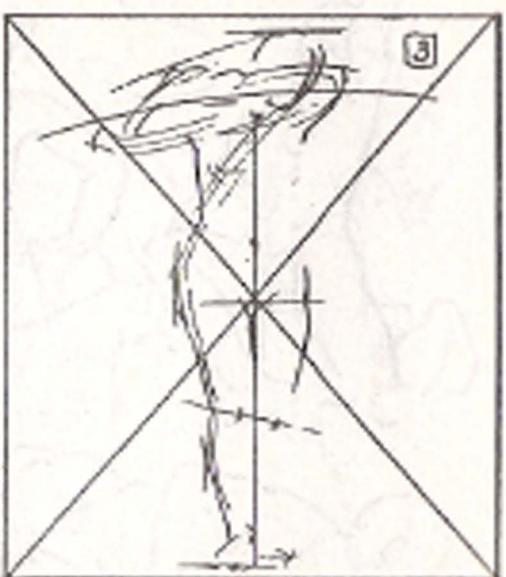
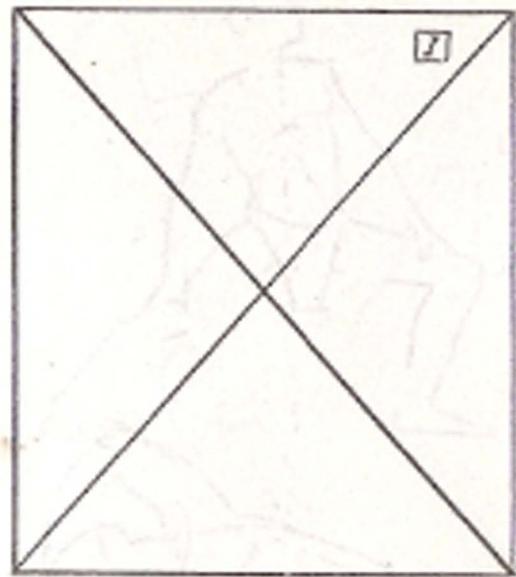




## METHOD OF DRAWING

### From Life or from the Cast

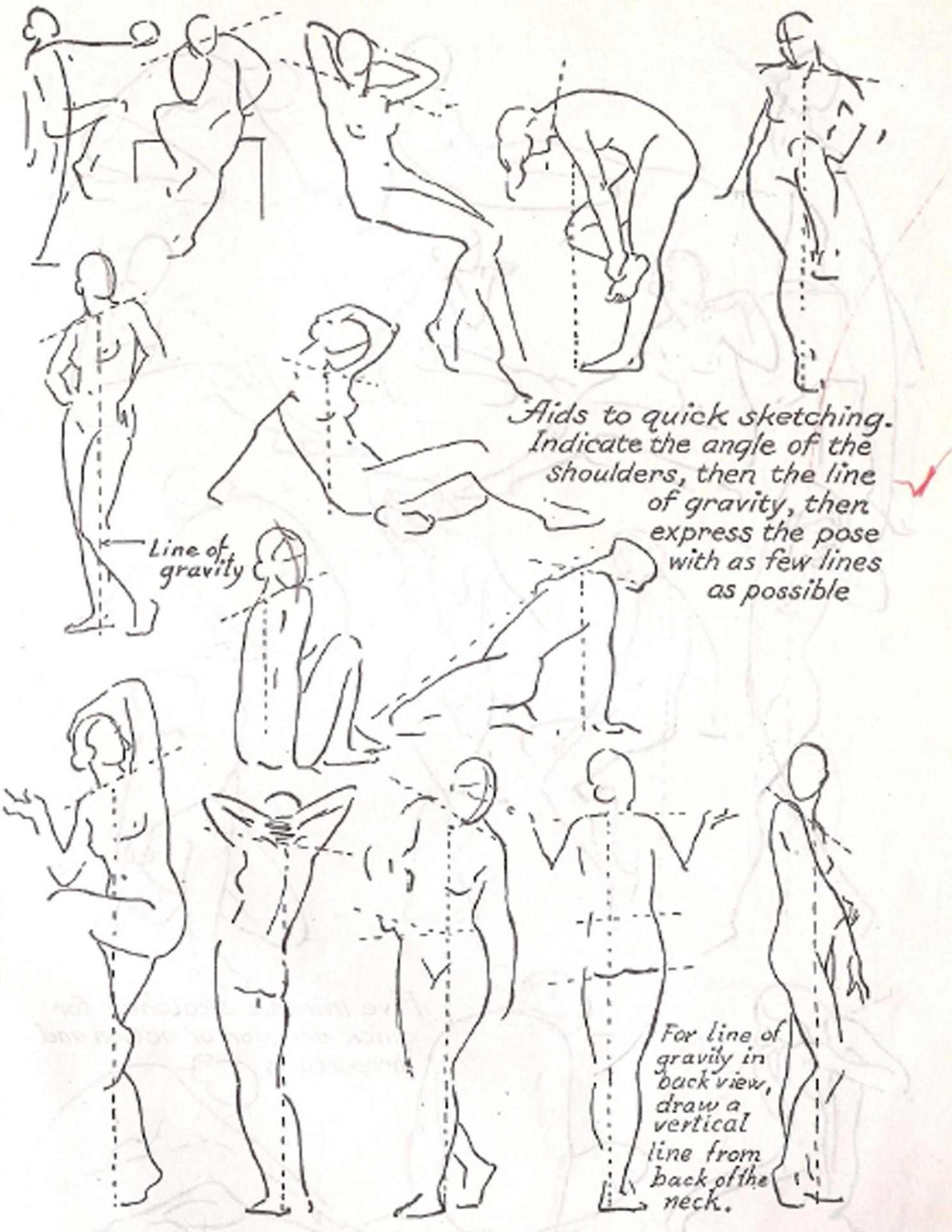
1. Find the center of the paper by drawing lines from corner to corner. This is done to help center the study.
2. Measure with the eye or pencil to find the center of the subject and make a line at that point as related to the center of the paper. Draw a line at the head and another at the feet. With free lines search for the rhythm of the pose, to help visualize the figure and to place it on the paper the size intended. Draw lightly so that the mental impression of the figure is not obliterated by a heavy drawing, and corrections can be easily made.
3. Decide where the pit of the neck should be placed and draw a perpendicular line from this point (if a front view) to the feet. If a back view, draw the perpendicular line from the seventh cervical vertebra to the feet.  
 ✓ Find the line of the shoulders, giving the angle of their positions.  
 If a standing figure, first draw the leg on which there is most weight, to obtain the proper balance of the figure.
4. ✓ Give the line showing the angle of the position of the pelvis.  
 Indicate a line through the knee-caps. Draw the torso, indicating its bulk, marking the width of shoulders, hips, neck and head. Block with straight lines going beyond the intersections to obtain a better idea of the direction of line and to avoid a cramped feeling.
5. Sketch within the lines a simplified skeleton, to check up on position of joints and bulk of chest. (Refer to pages on proportion.) See that the pit of the neck, the pubic bone, the navel, the pelvis, the knee-caps and the inner ankles are in proper relation to each other. Compare relative sizes of head to bulk of torso, hands to face, feet to hands, arms to legs, and thickness of the neck to that of the head, leg and arm.
6. Go over the outline, perfecting it, searching for character and for grace of line.
7. Indicate the outline of the planes and of the principal shadows.
8. Fill in the planes in large surfaces, and connect the shadows as much as possible.
9. ✓ Without losing their mass, model the planes keeping well in mind the direction of light.  
 In drawing the head, decide on the bulk and draw in the planes of the face (see Part III), then the eyes, the mouth and the nose last. It is easier to fit a head on a figure, than to fit a figure to a head.

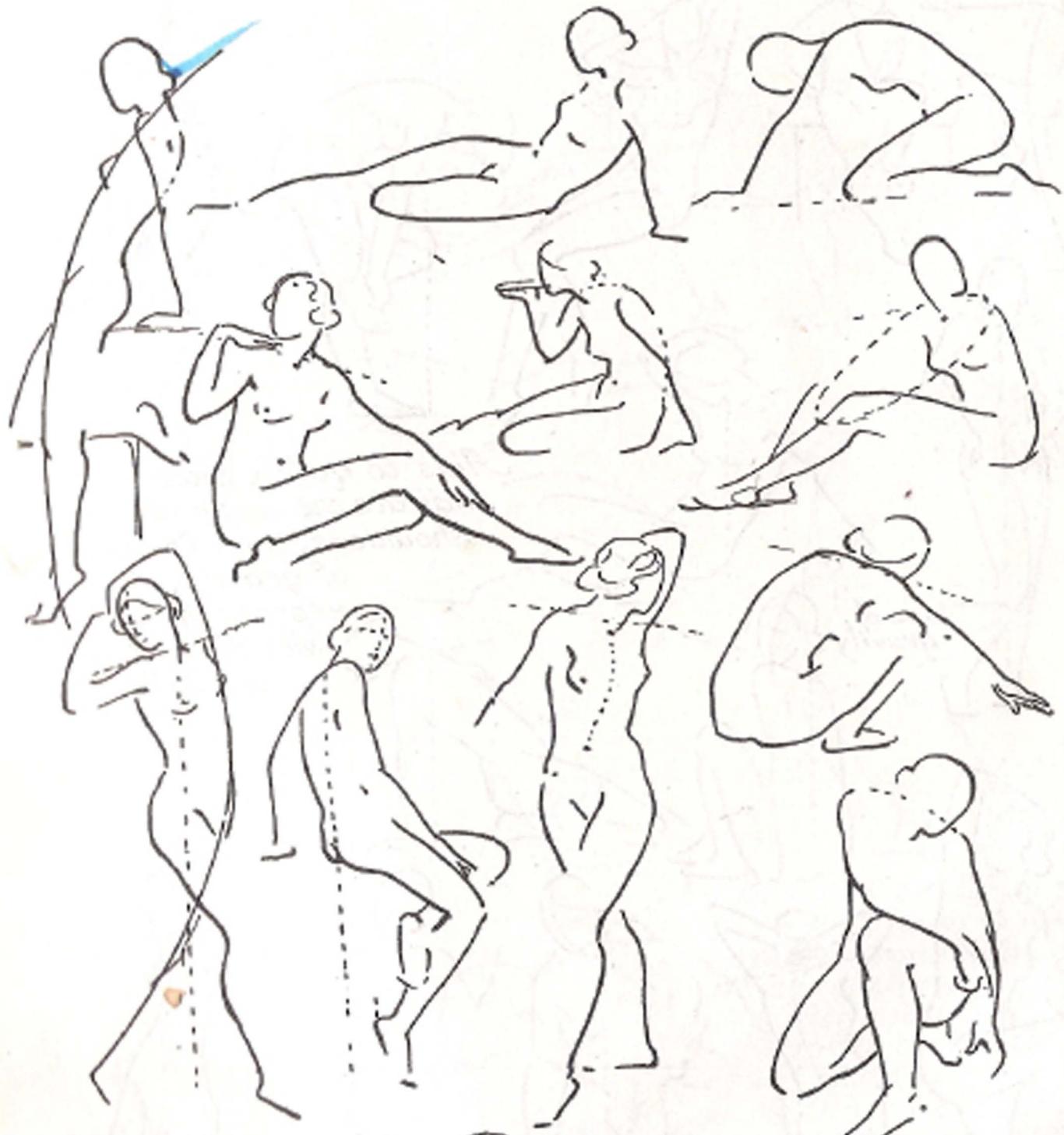




Speed should be acquired through judgment, not haste.

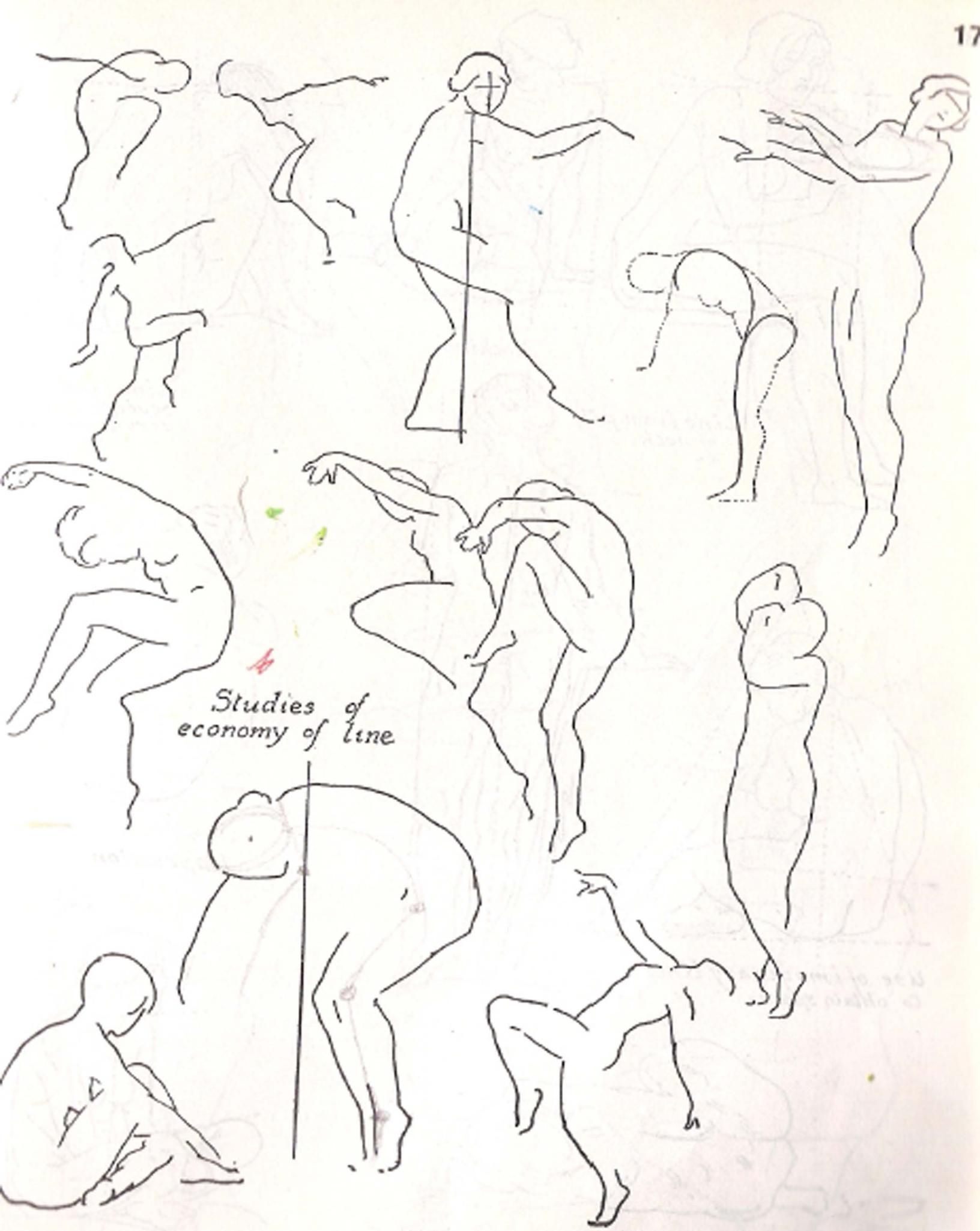
**k** In quick sketching  
the points used to define  
proportions should be  
carefully marked.  
Then essential lines  
(often continuous)  
drawn.  
Other lines indicated  
with strict economy.

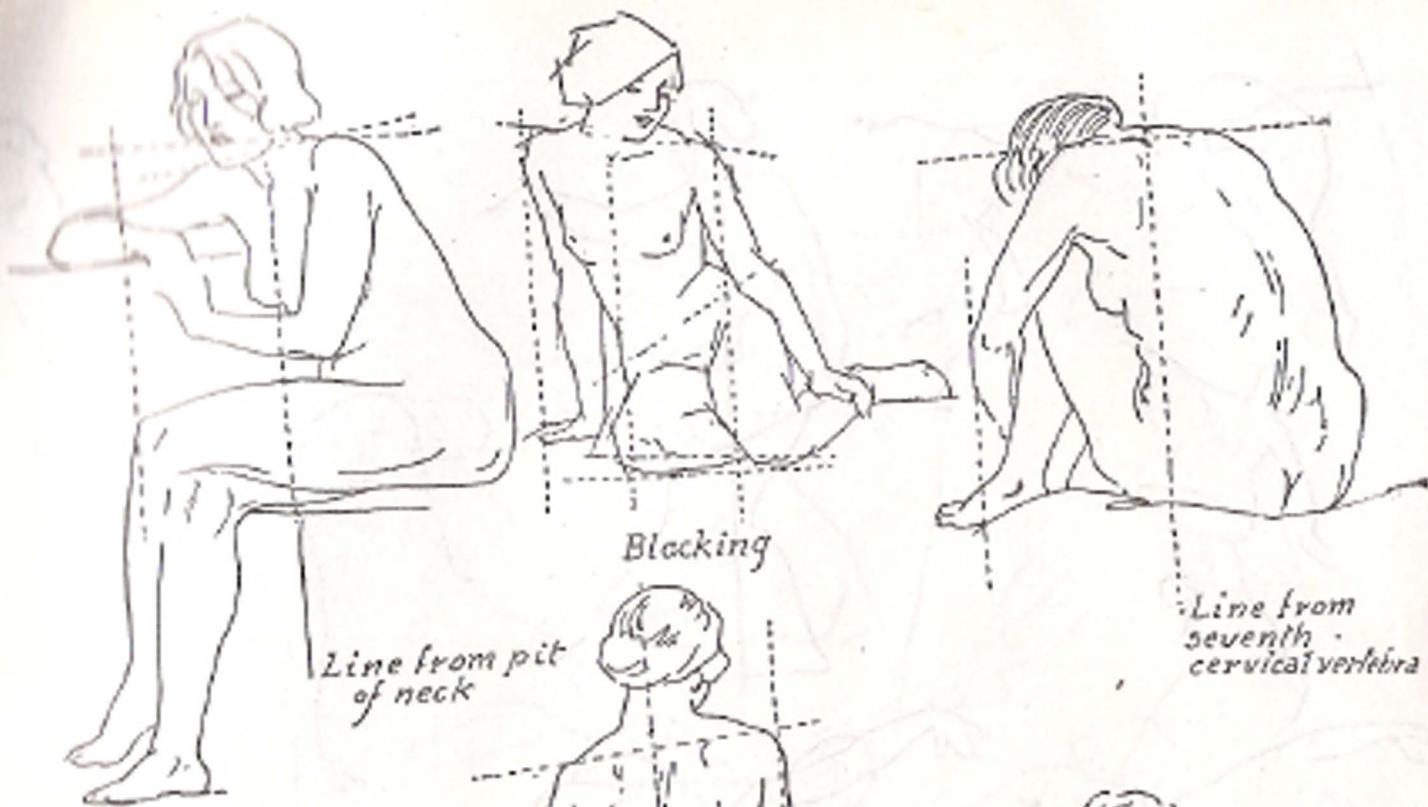




Five minute sketches for  
quick decision of action and  
proportions







*Line from pit  
of neck*

*Blocking*

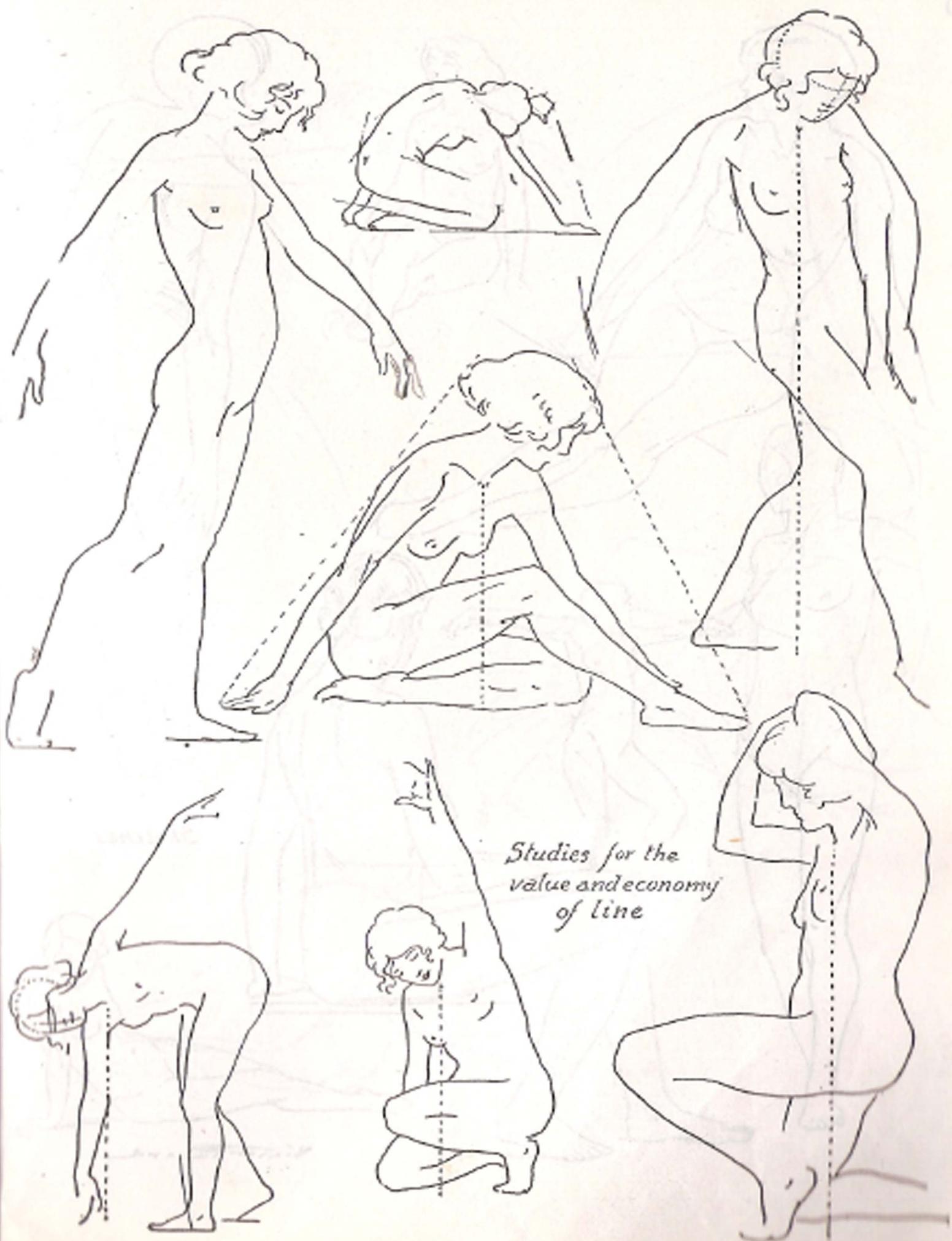
*Line from  
seventh  
cervical vertebra*

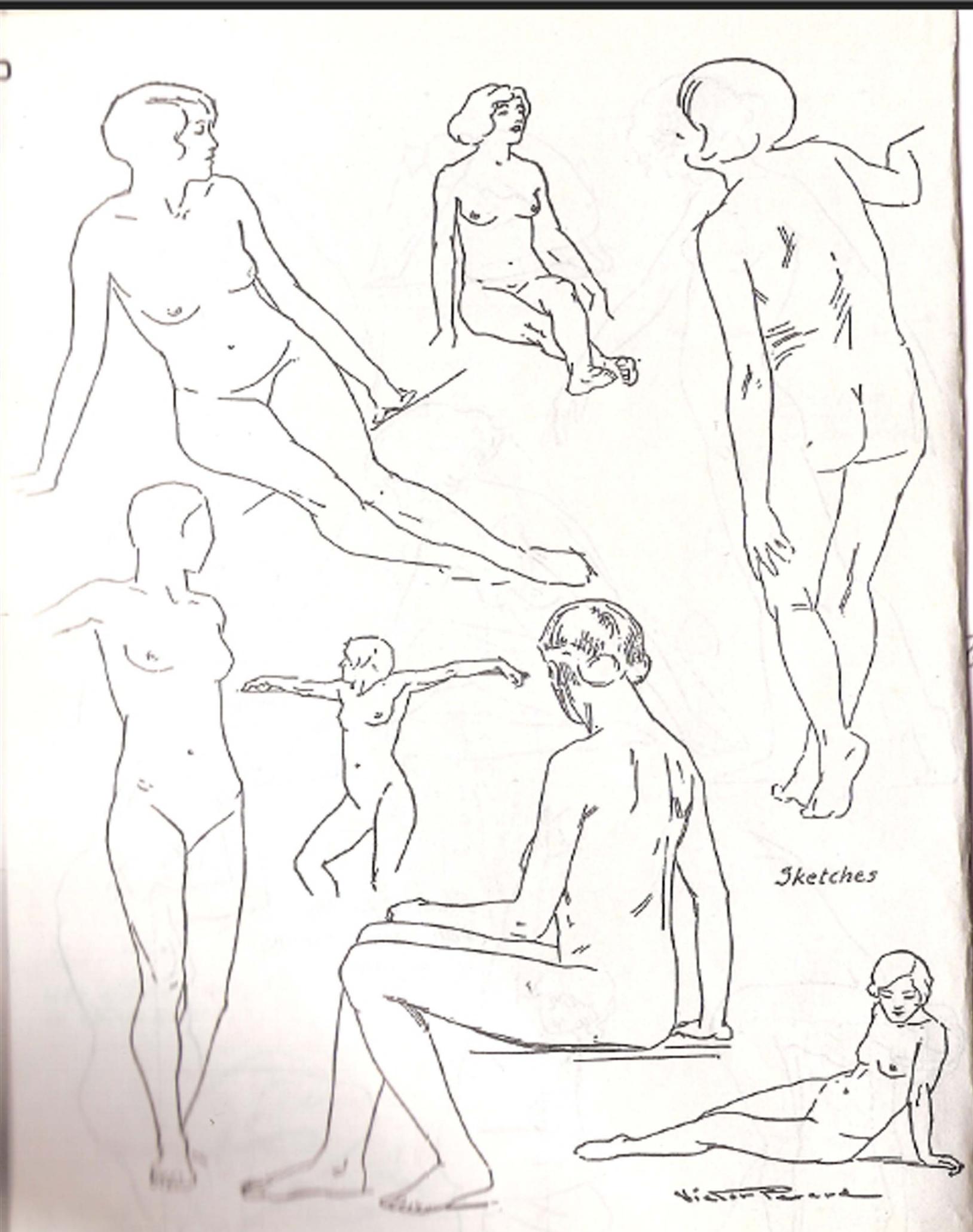


*Use of imaginary lines  
to obtain spaces*

*Impression*

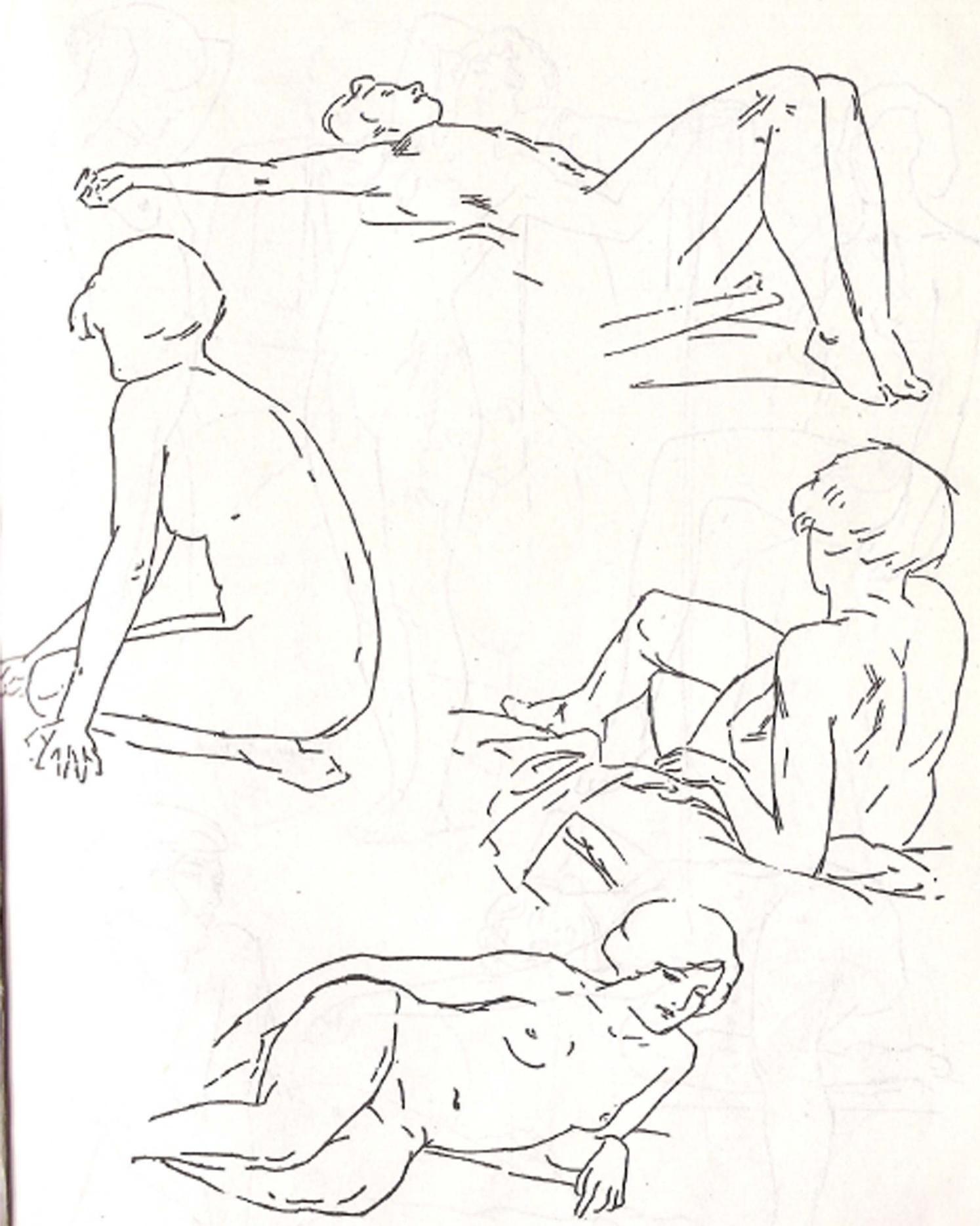


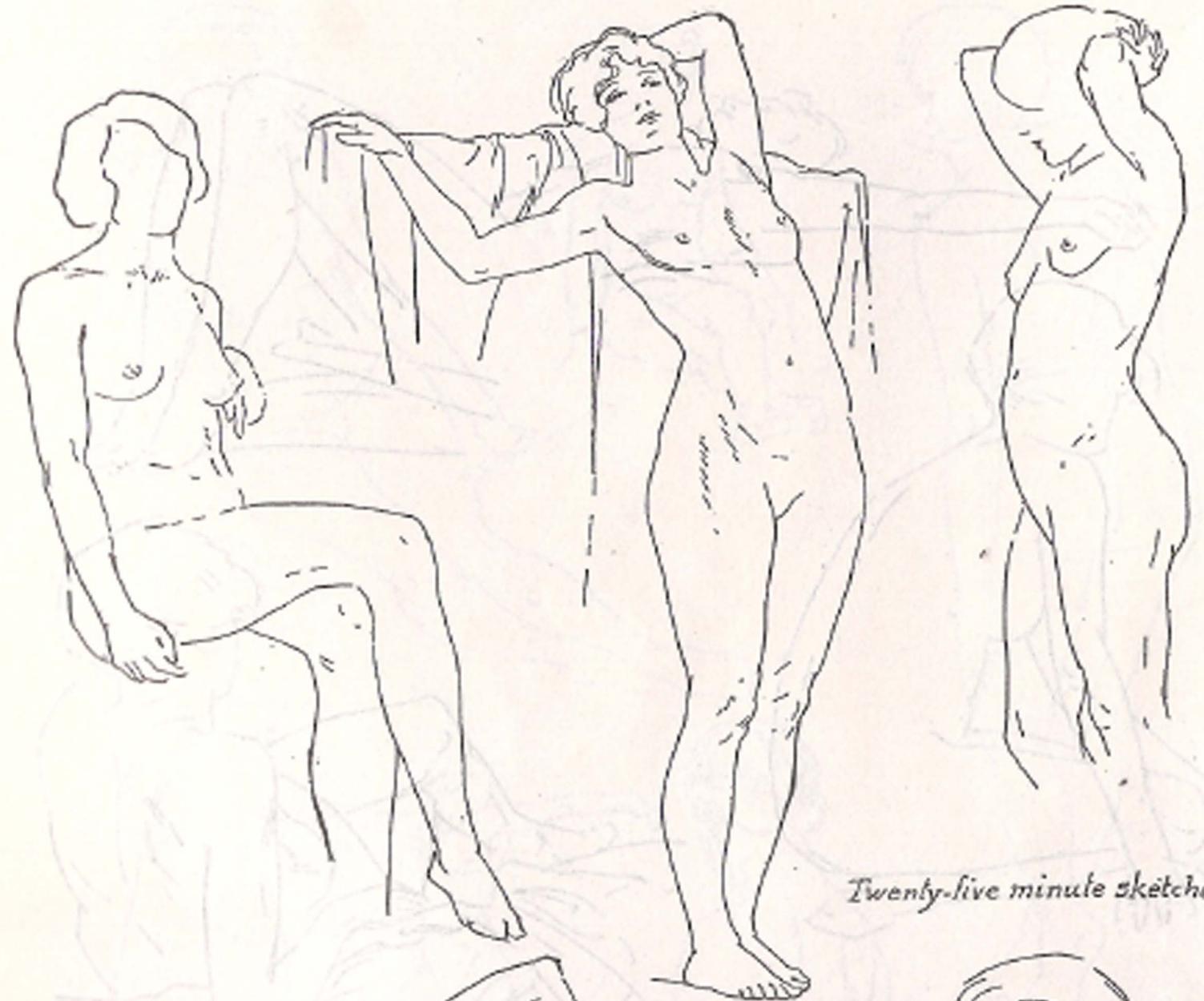




Sketches

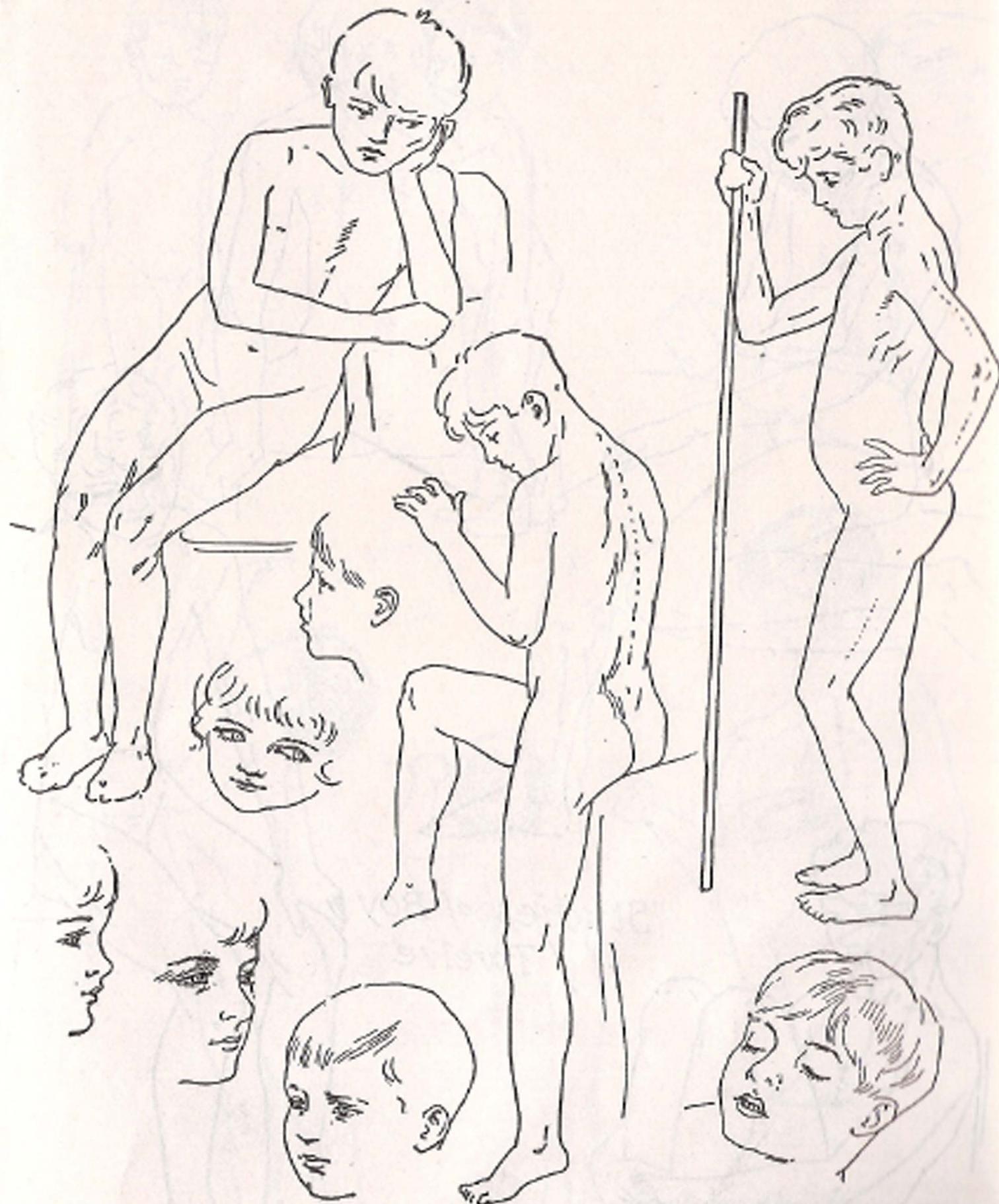
Victor Pavao

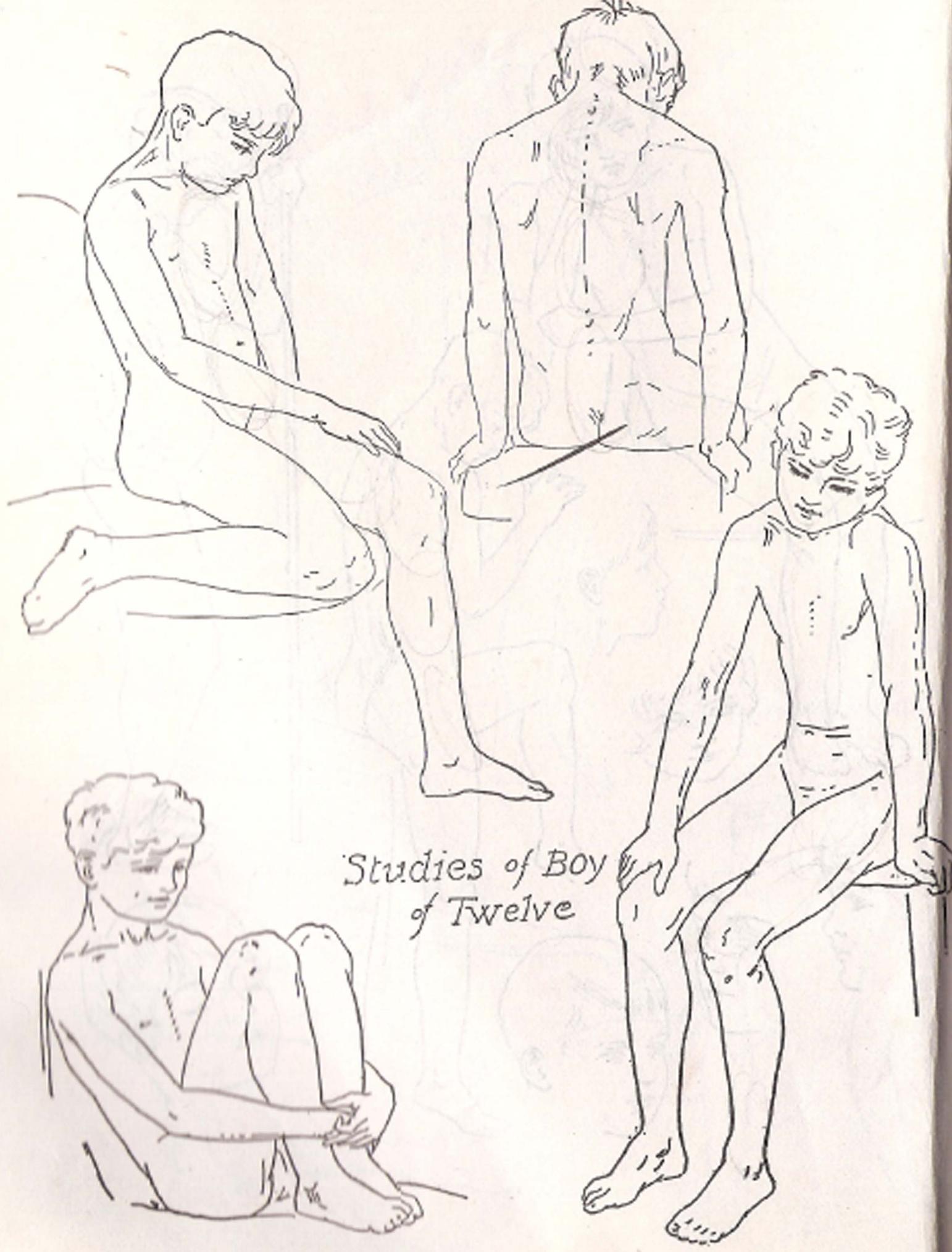




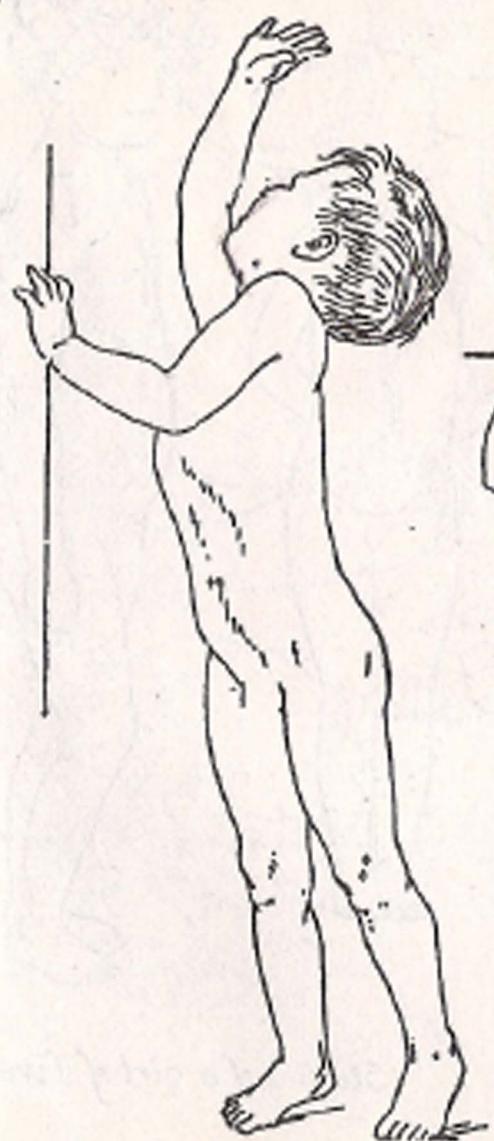
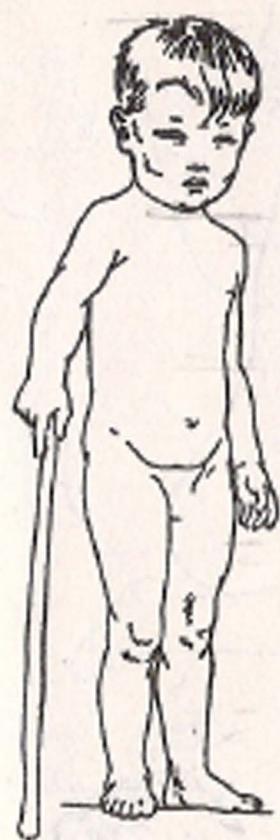
*Twenty-five minute sketches*







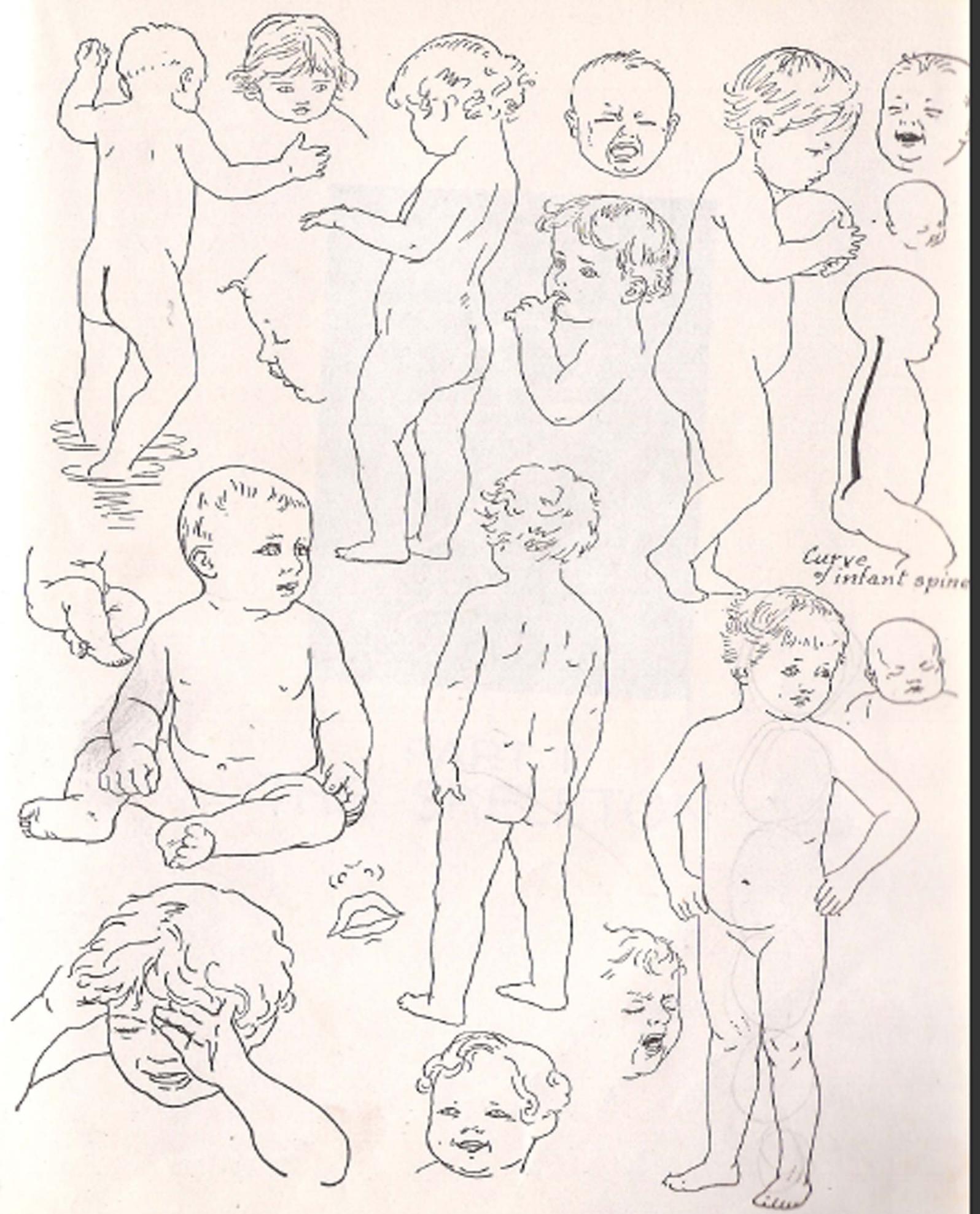
*Studies of Boy  
of Twelve*



*Sketches of boy three years old*



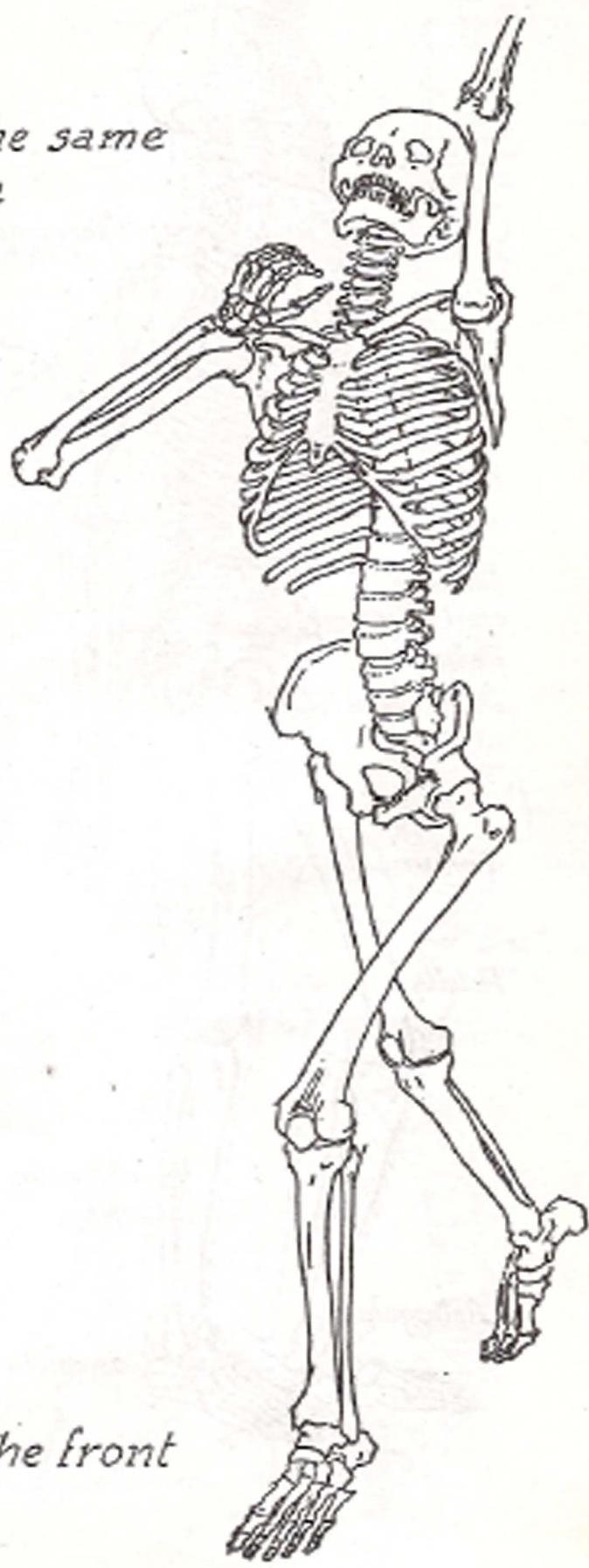
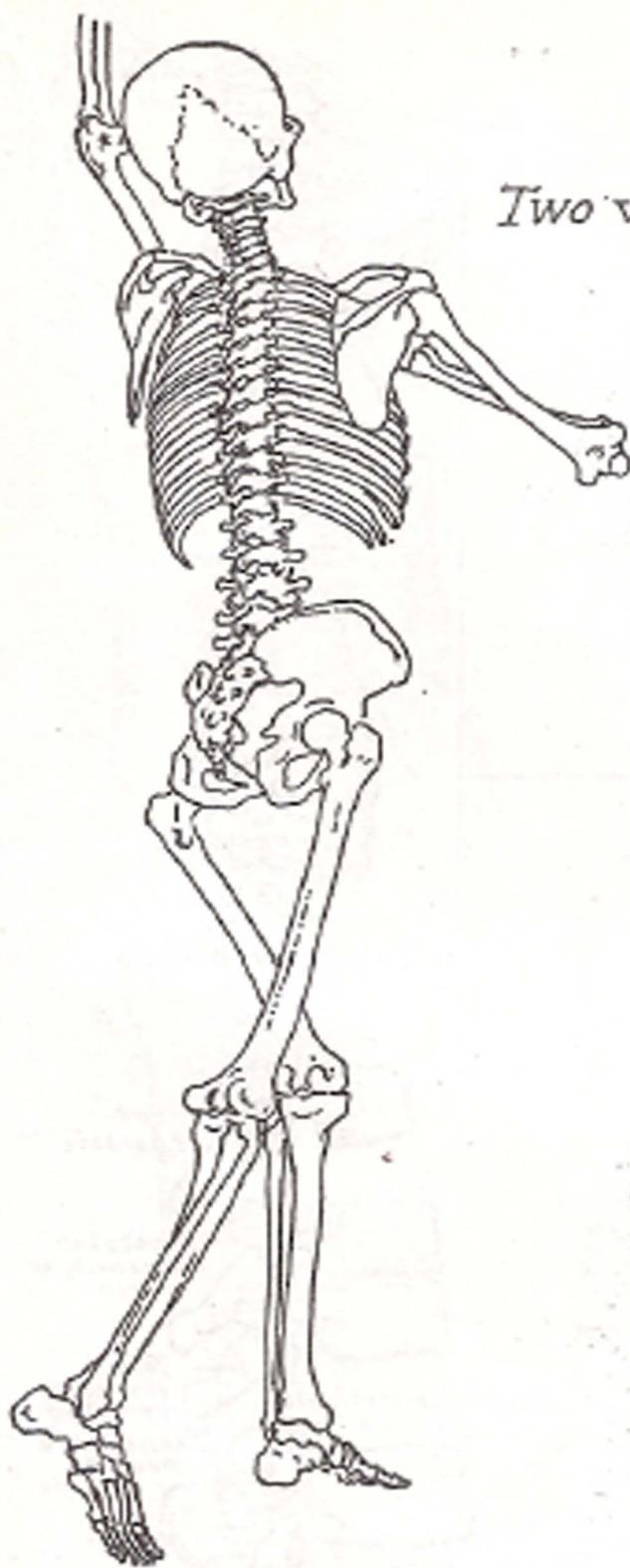
*Studies of a girl of five*



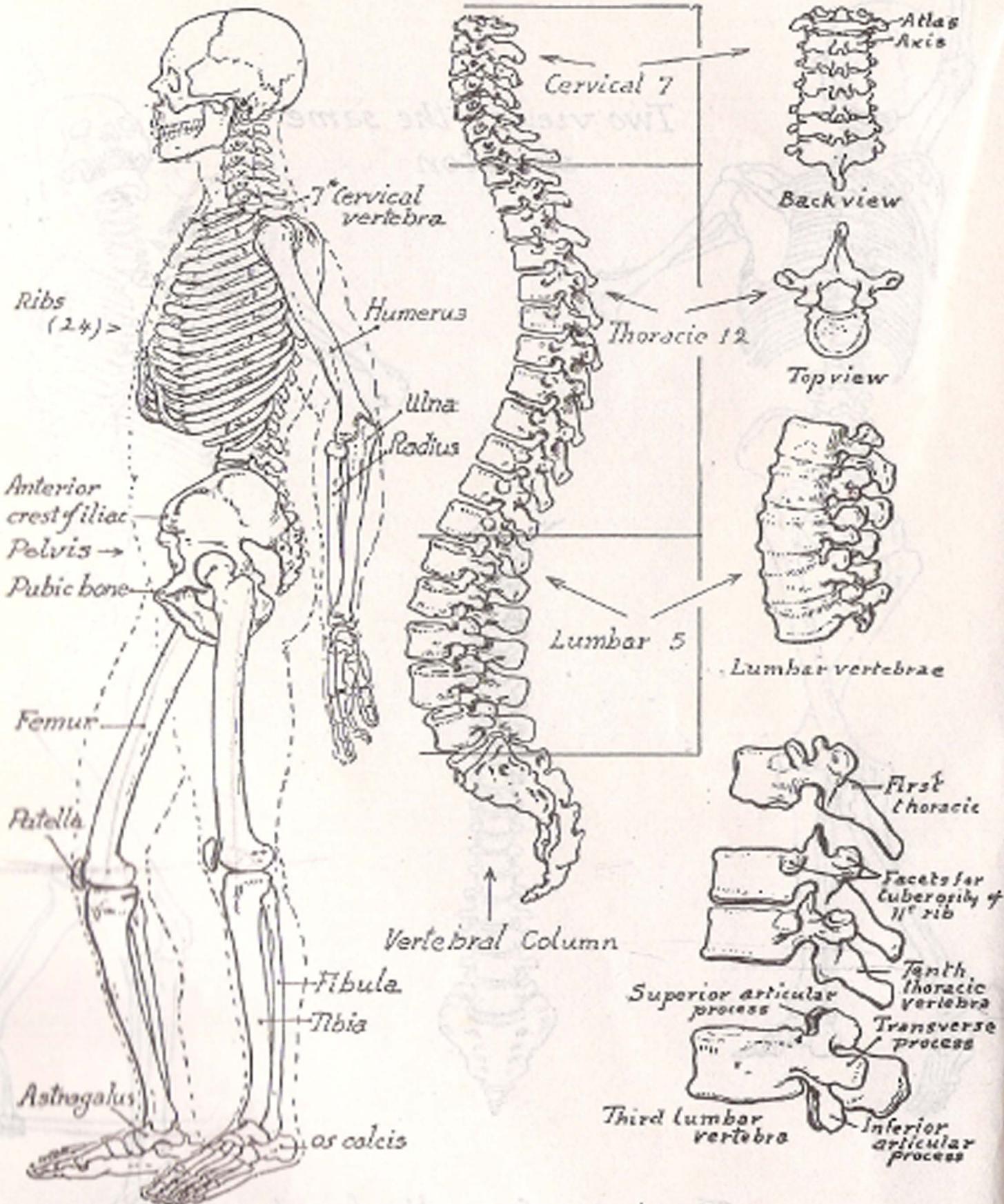


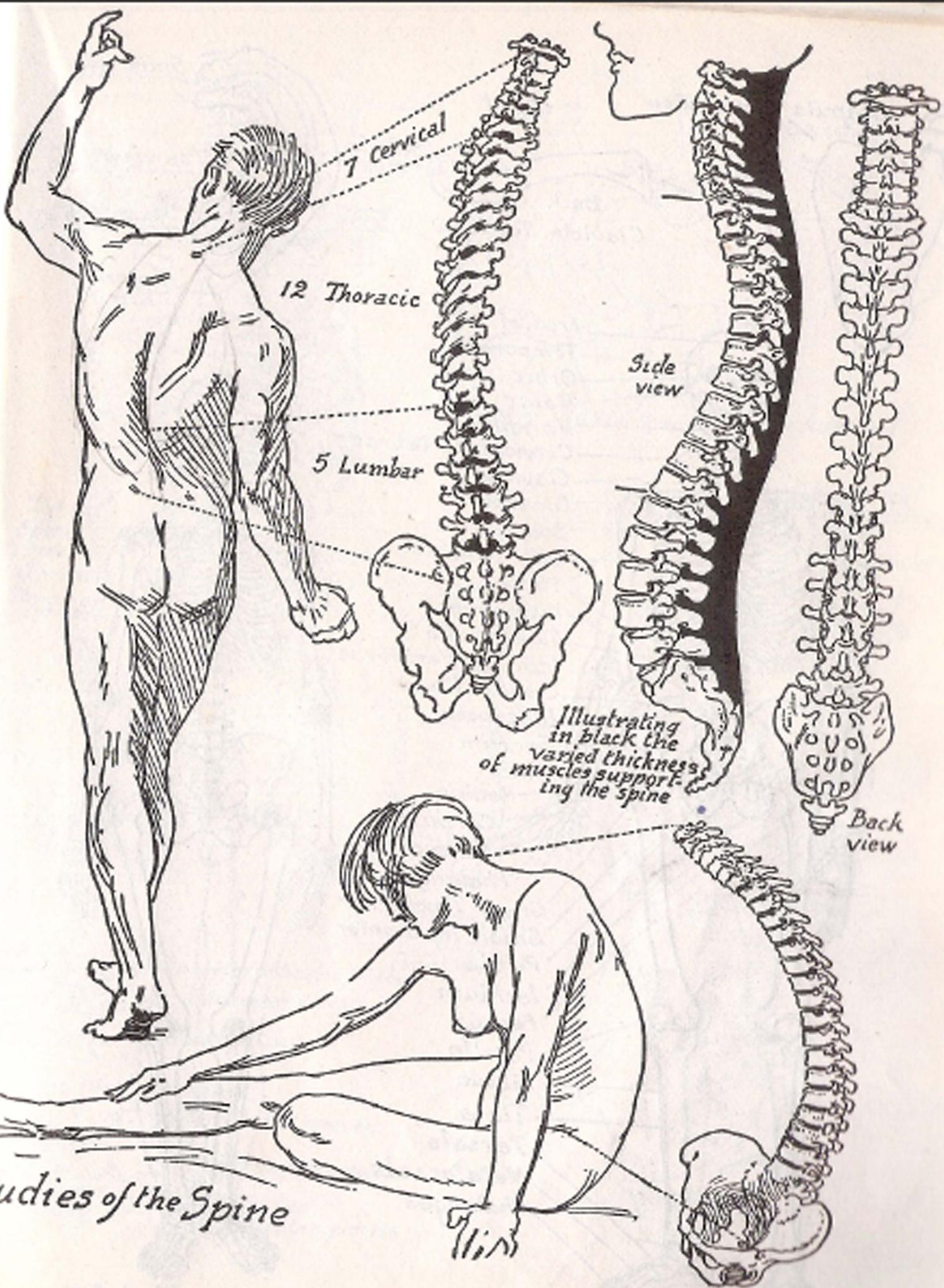
PART II  
THE SKELETON

*Two views of the same skeleton*

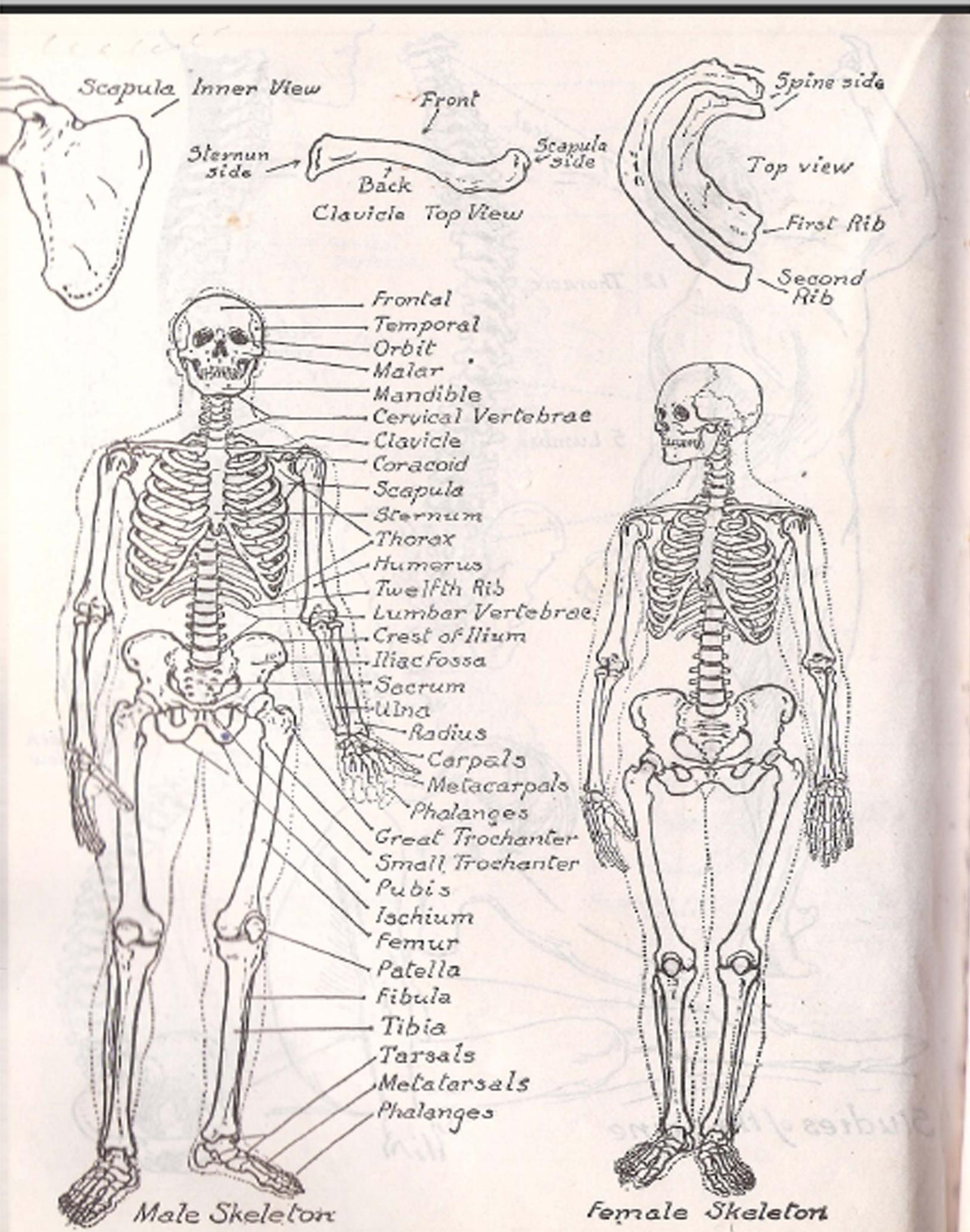


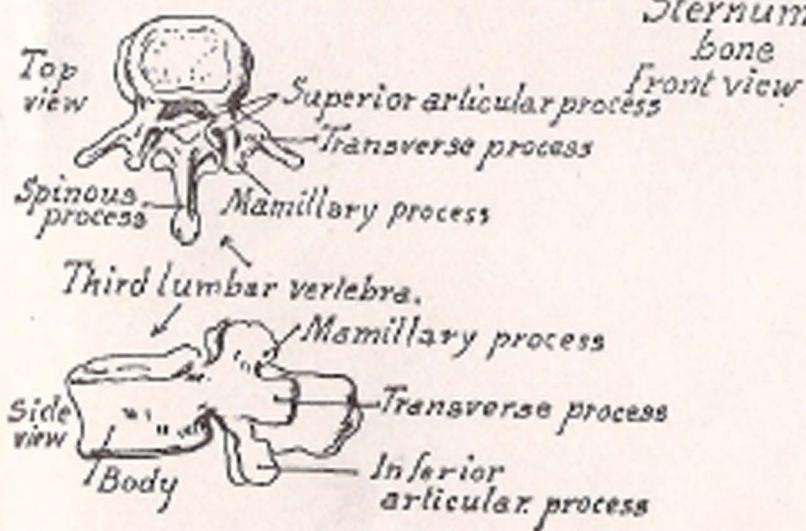
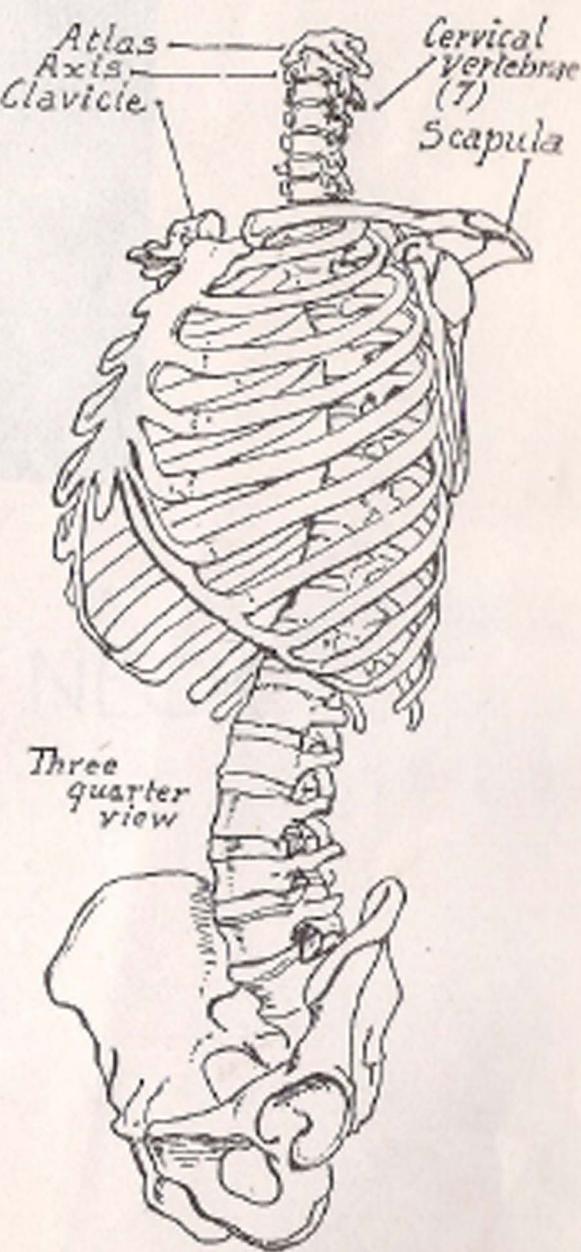
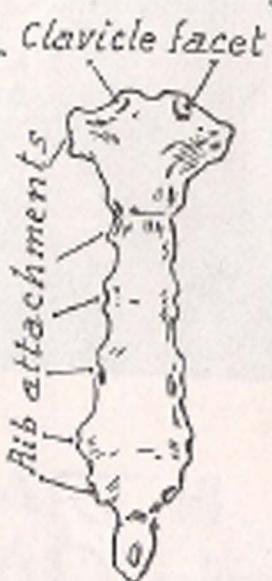
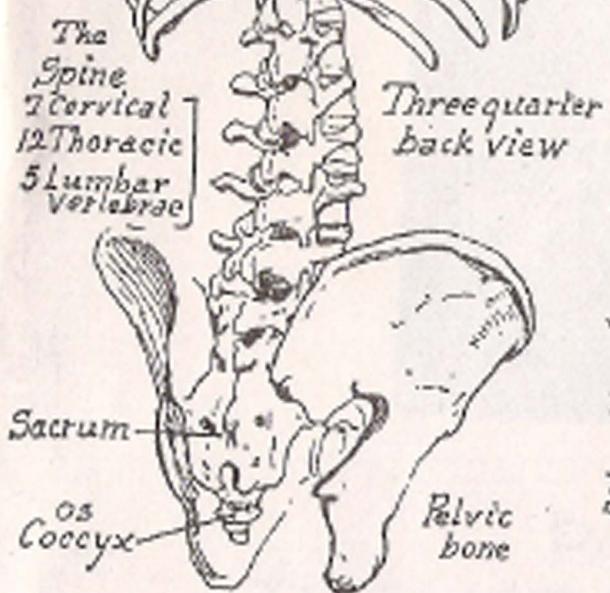
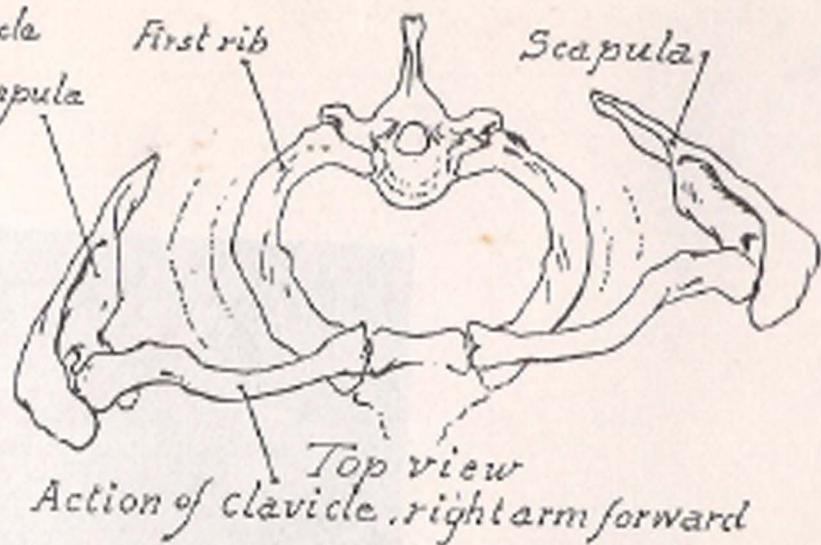
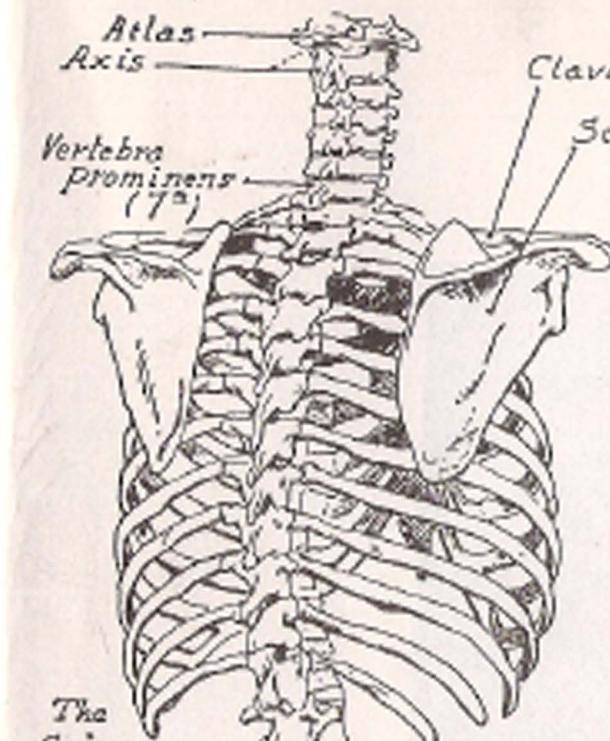
*The spine from the front*





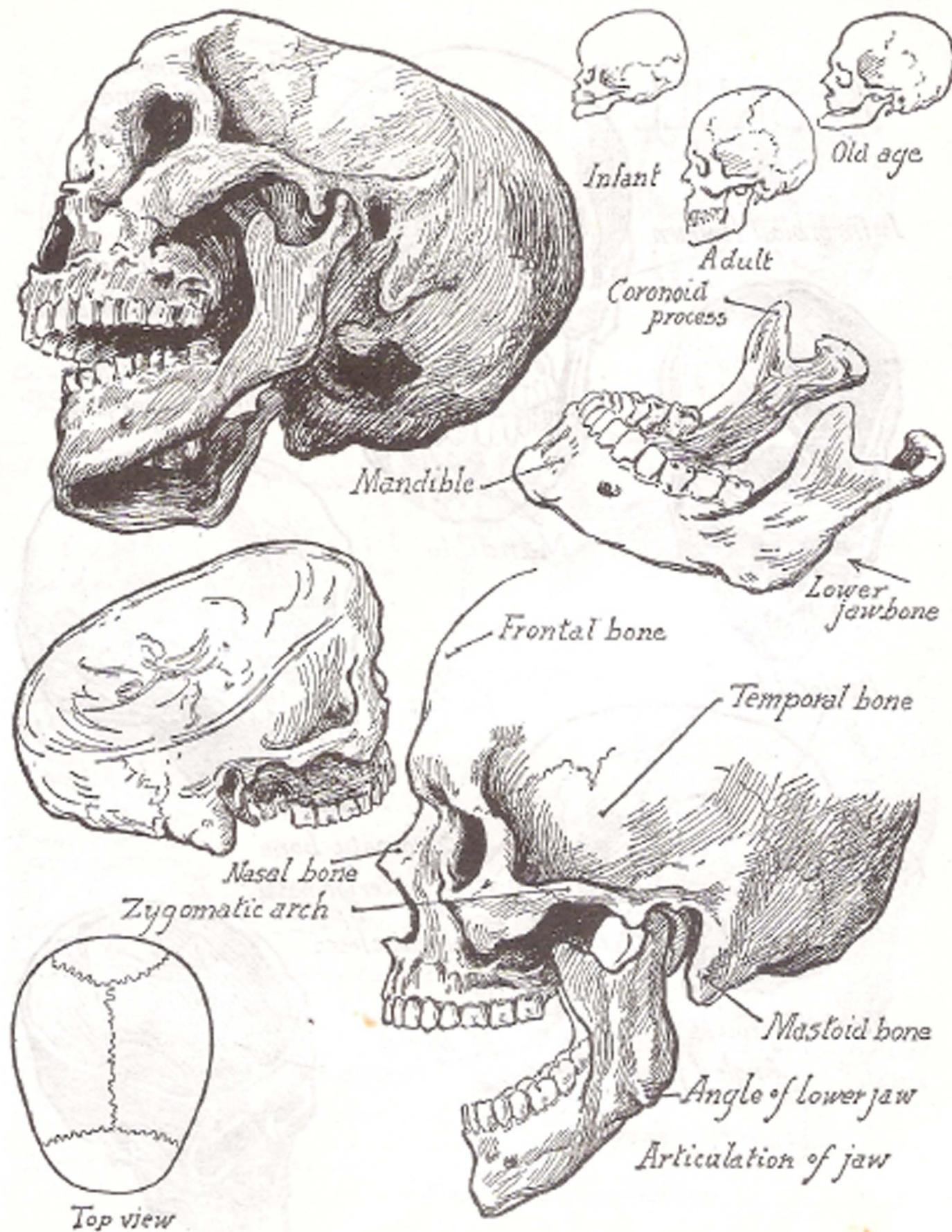
Studies of the Spine



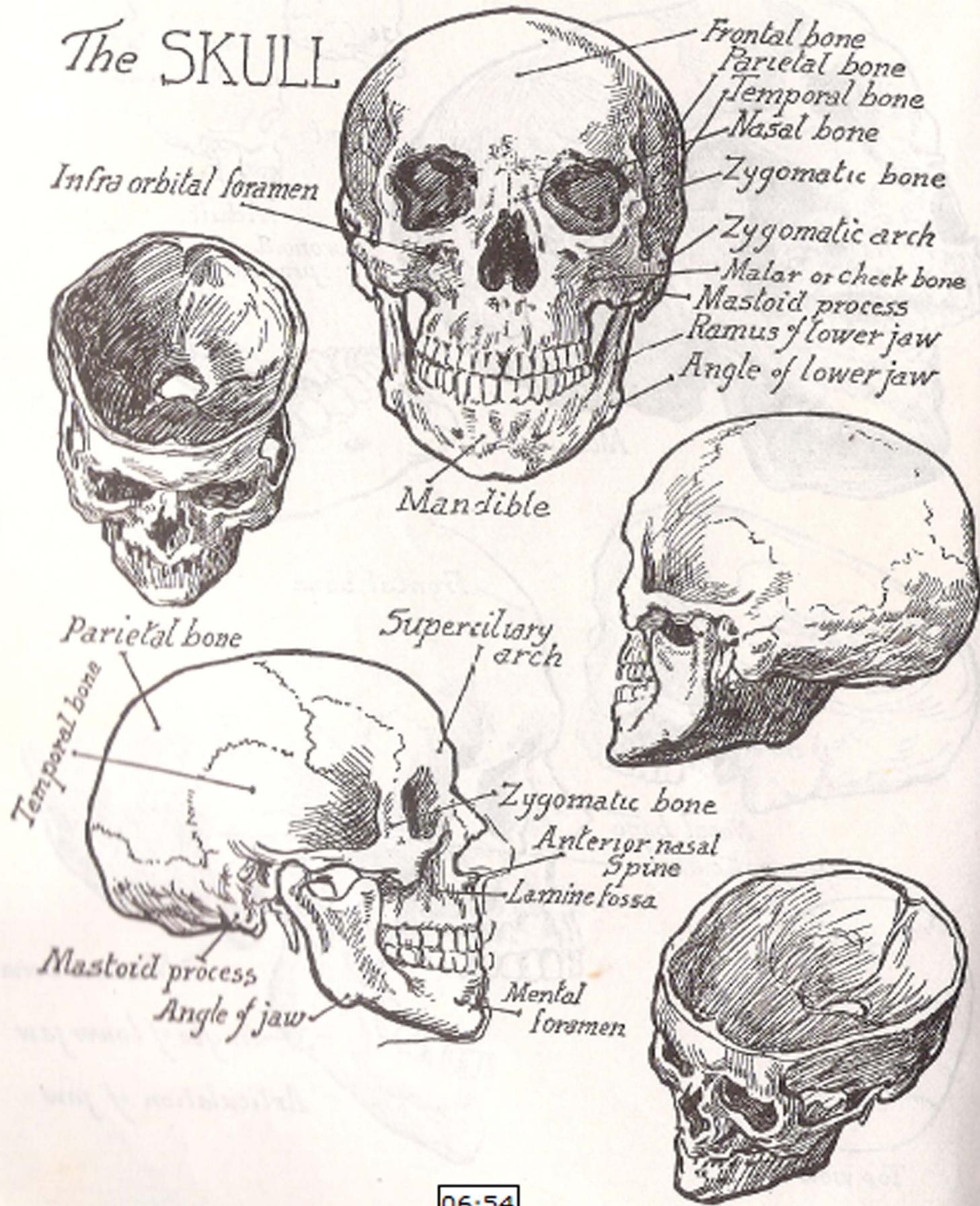


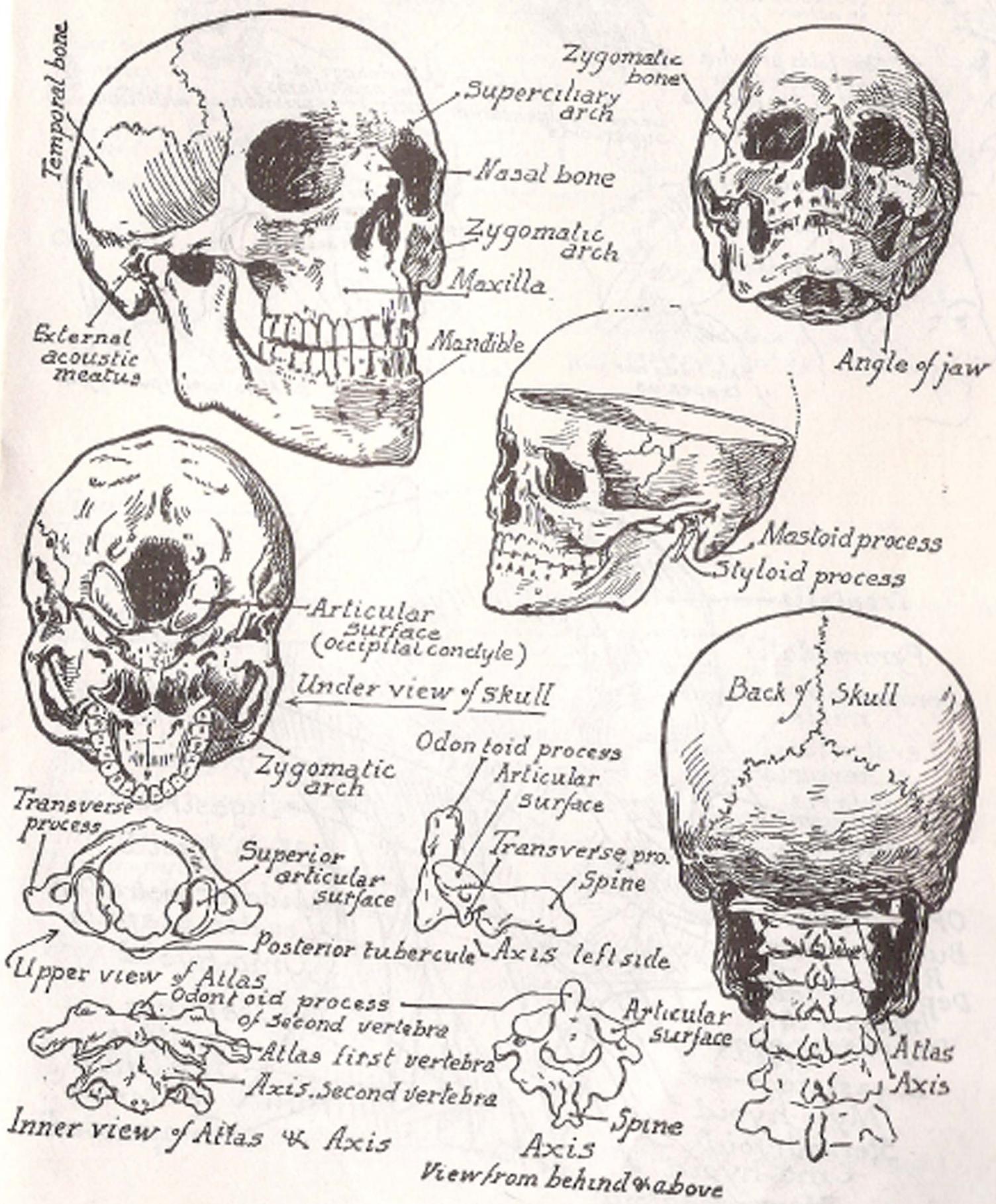


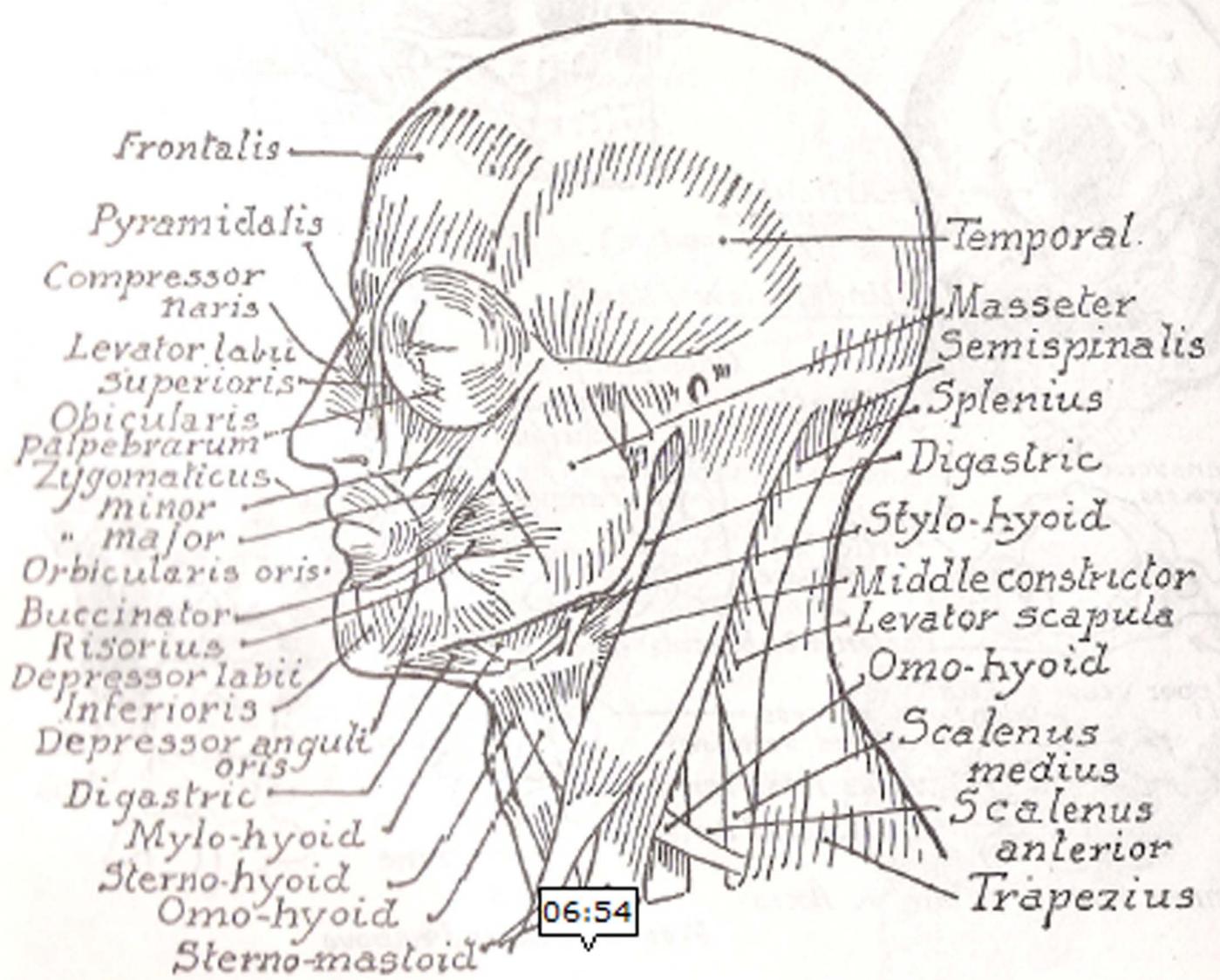
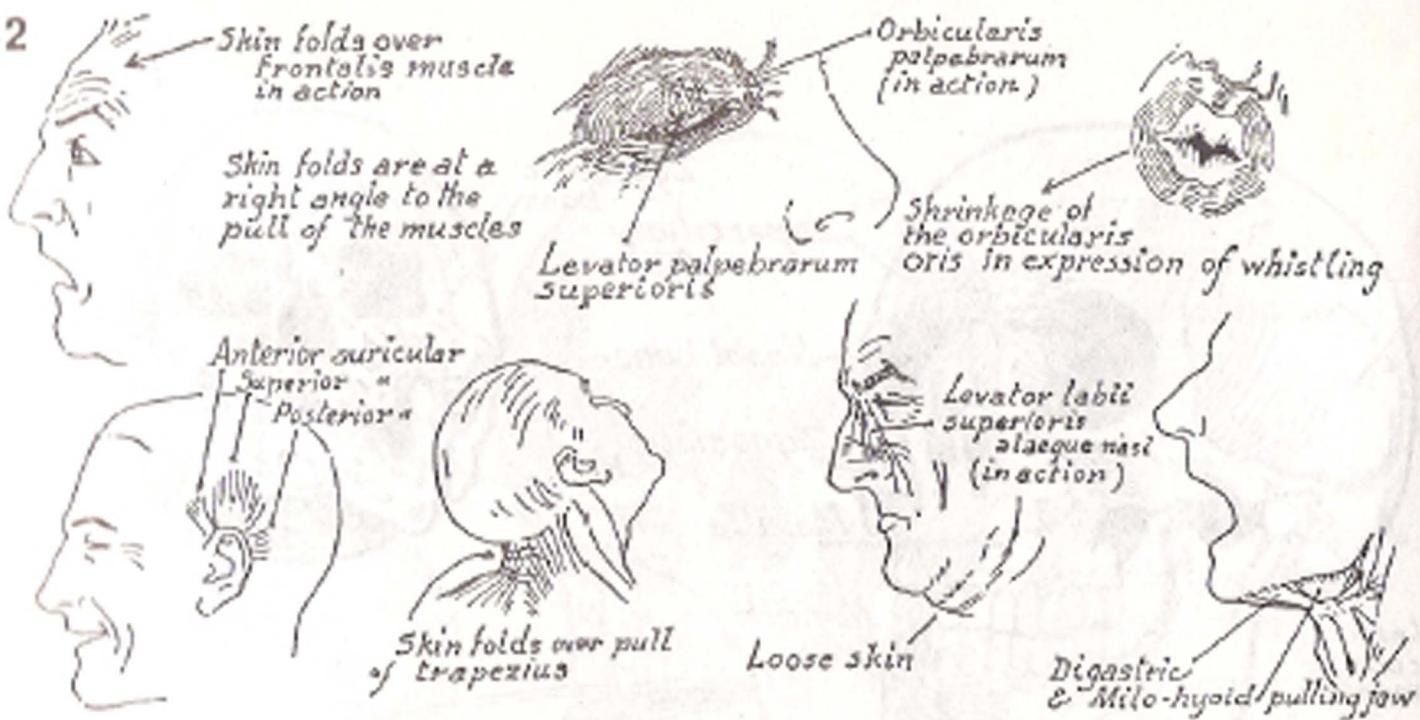
PART III  
THE HEAD AND NECK

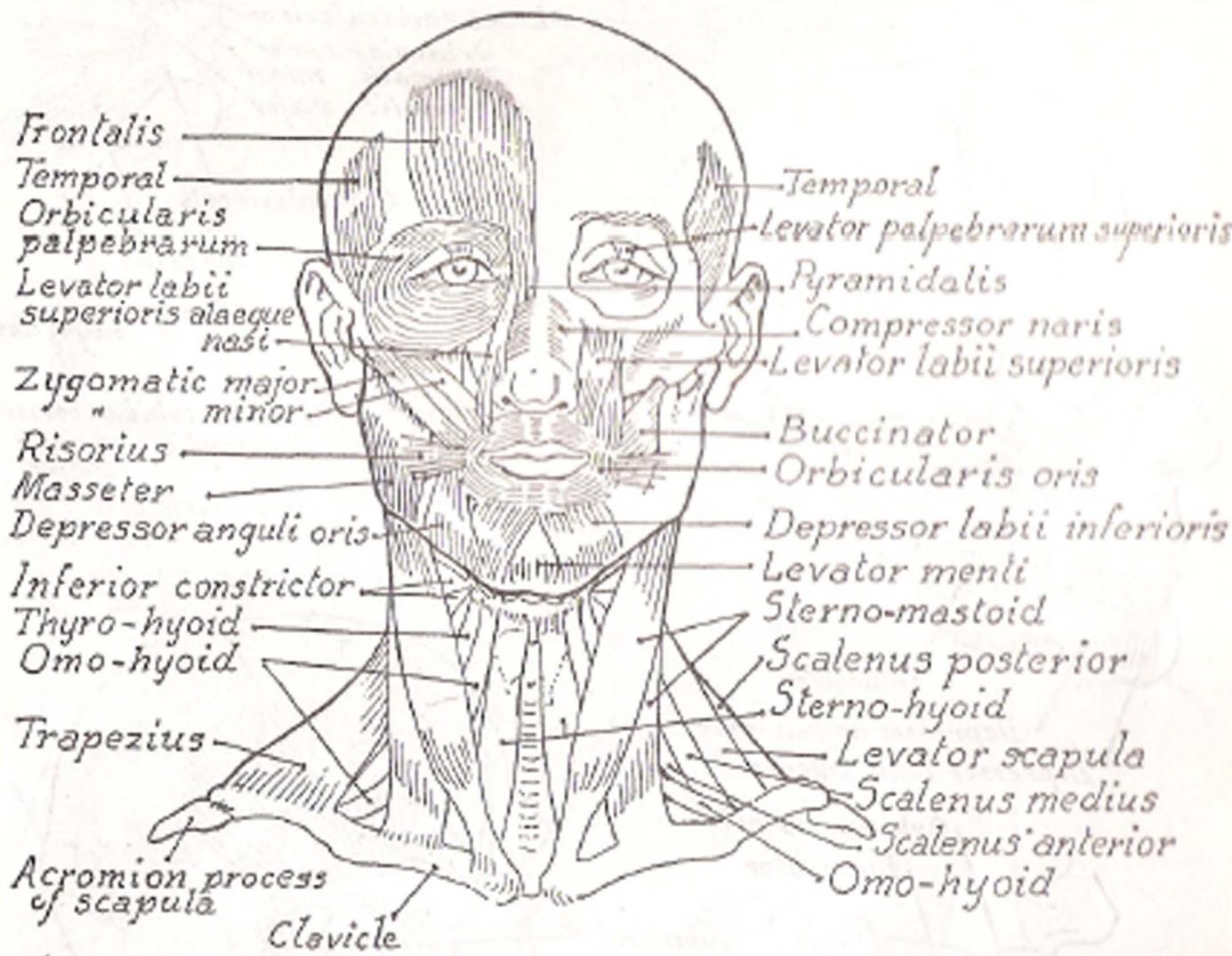
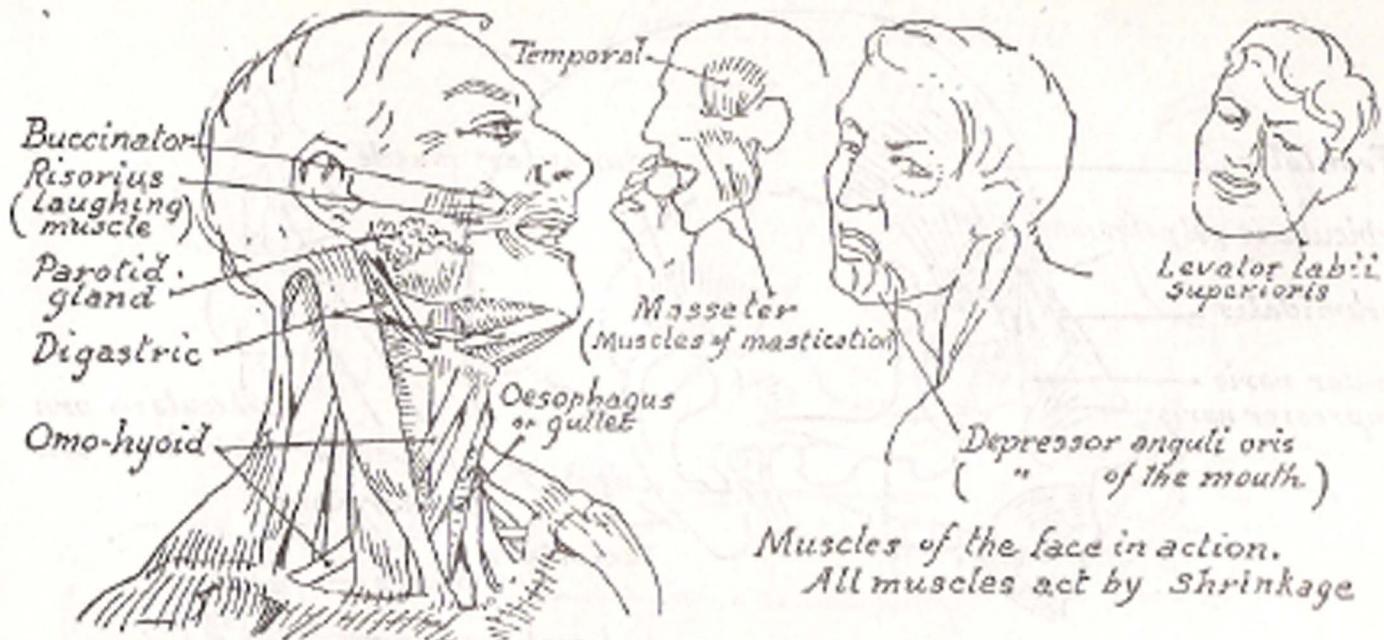


# The SKULL

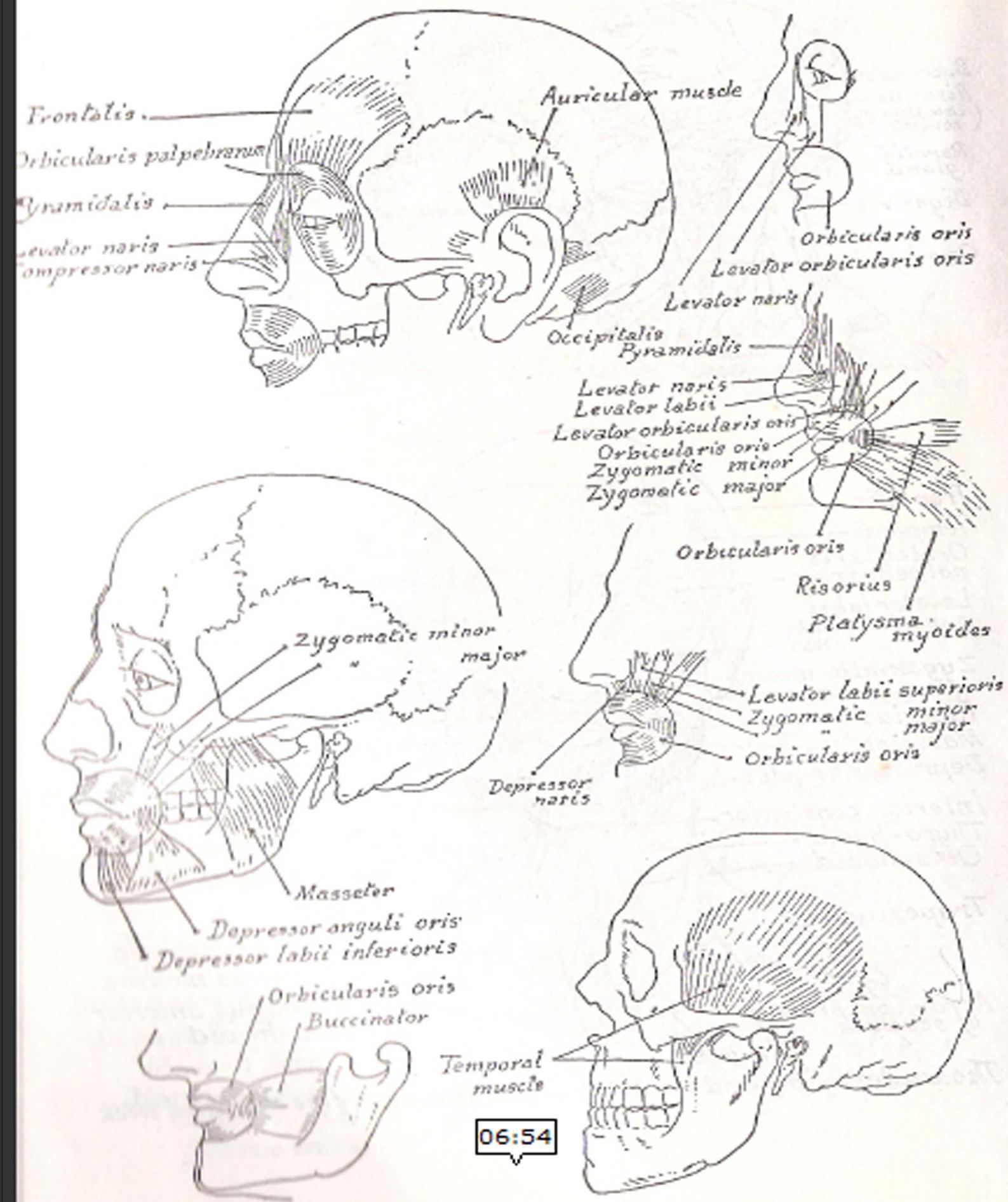




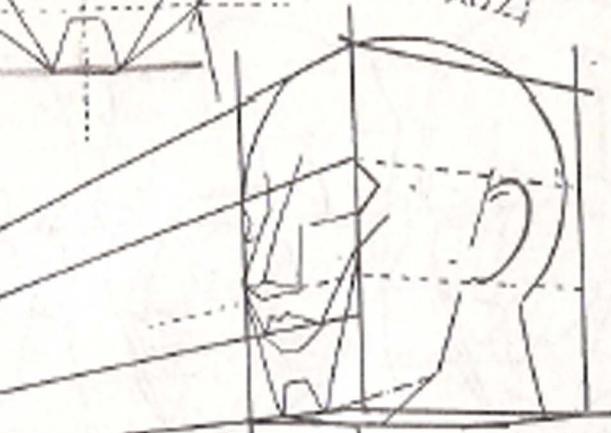
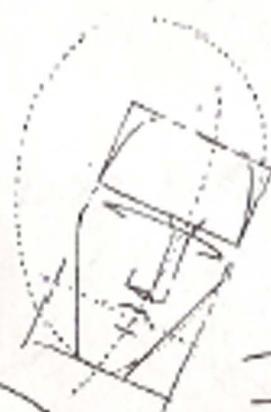
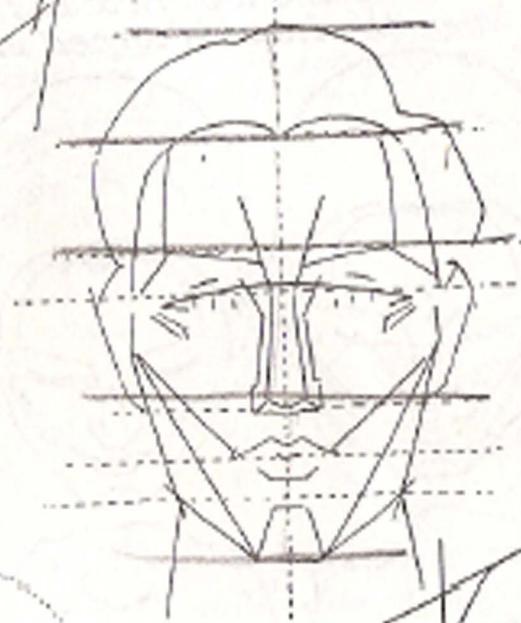


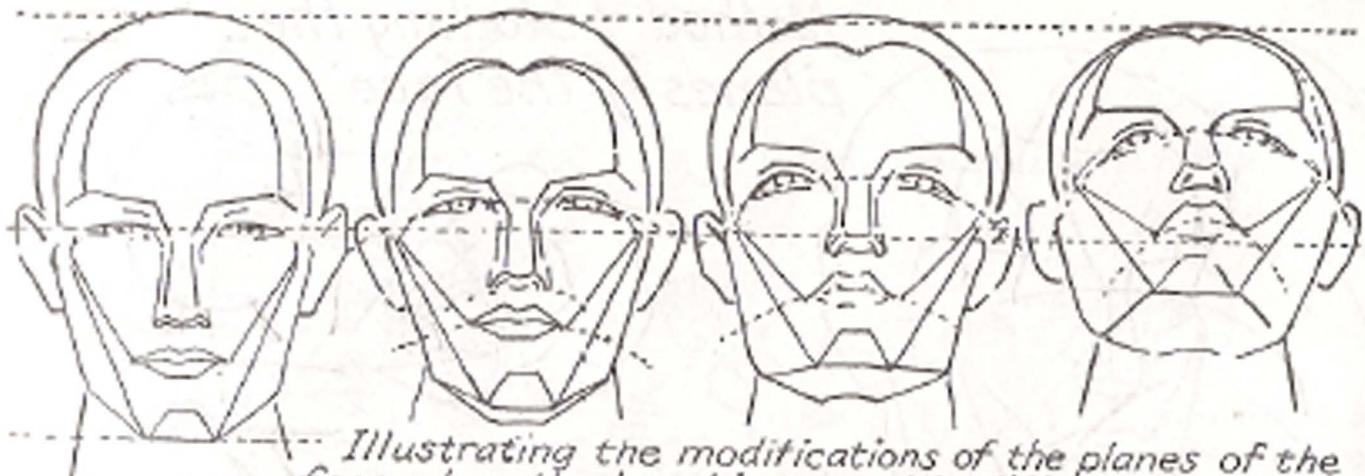


The underlying and the superficial muscles of the face and neck

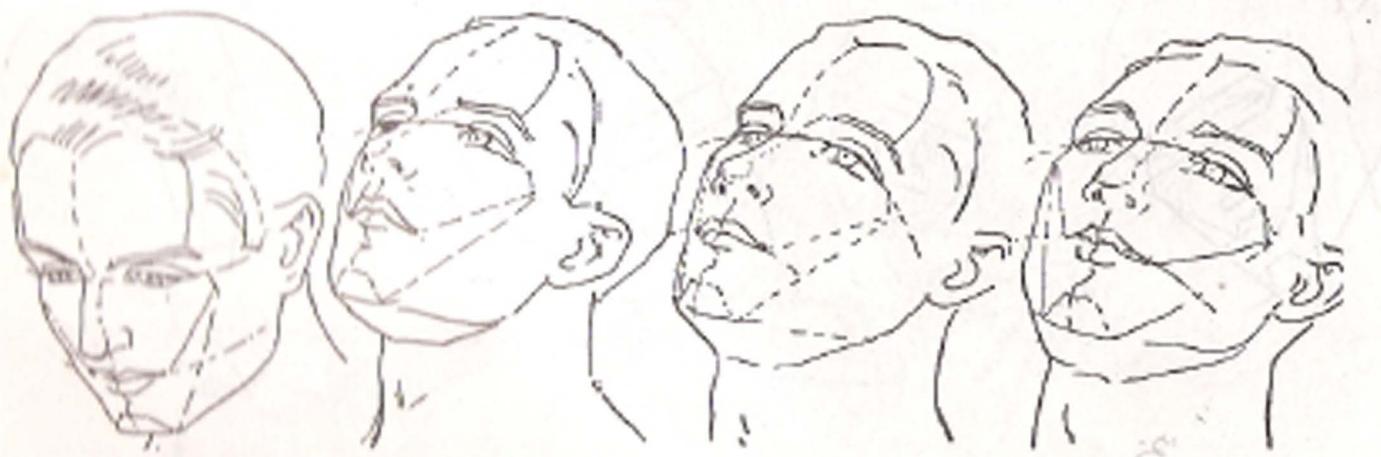
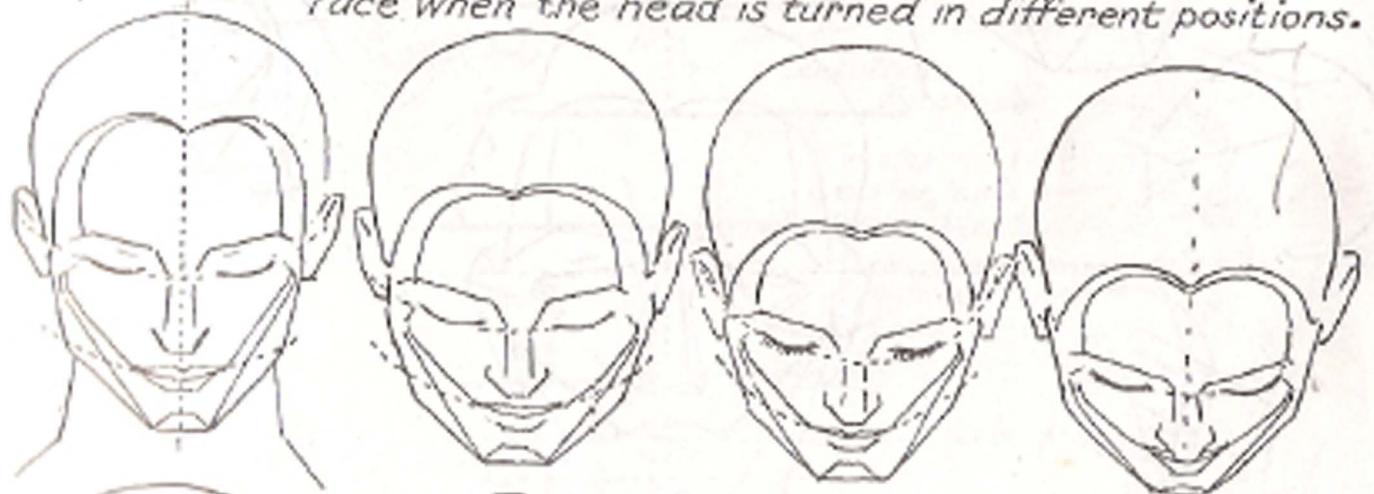


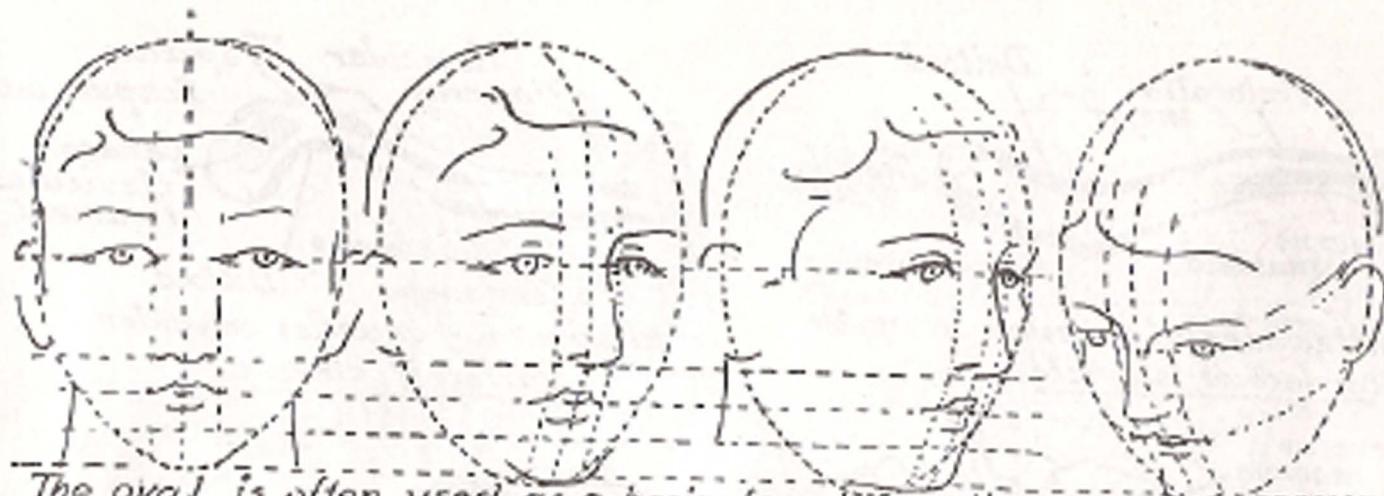
## *Method of blocking the planes of the face*



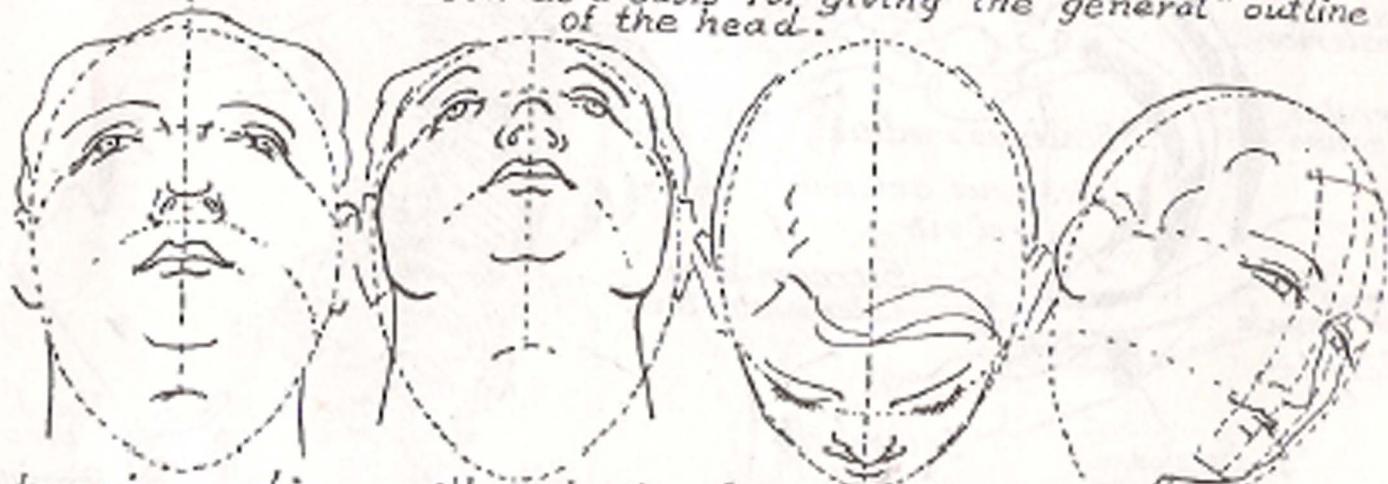


*Illustrating the modifications of the planes of the face when the head is turned in different positions.*





The oval is often used as a basis for giving the general outline of the head.

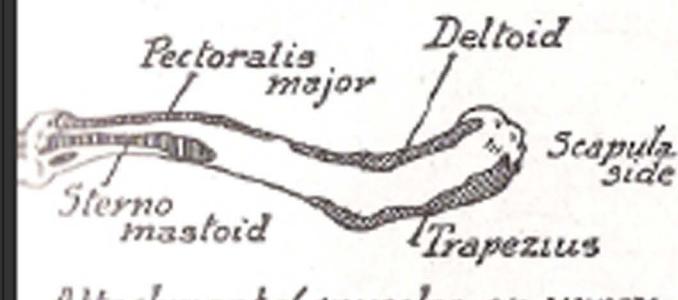


Imaginary lines will help to place the features in their proper relation and to give convexity to the head.

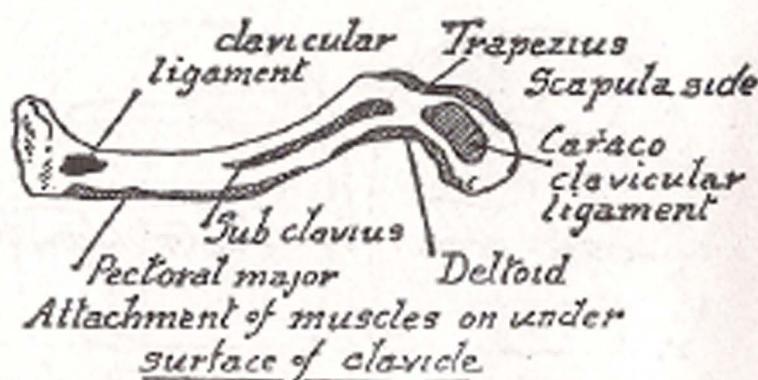


Showing changes in the relative proportions of features and skull at different ages. The nose gradually straightens, then lengthens, the ears lengthen, the eyes are placed higher.

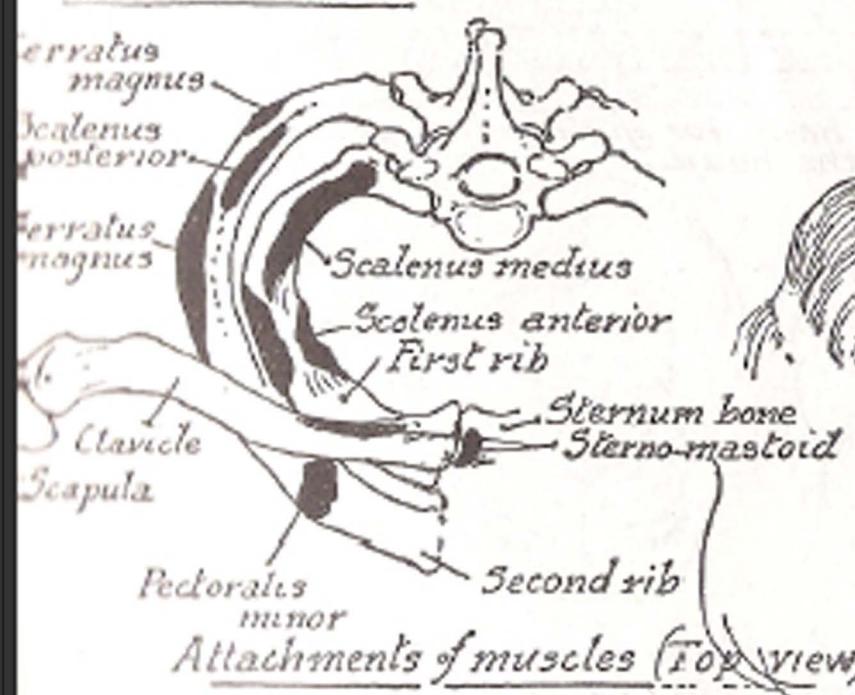




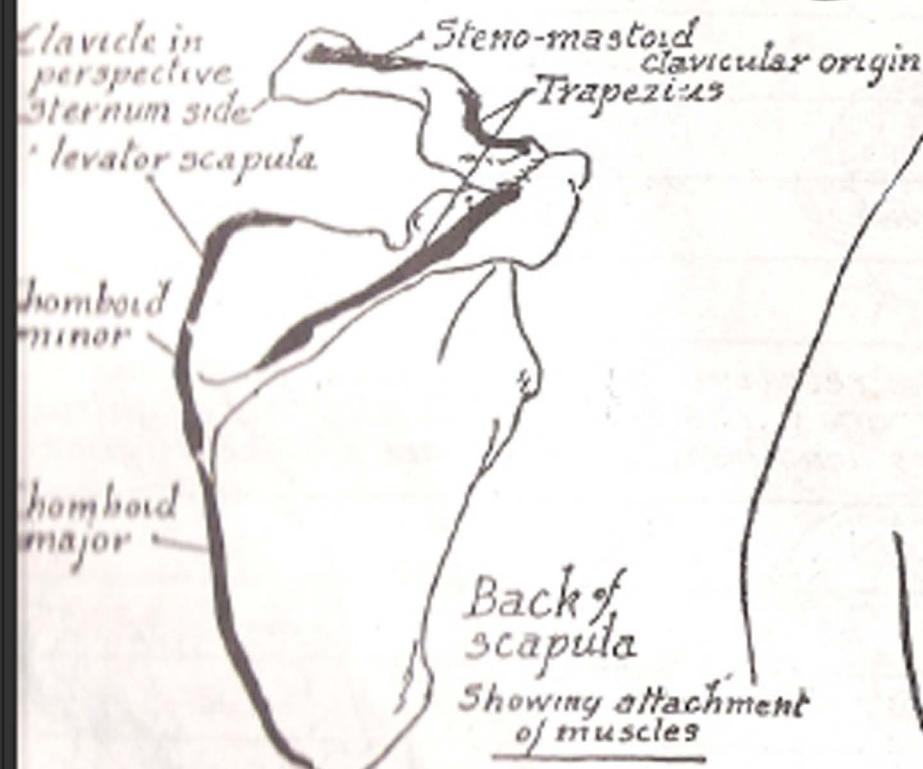
Attachment of muscles on upper surface of clavicle



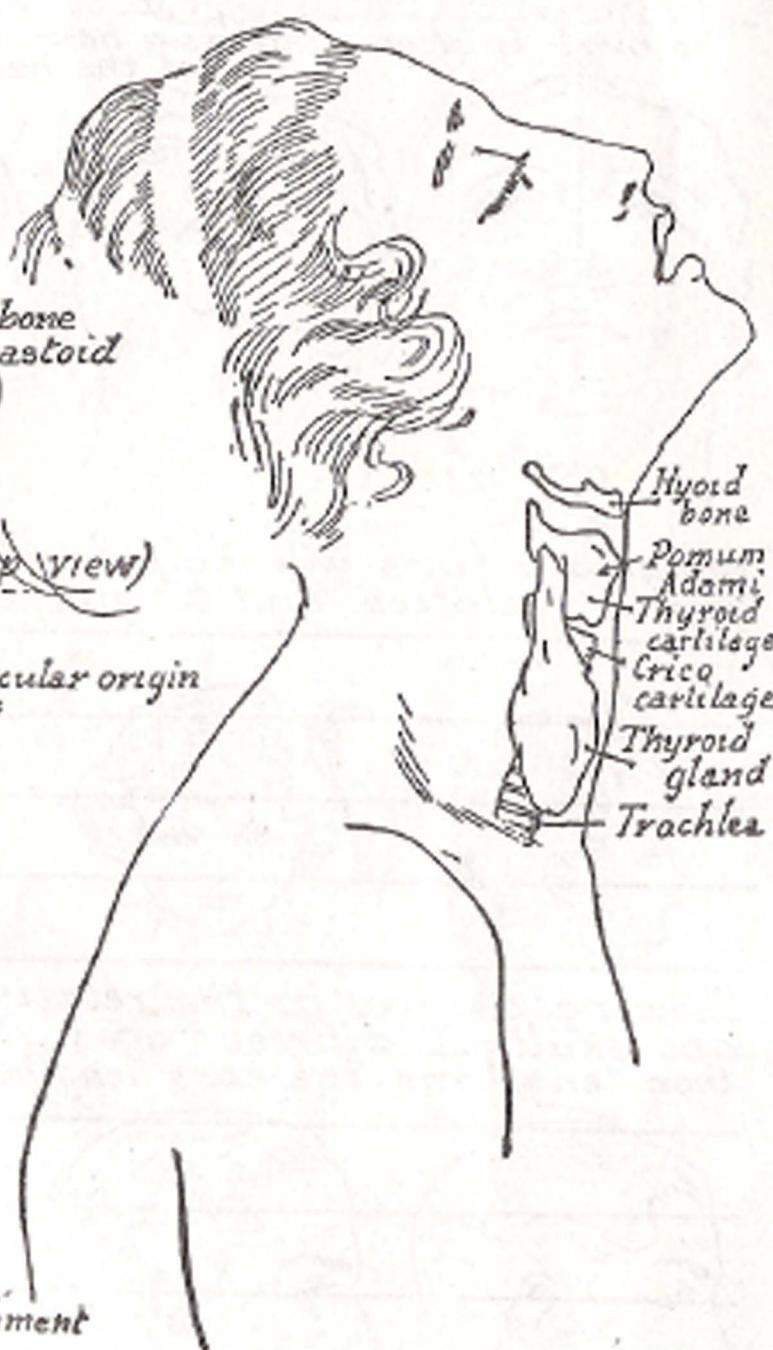
Attachment of muscles on under surface of clavicle

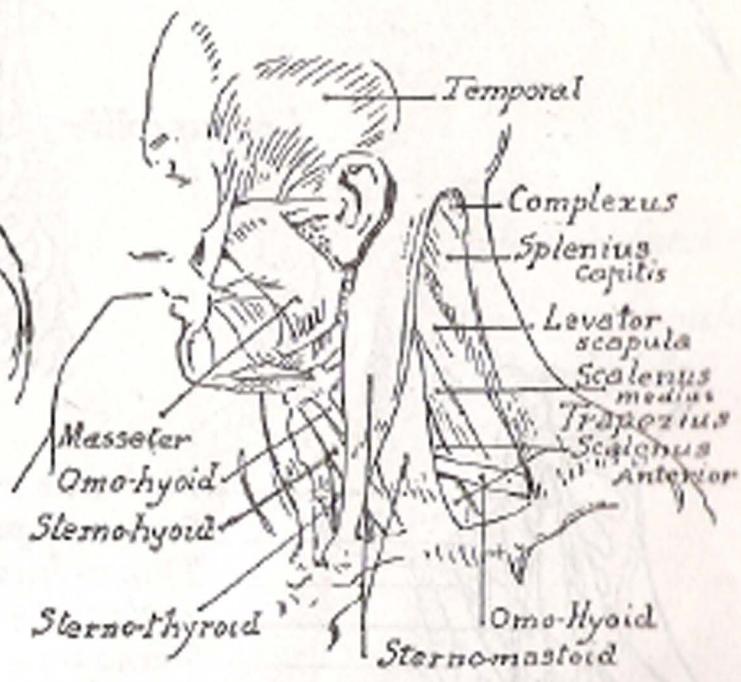
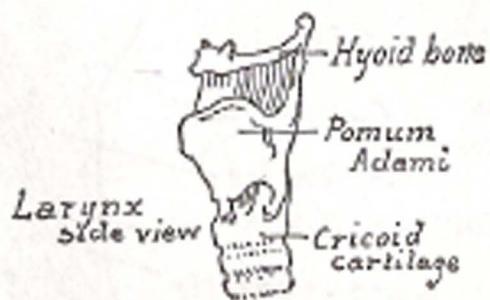
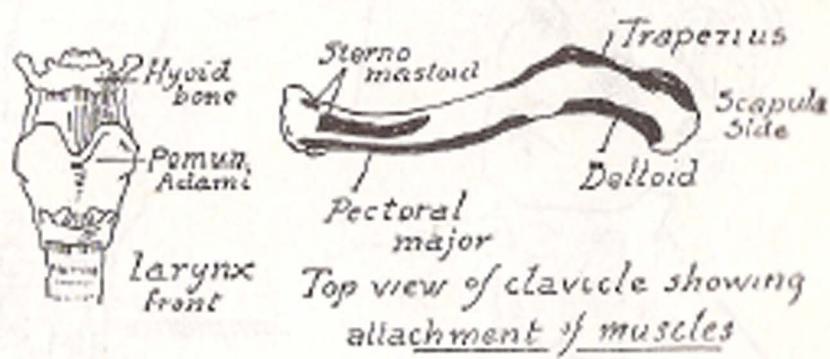
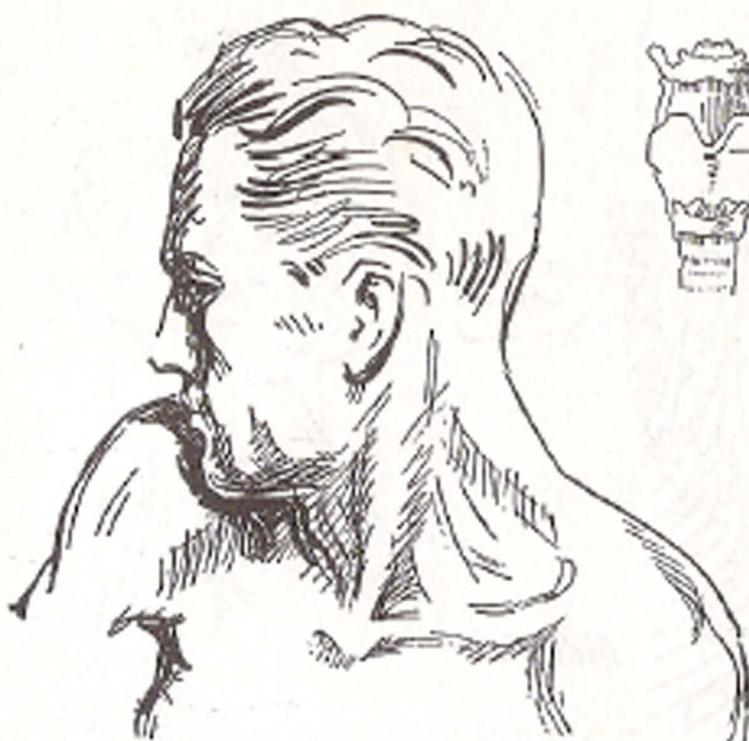
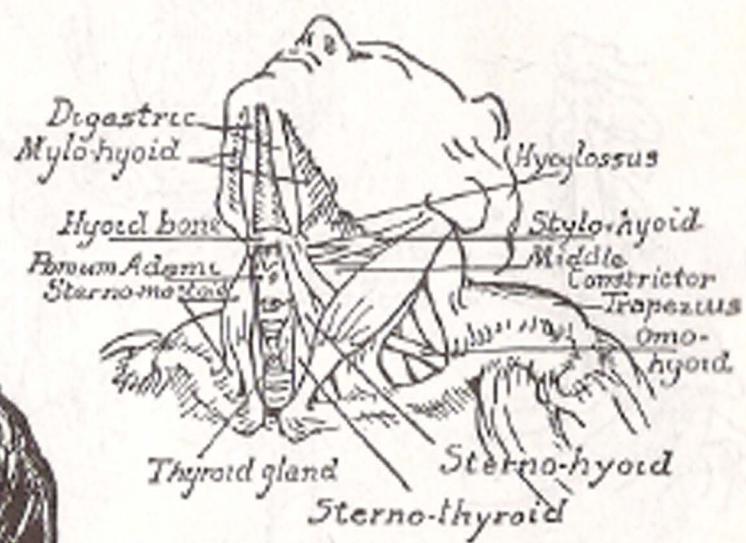


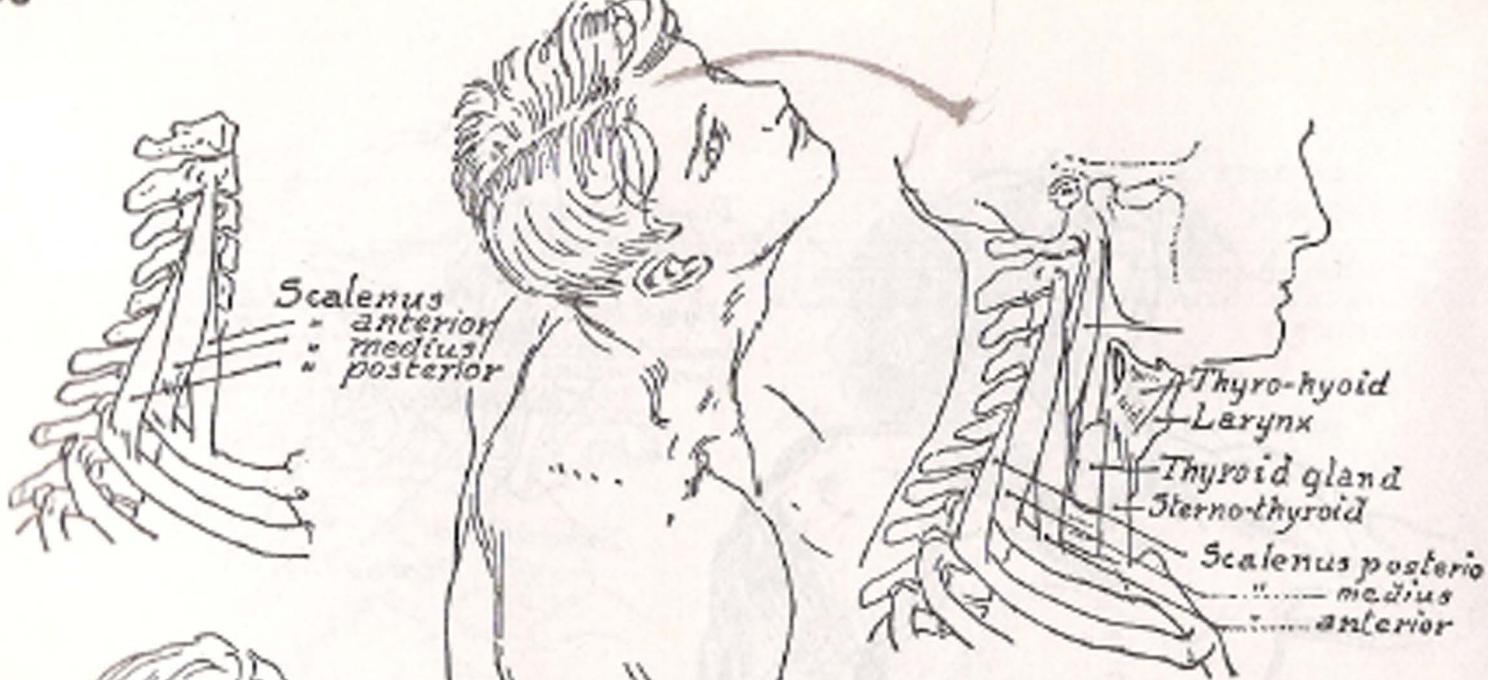
Attachments of muscles (top view)



Back of scapula  
Showing attachment of muscles



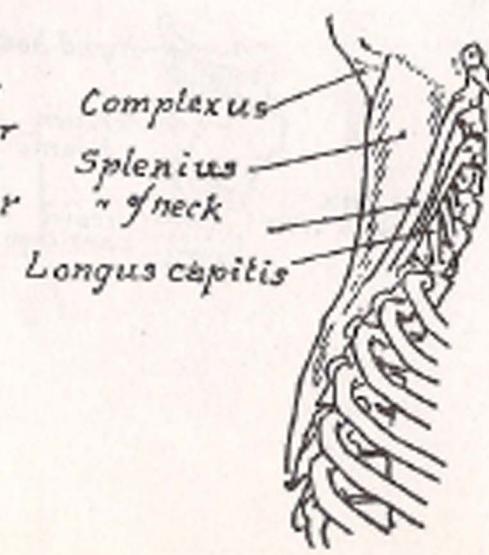


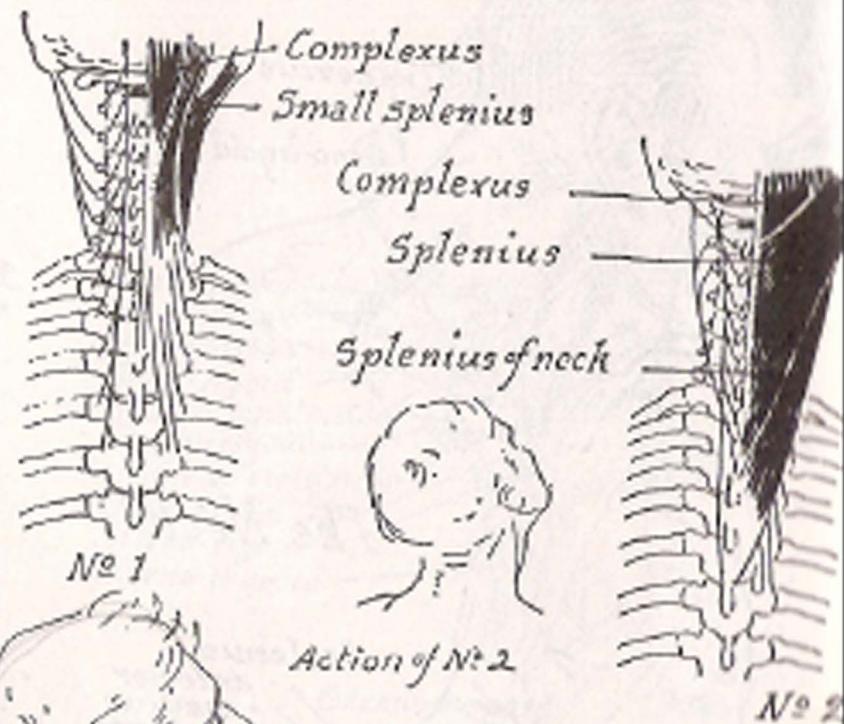
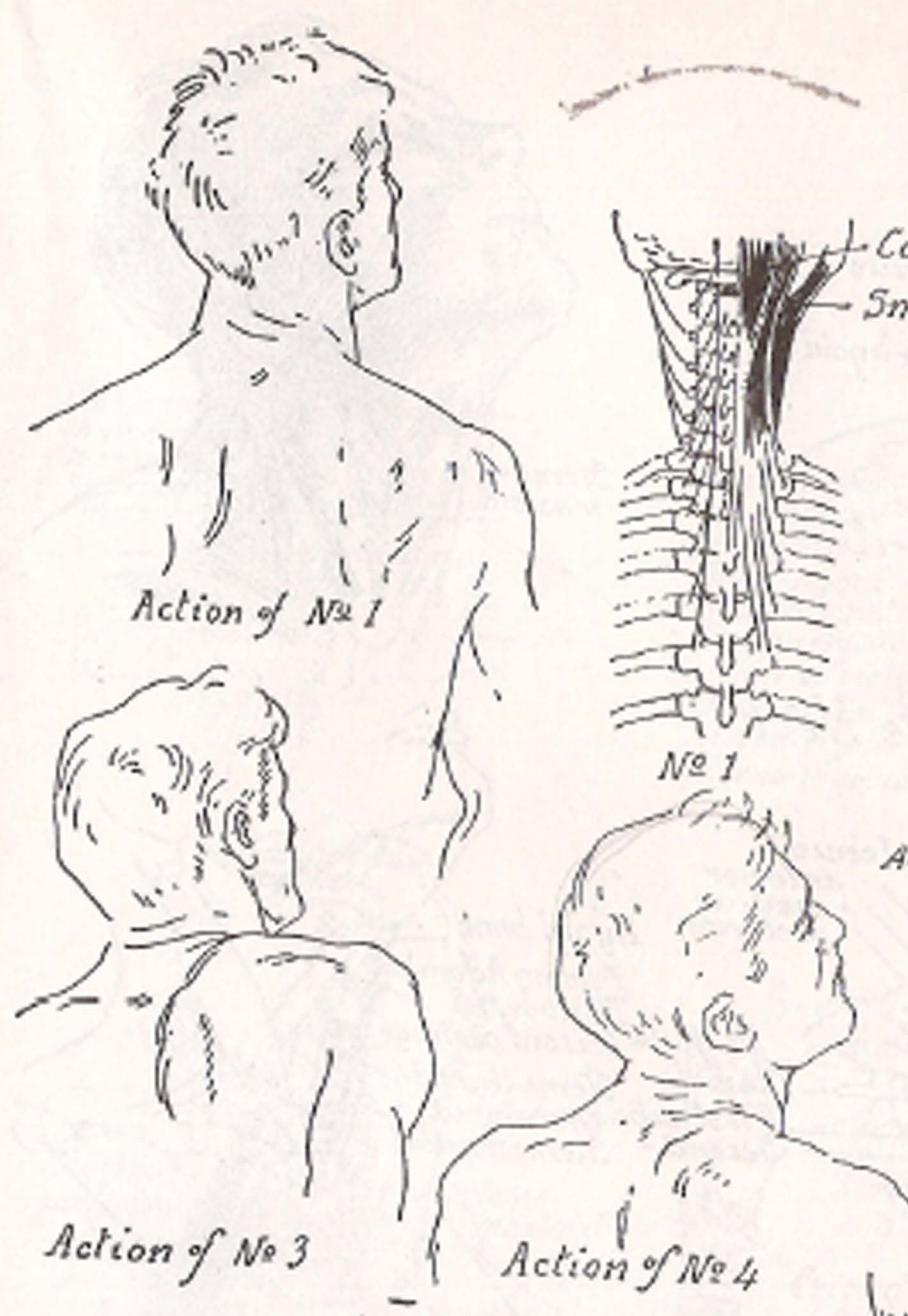


Side view

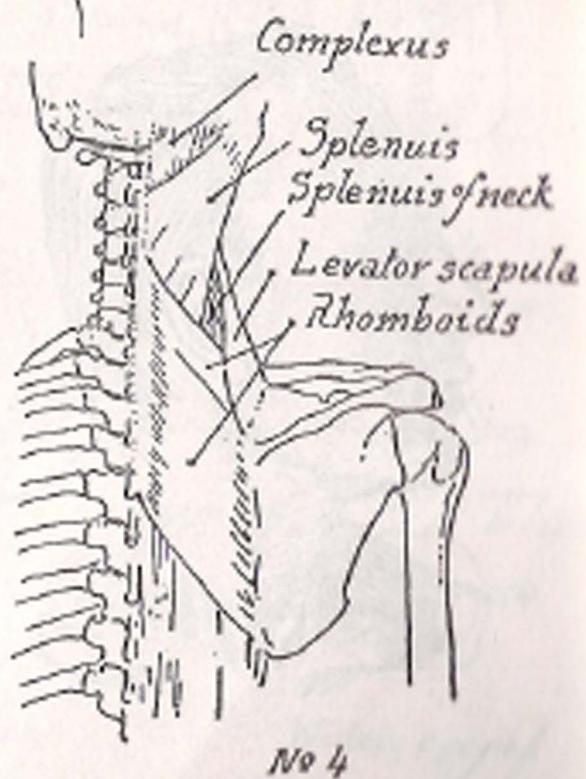
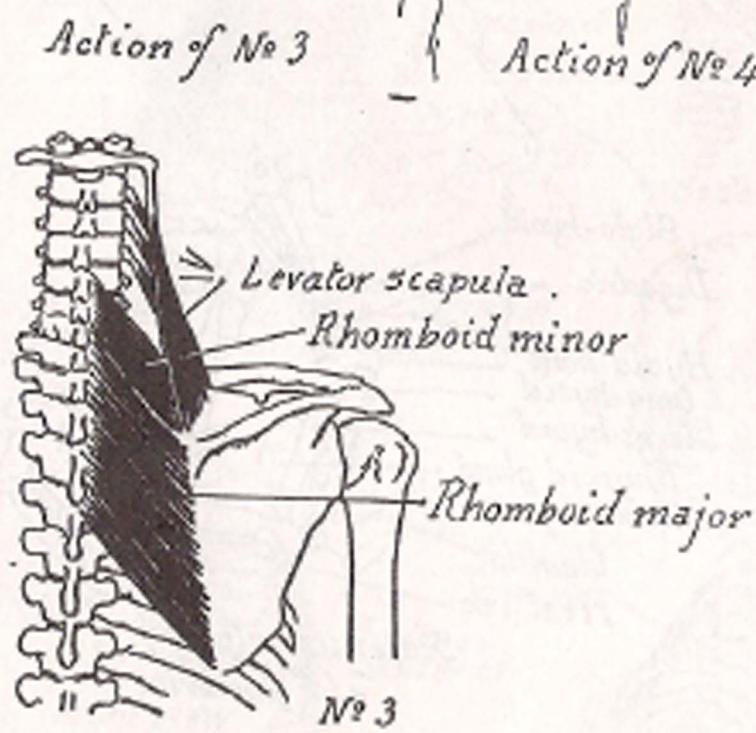


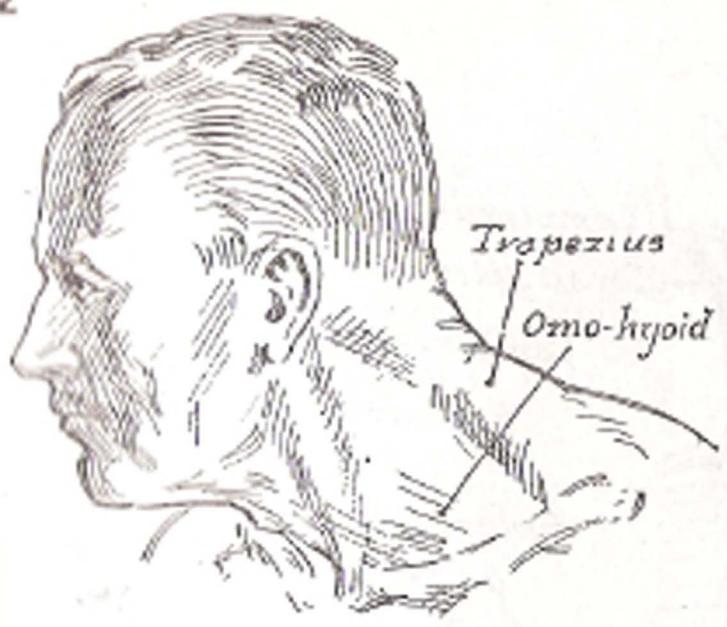
Scalenus medius  
Scalenus posterior  
Thyro-hyoid  
Scalenus anterior  
Sterno-hyoid  
Omo-hyoid  
Thyroid gland  
Levator scapulae



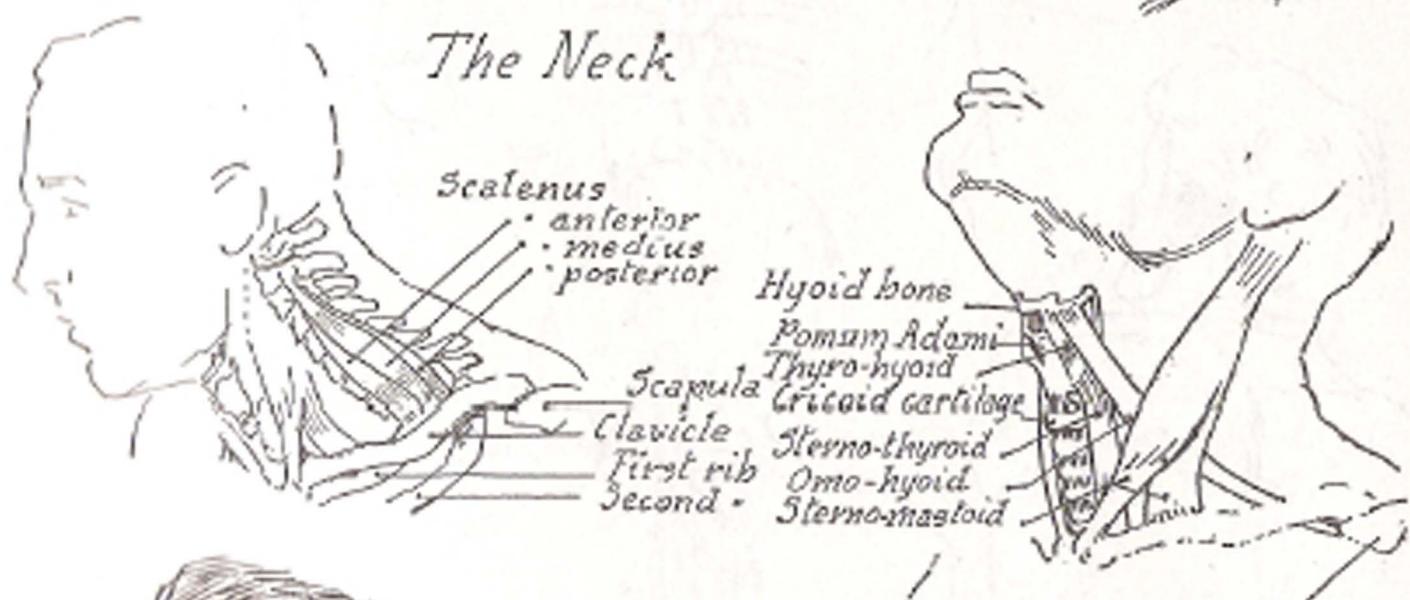


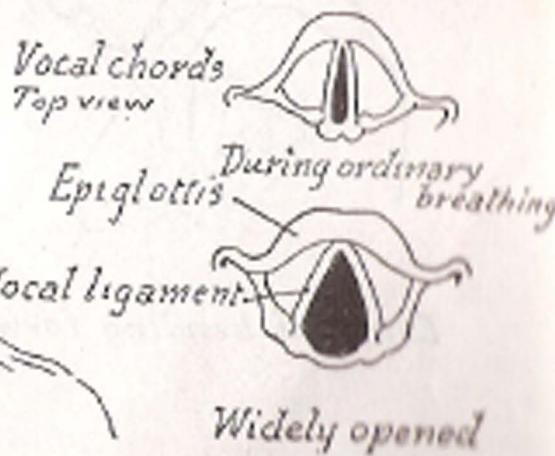
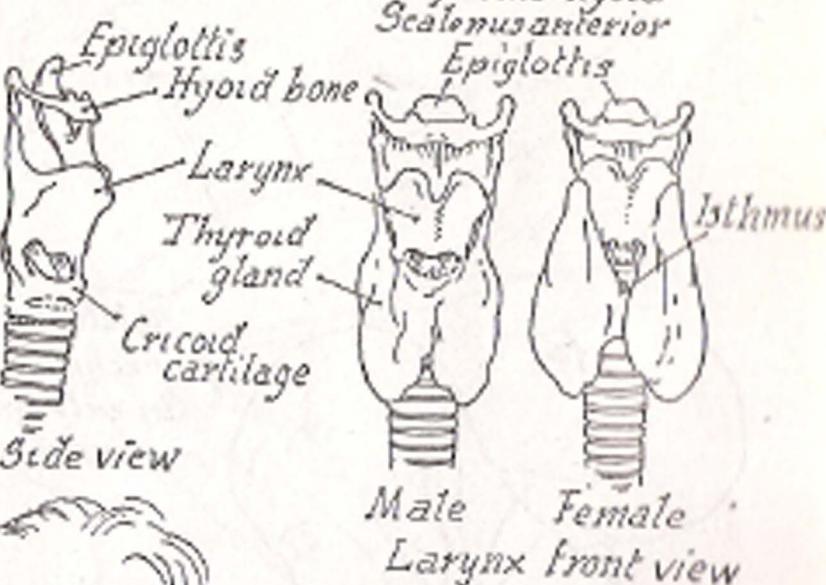
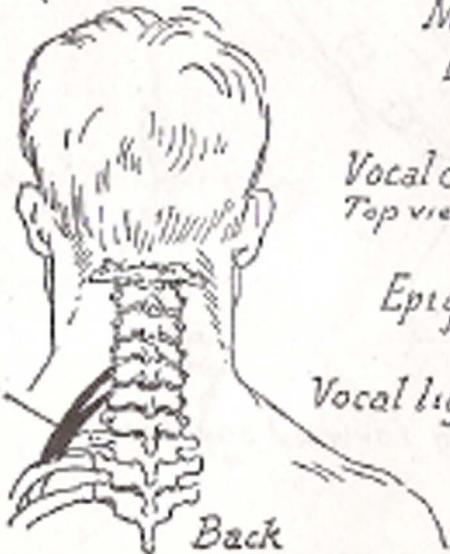
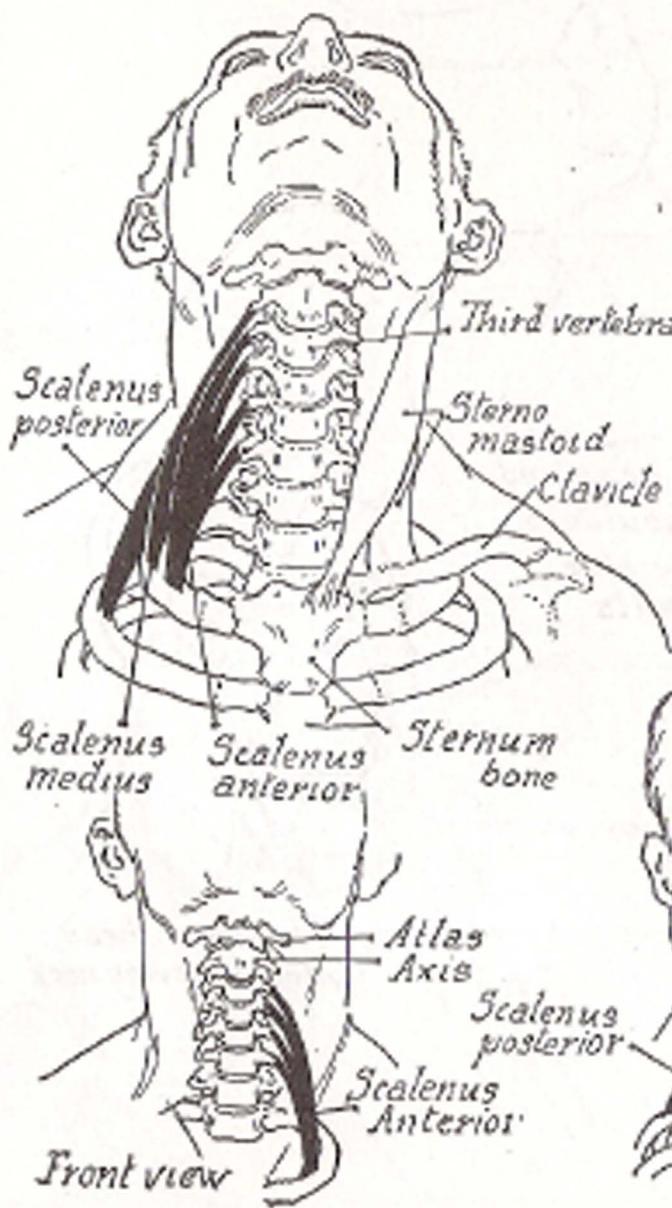
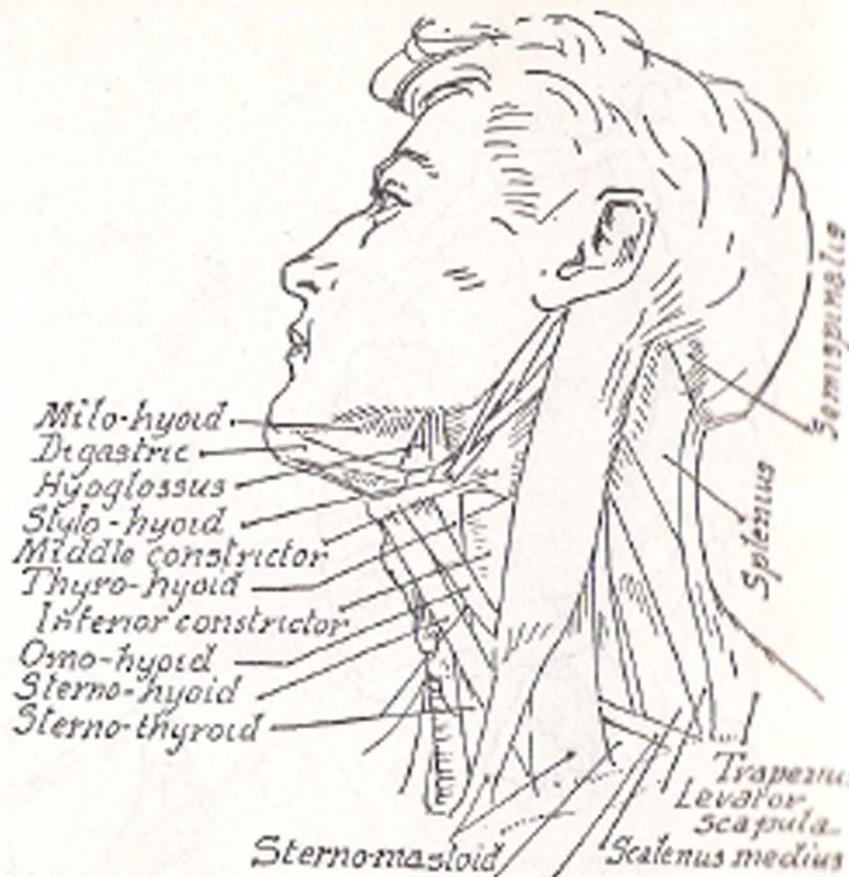
### Muscles of back of neck





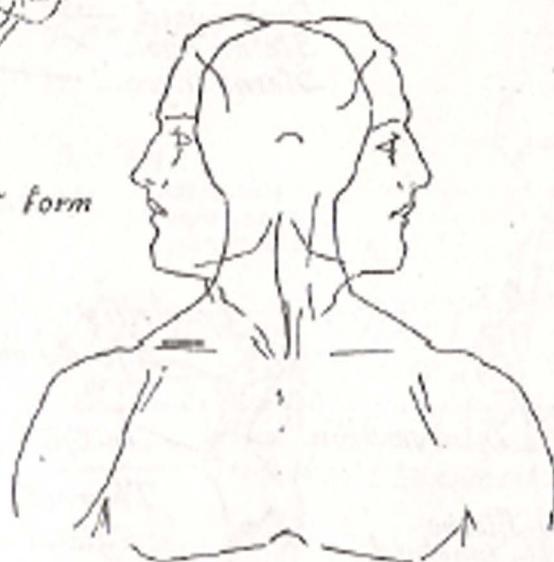
### The Neck







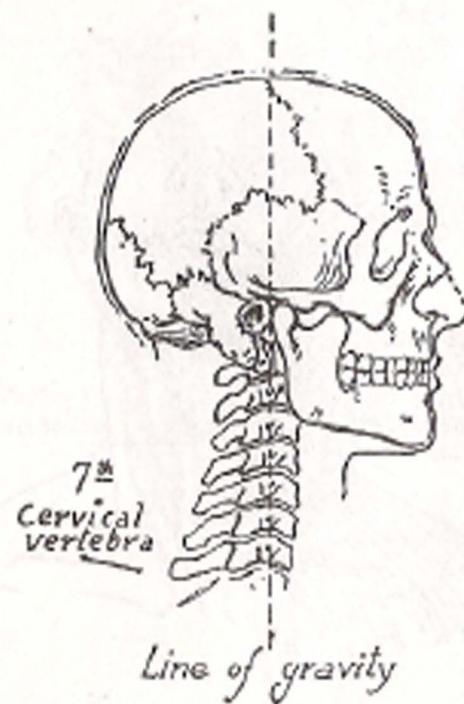
*Modification of chest form  
in breathing*



*Relation of head and  
neck to shoulders  
in extreme side  
movements*



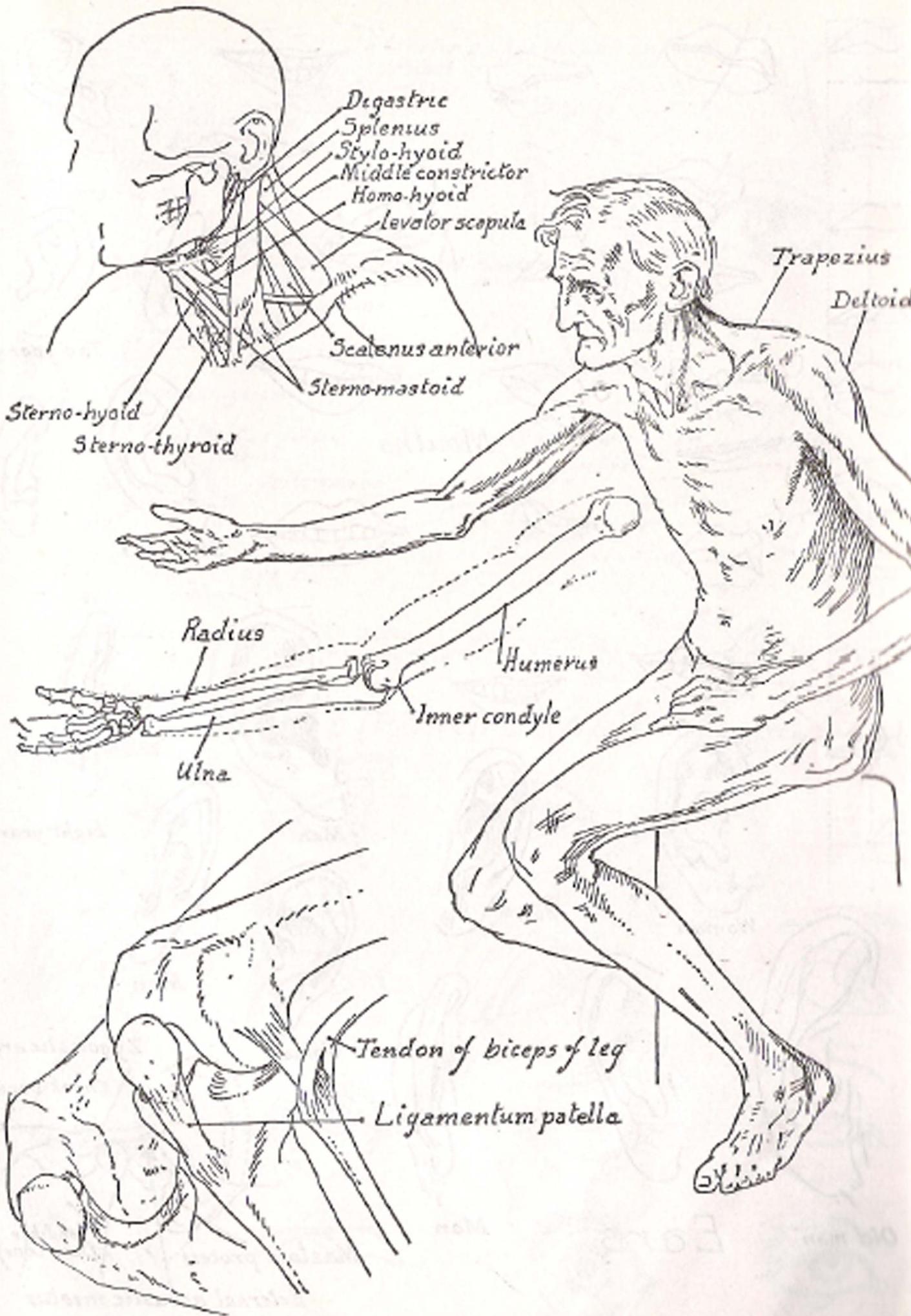
*Extent of bending forward and back*

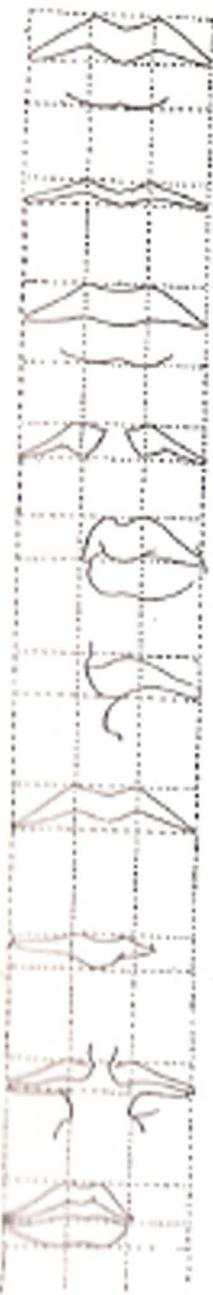


*Line of gravity*



*Flexion of head  
without moving neck*





Ears

Mouths

Two years

Six years

Eight years

Woman

Man

Man

Man

Woman



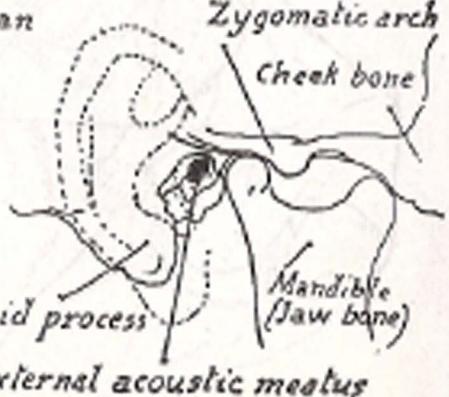
Old man

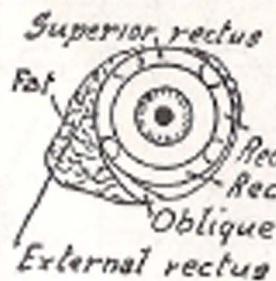


Man



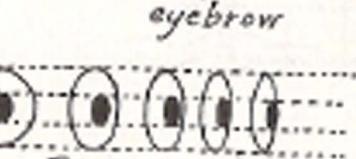
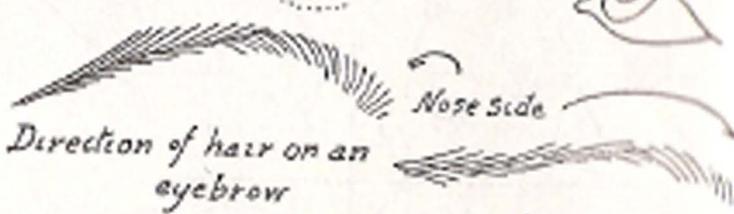
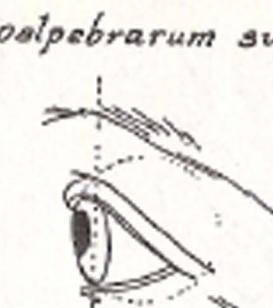
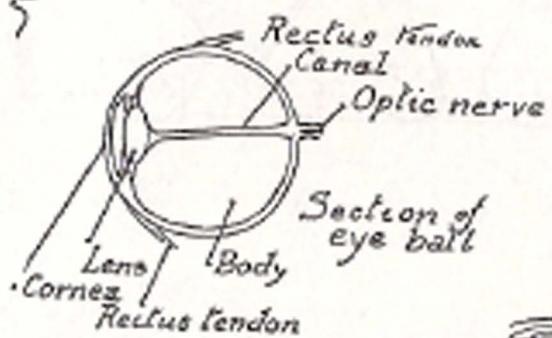
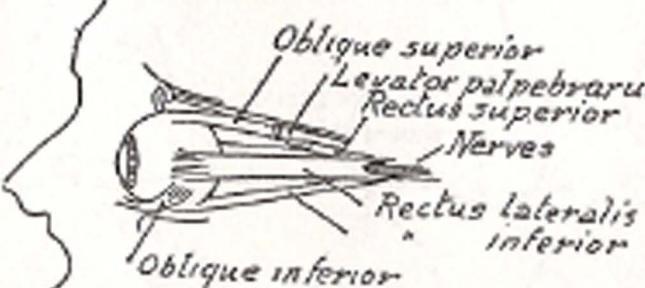
Woman



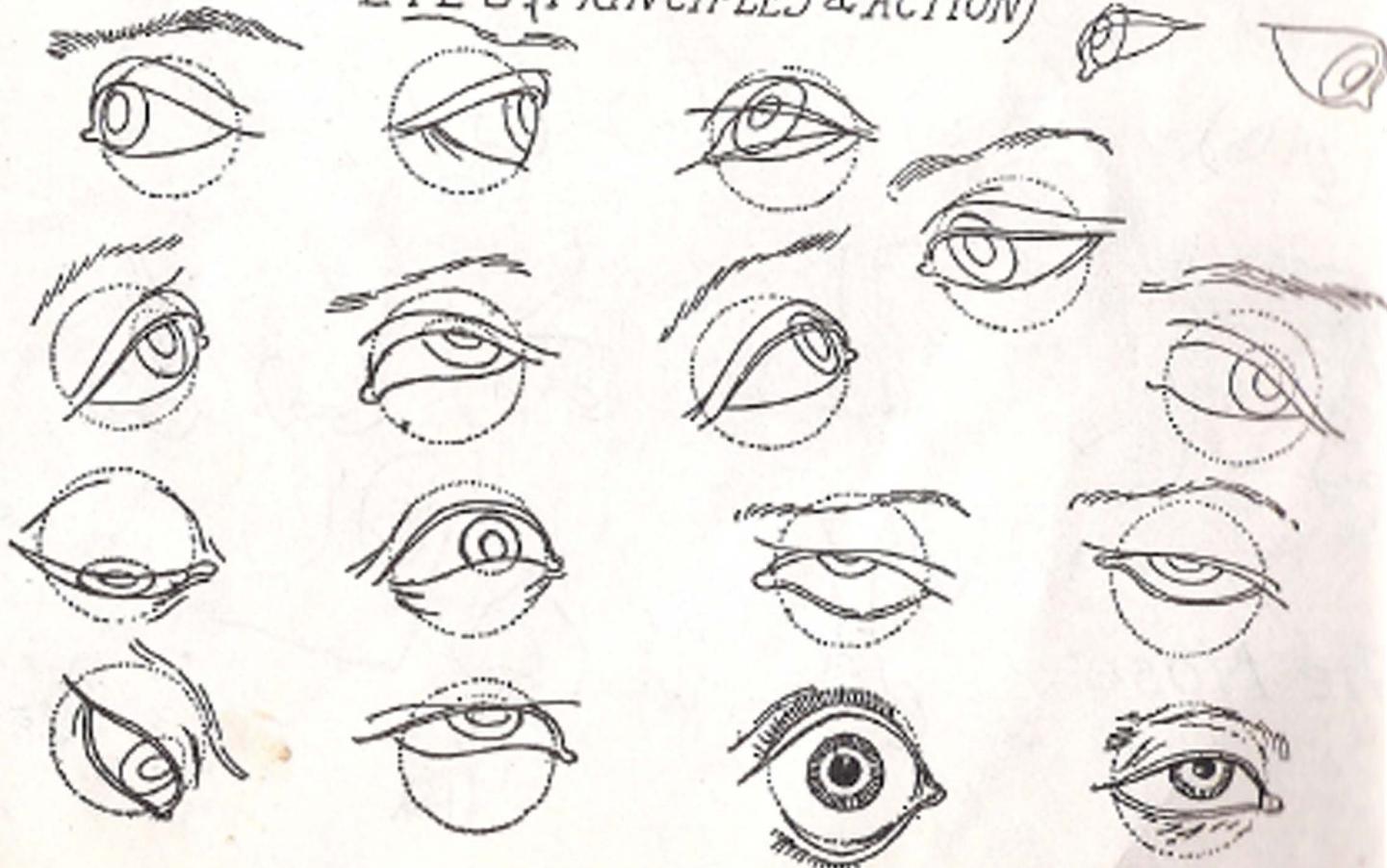


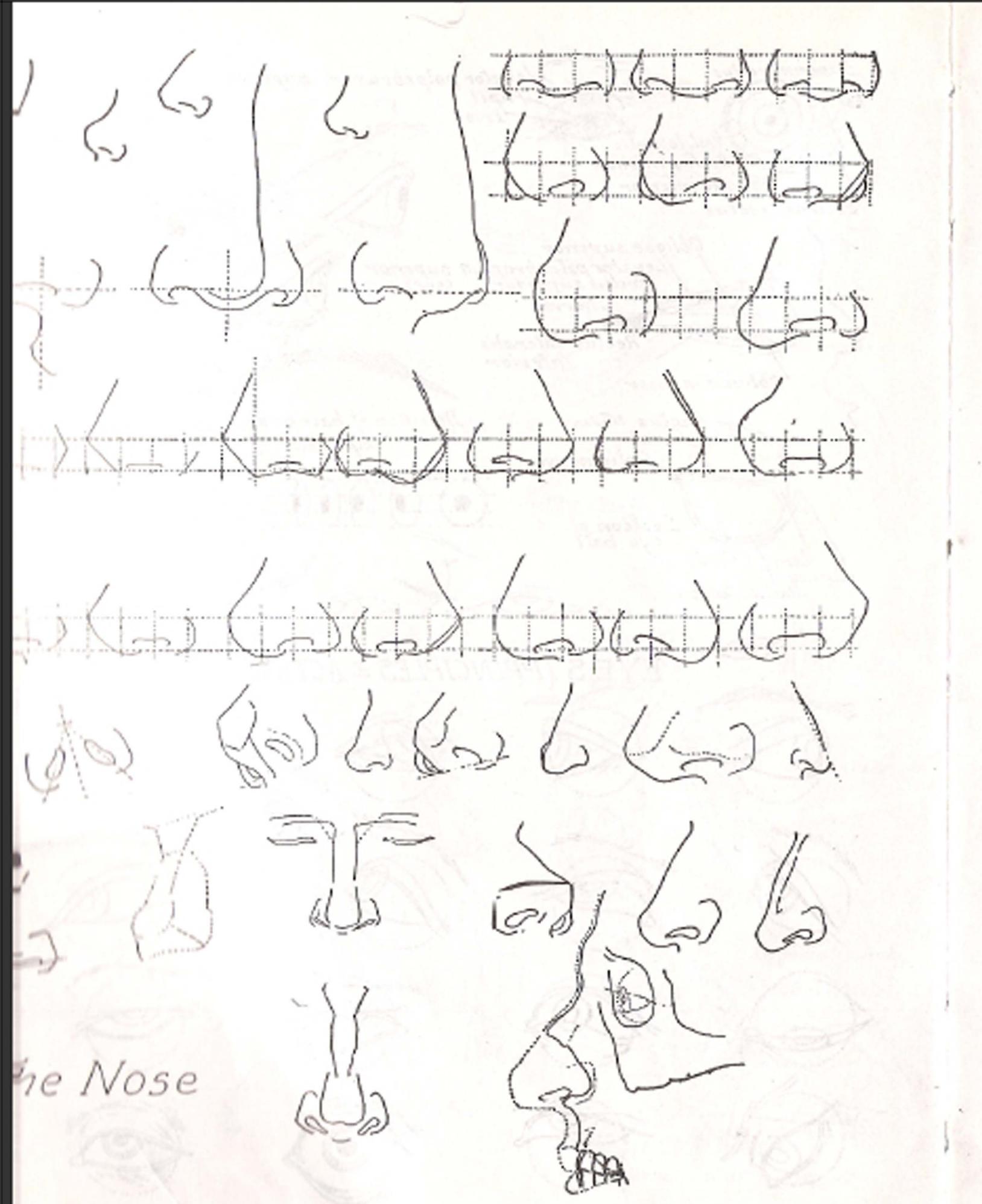
Levator palpebrarum superior

Pupil  
Iris



## EYES (PRINCIPLES & ACTION)





the Nose



Caucasian  
(white race)



Prehistoric  
type



Mongolian  
(yellow race)



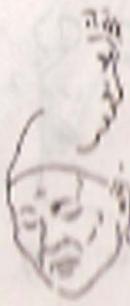
Ethiopian  
(black race)



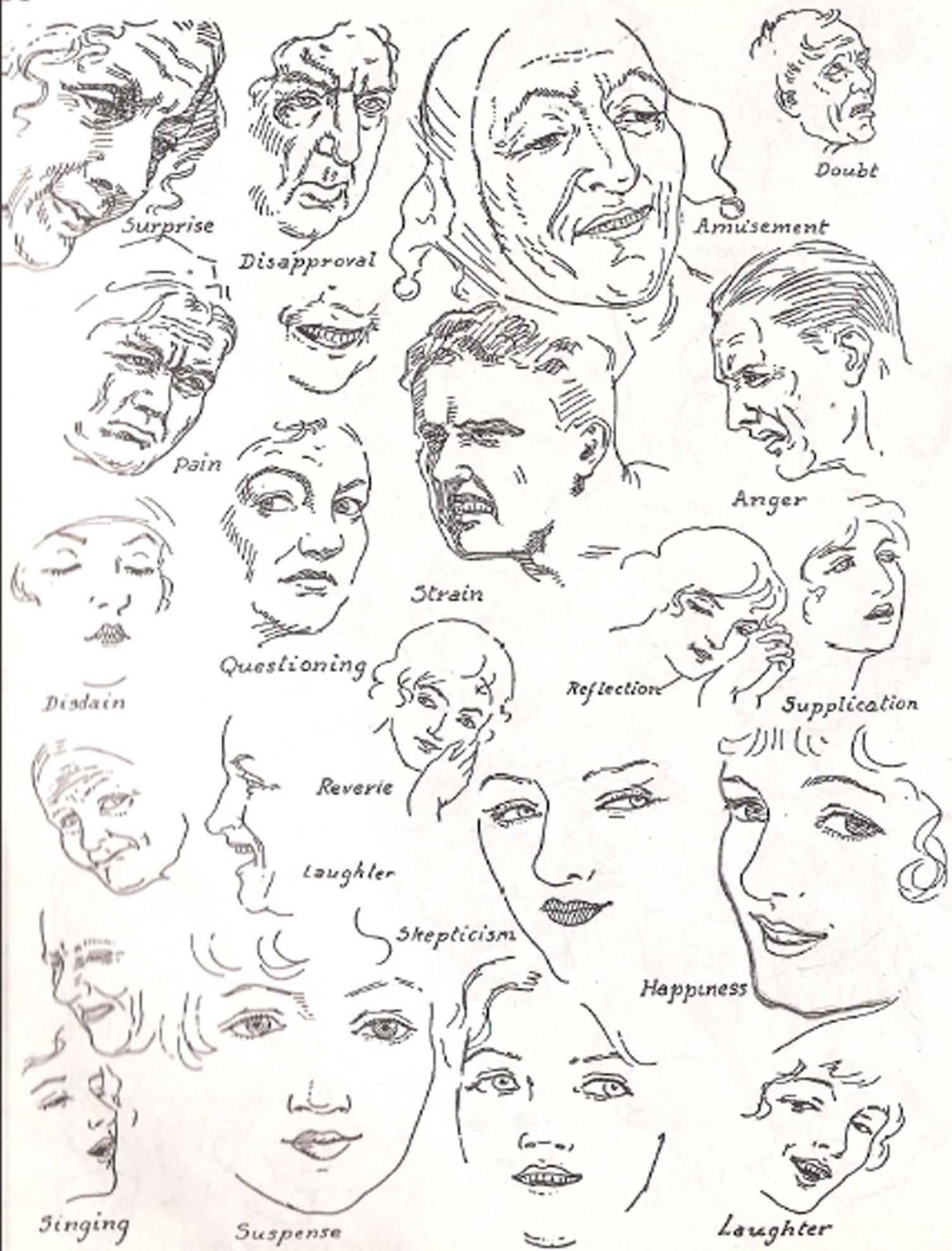
American Indian  
(red race)

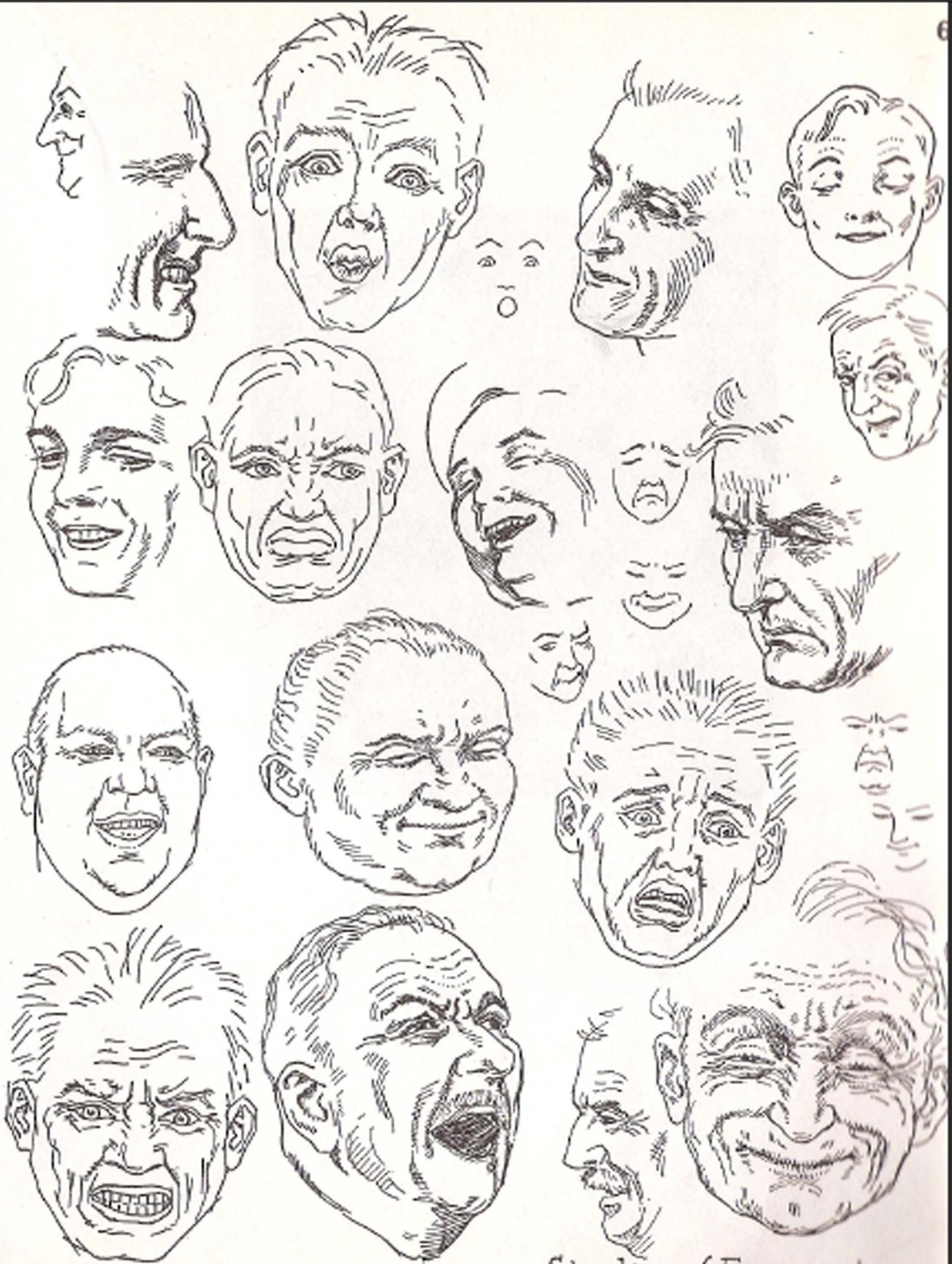


Malayan  
(brown race)

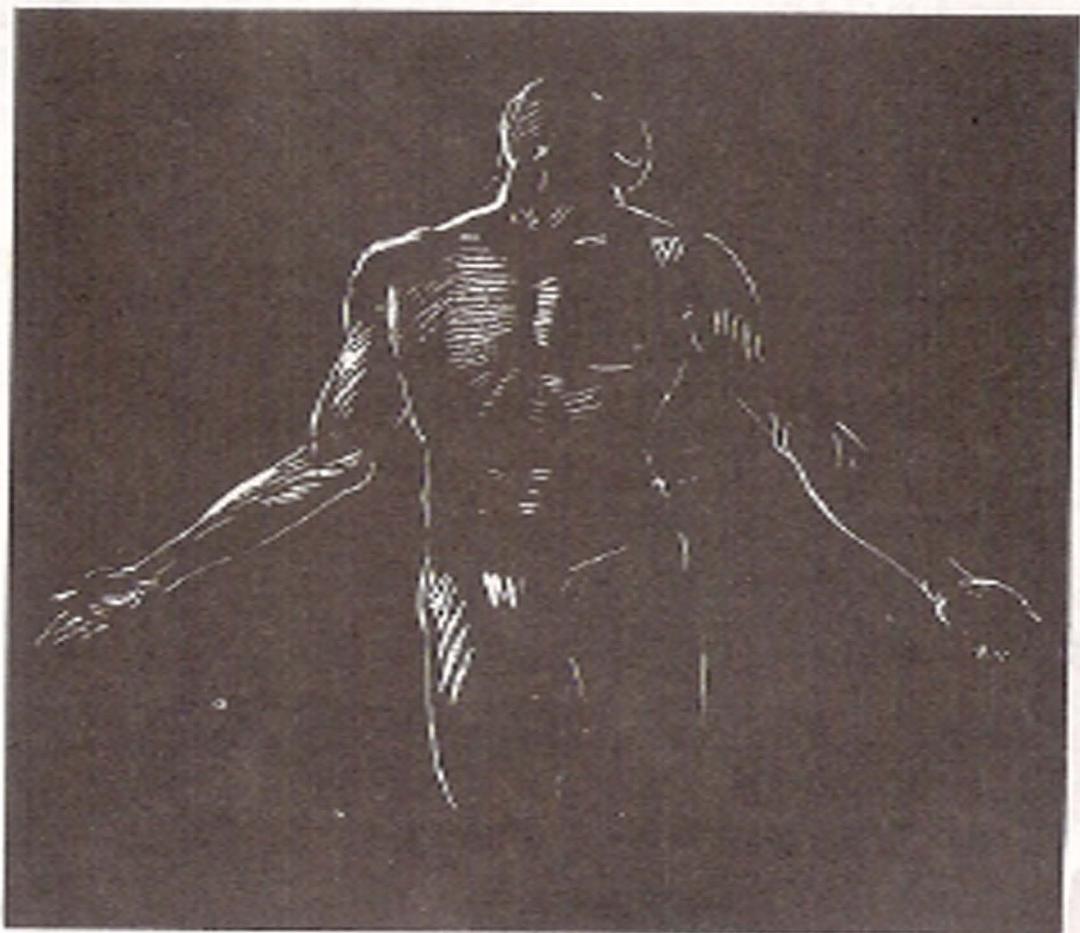


The five races of man

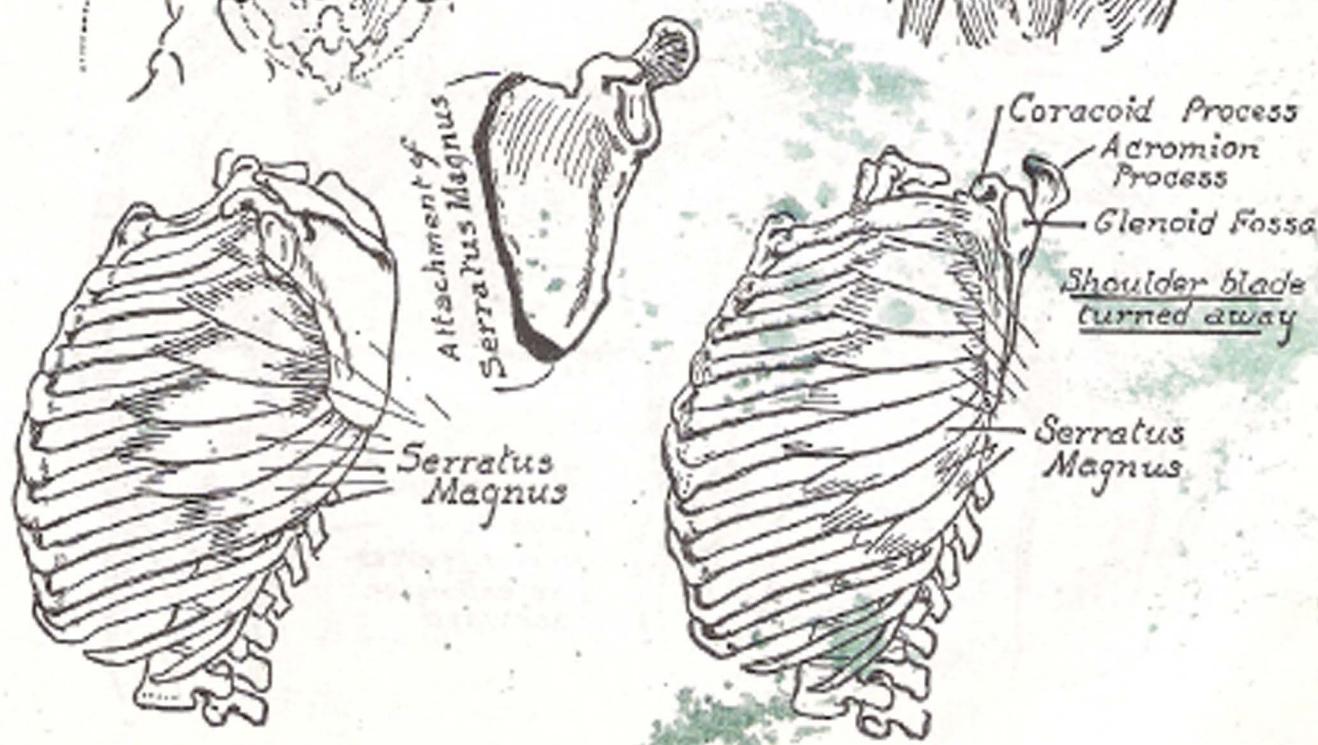
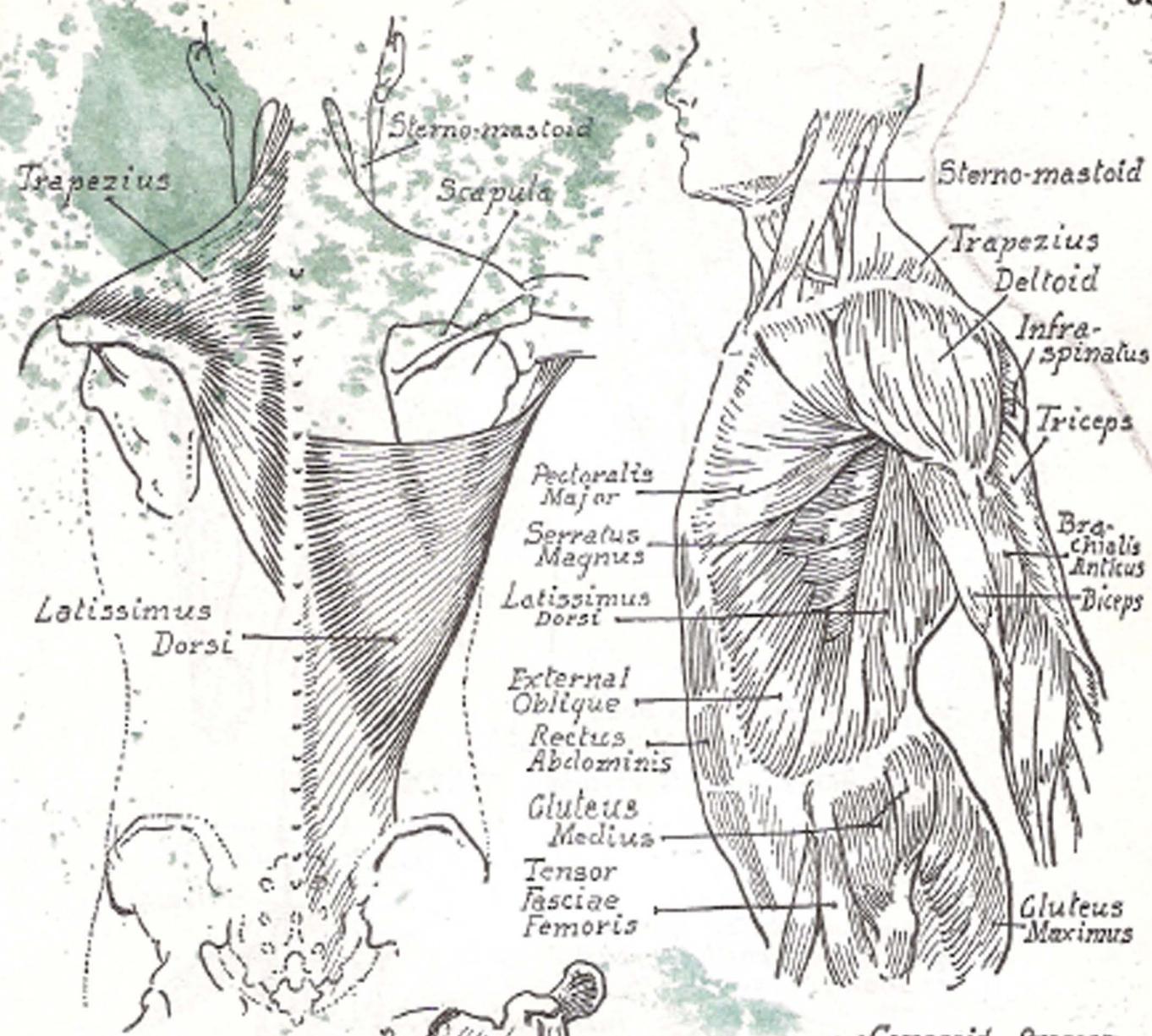


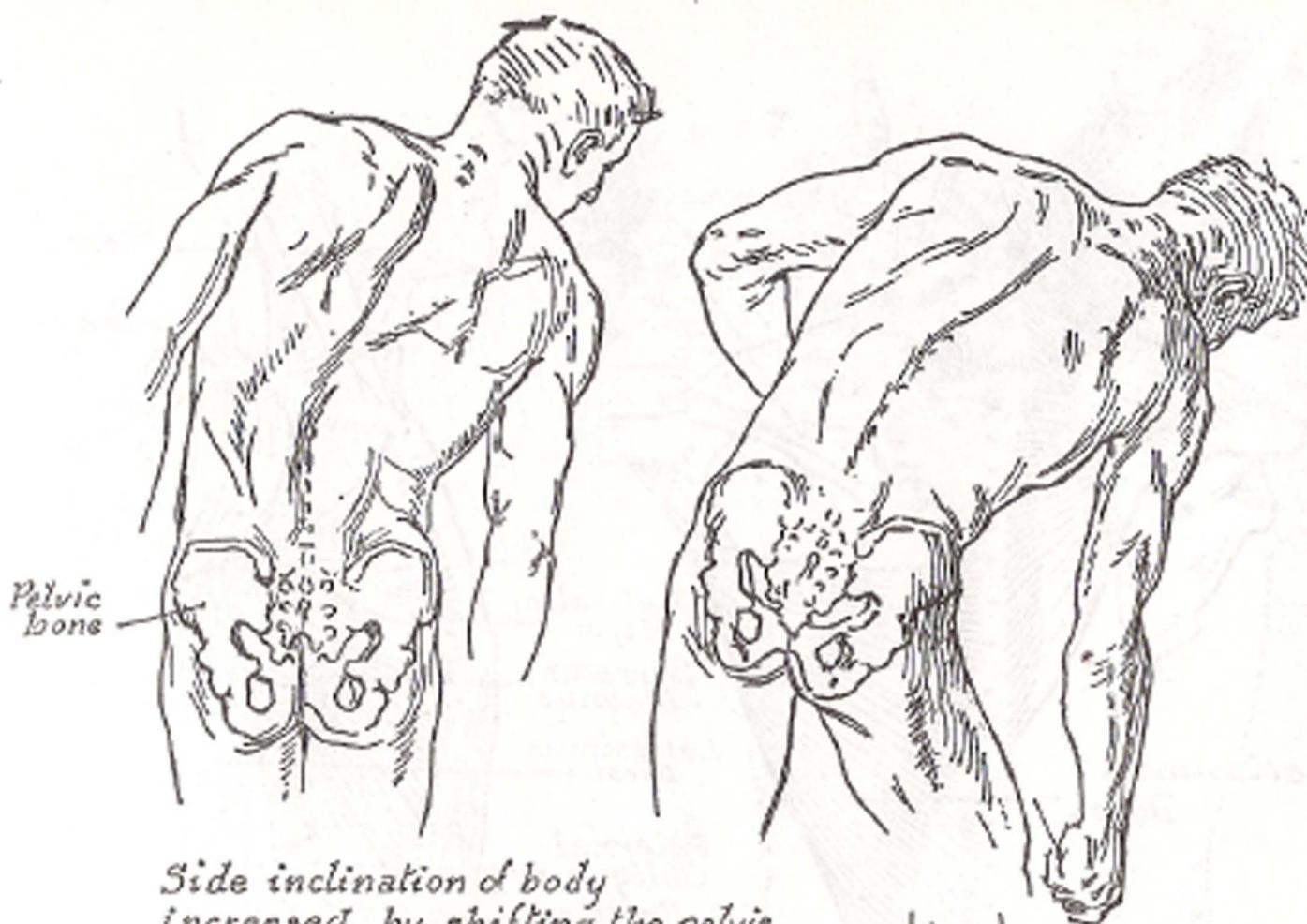


Studies of Expression

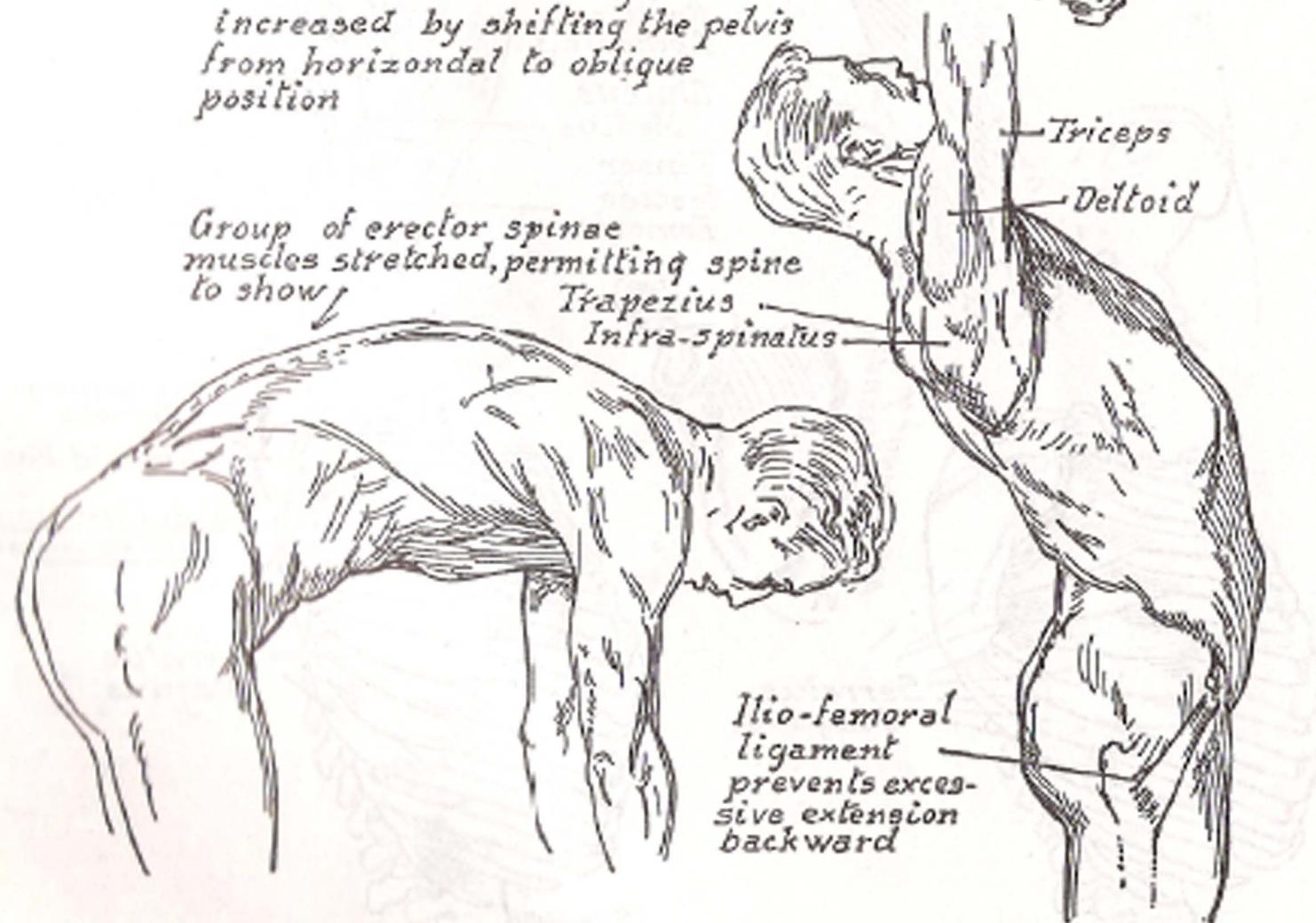


PART IV  
THE TORSO

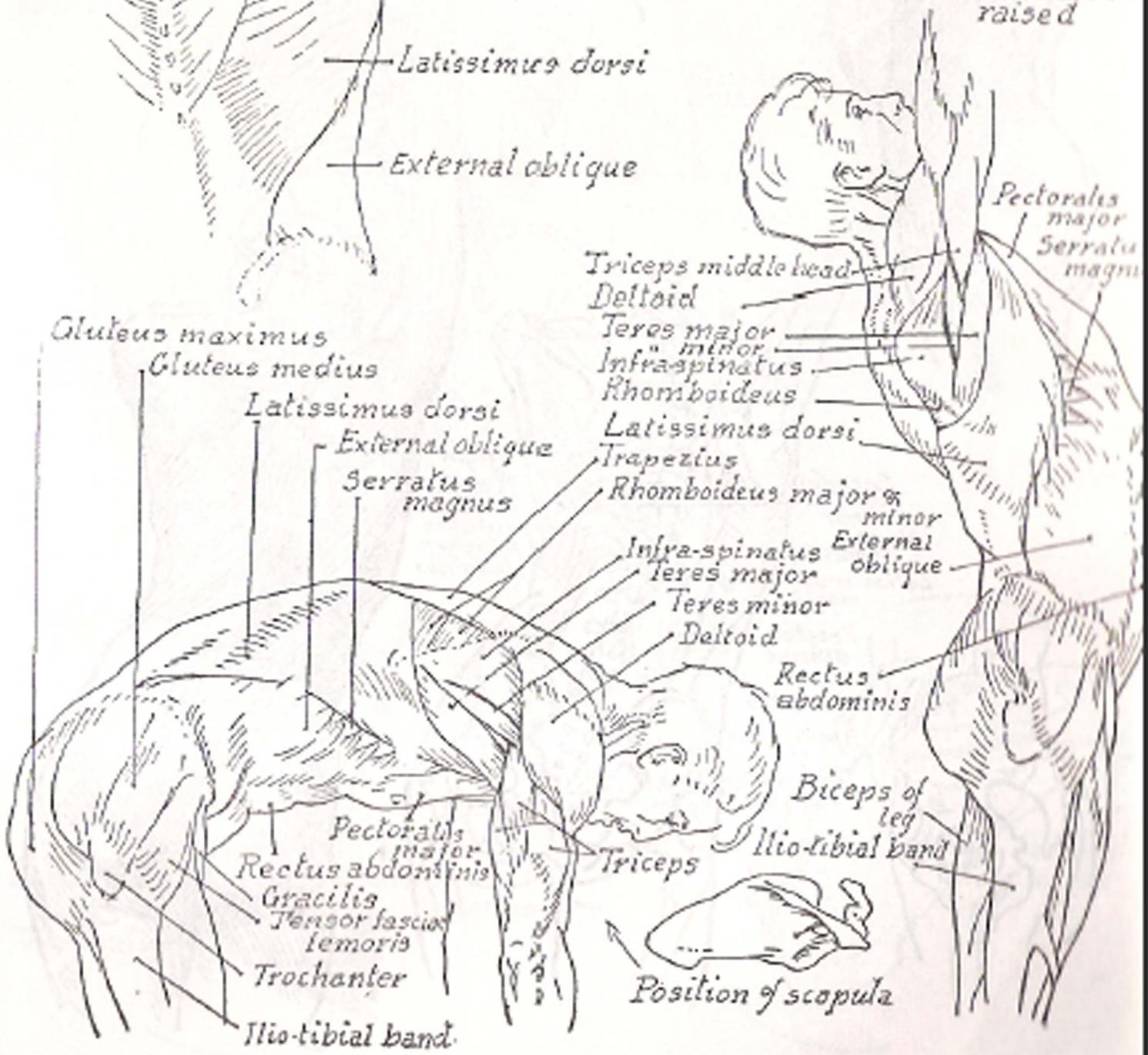
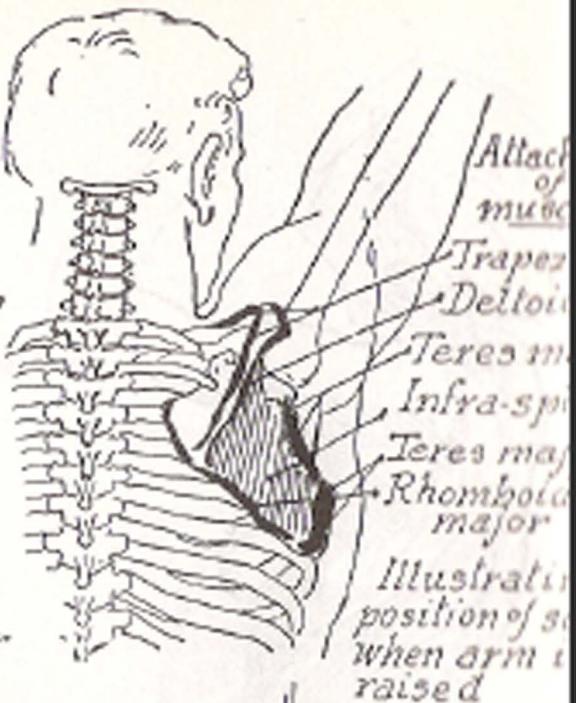
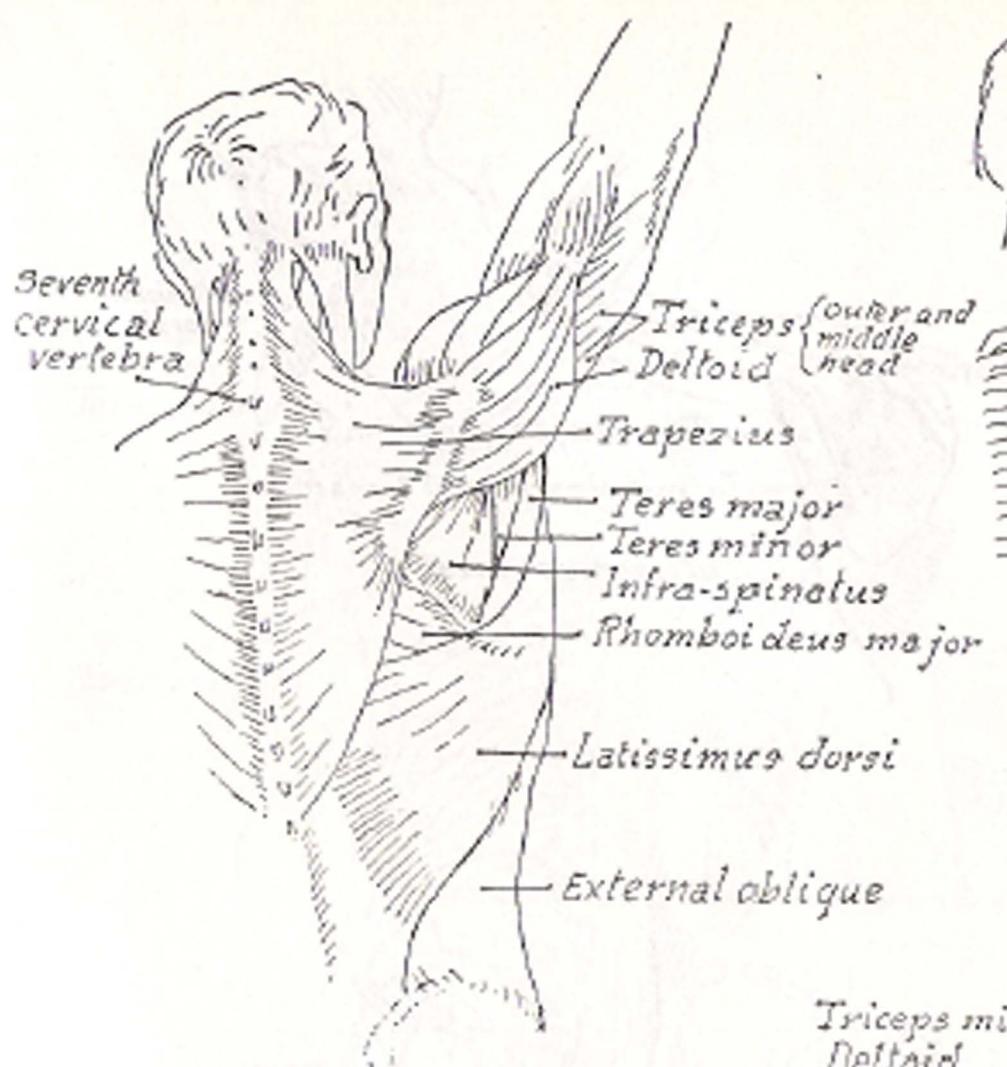


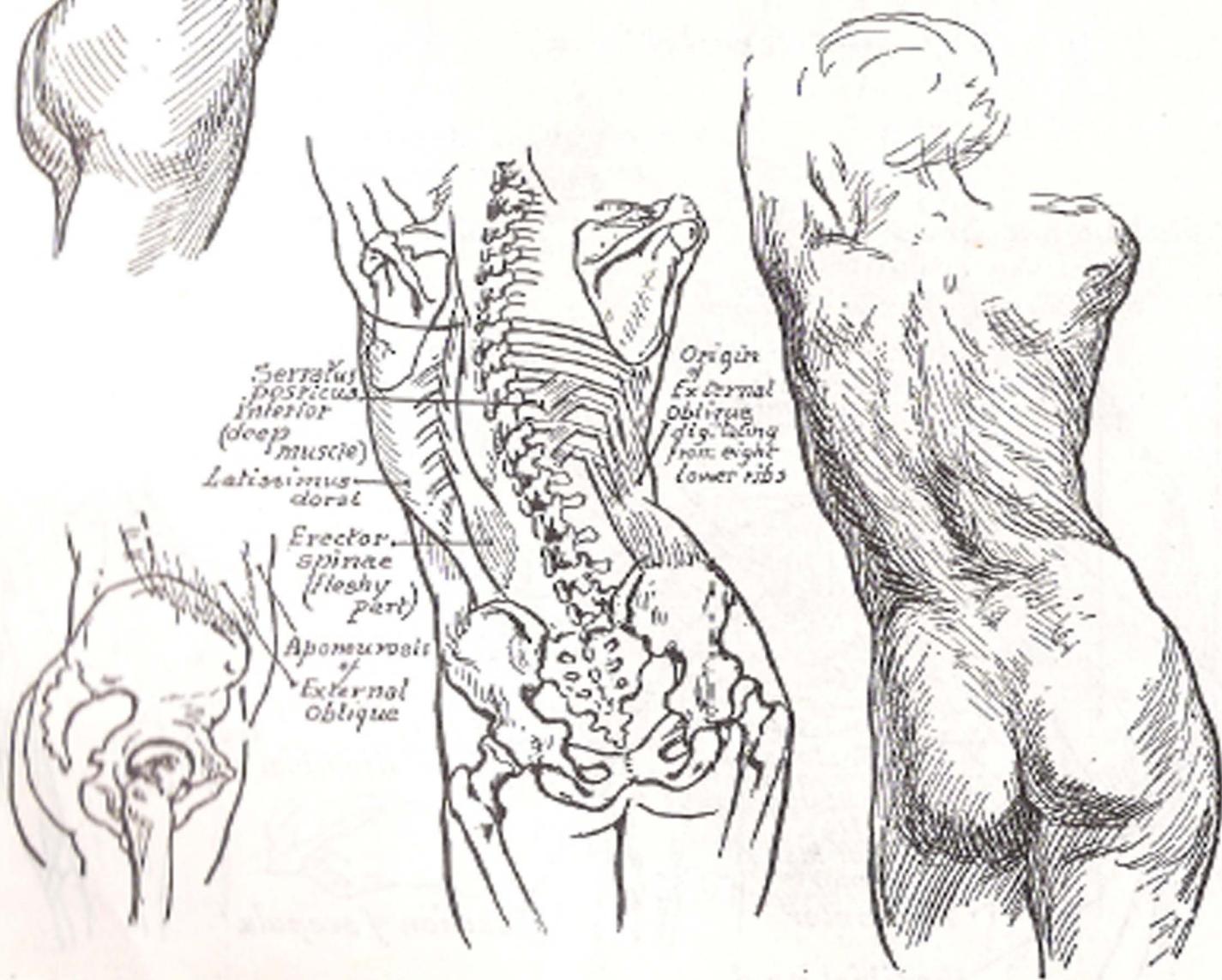
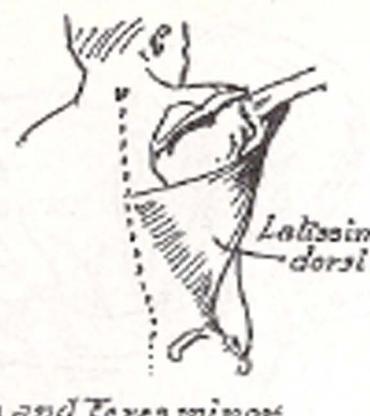
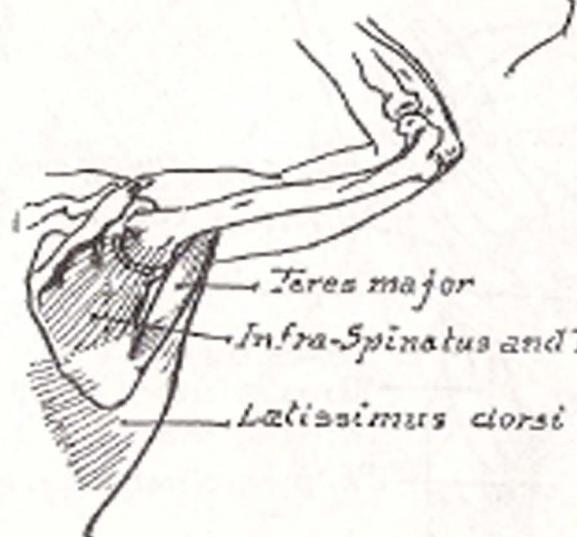


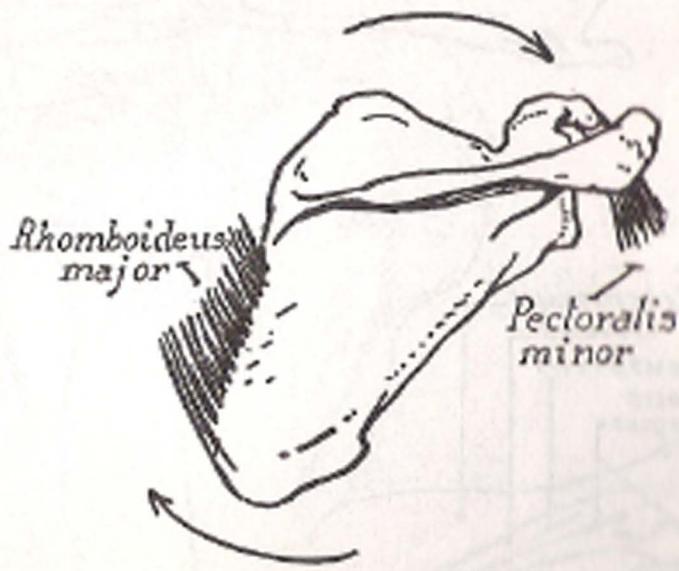
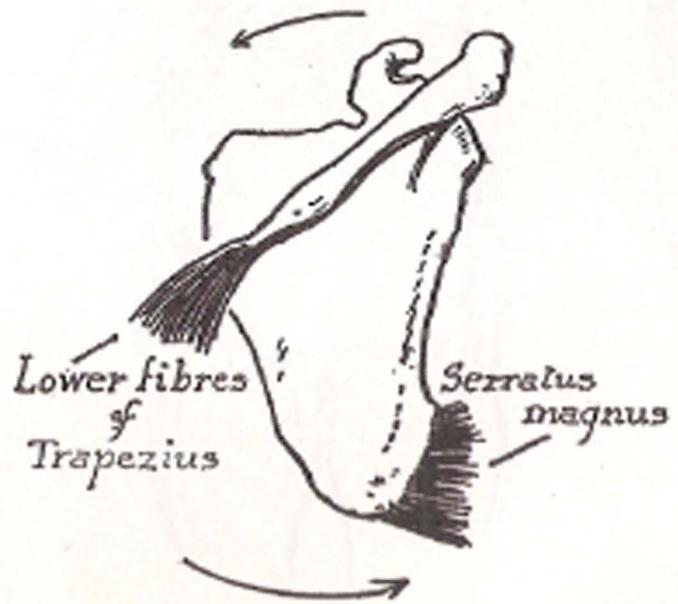
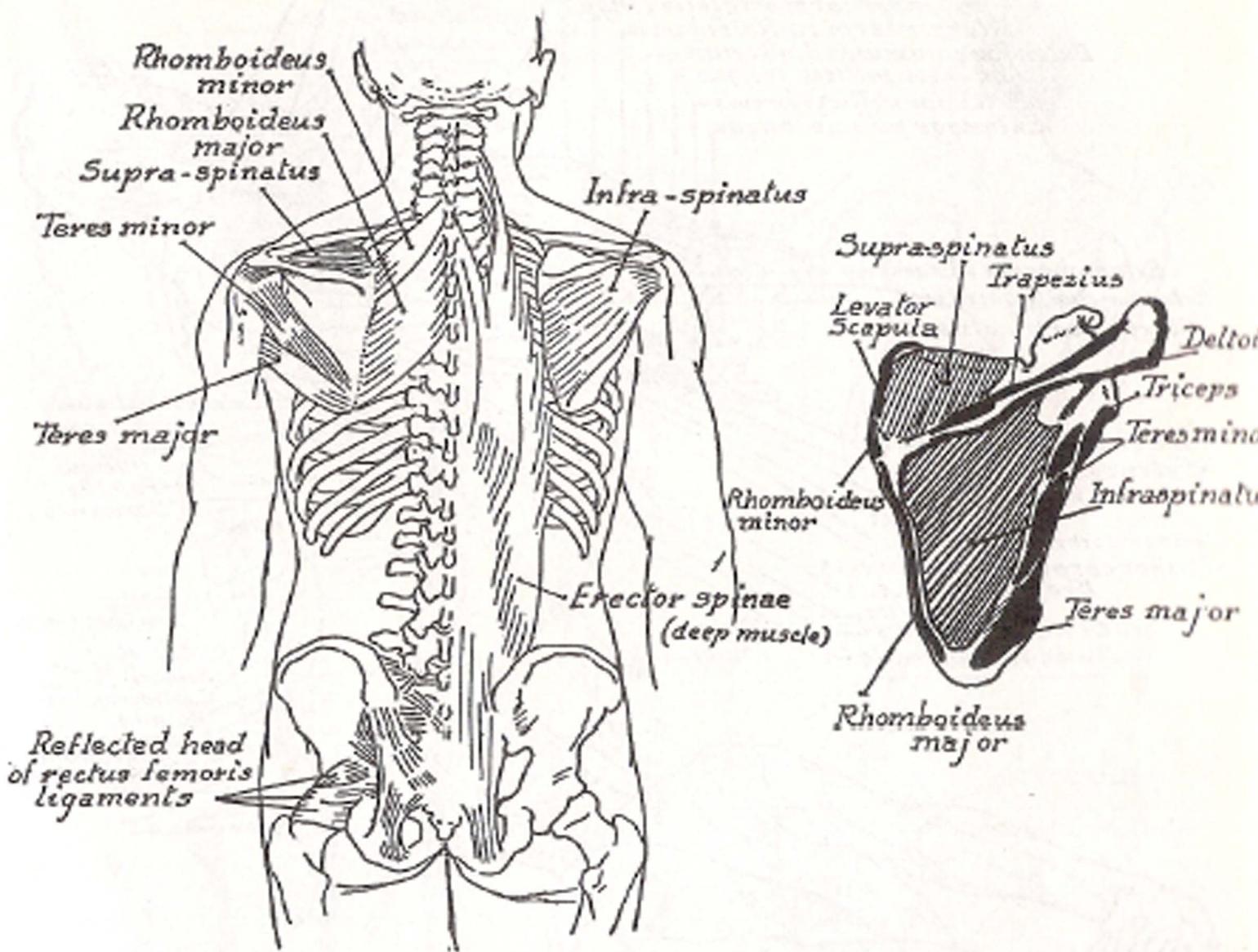
*Side inclination of body  
increased by shifting the pelvis  
from horizontal to oblique  
position*

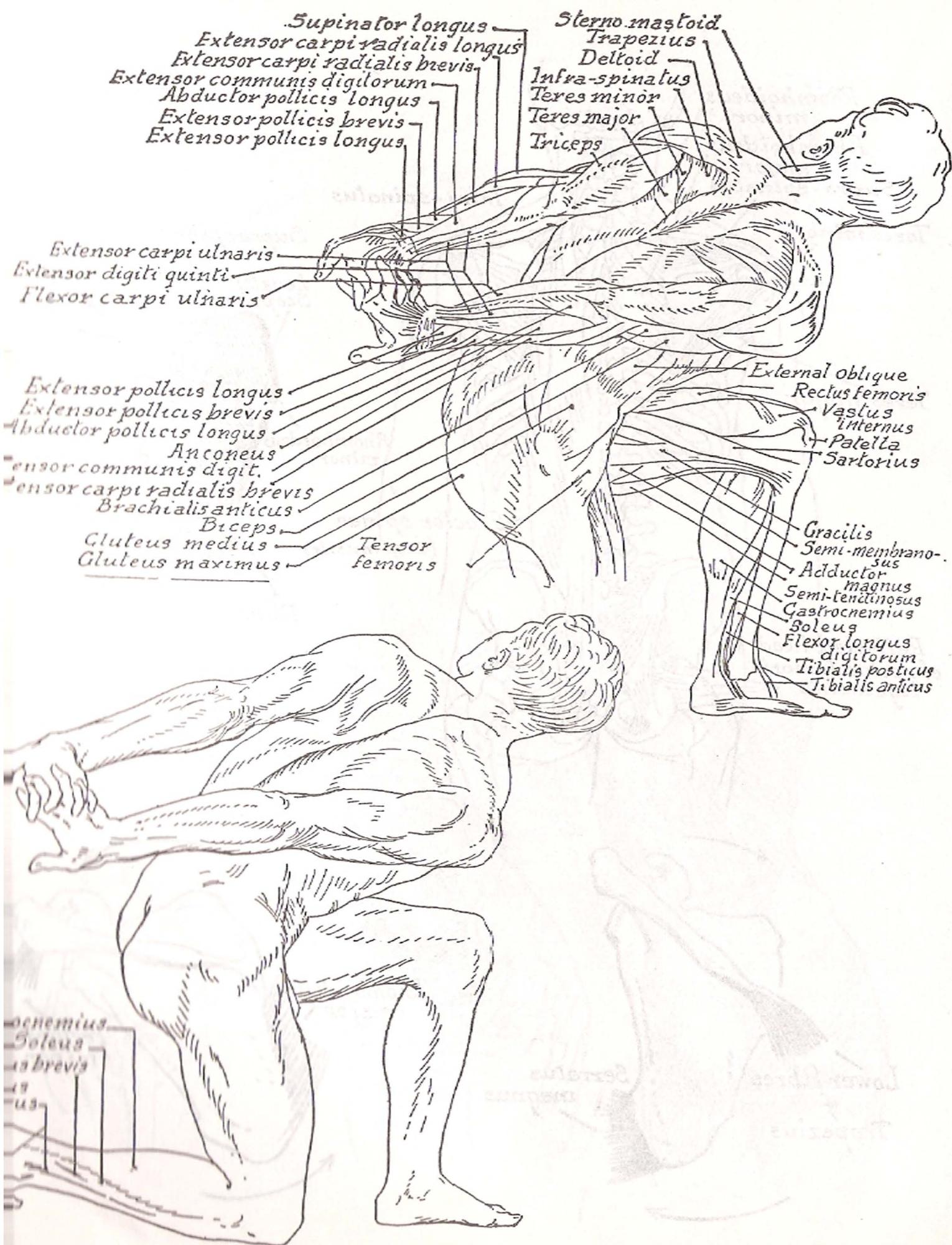


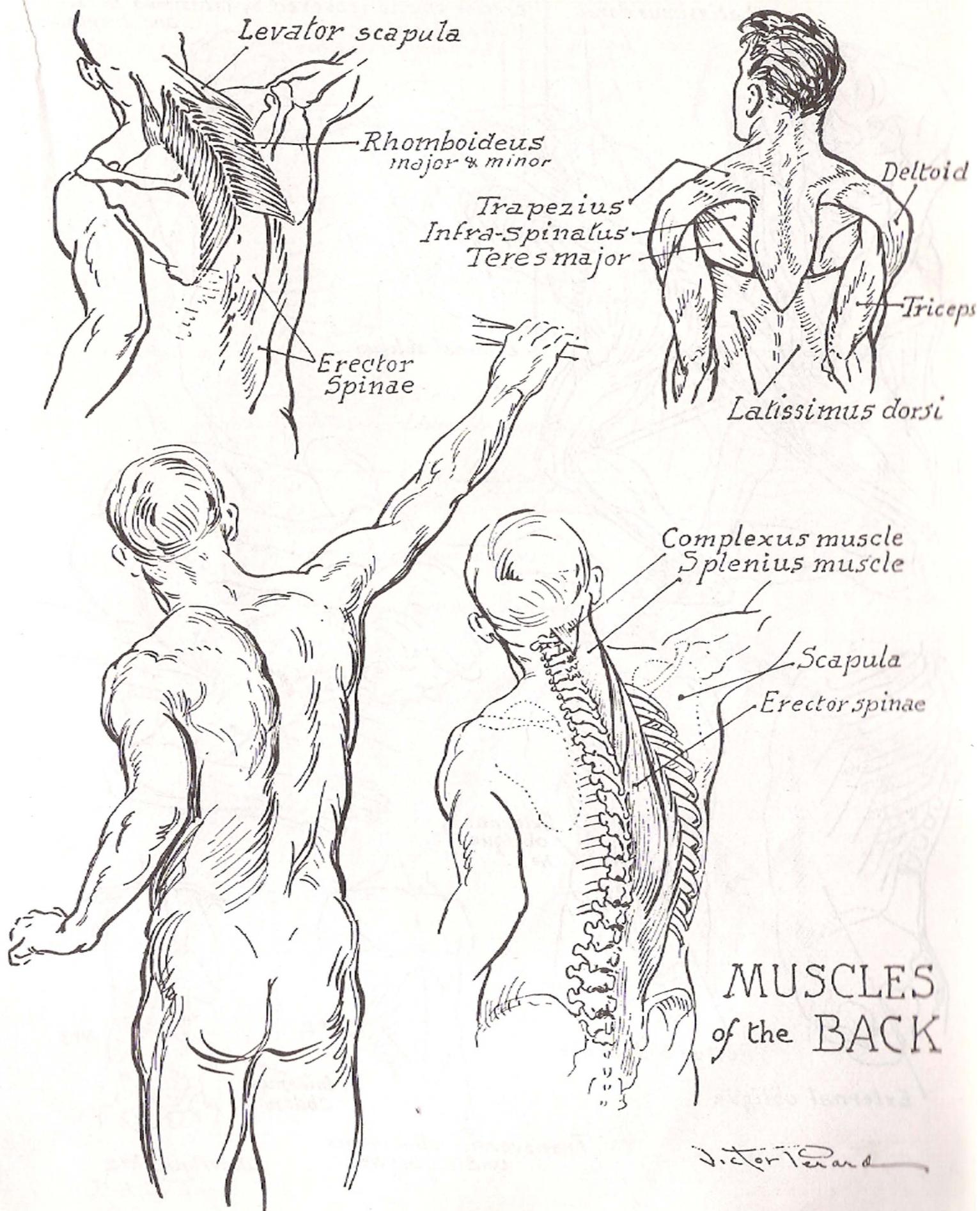
*Ilio-femoral  
ligament  
prevents exces-  
sive extension  
backward*

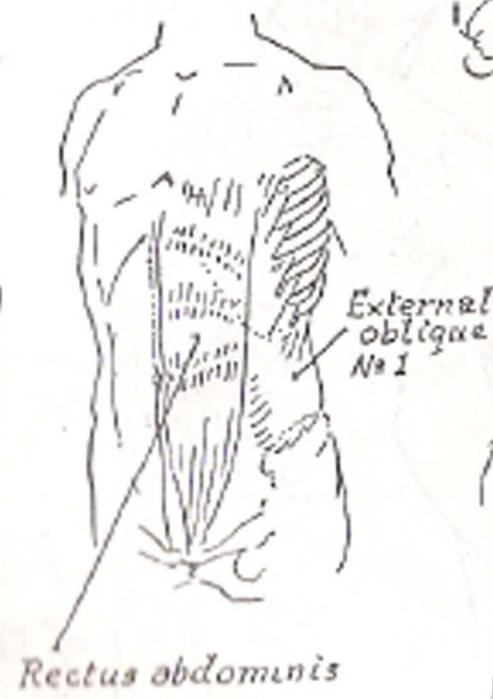
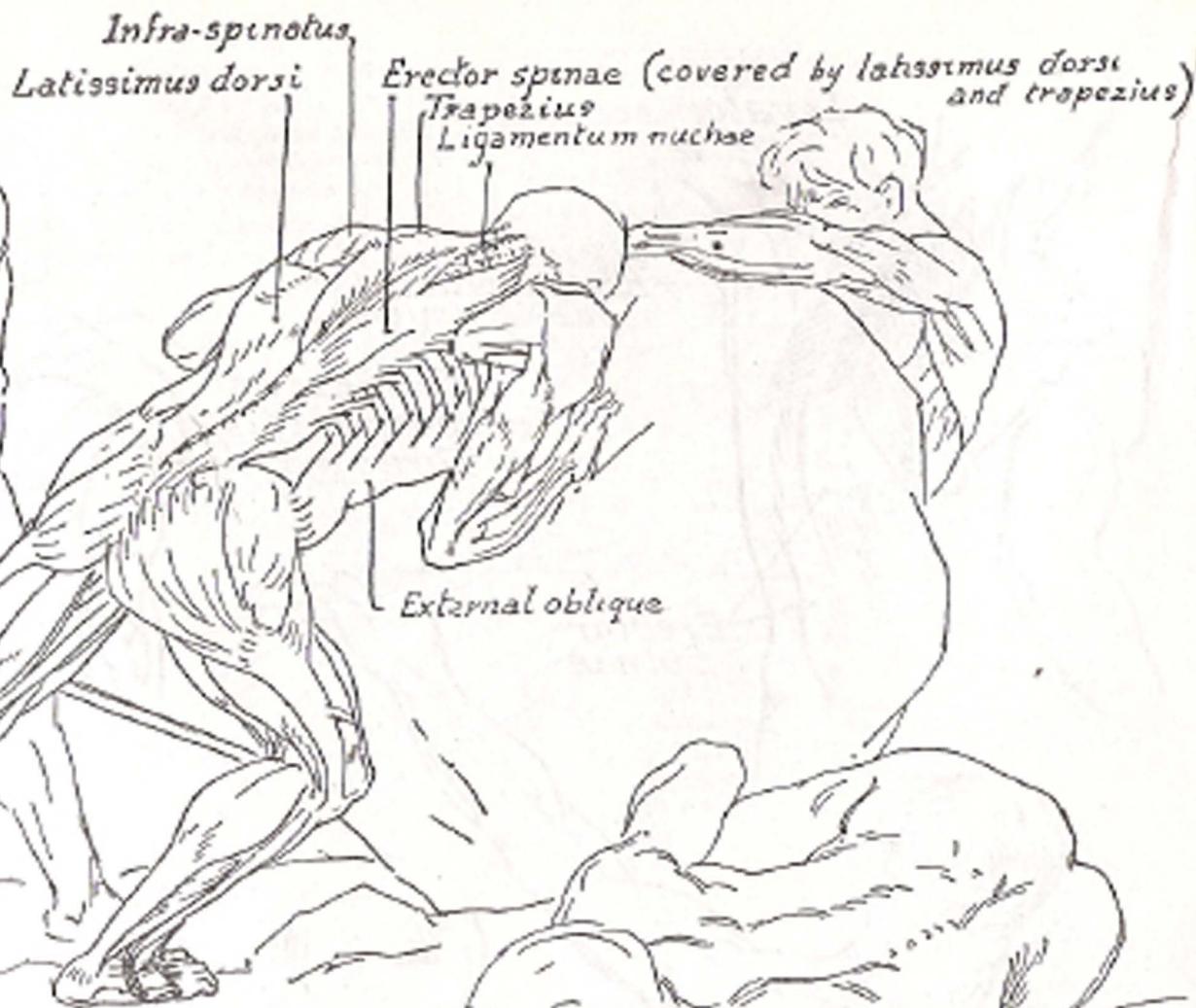




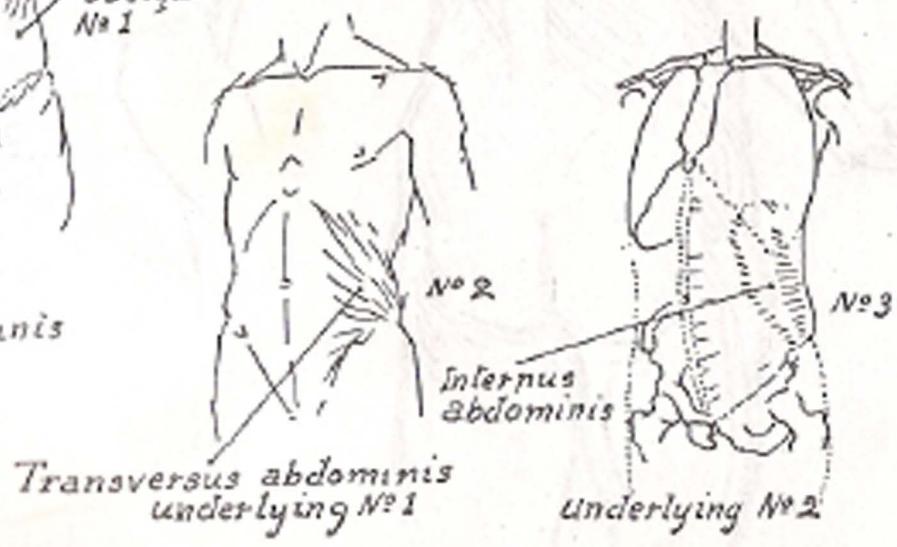






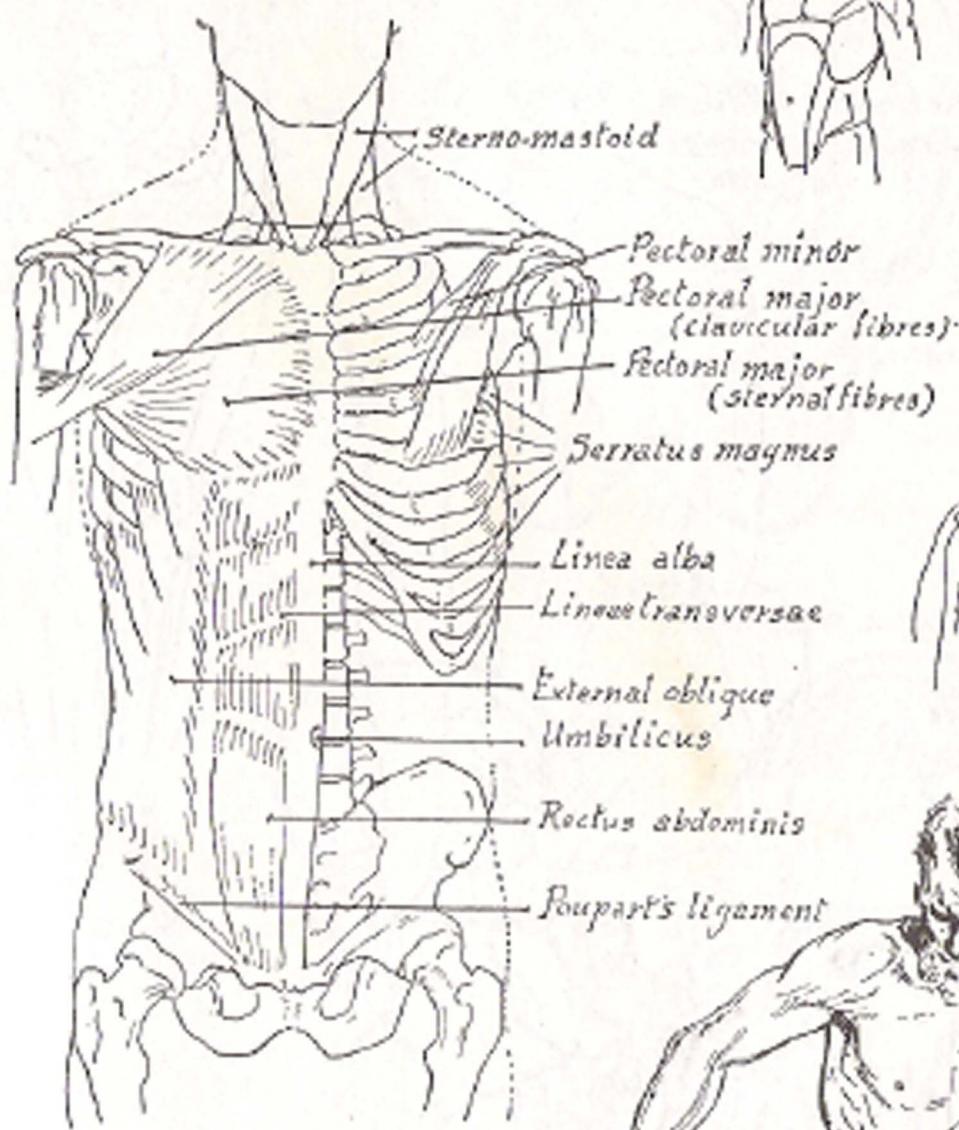


External oblique

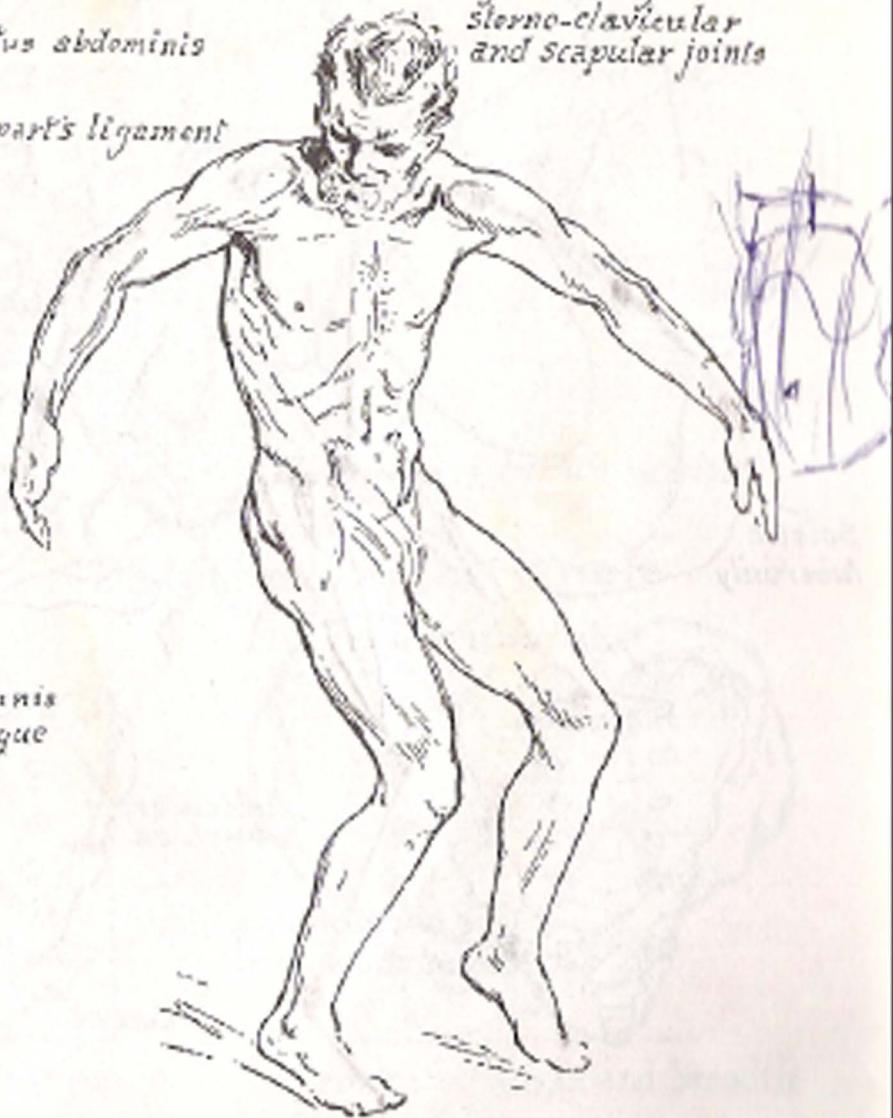
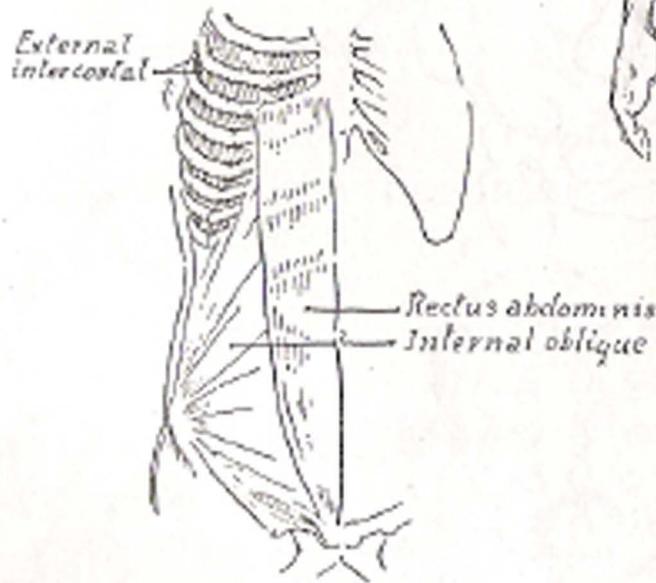


Transversus abdominis  
underlying No. 1

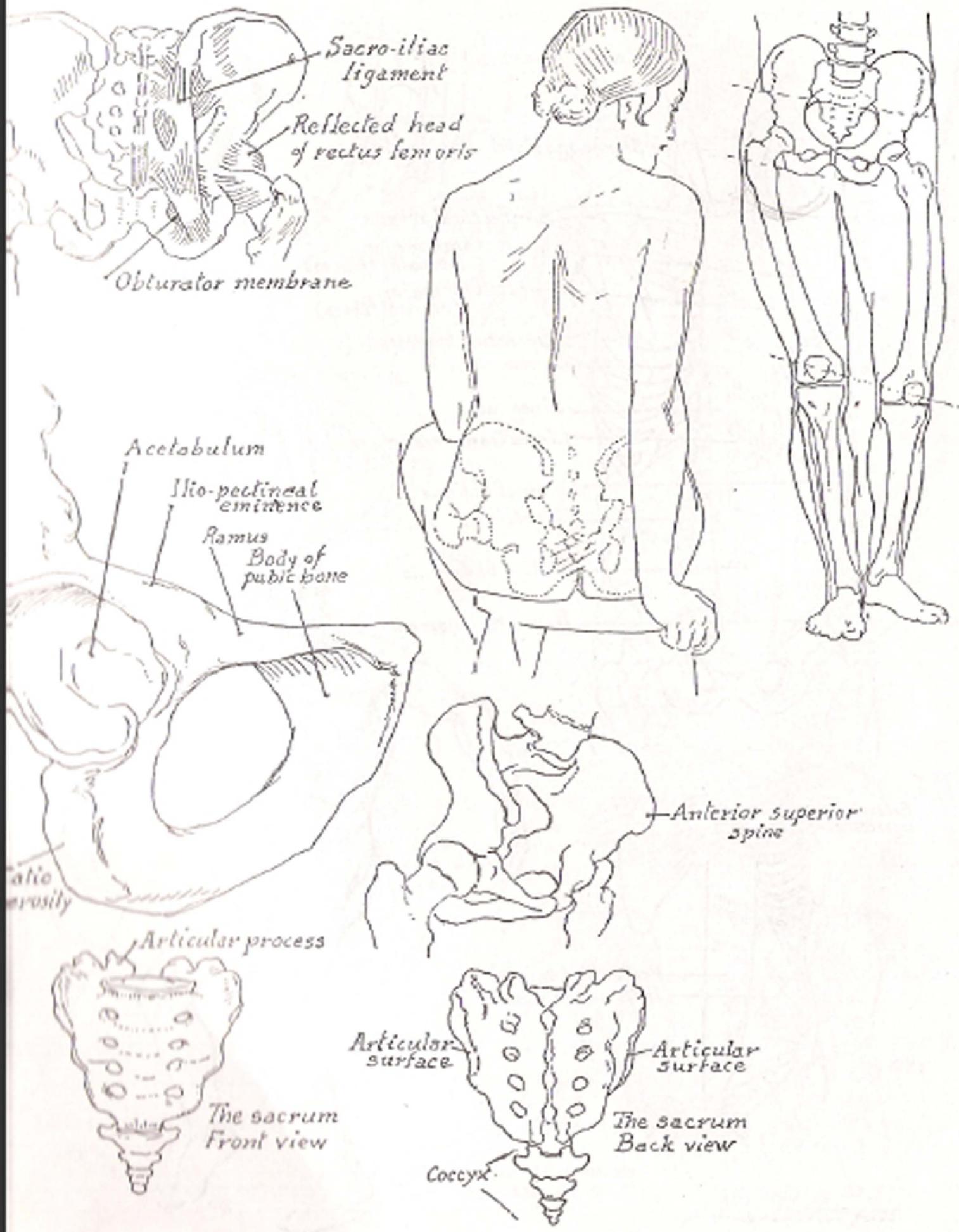
underlying No. 2



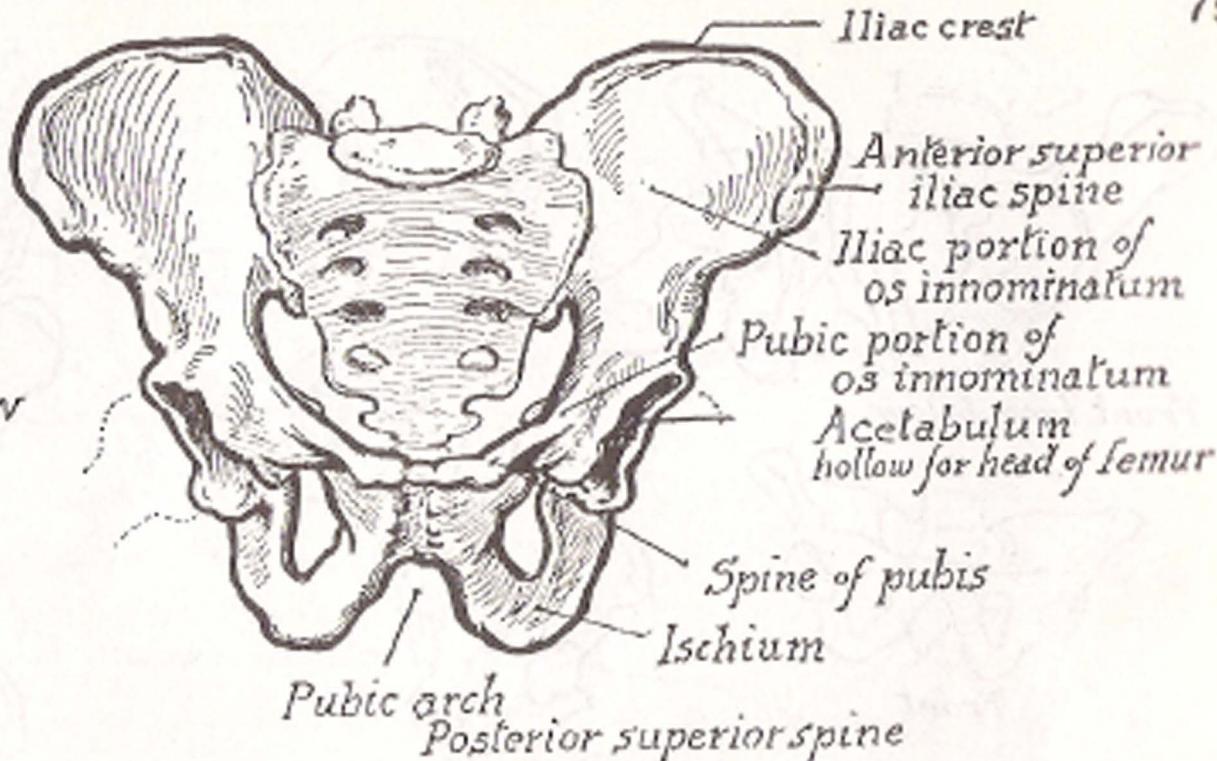
Ligaments of the  
sterno-clavicular  
and scapular joints



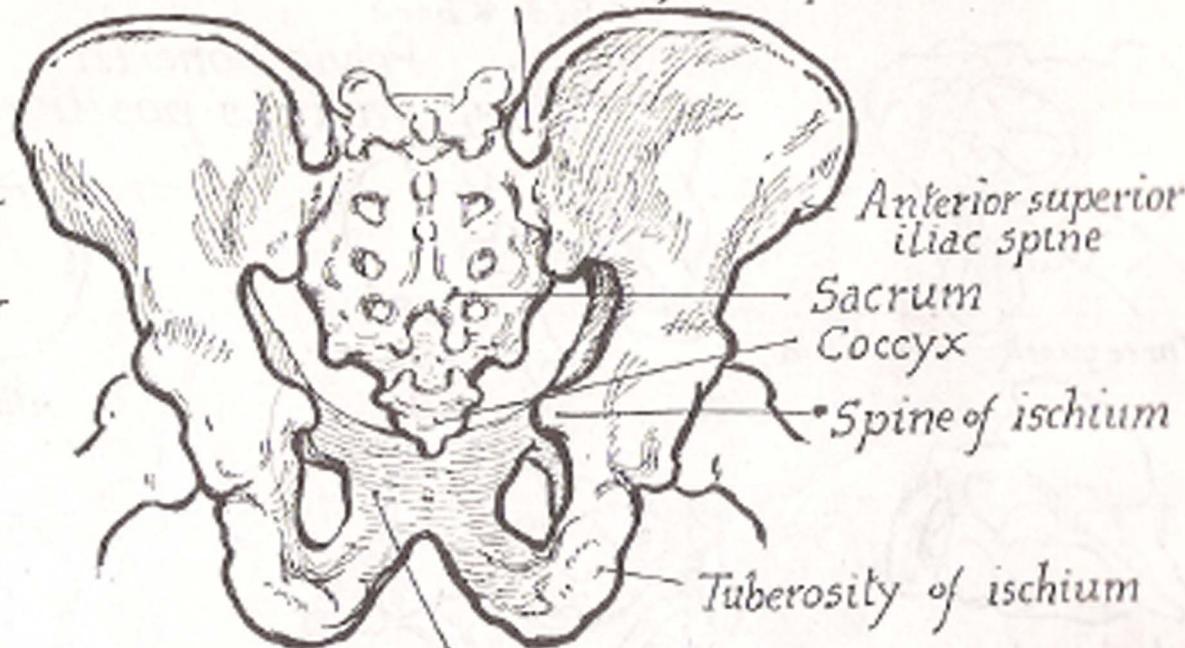
Victor Verdon



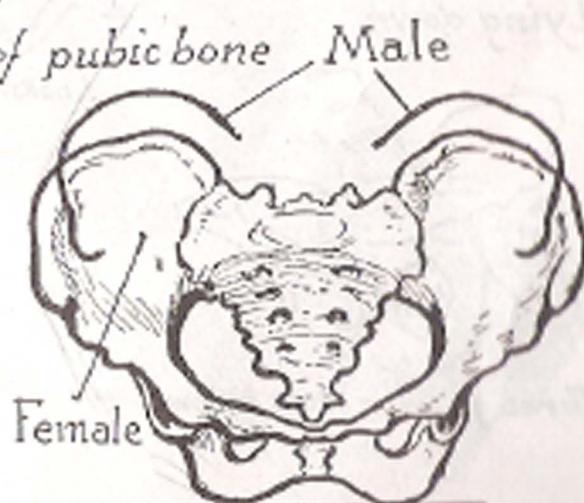
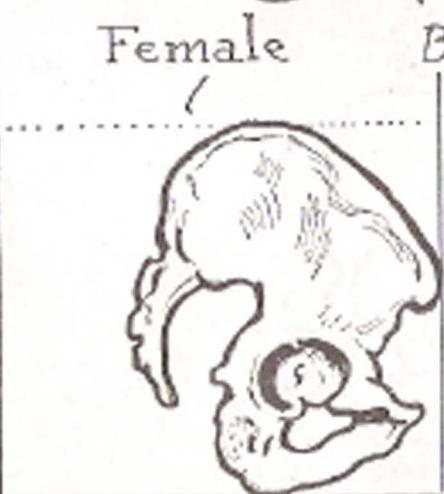
*Male Pelvis  
Front view*



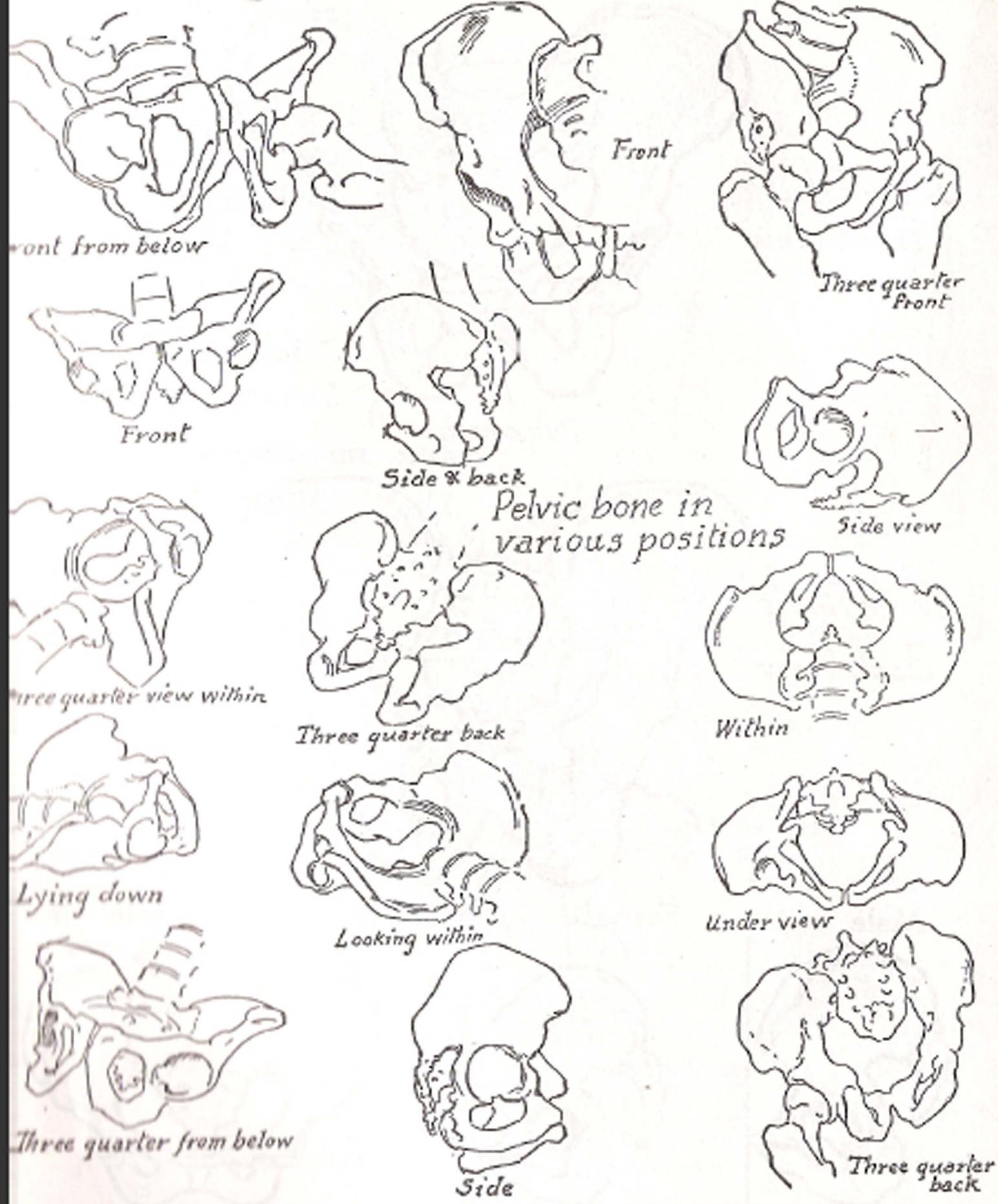
*Male Pelvis  
Back View*



Showing female bone tilted forward

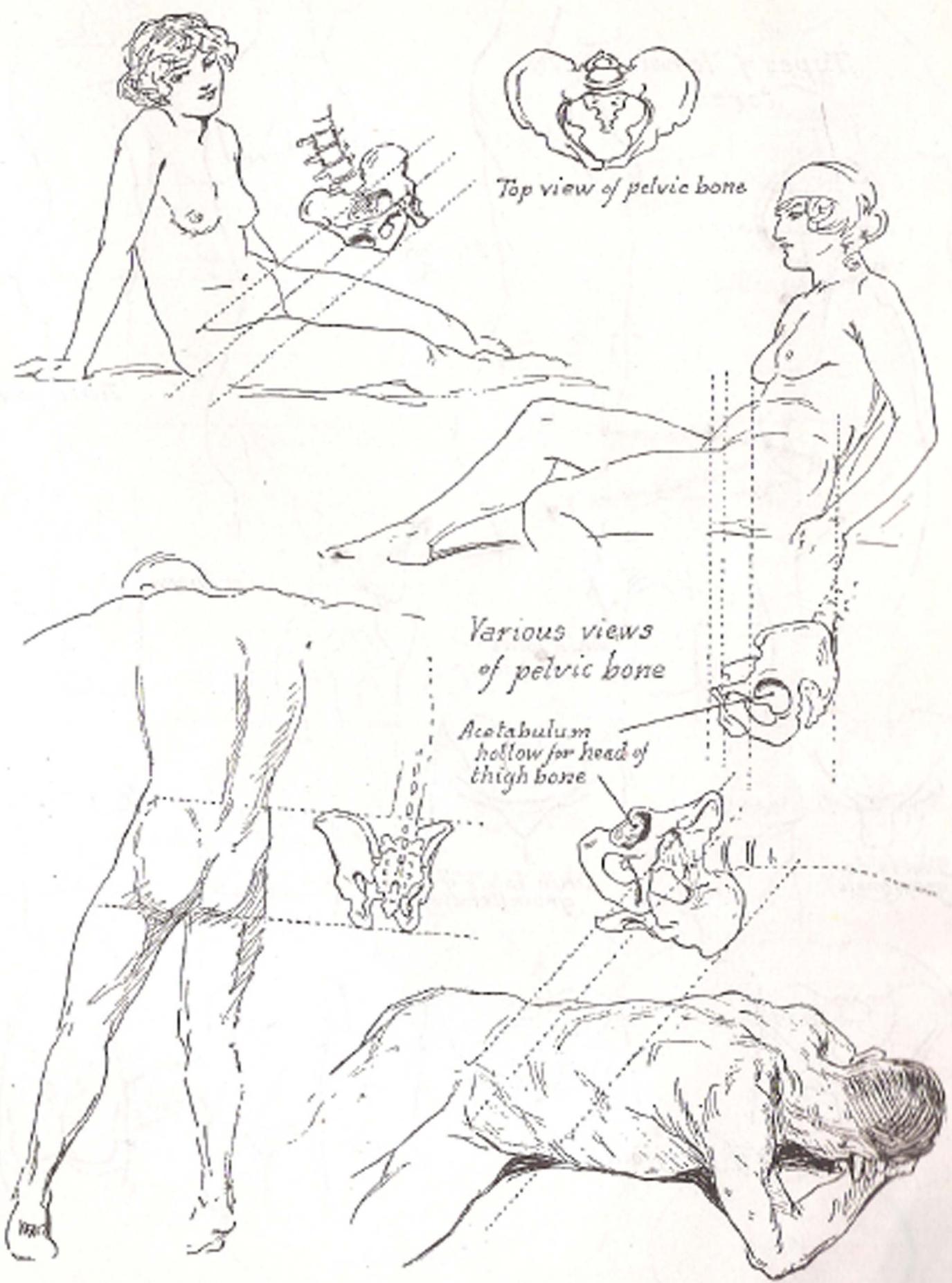


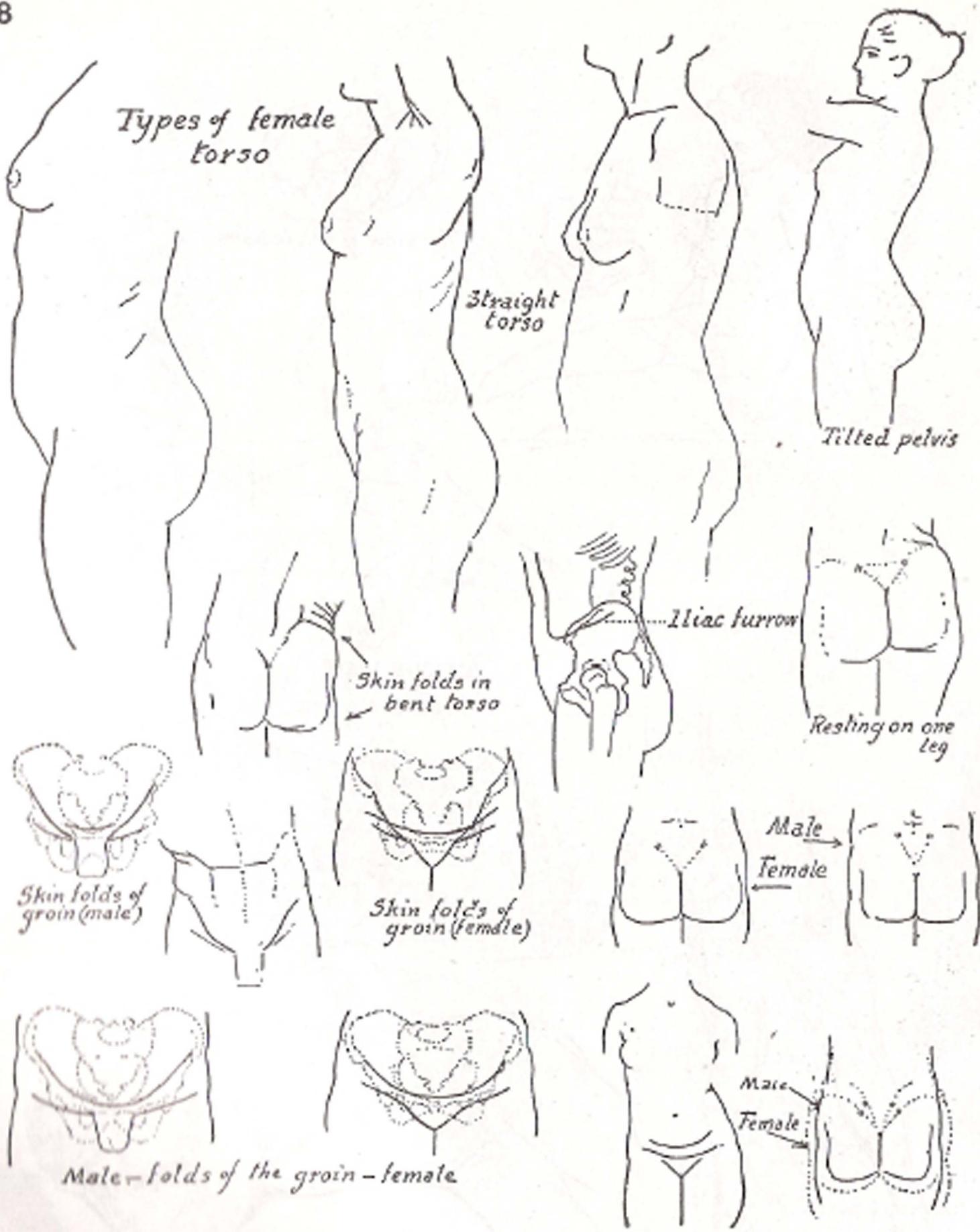
Difference of height and breadth

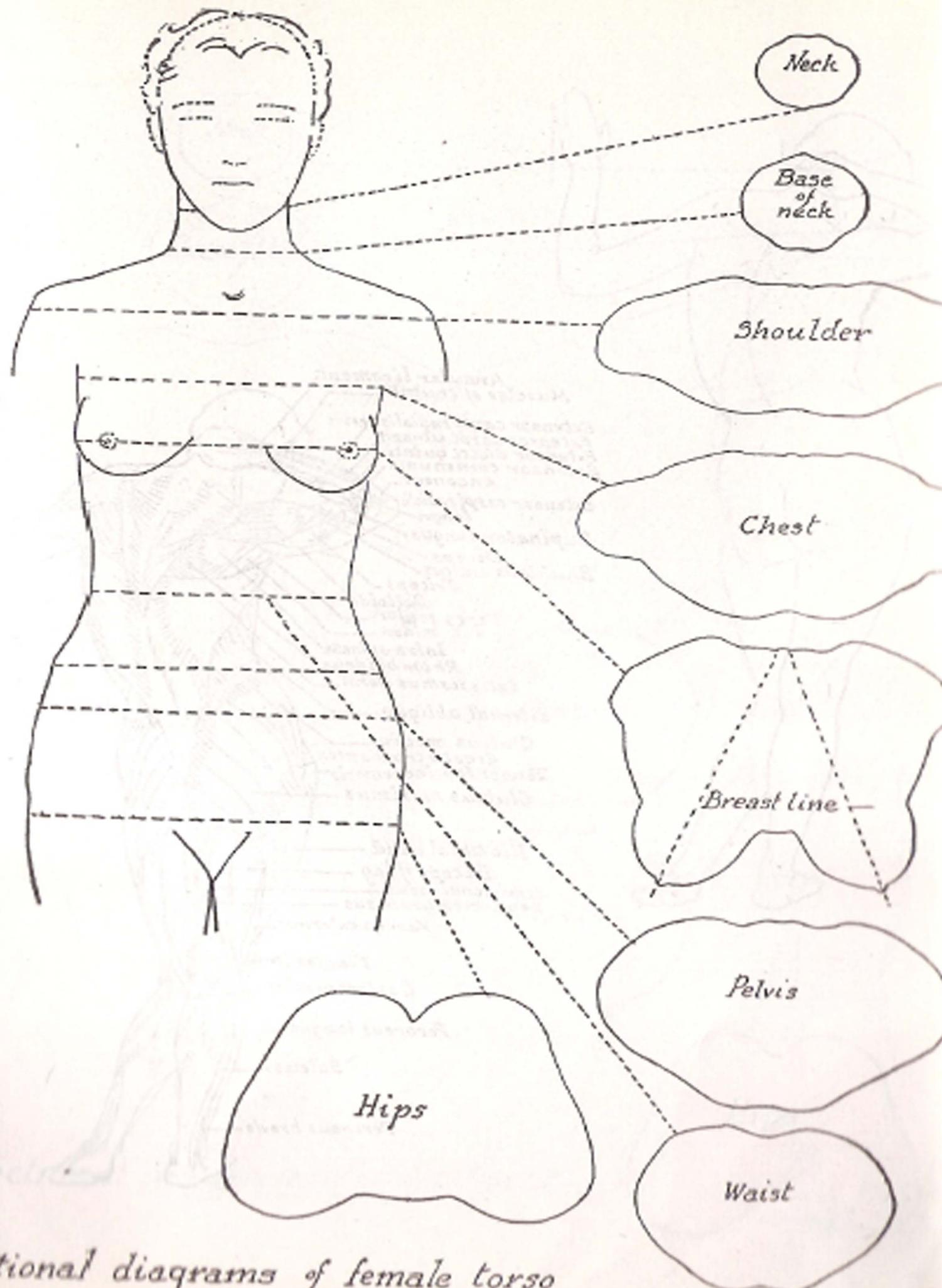


Third has tilted to make

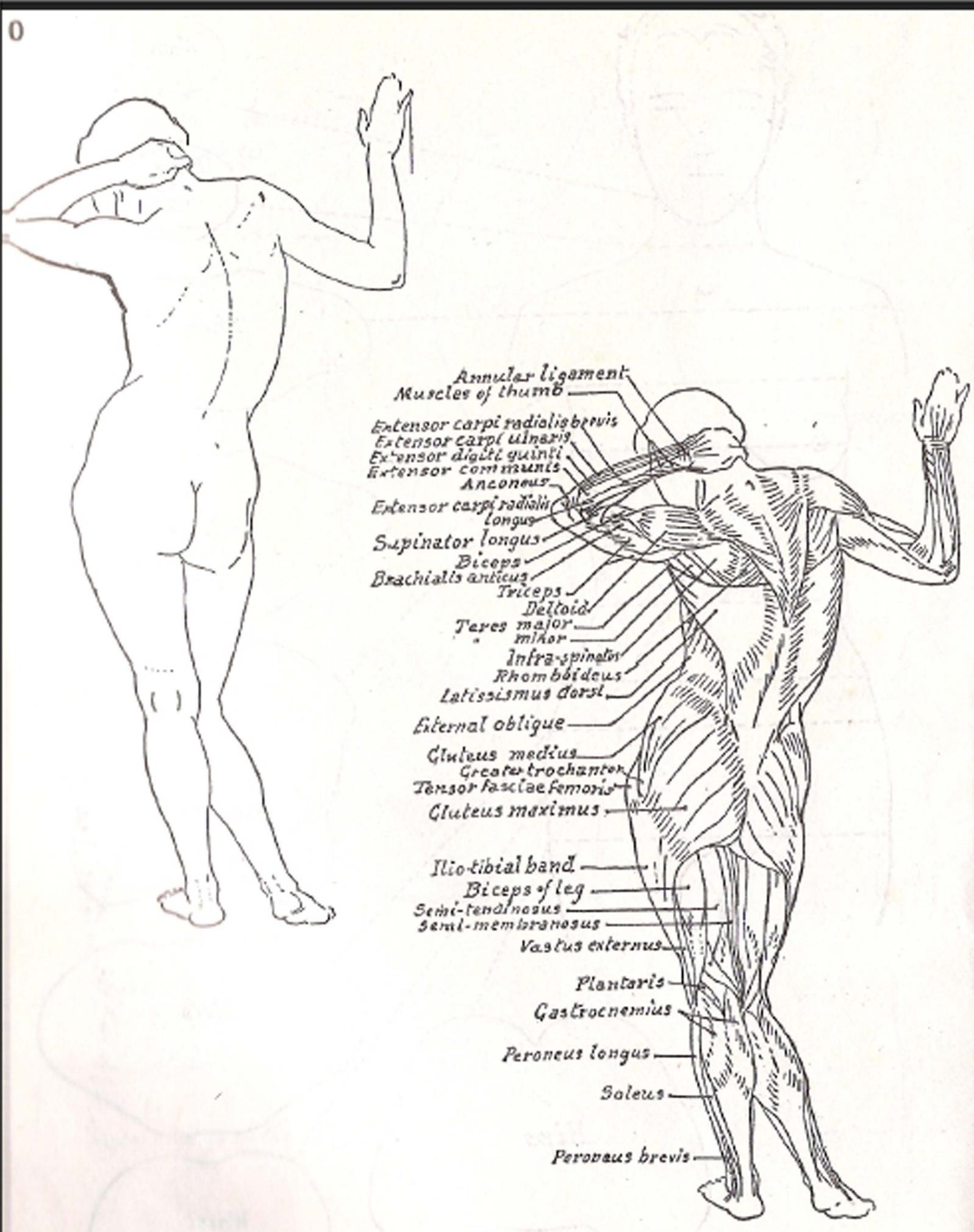
the bone stand upright

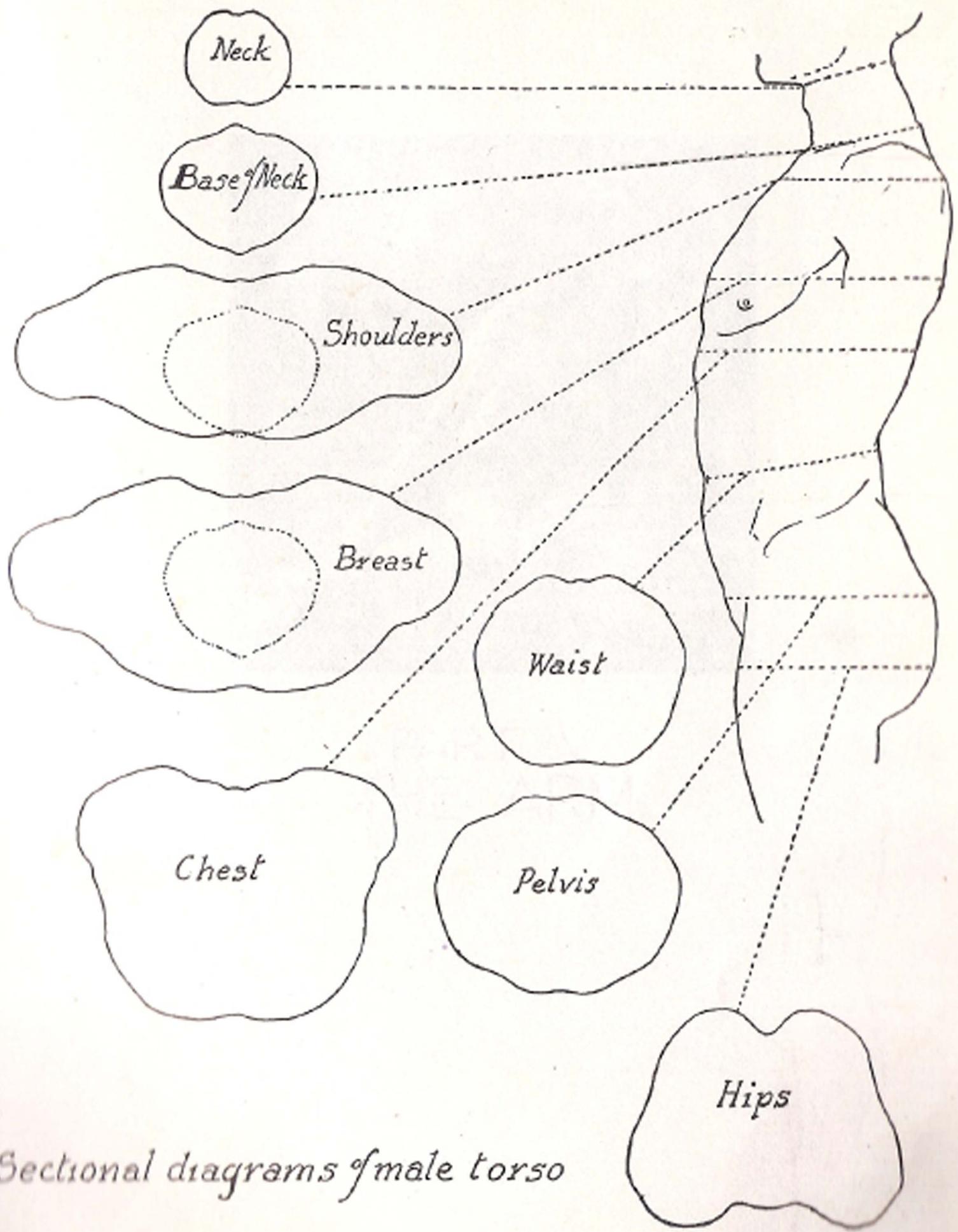






Sectional diagrams of female torso

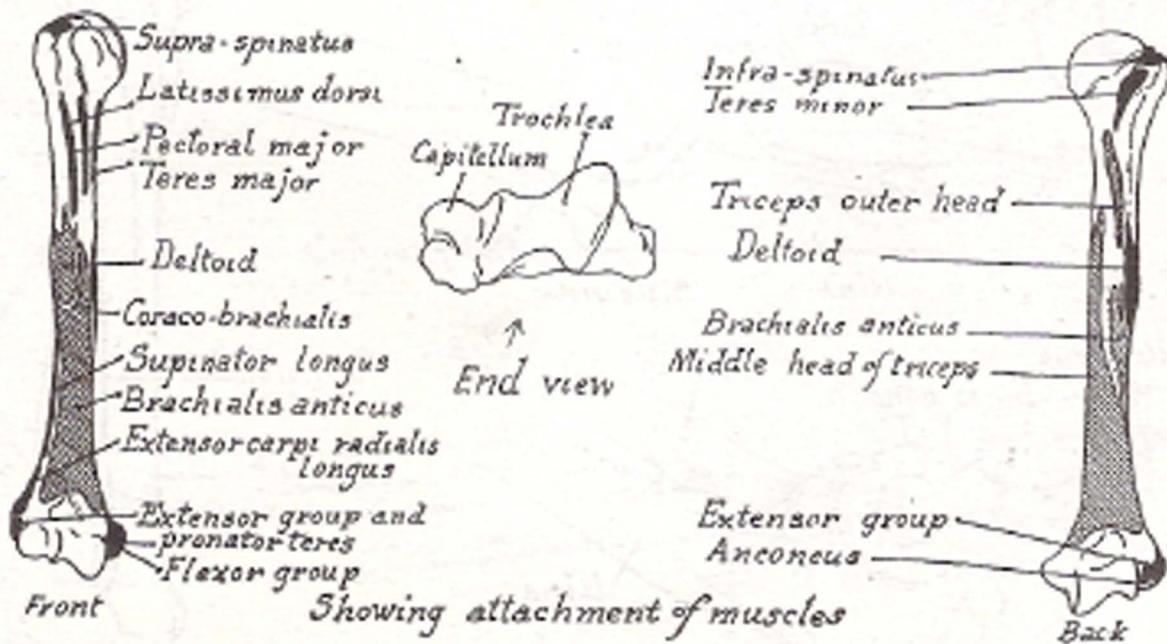
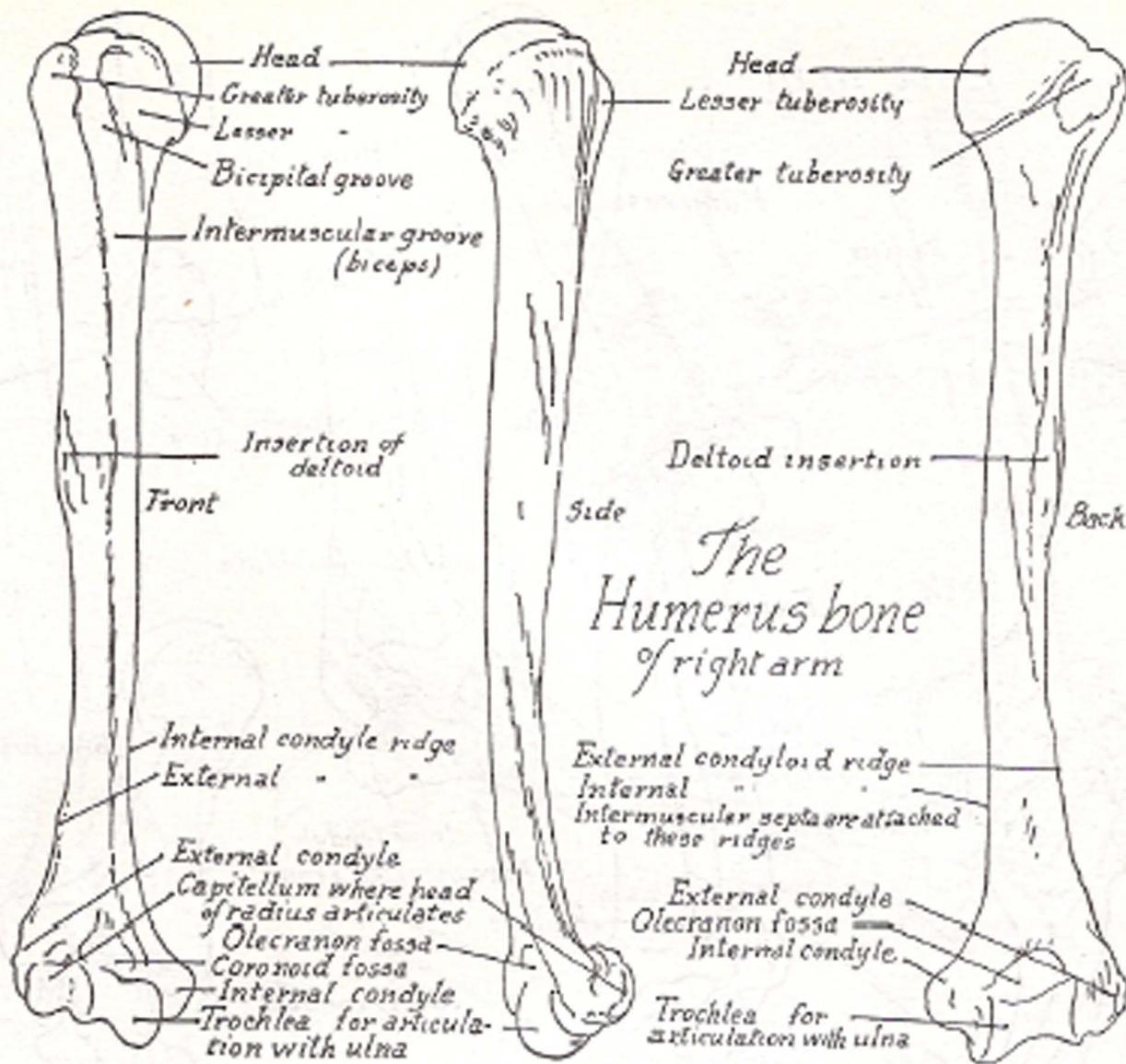


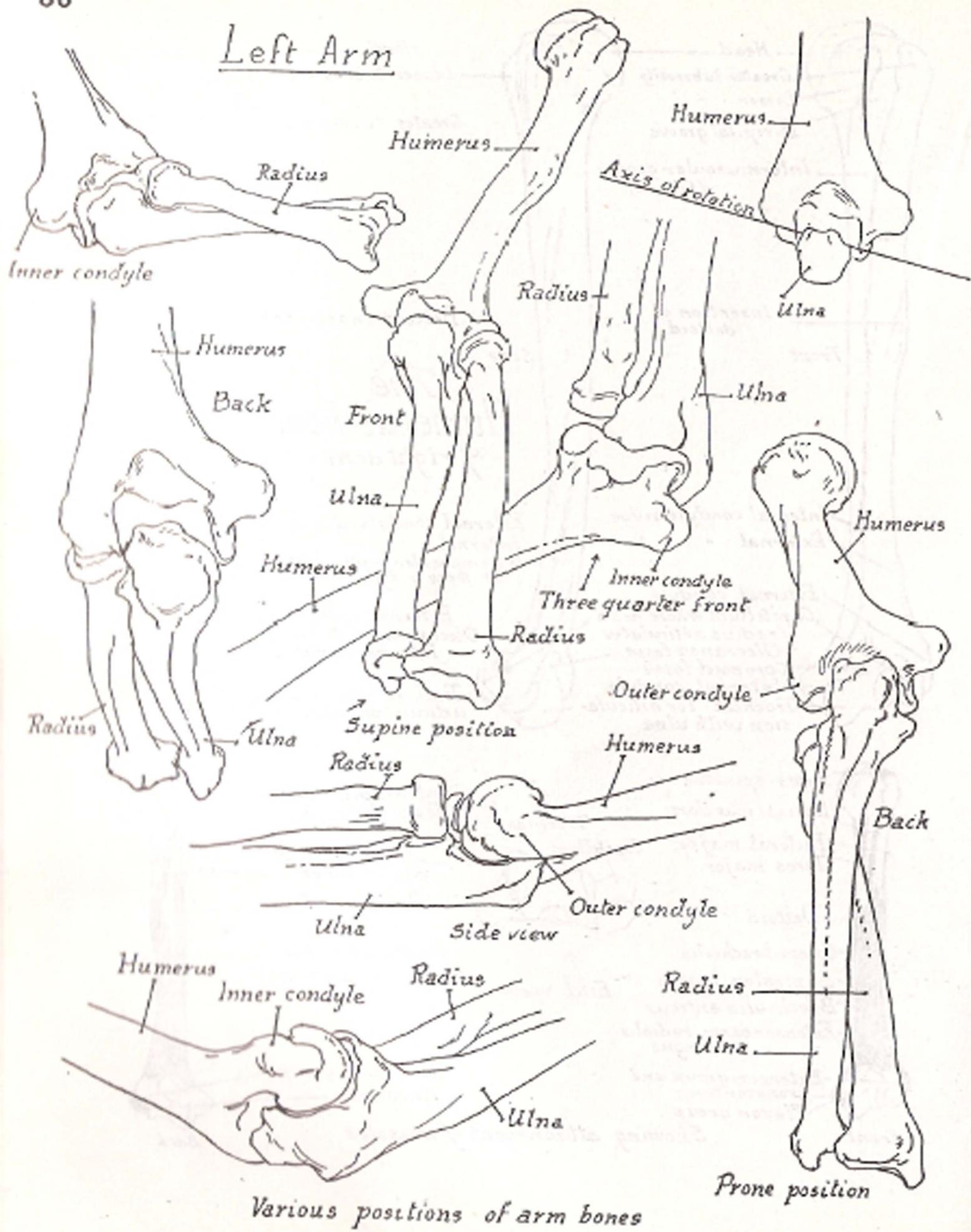


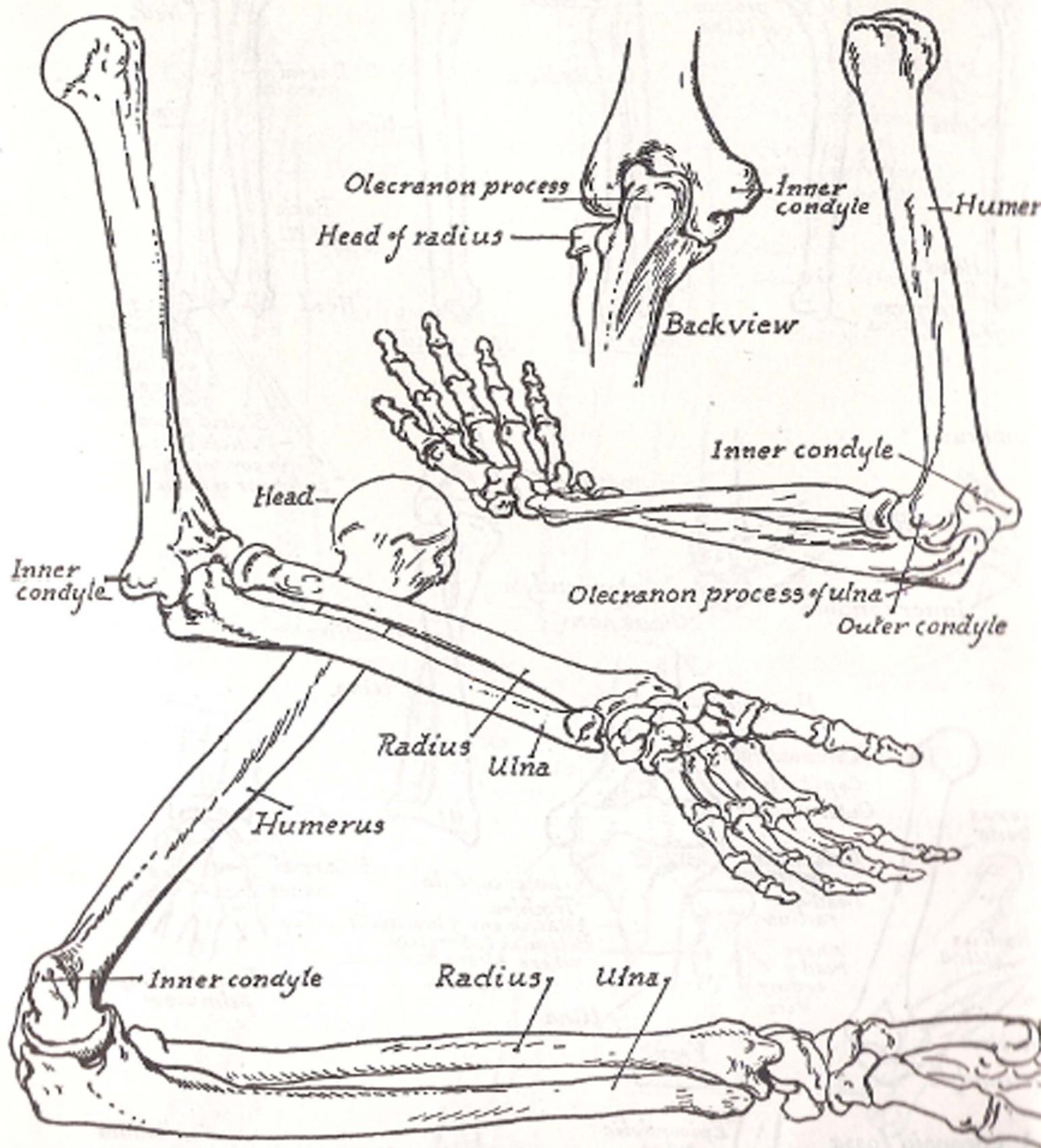
Sectional diagrams of male torso



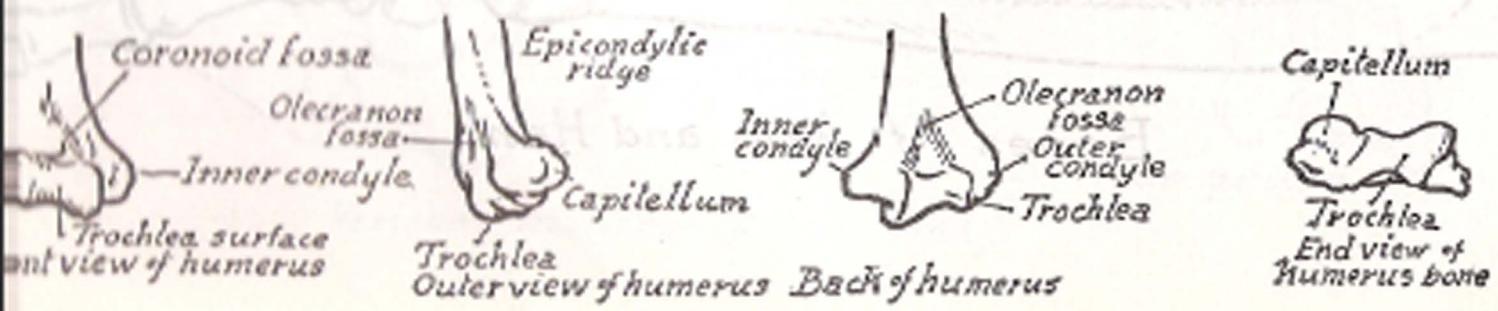
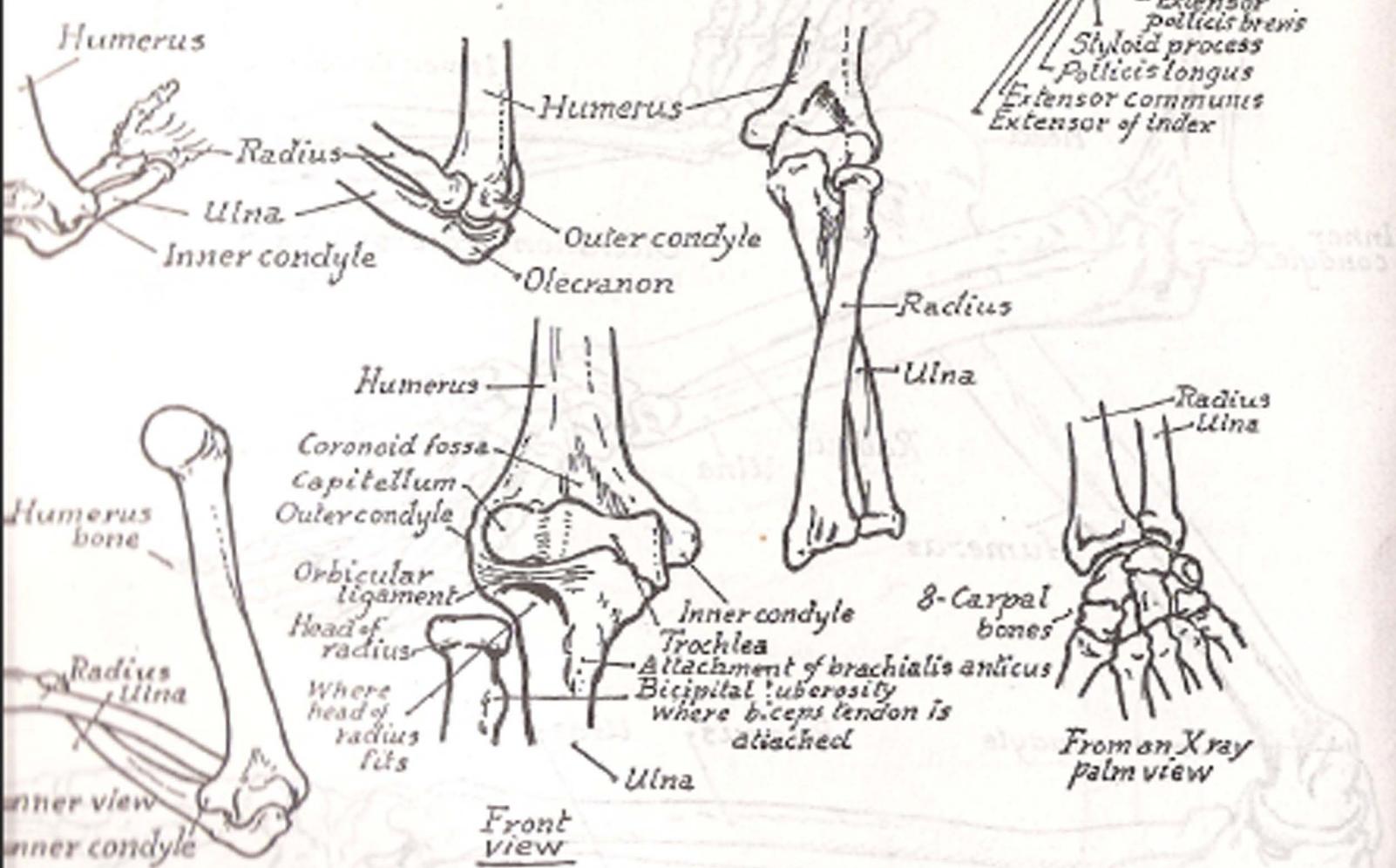
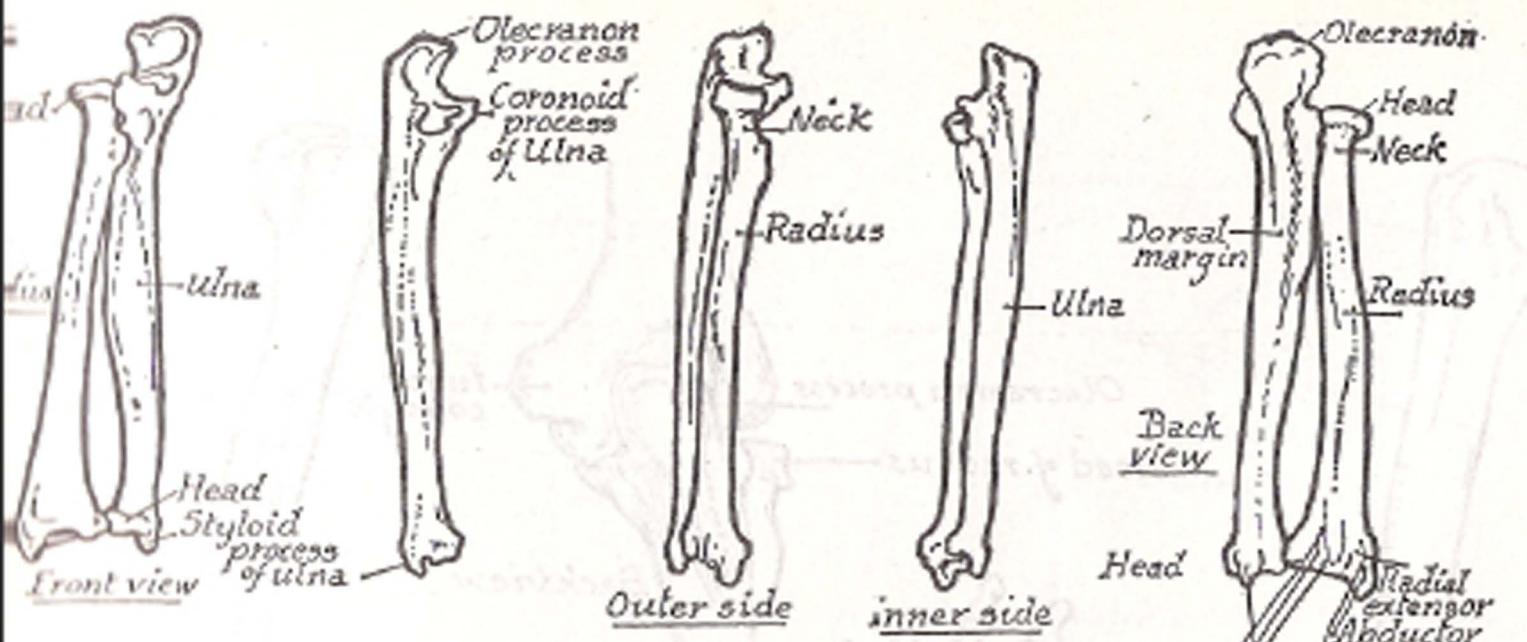
PART V  
THE ARM

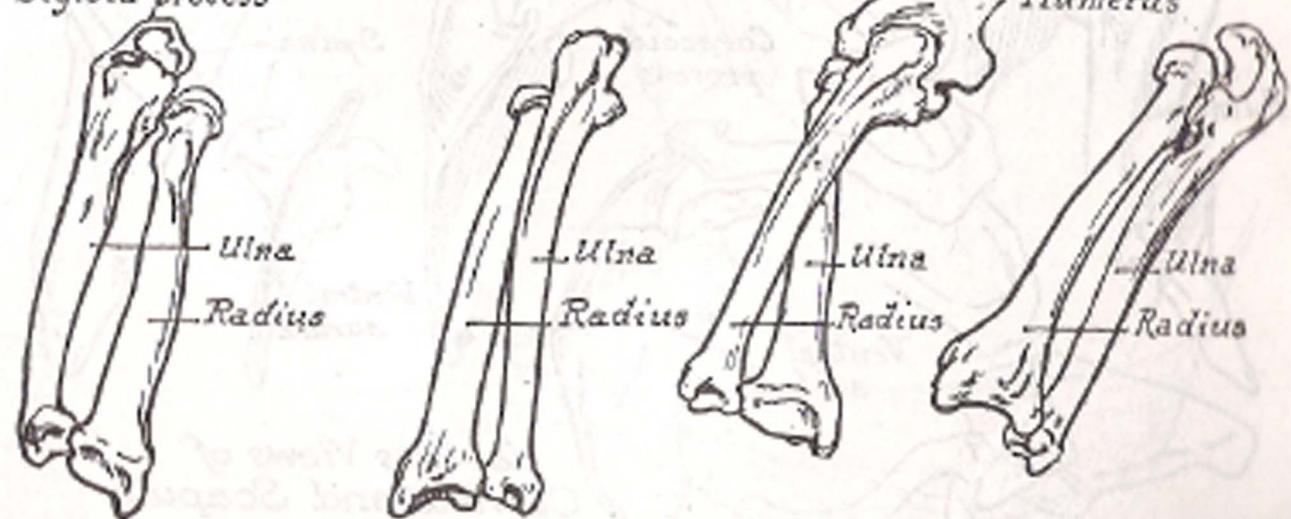
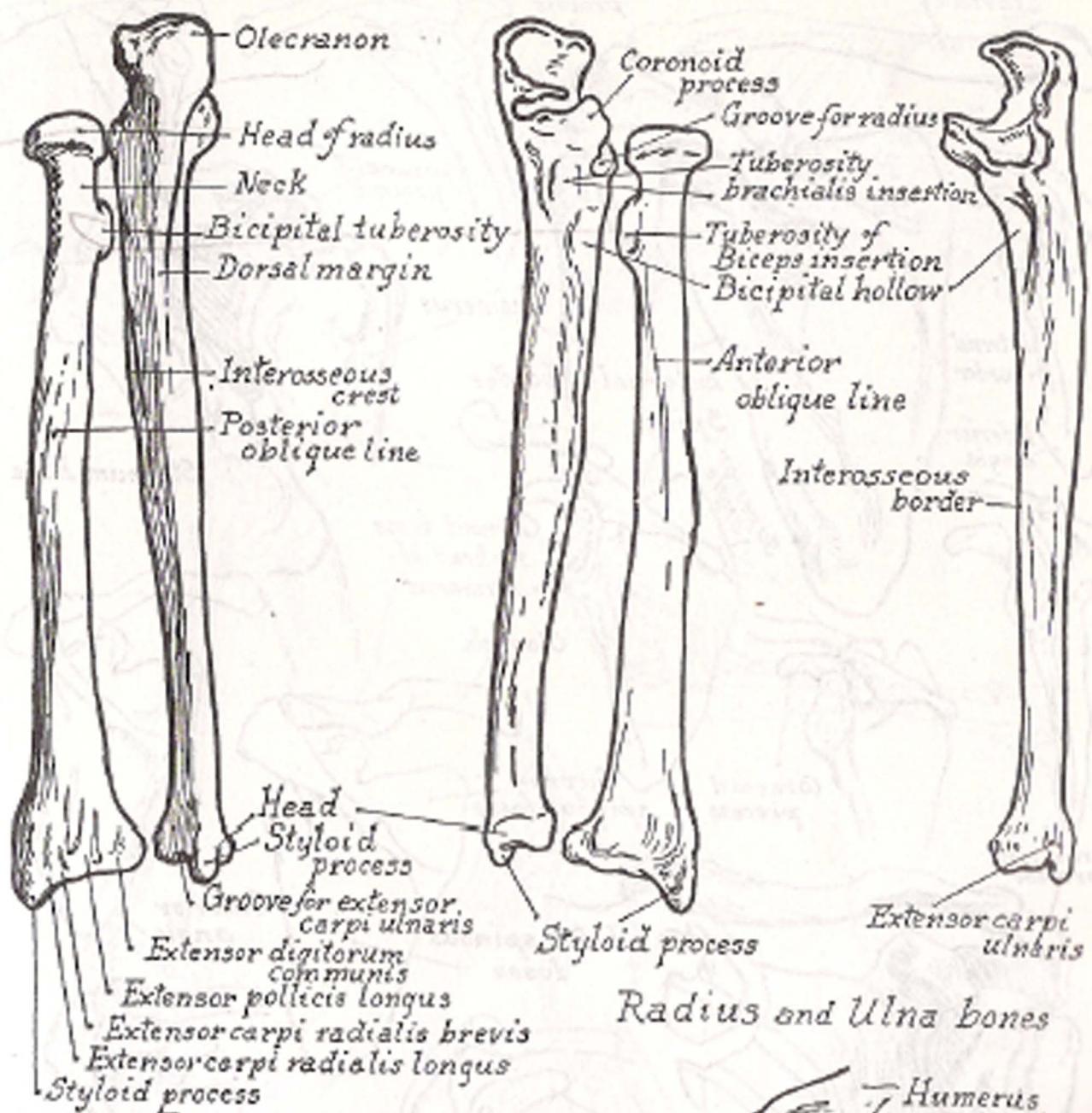


Left Arm

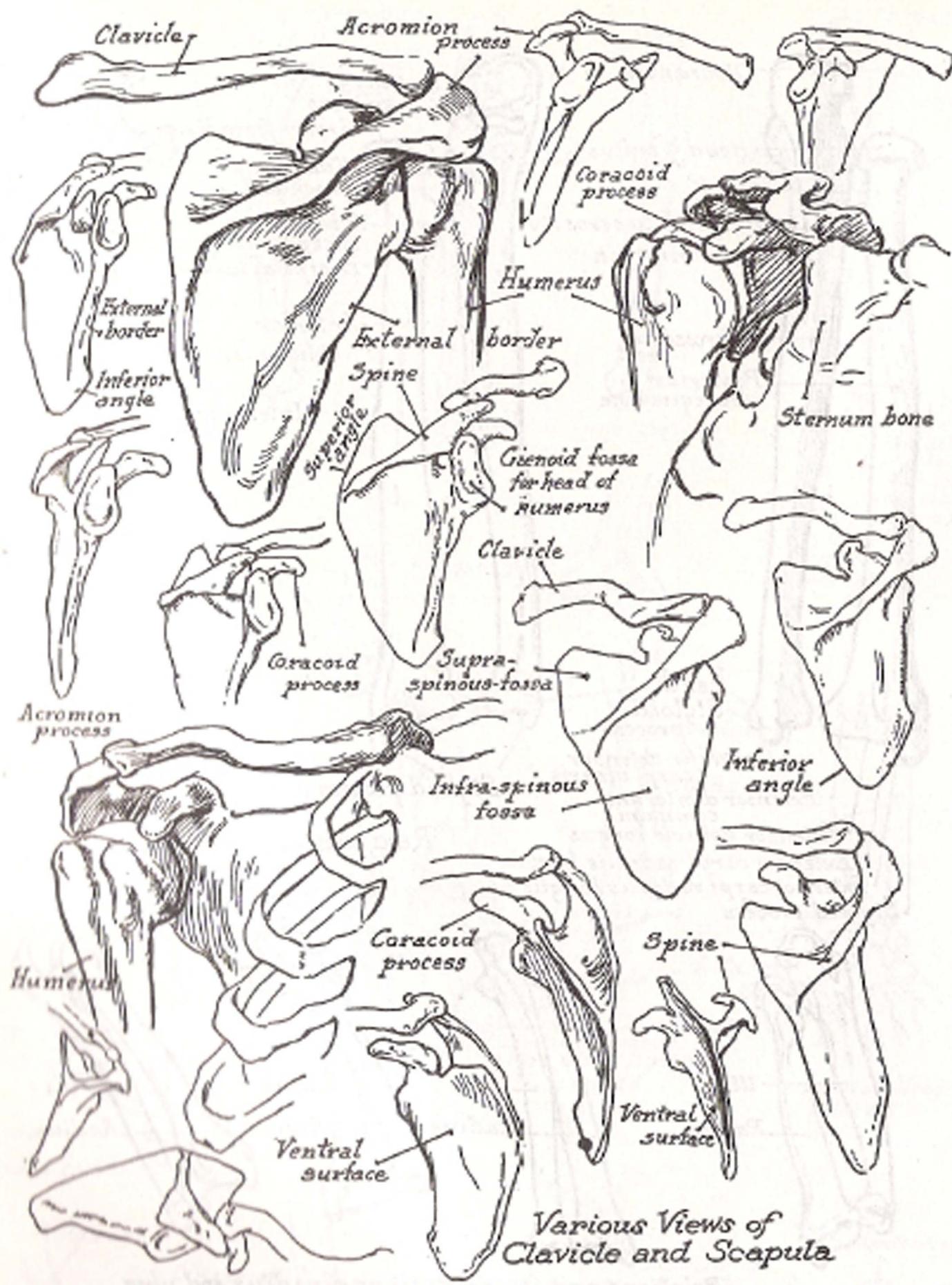


Bones of Arm and Hand

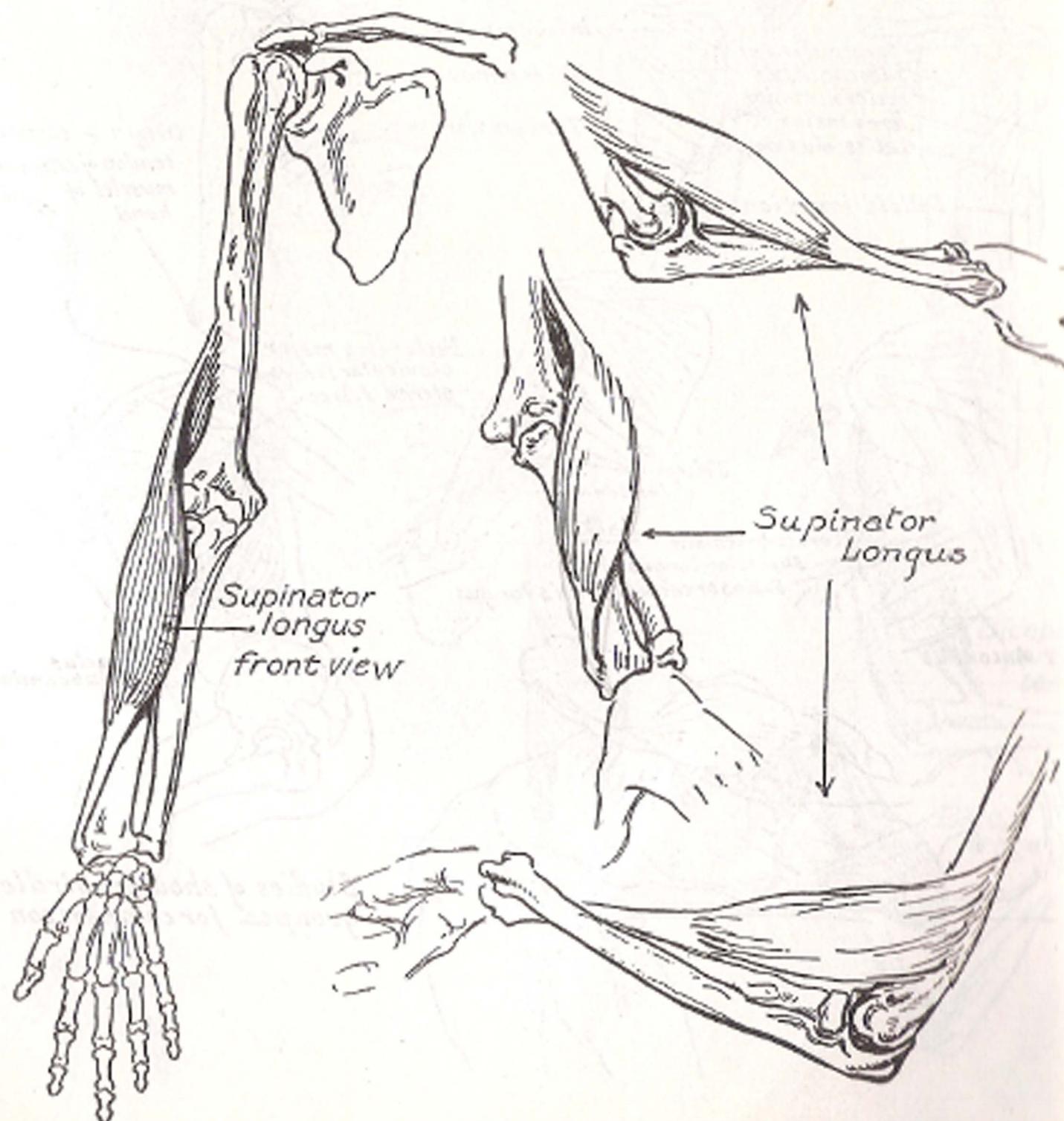
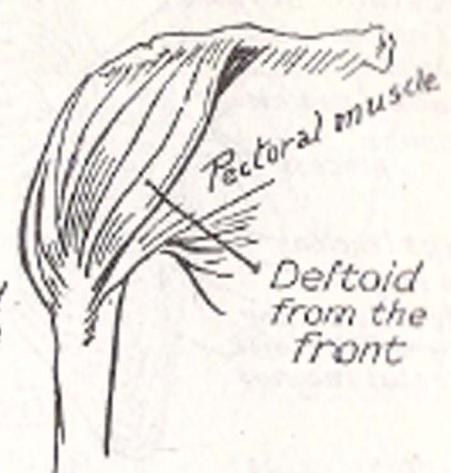
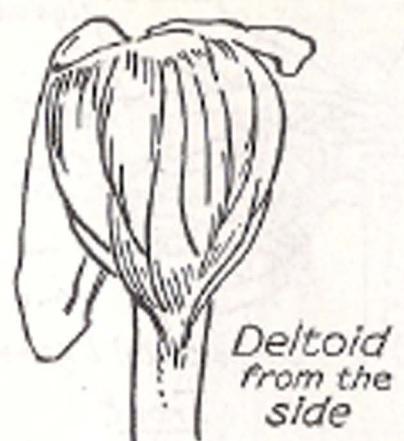


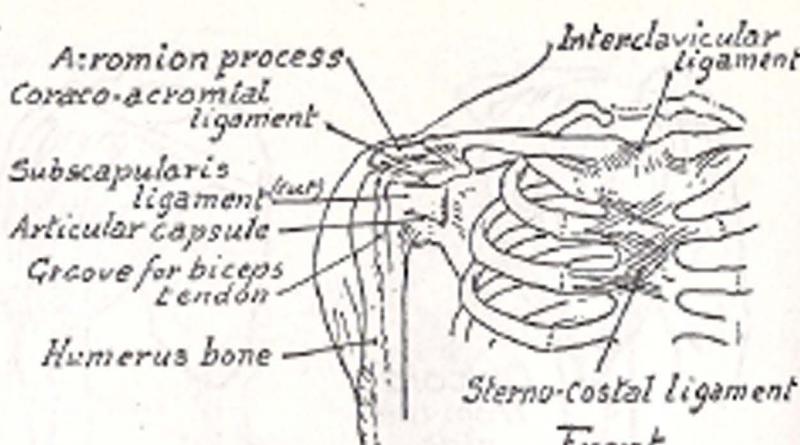
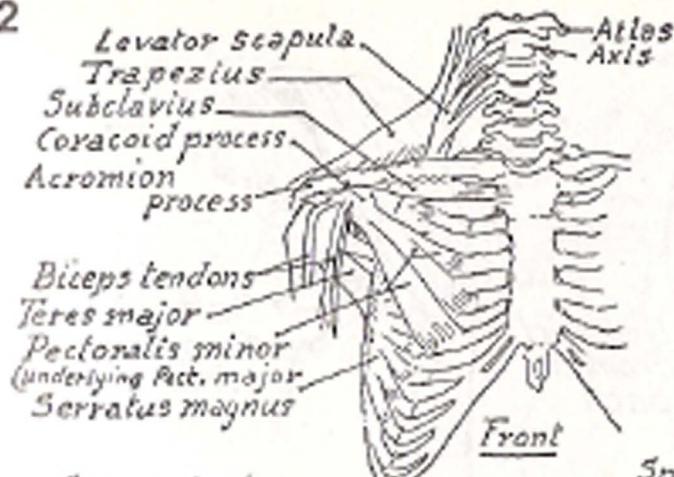


Relations and foreshortenings of radius and ulna

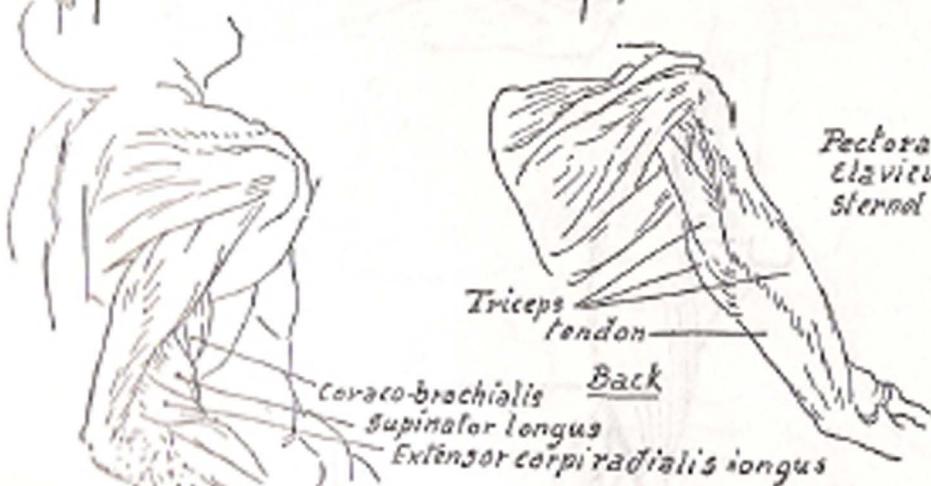
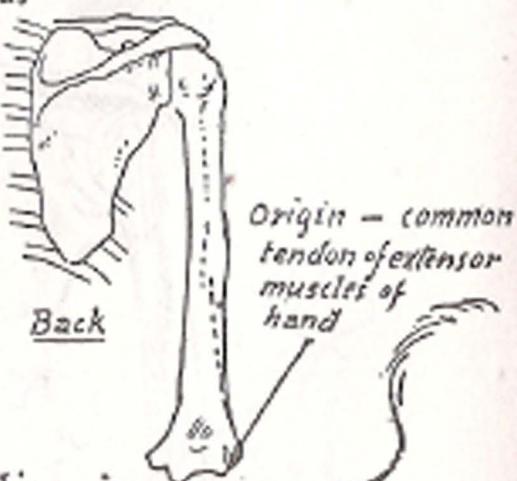
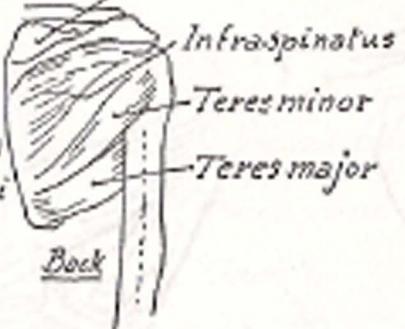
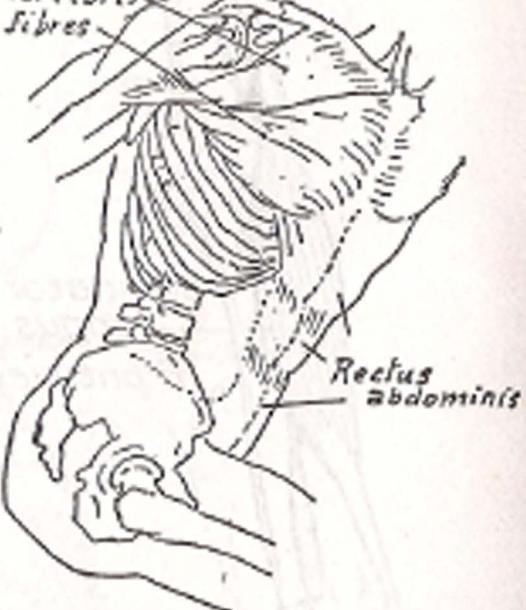


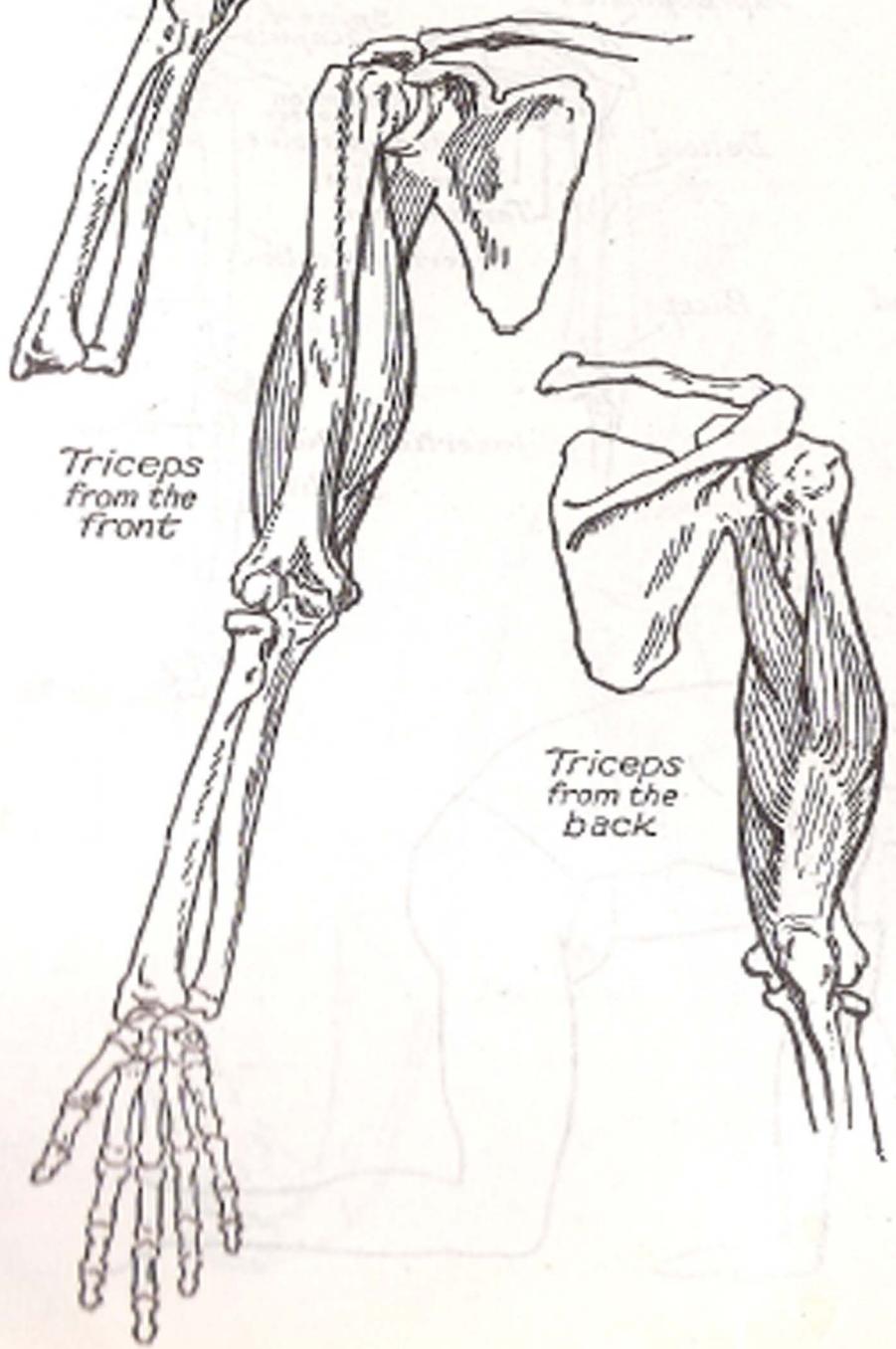
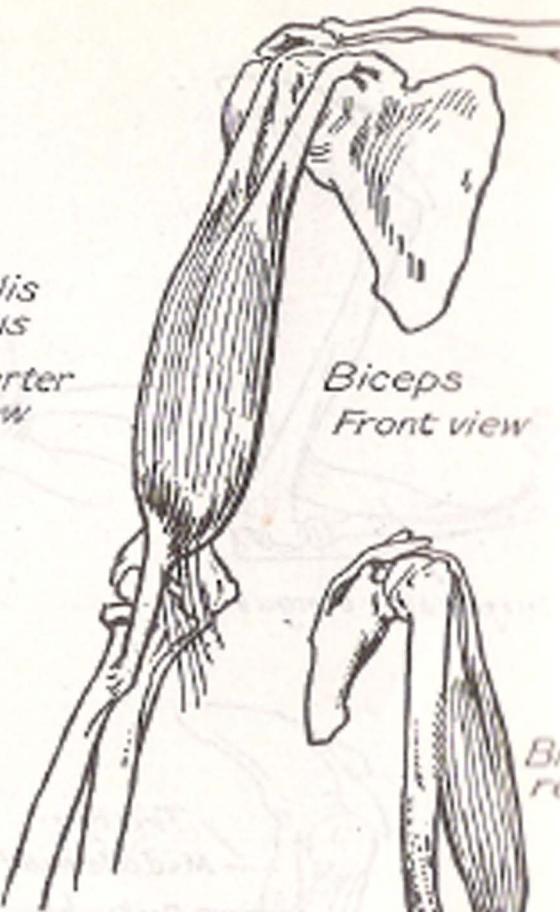
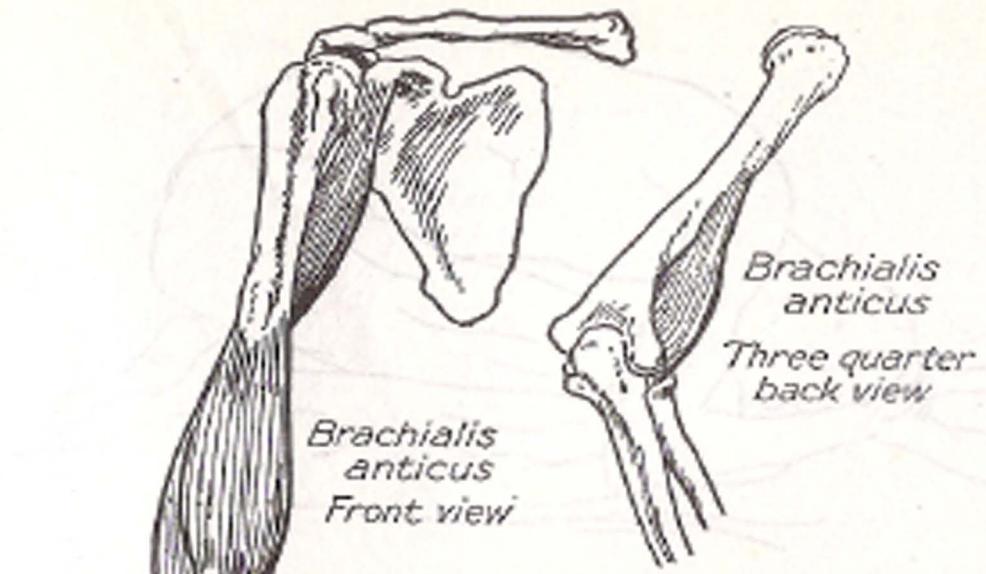
Various Views of  
Clavicle and Scapula

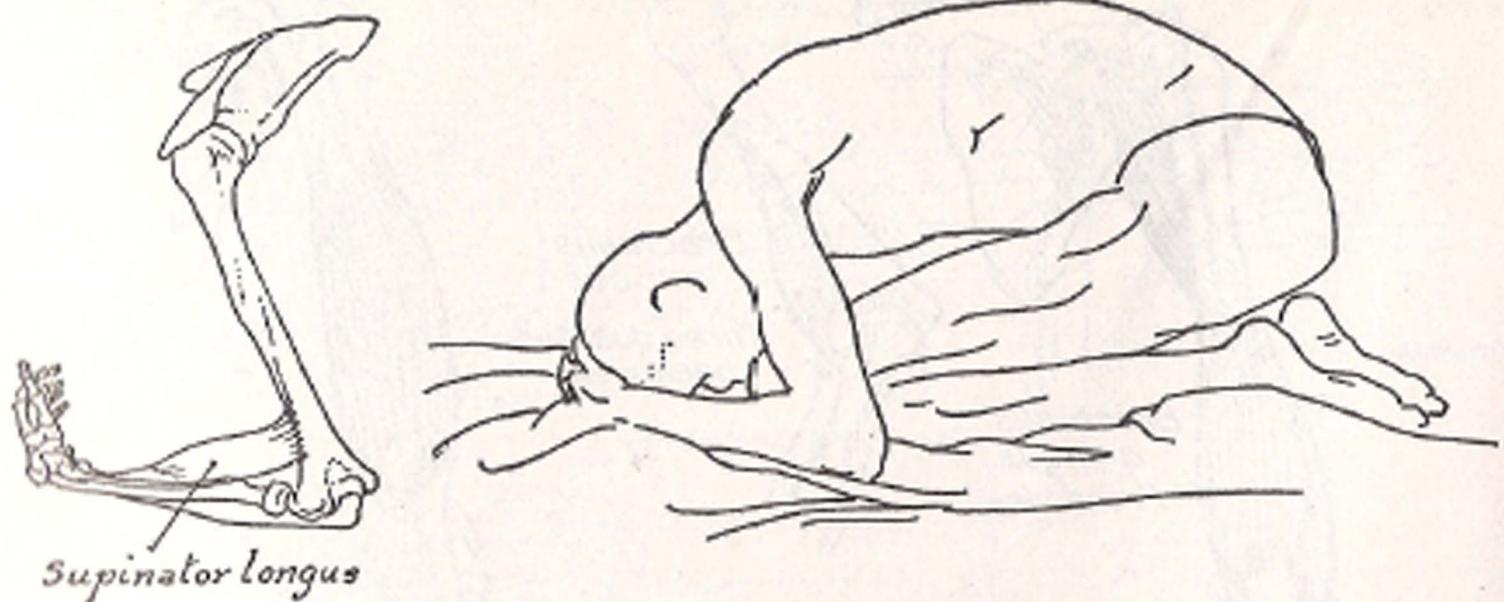




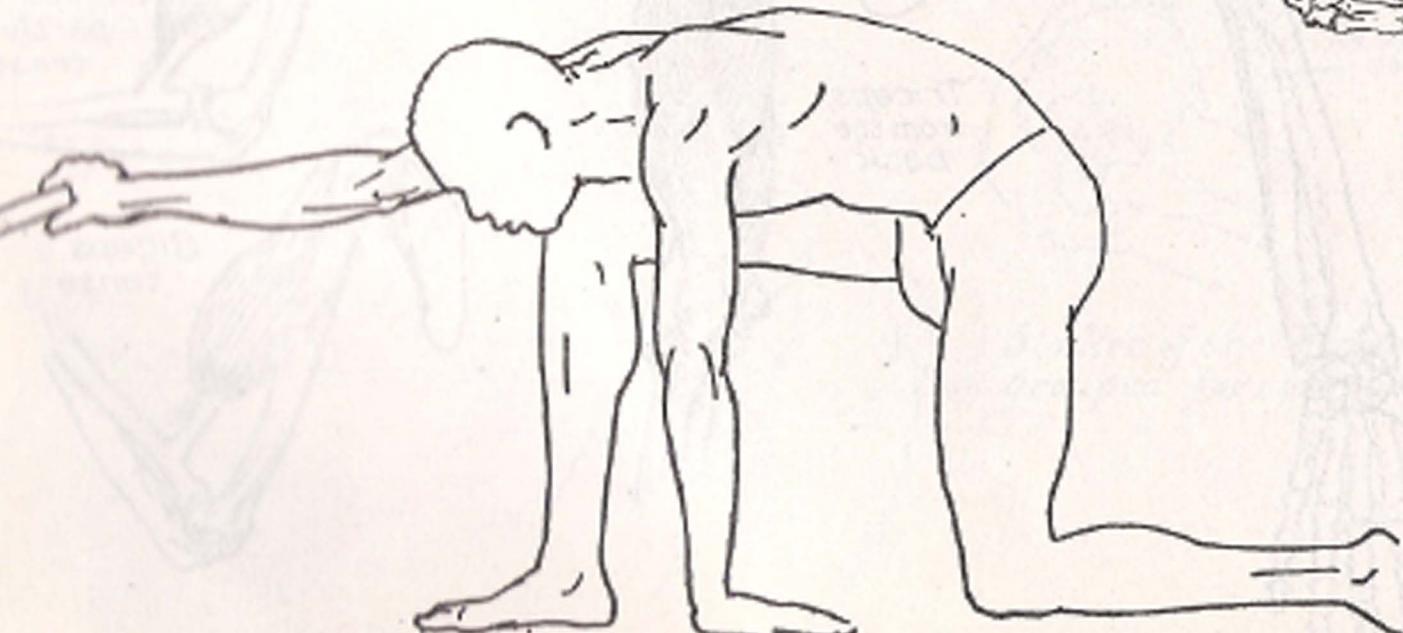
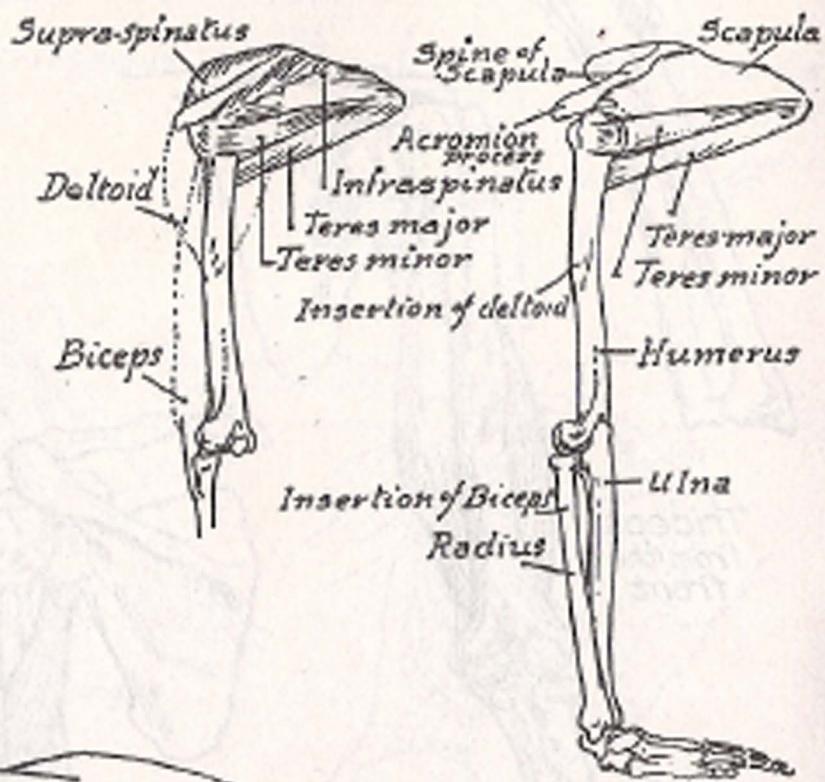
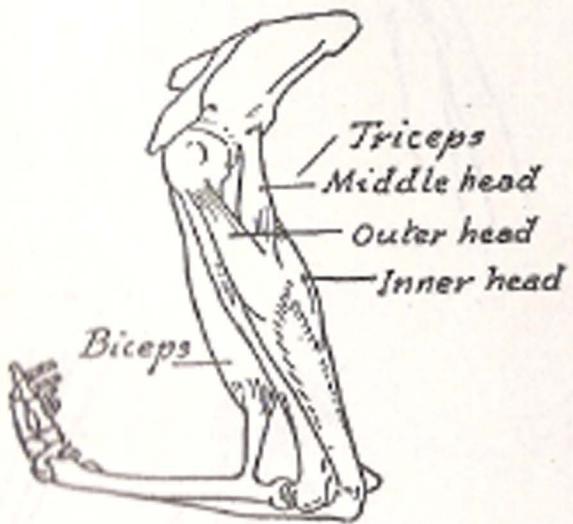
Space for supraspinatus

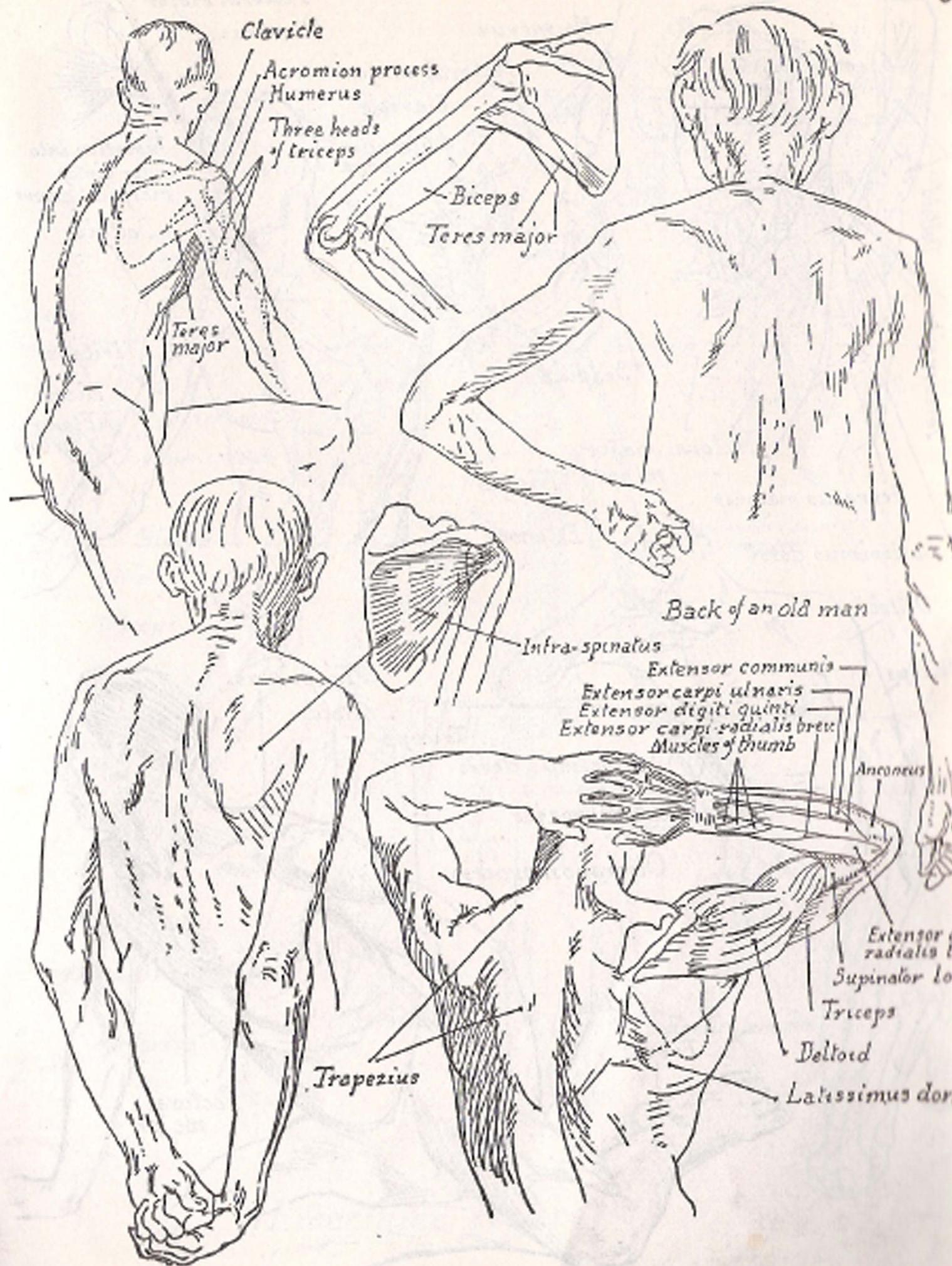
Pectoralis major  
Clavicular fibres  
Sternal fibresStudies of shoulder girdle.  
grouped for comparison

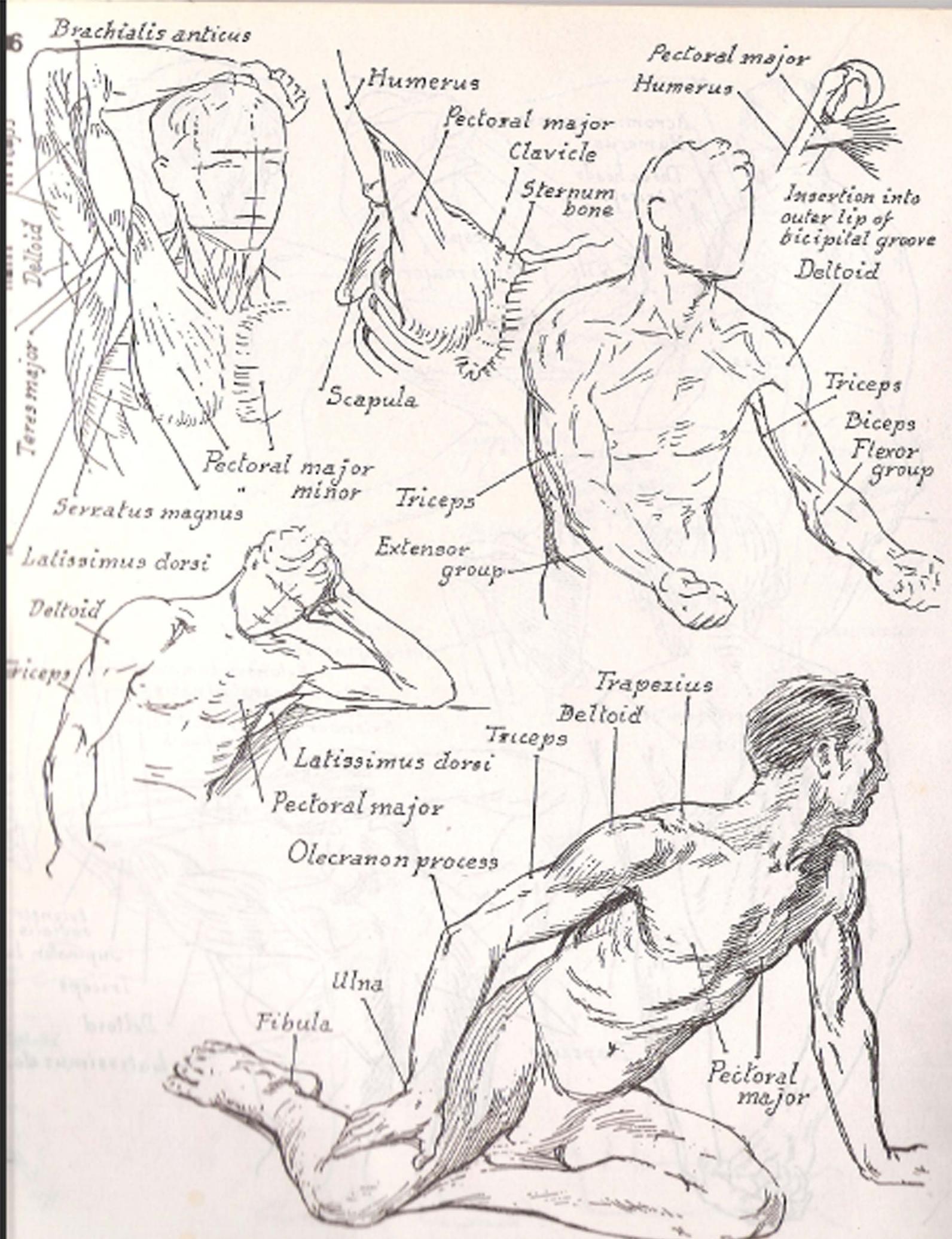


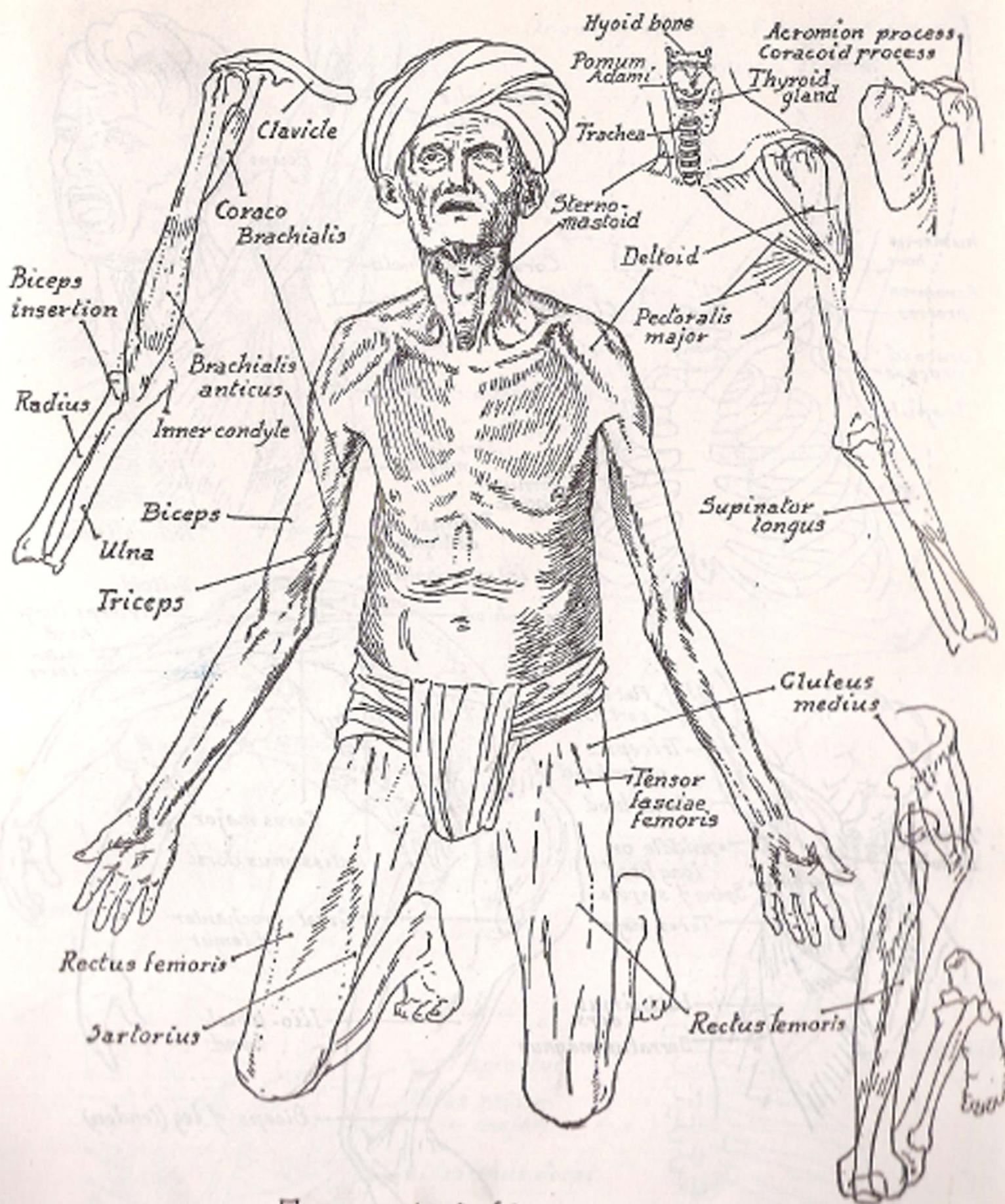


*Supinator longus*

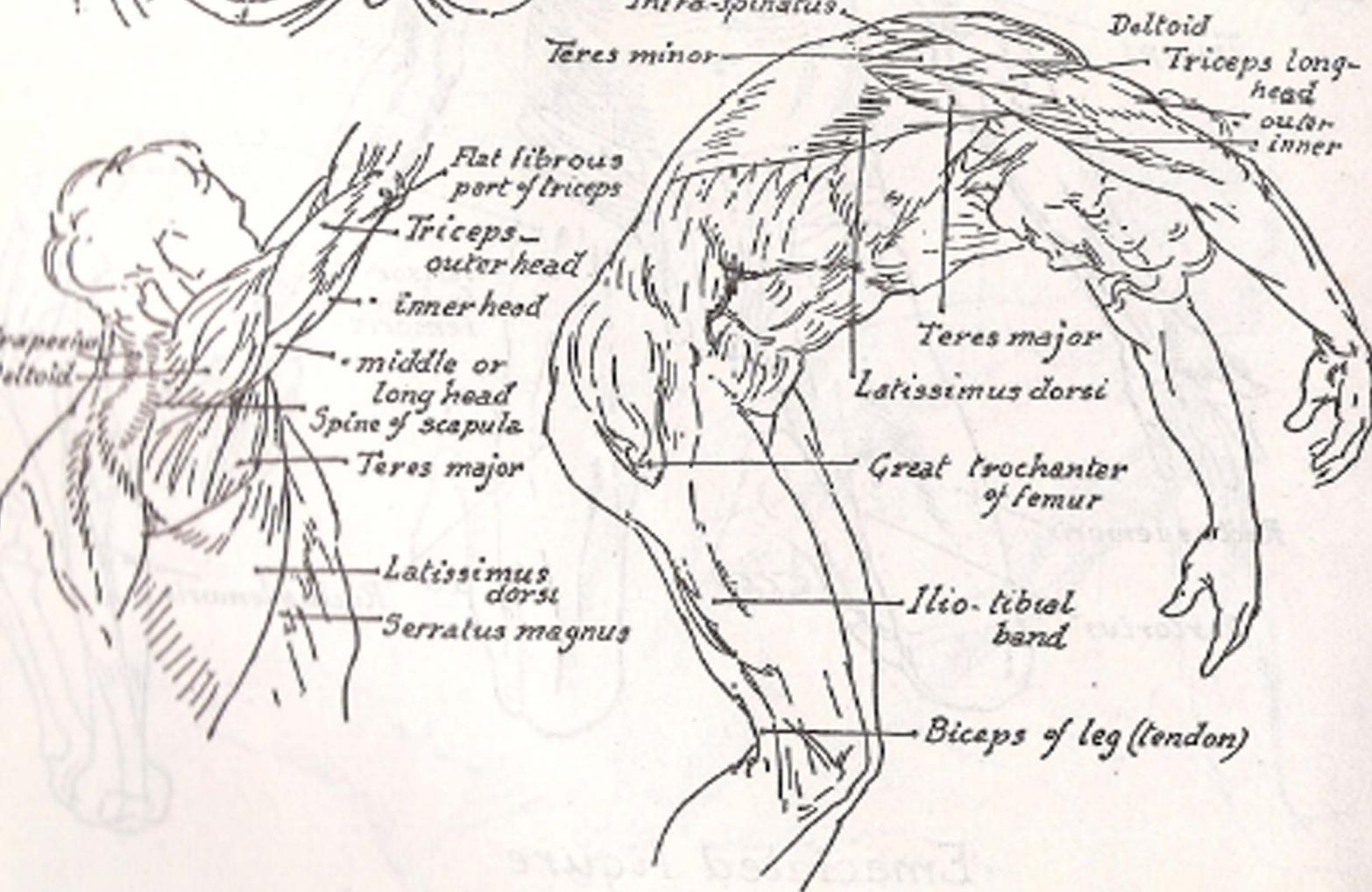
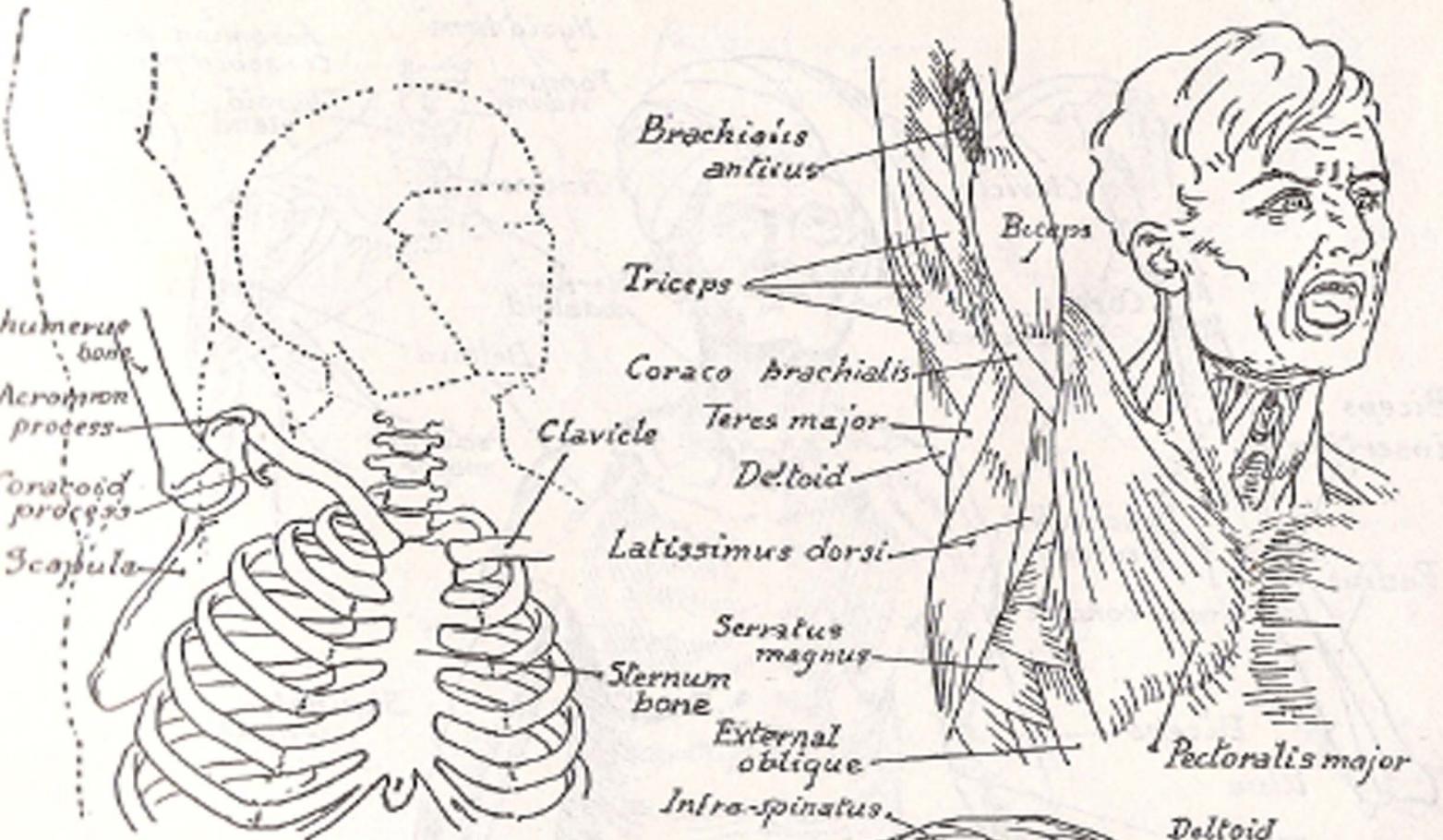




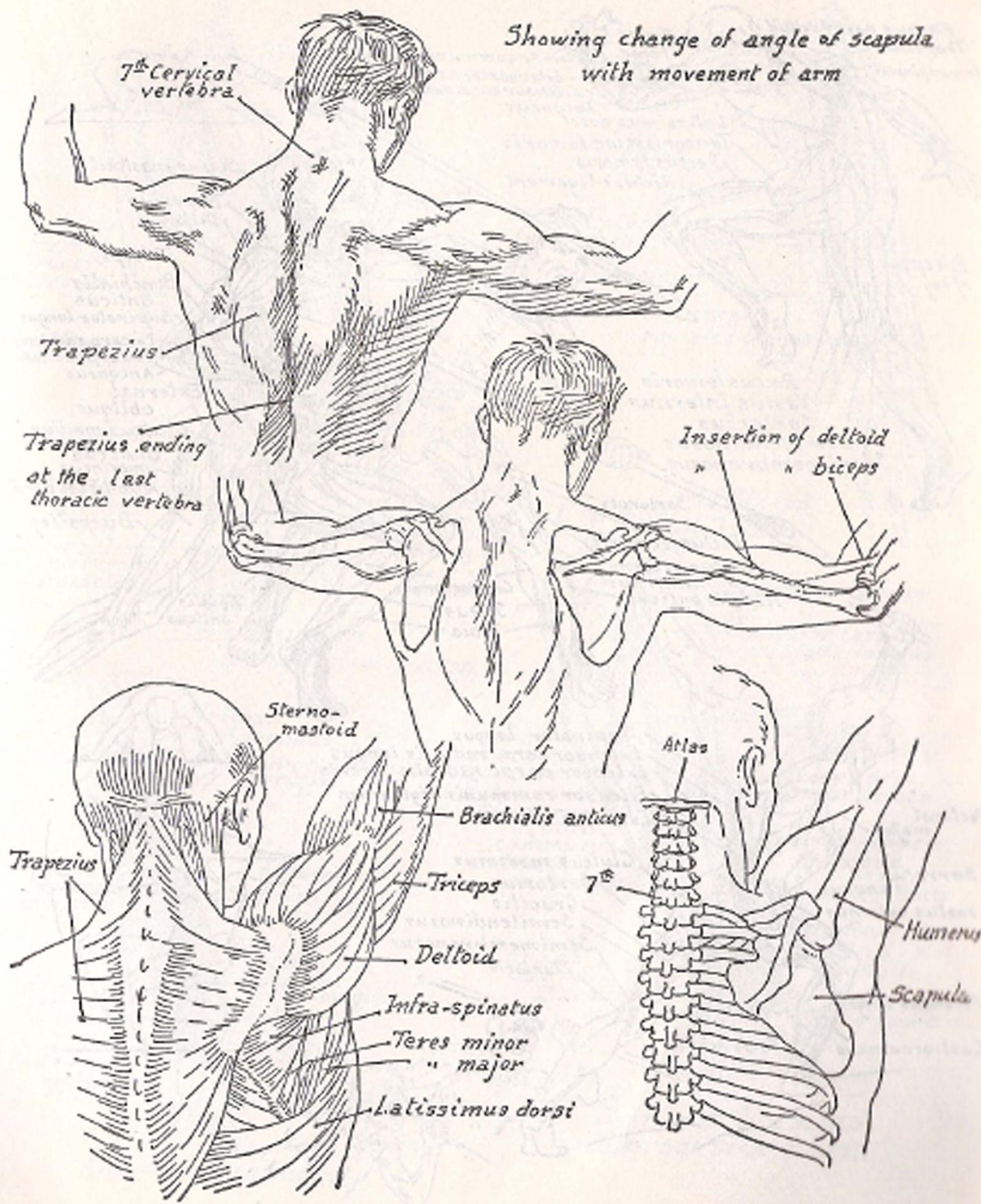


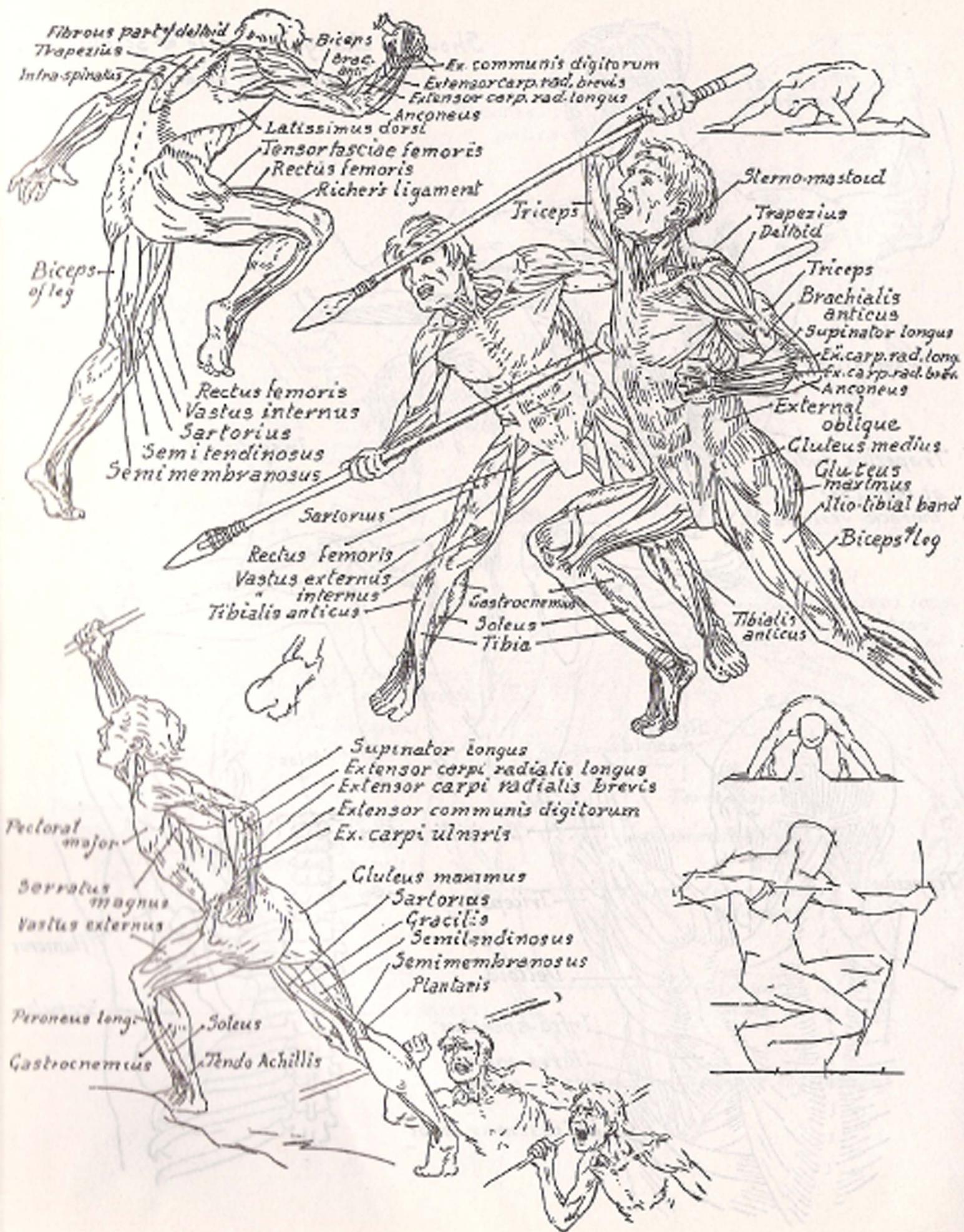


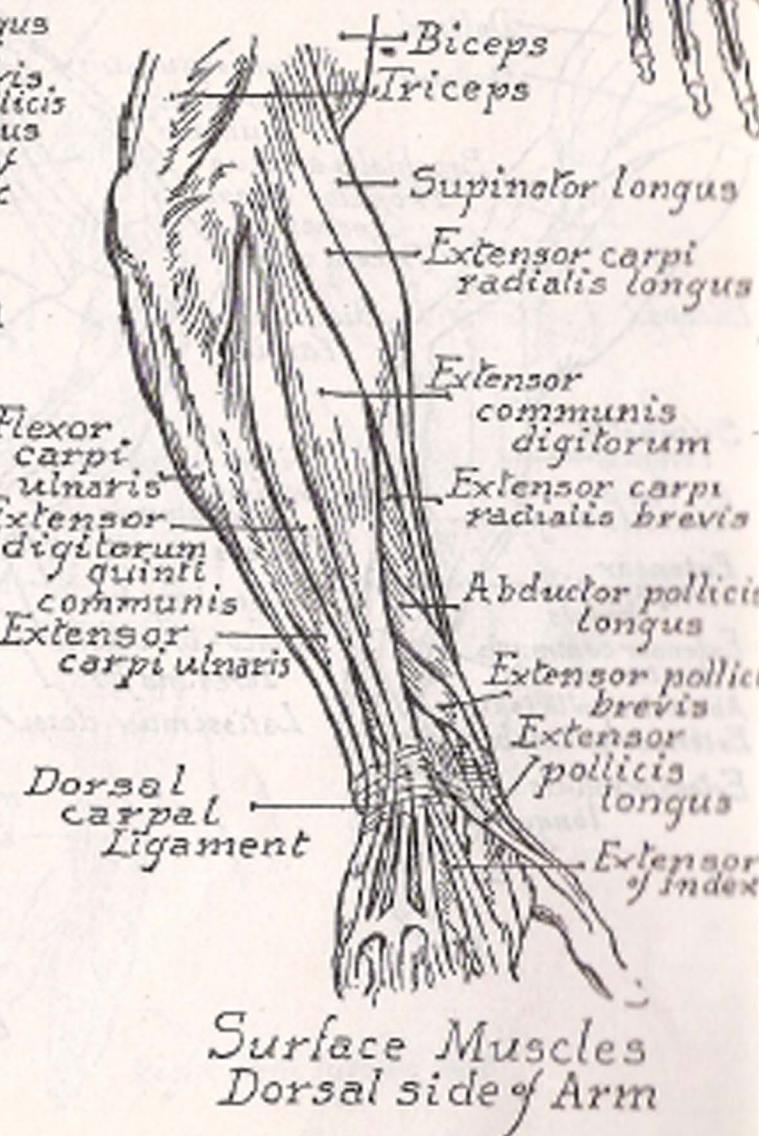
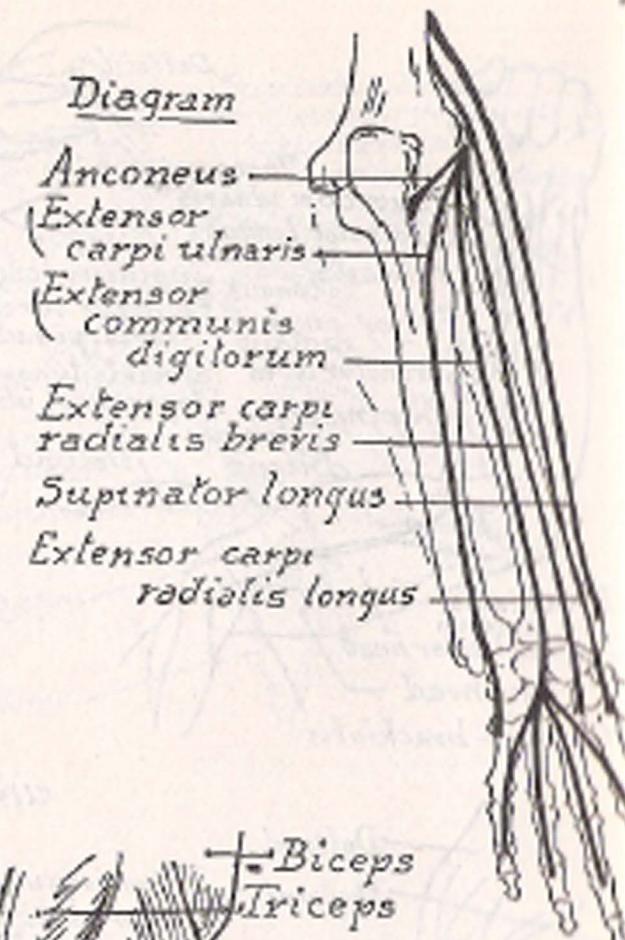
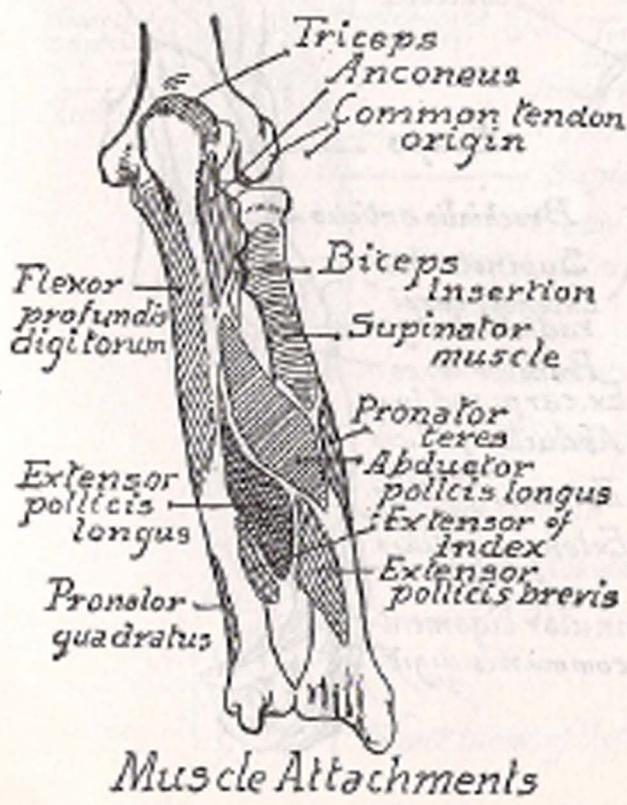
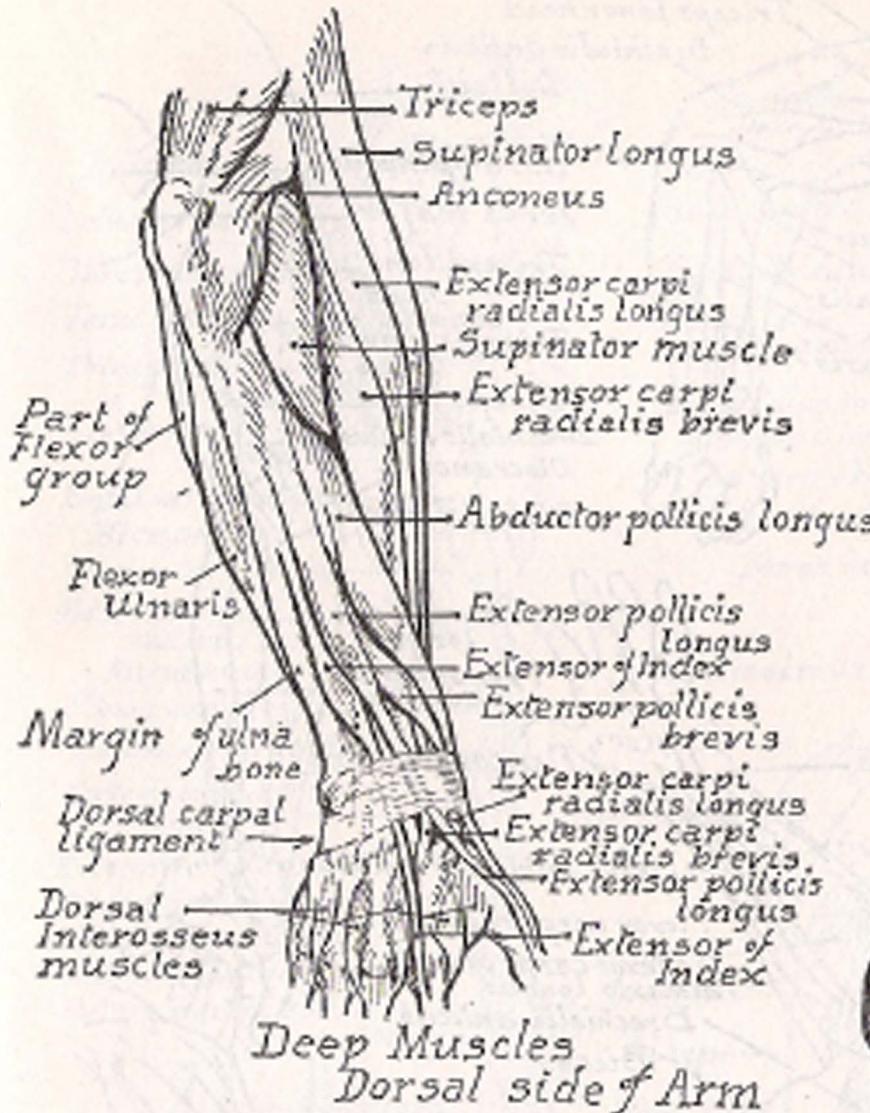
Emaciated figure

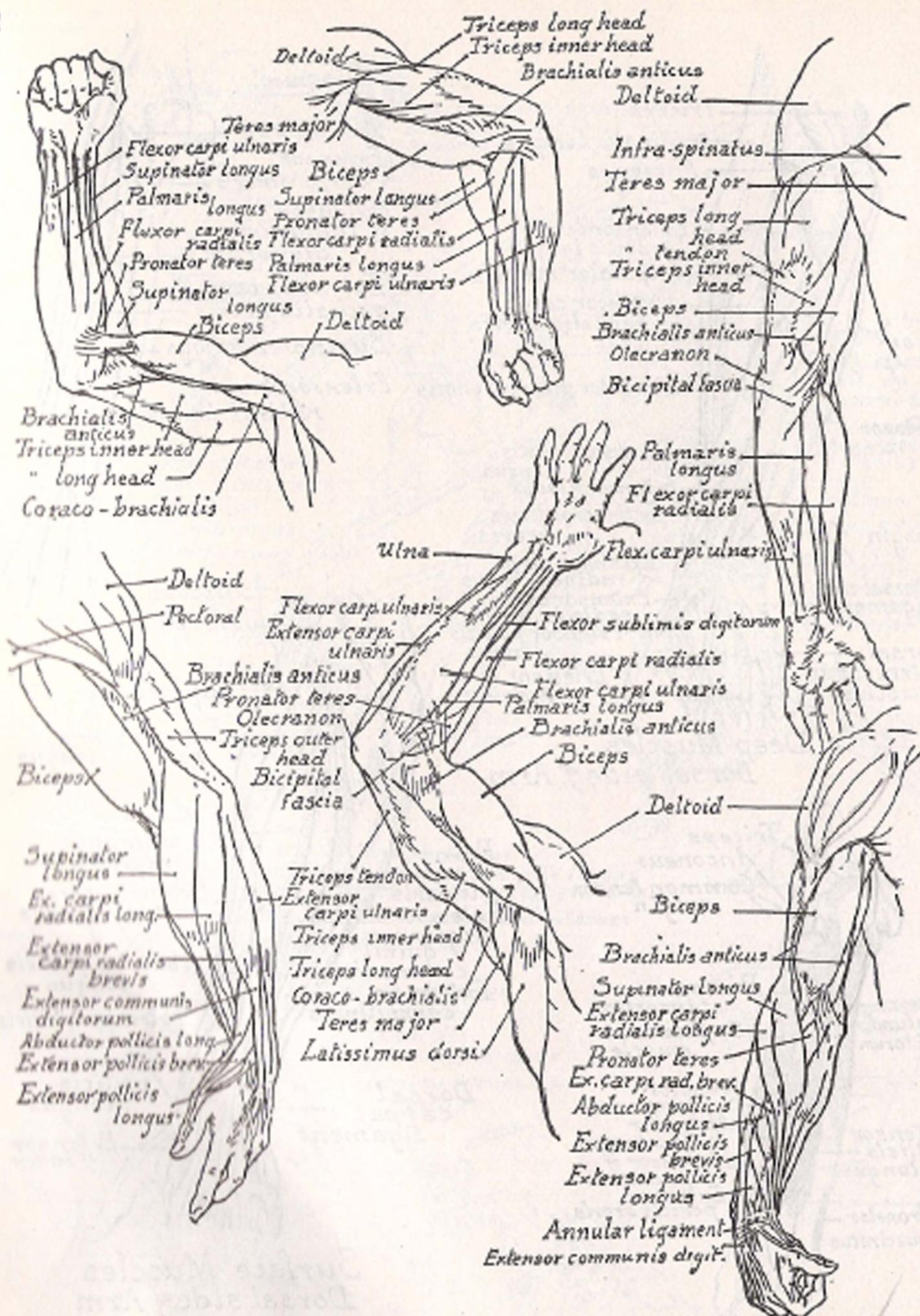


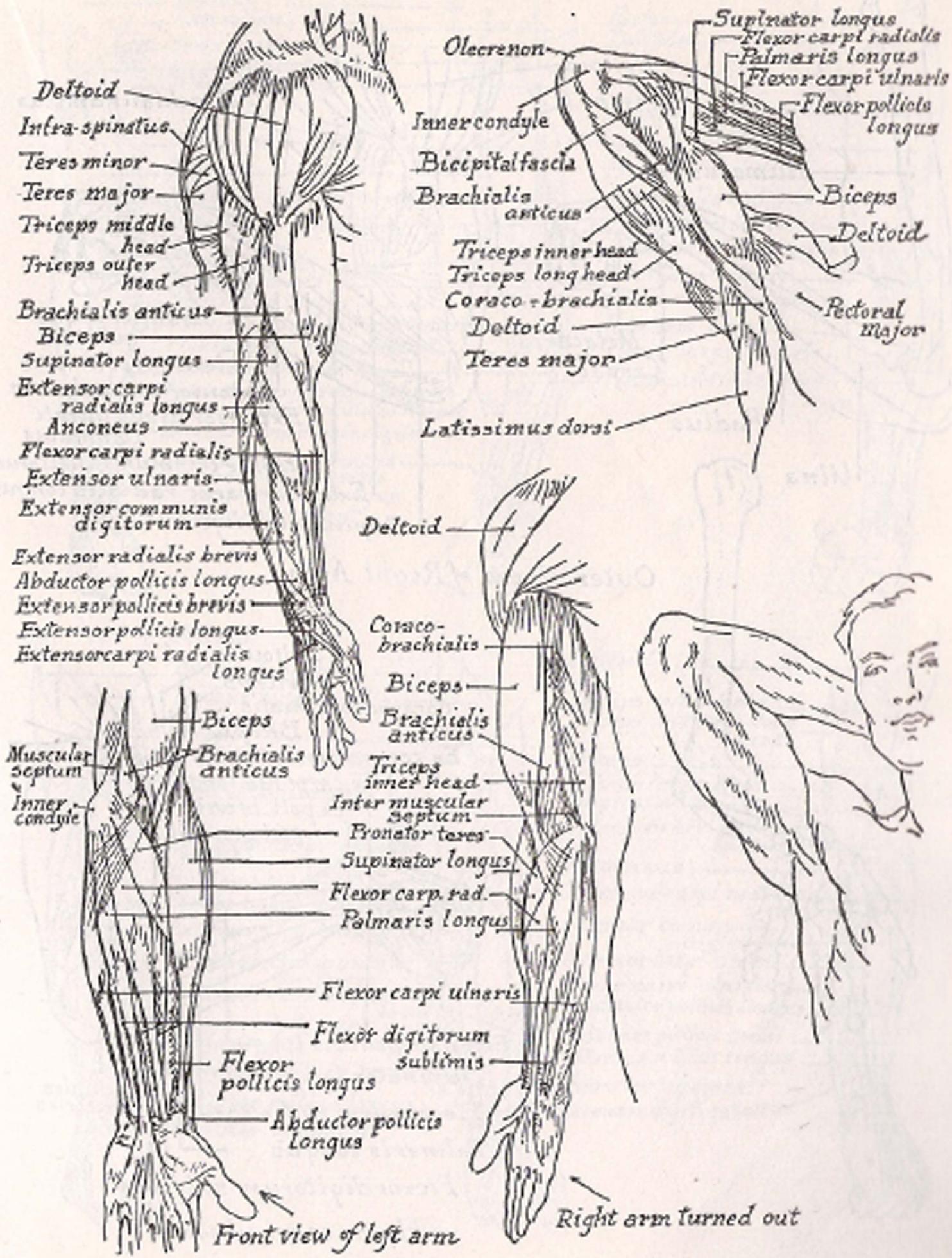
Showing change of angle of scapula  
with movement of arm

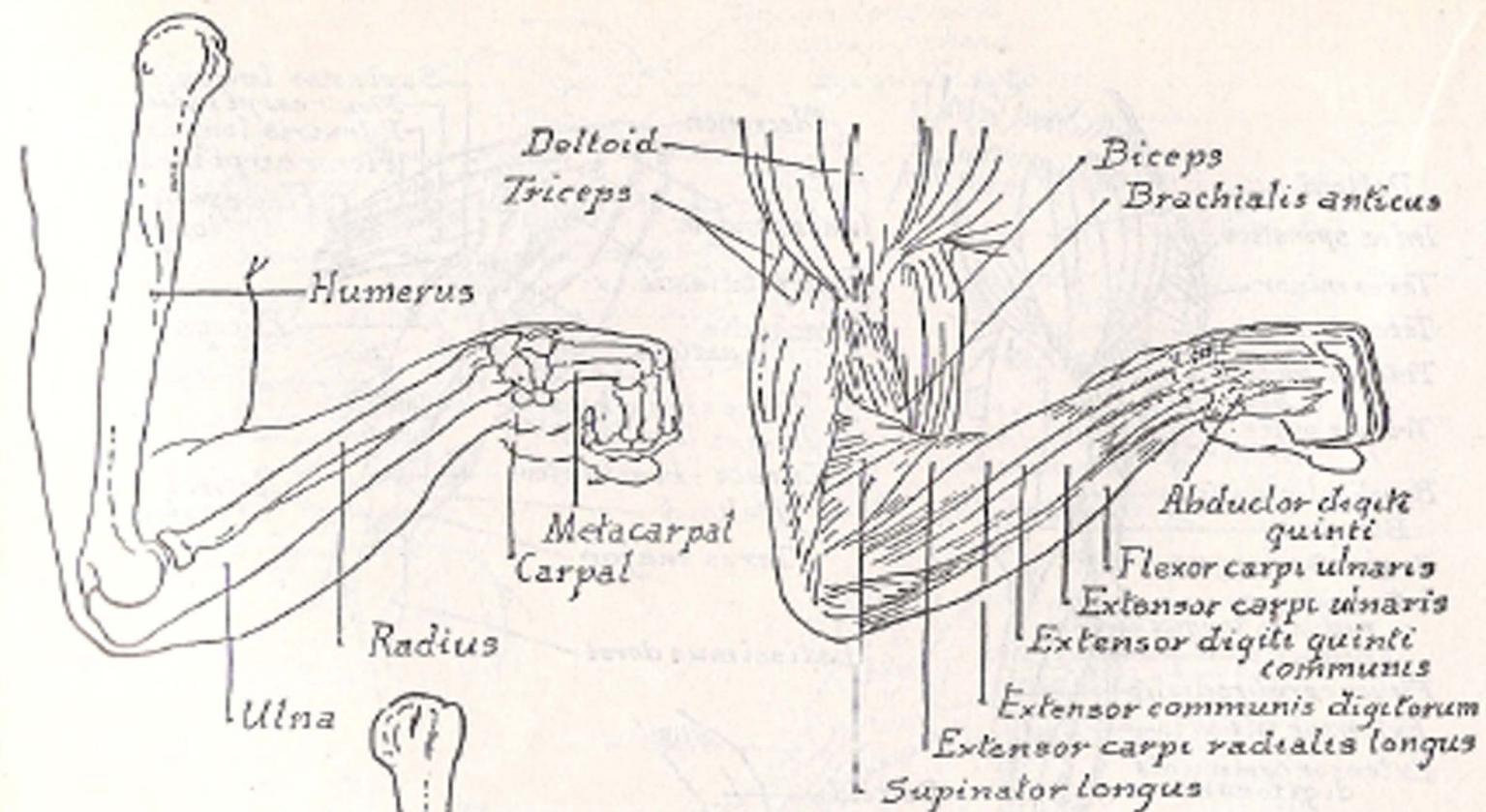




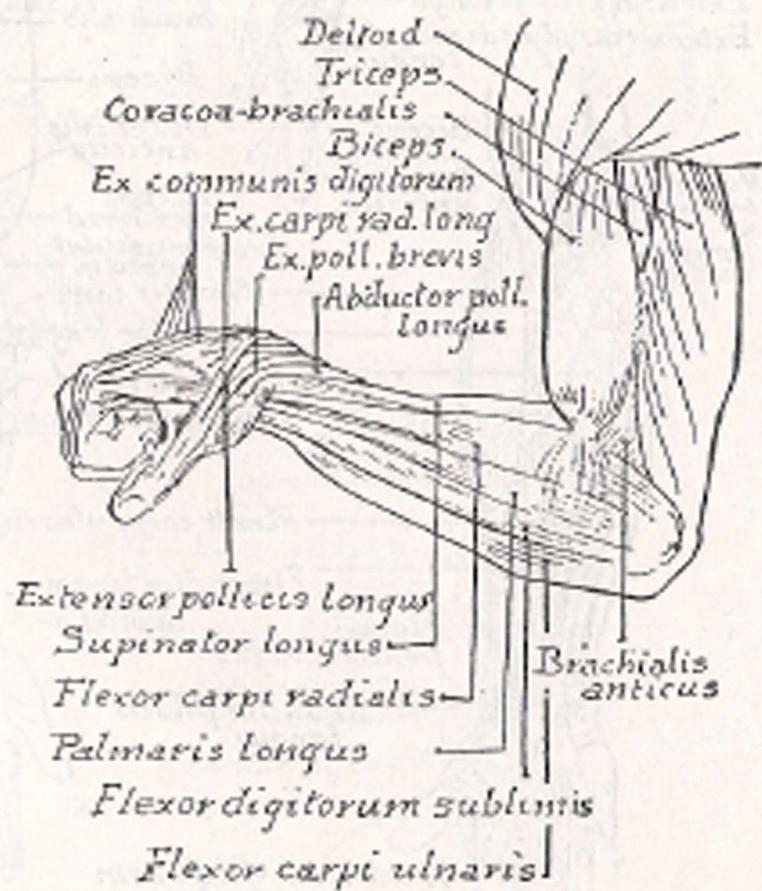




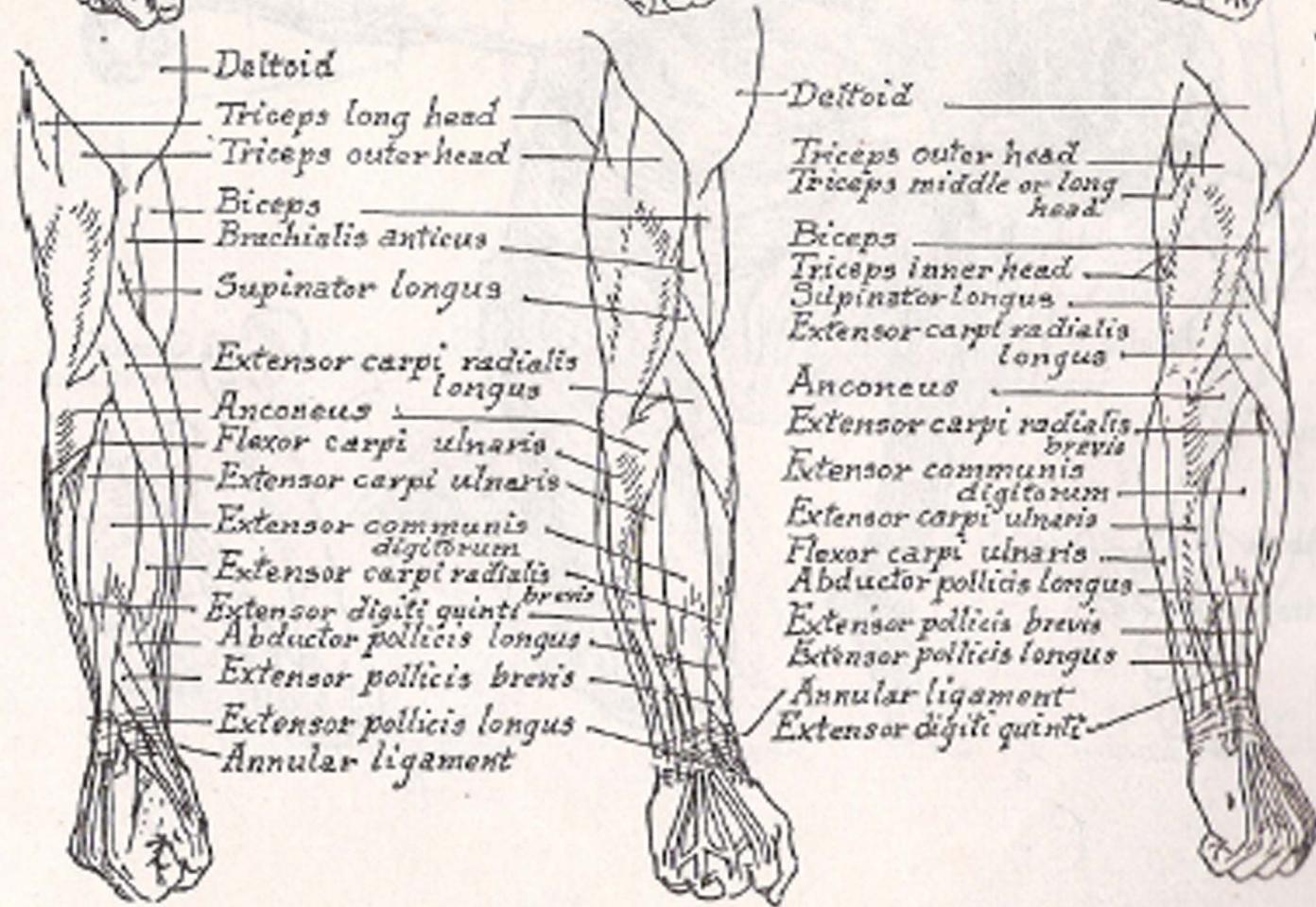
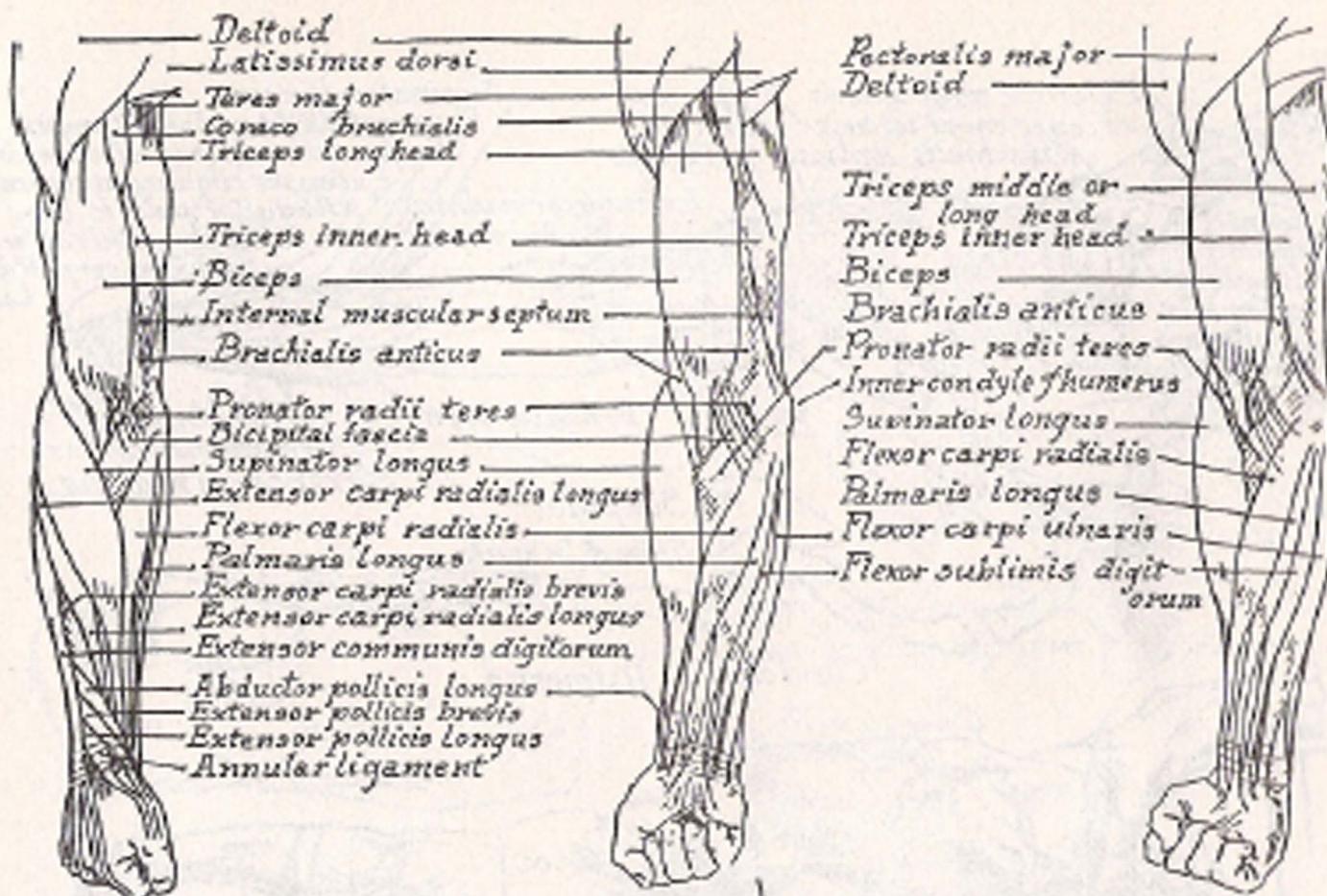


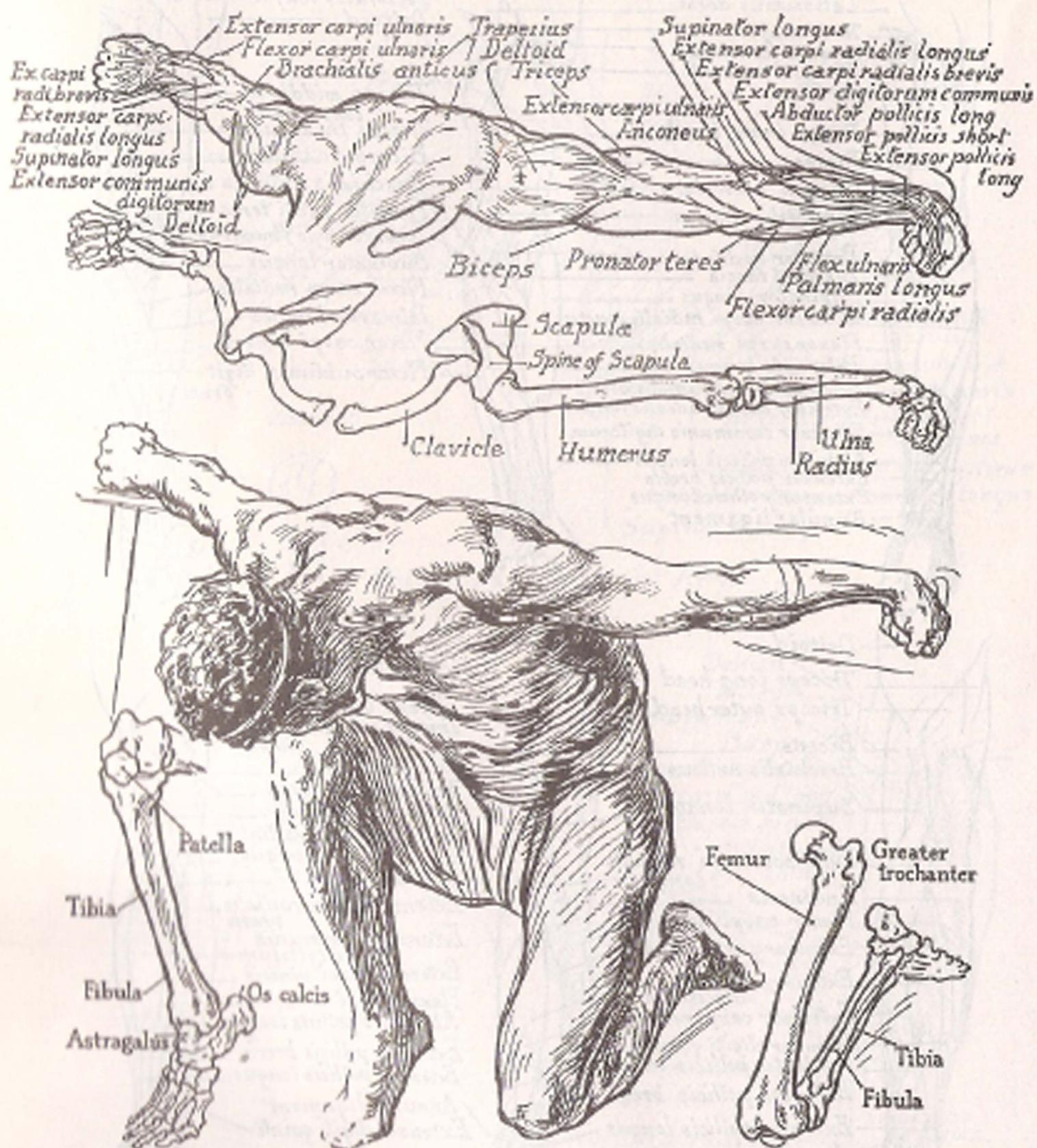


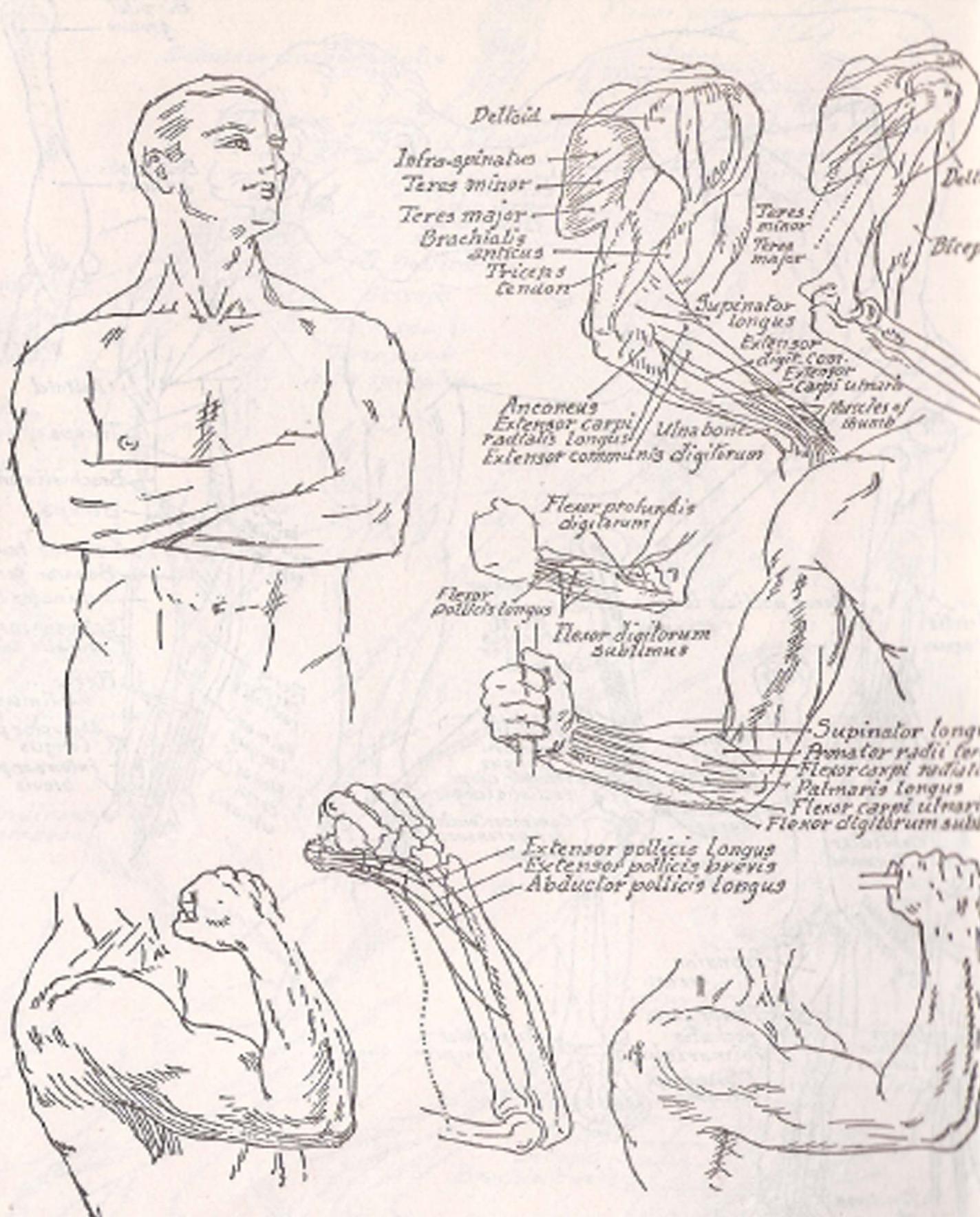
Outer View of Right Arm

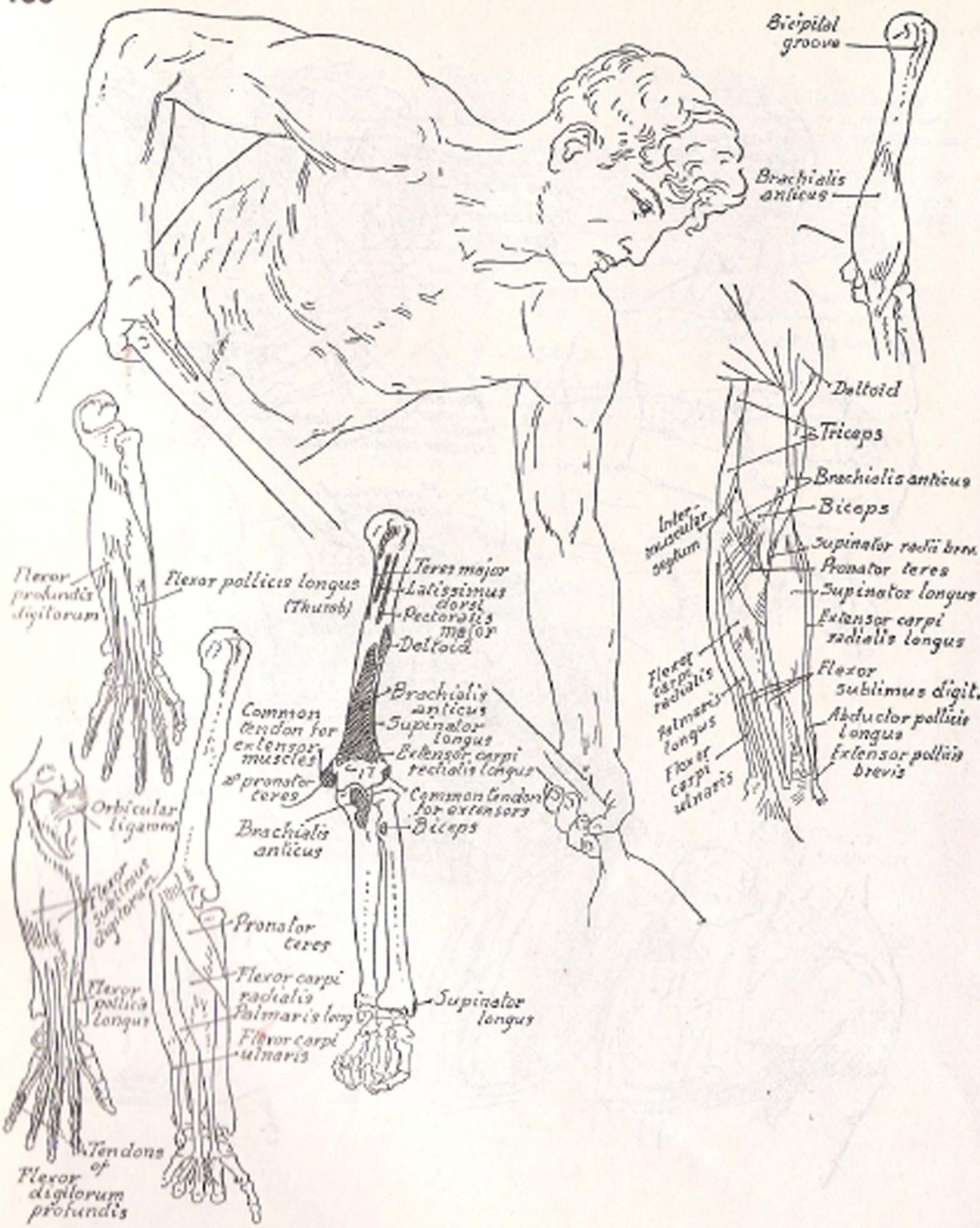


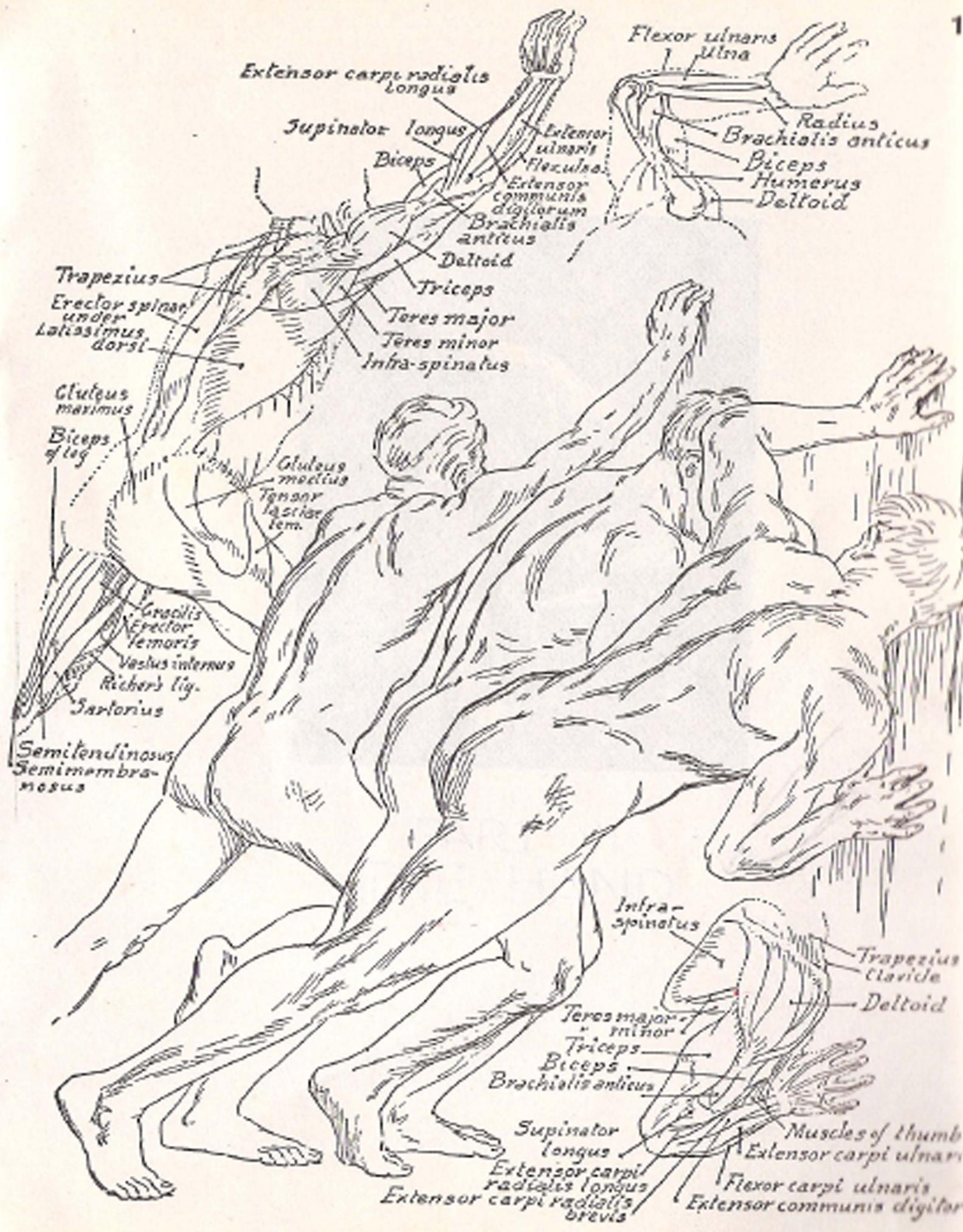
Inner view

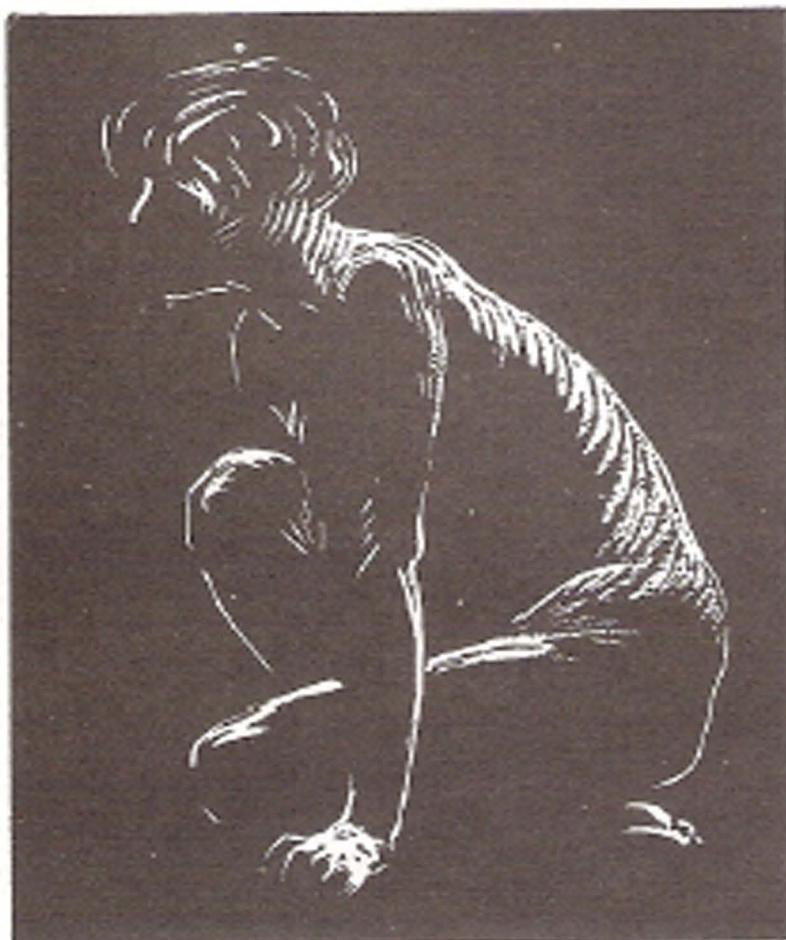






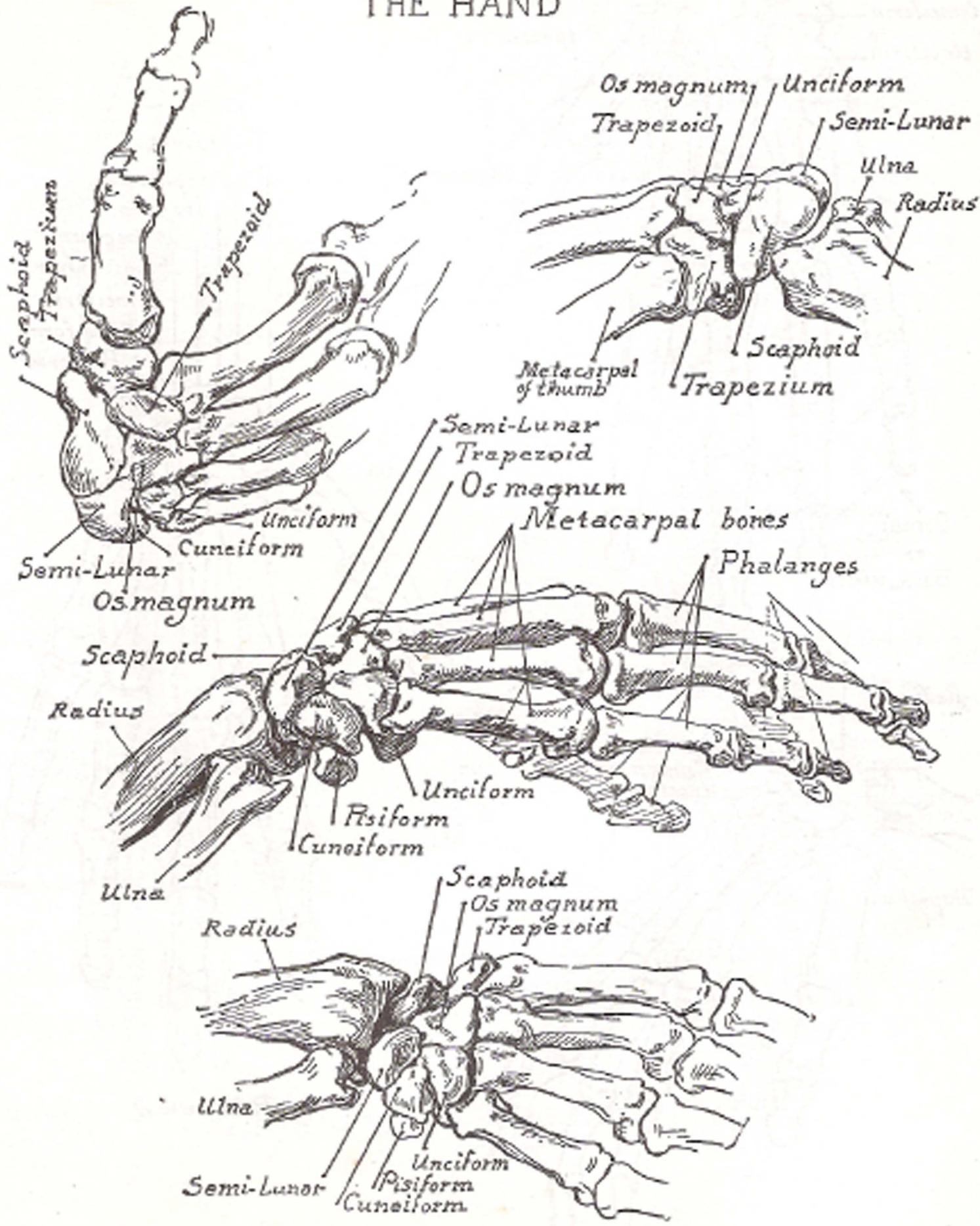


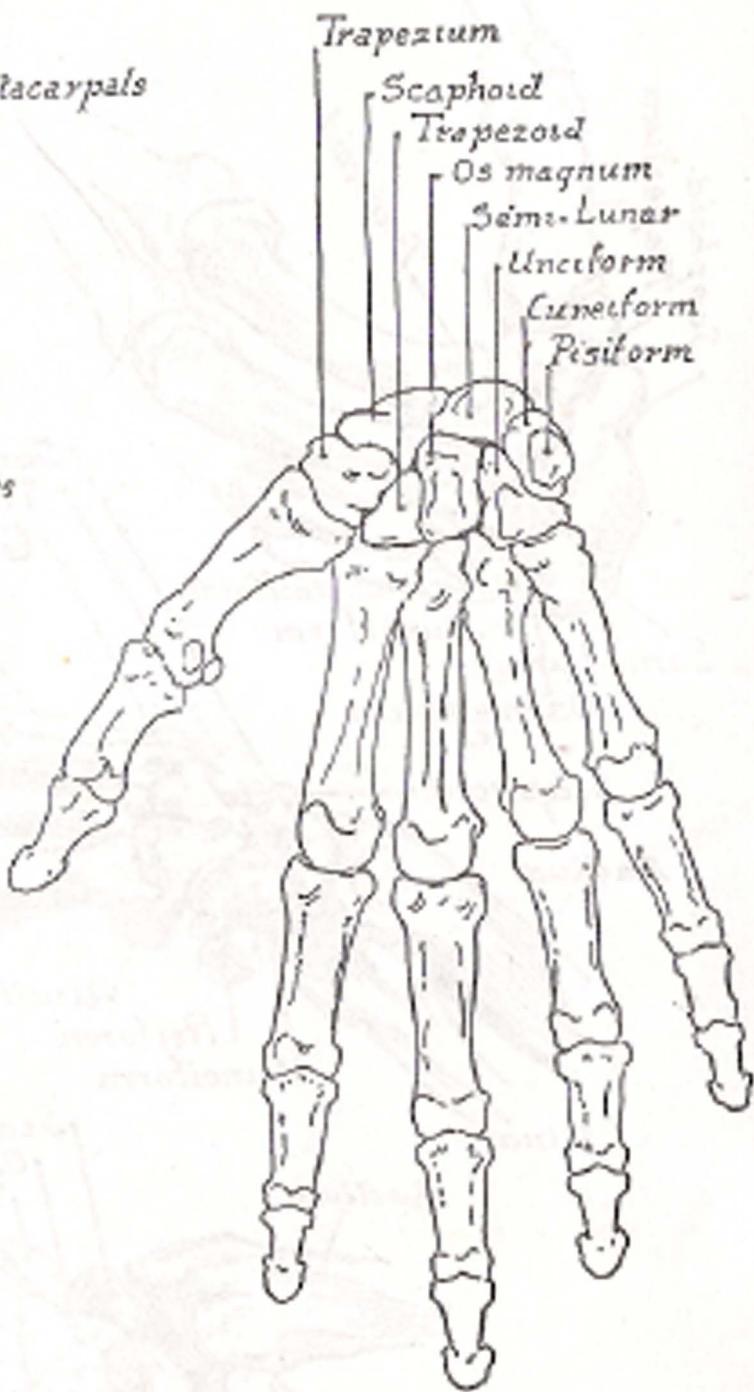
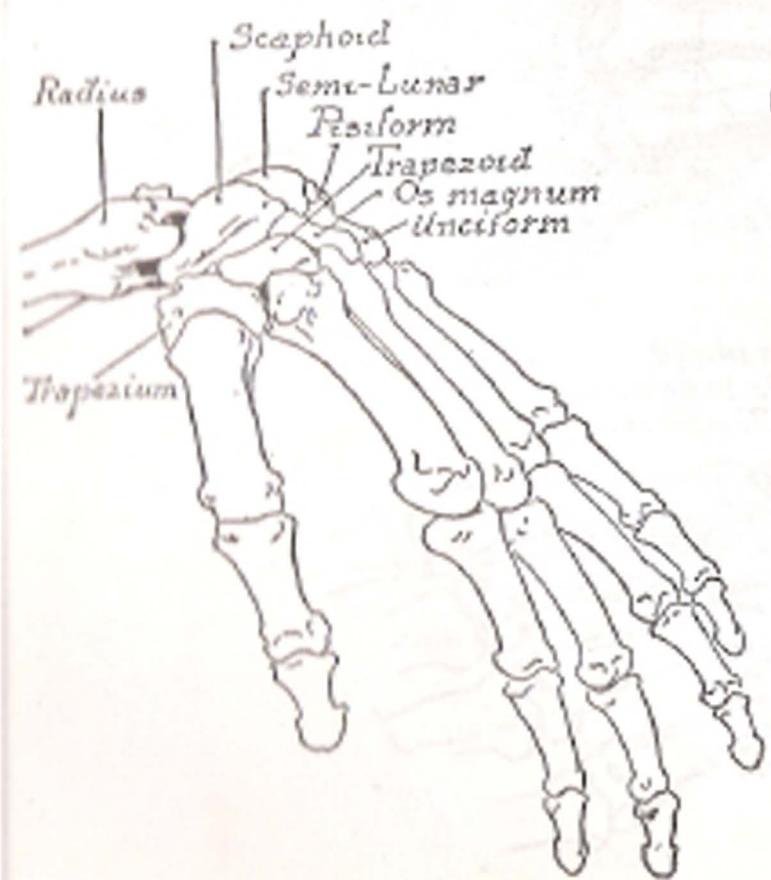
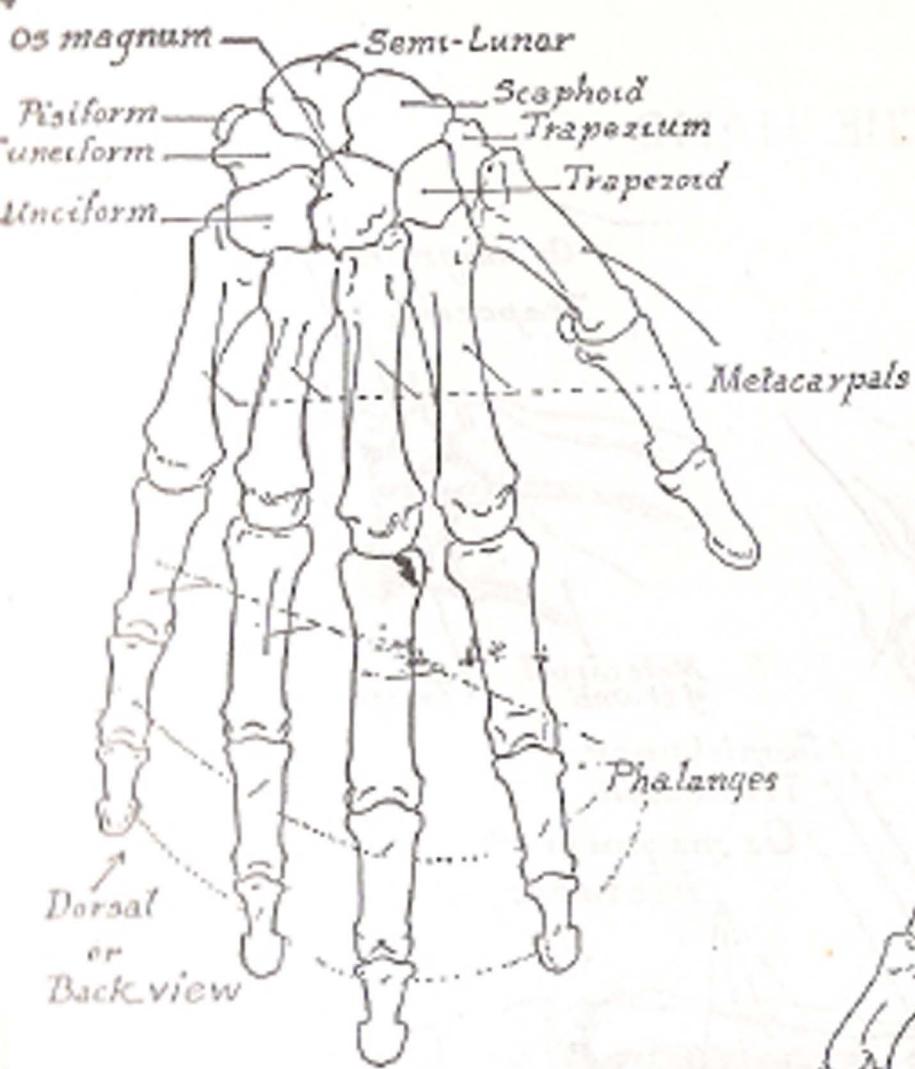




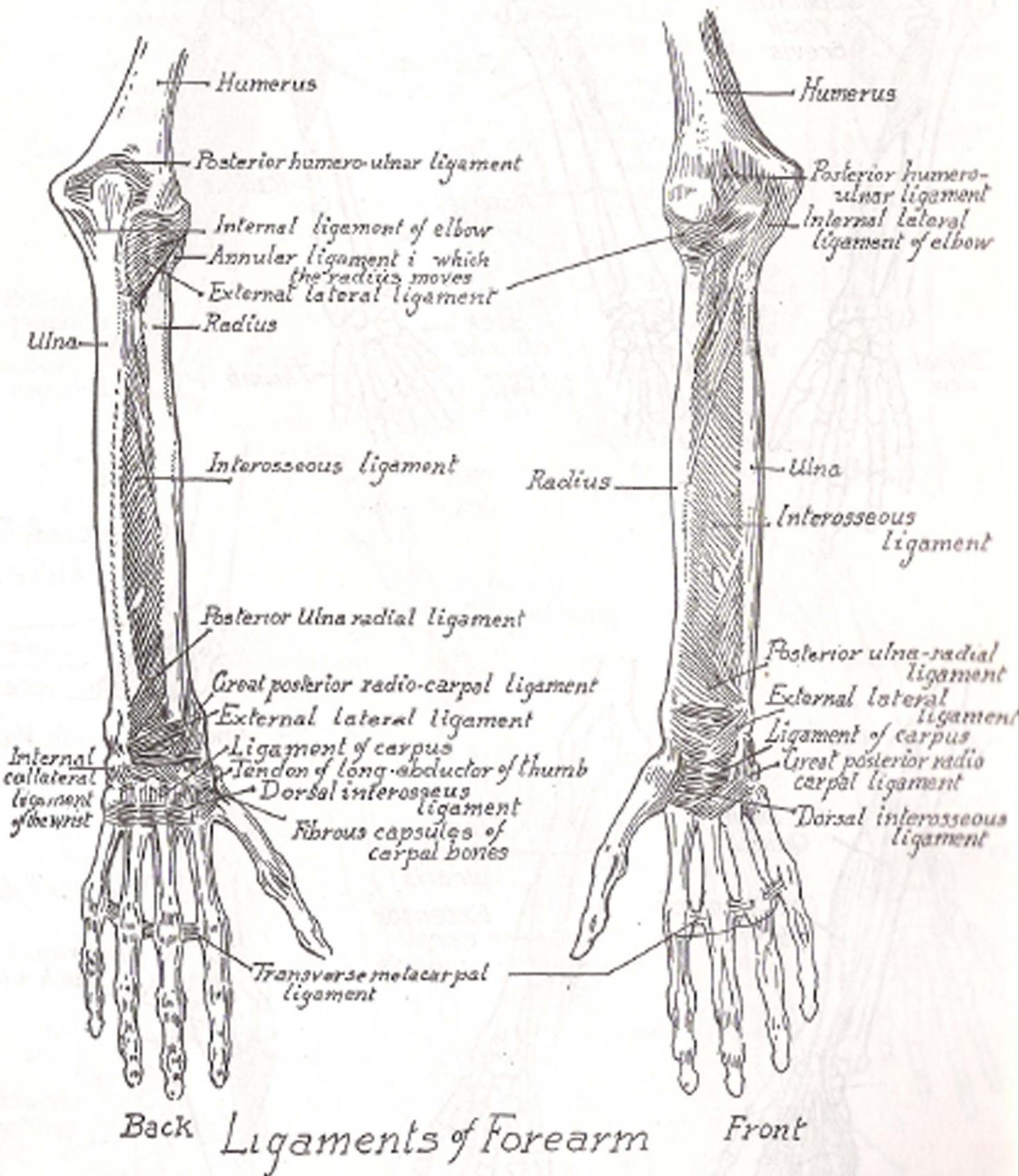
PART VI  
THE HAND

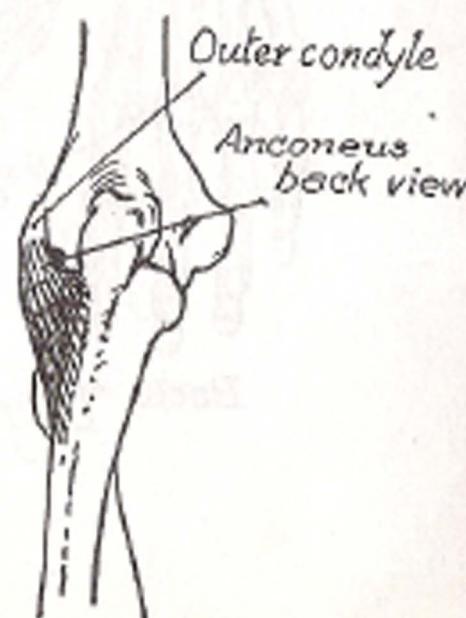
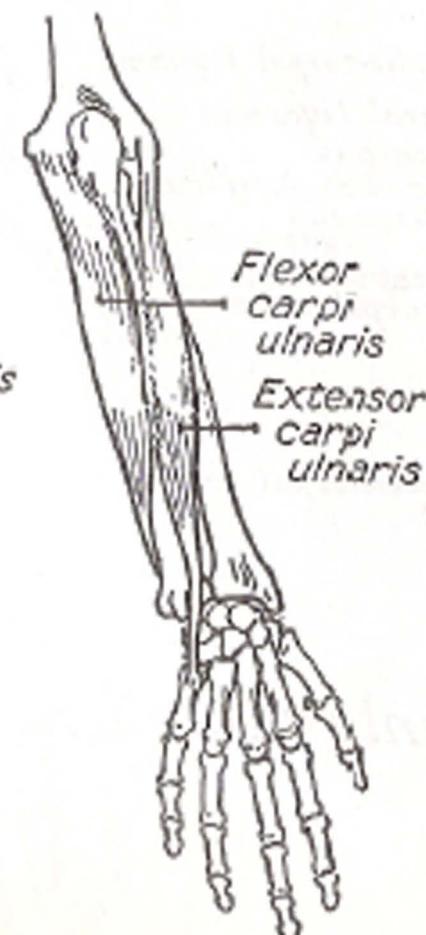
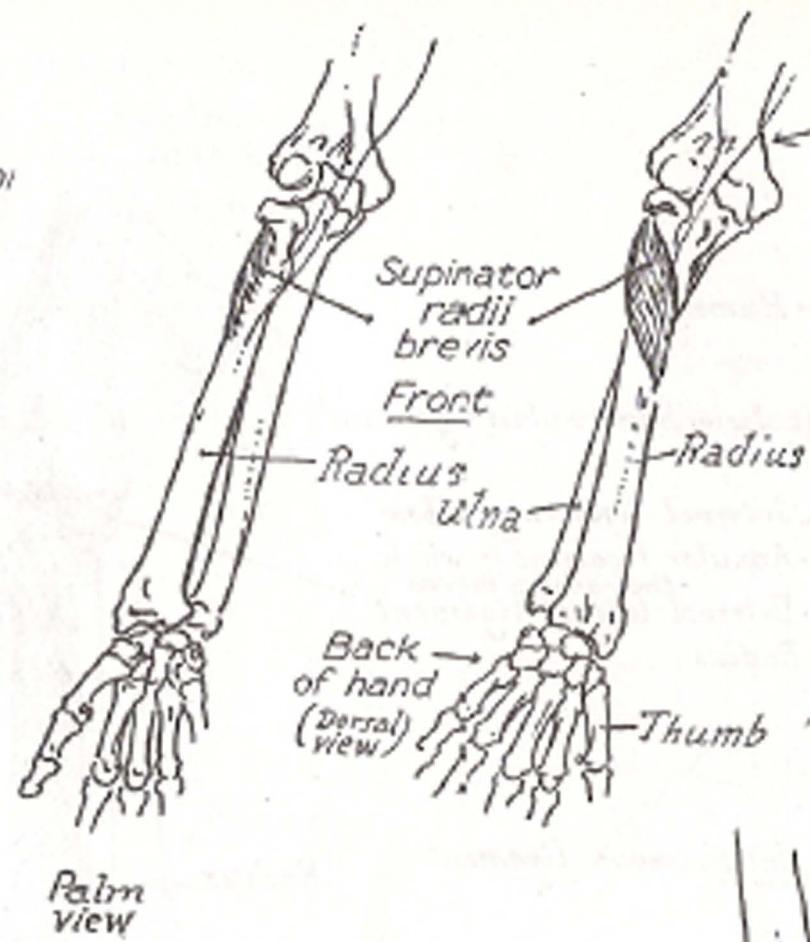
## THE HAND

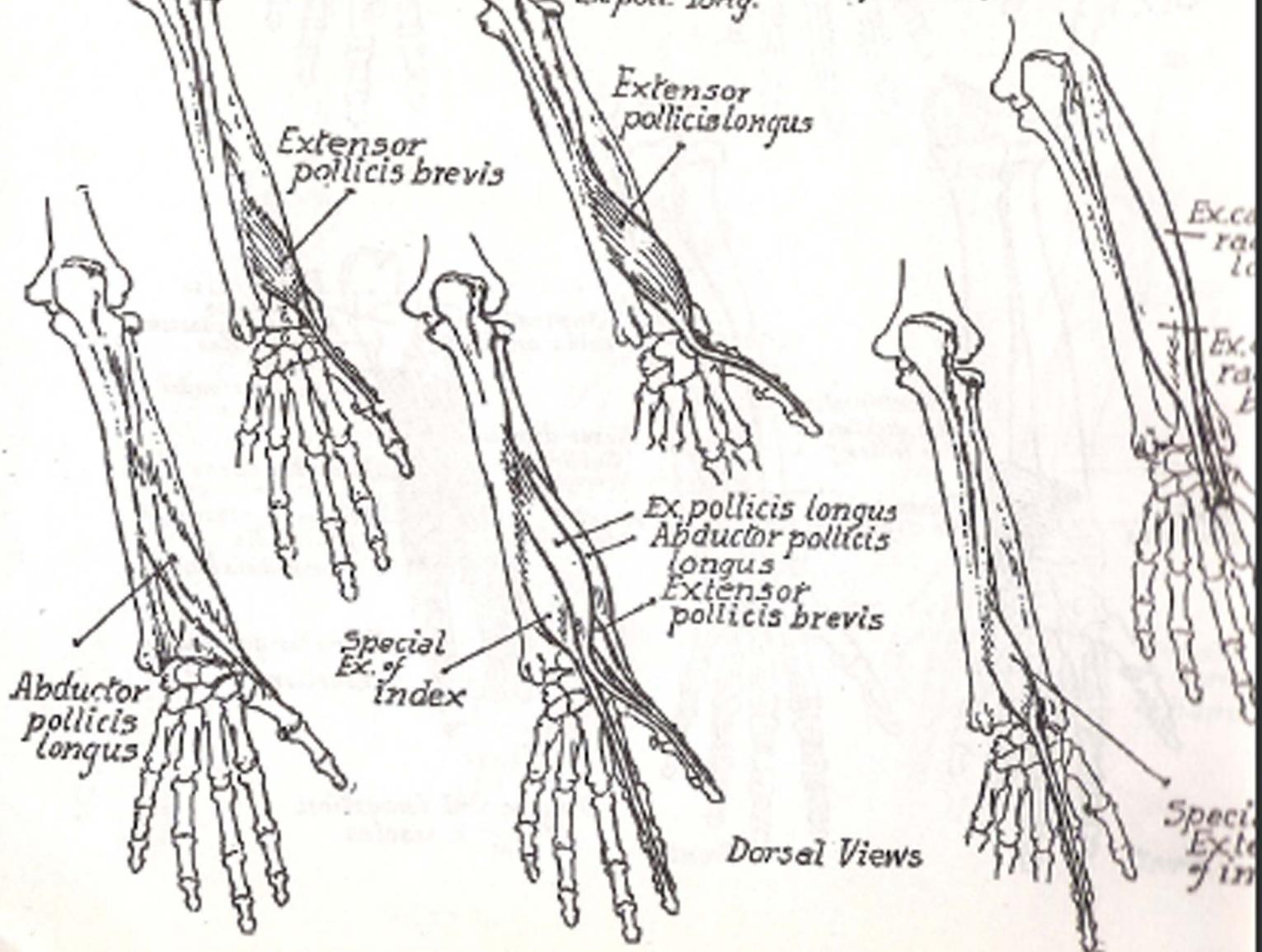
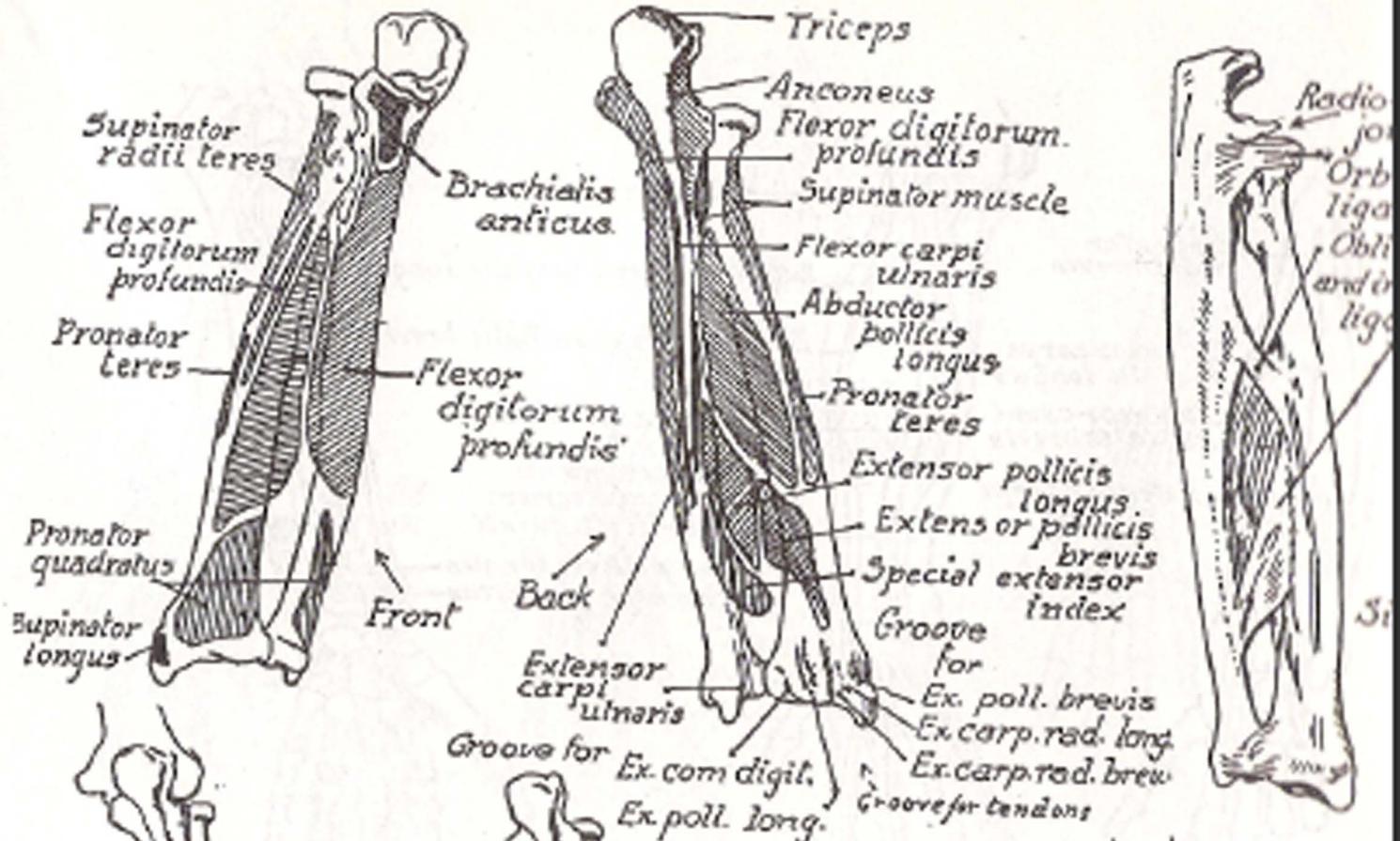


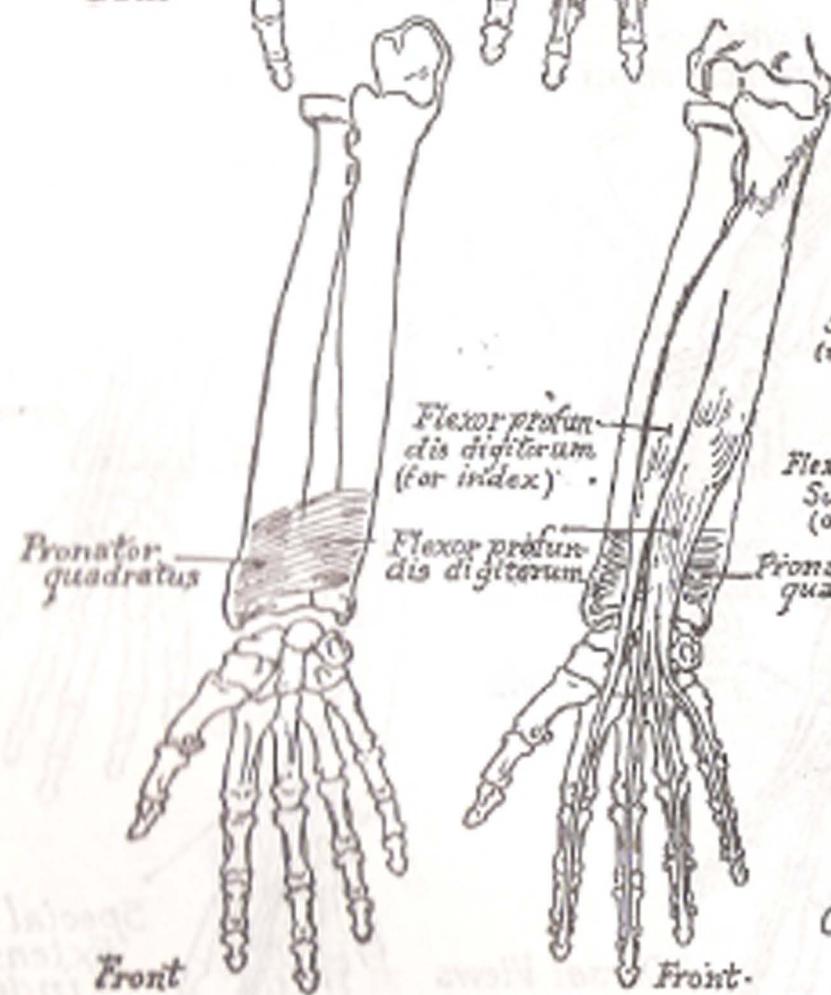
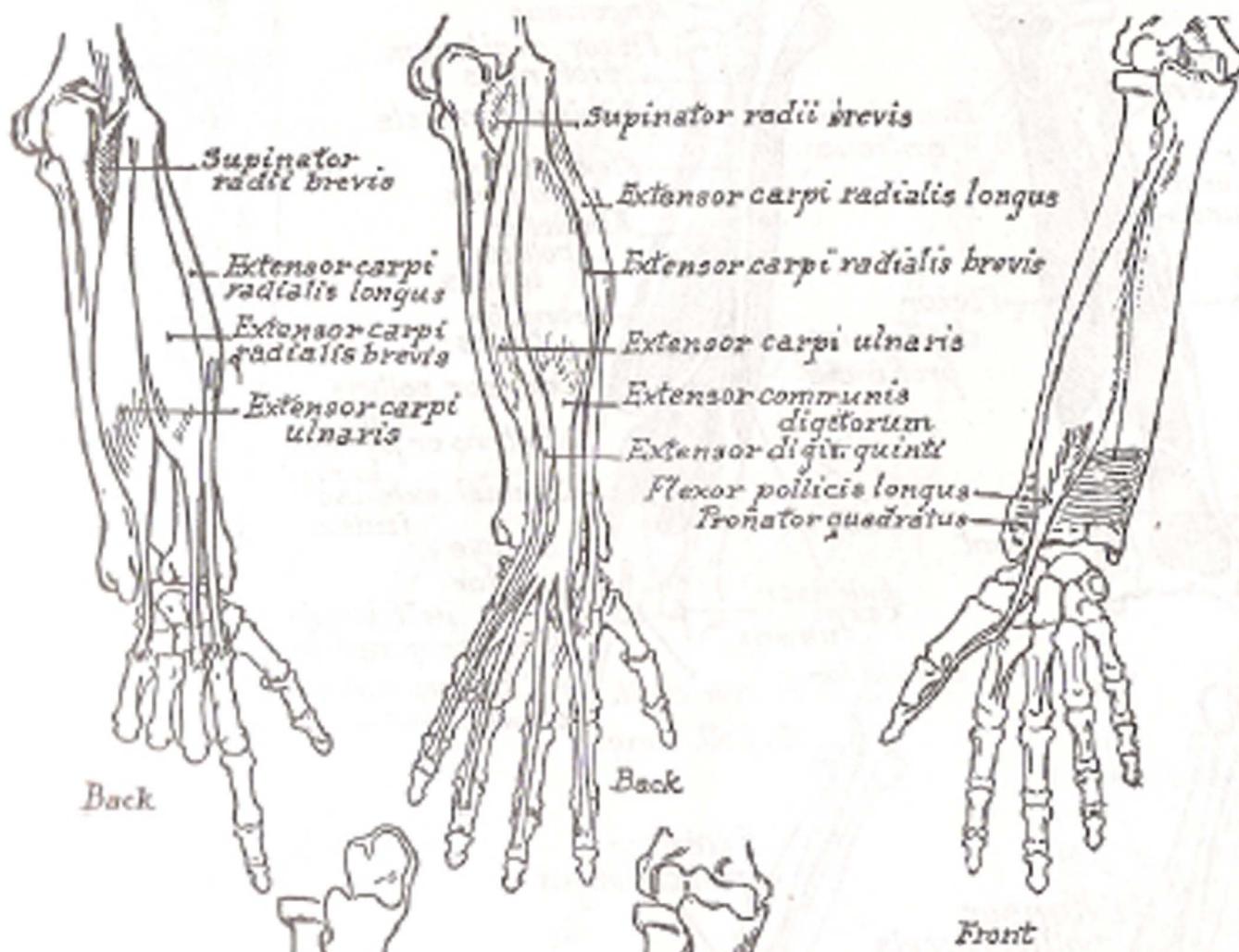


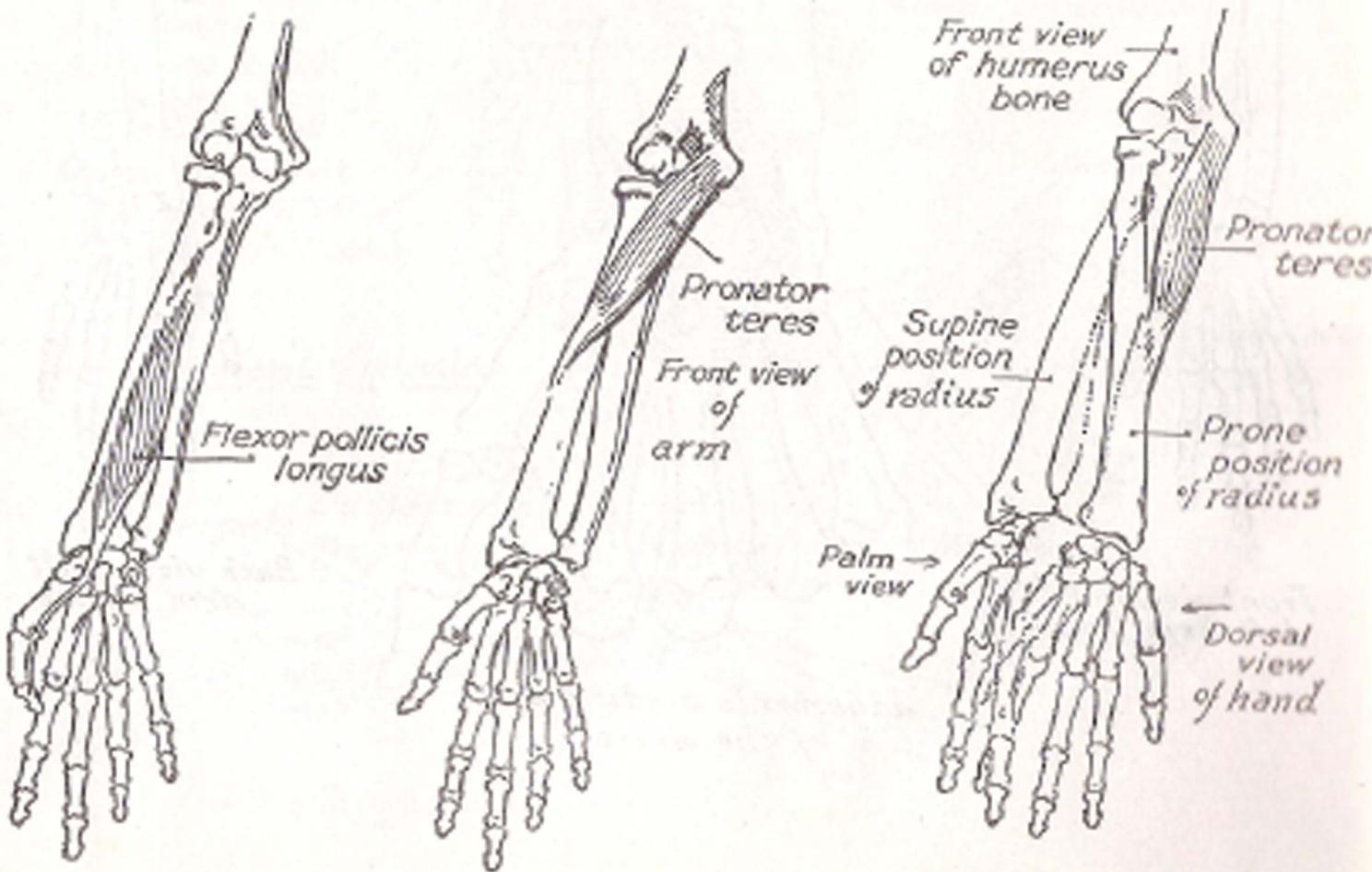
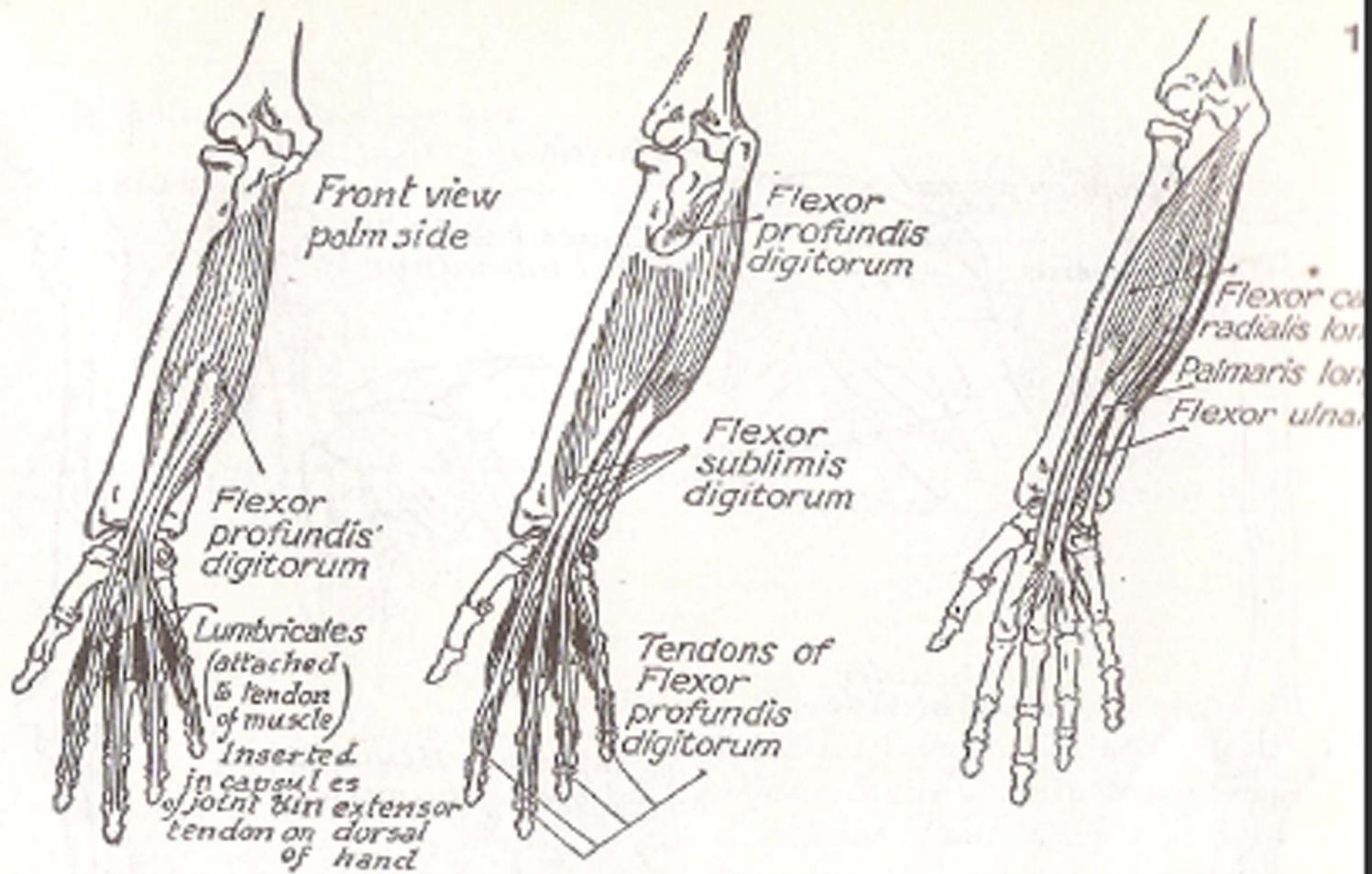
Palm view

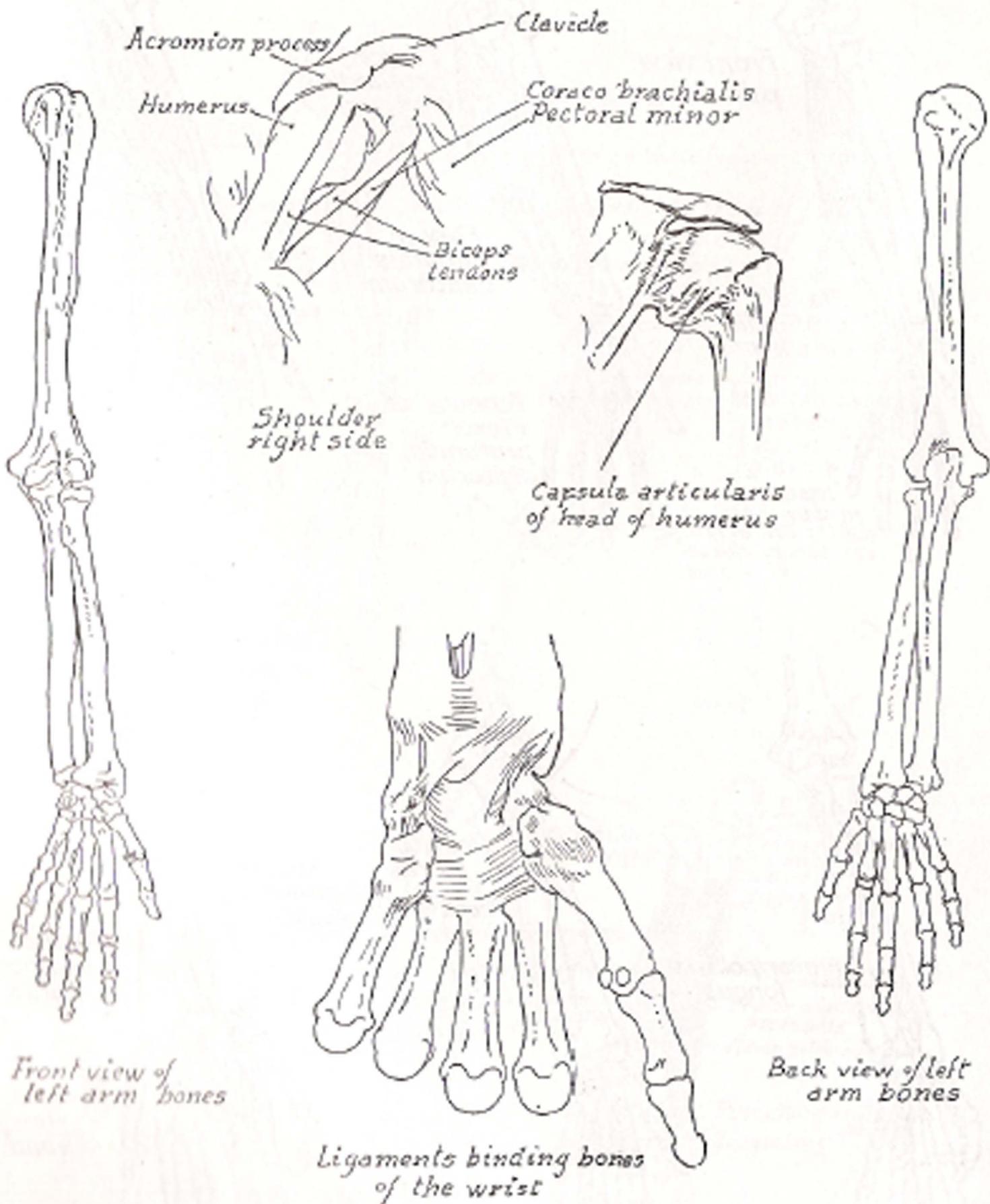


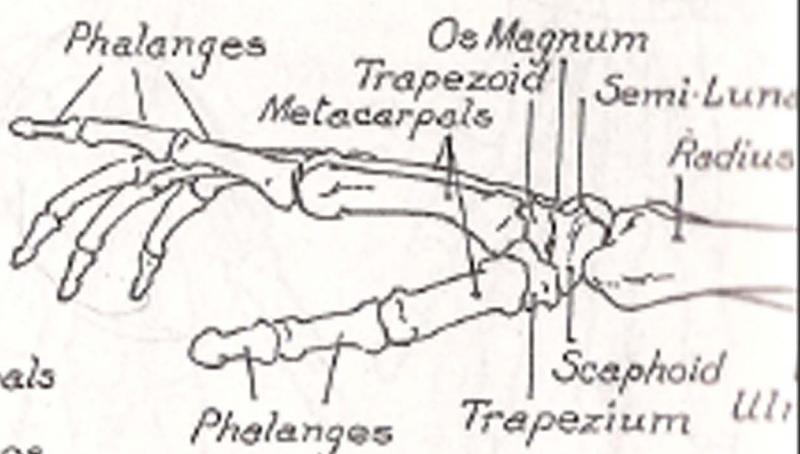
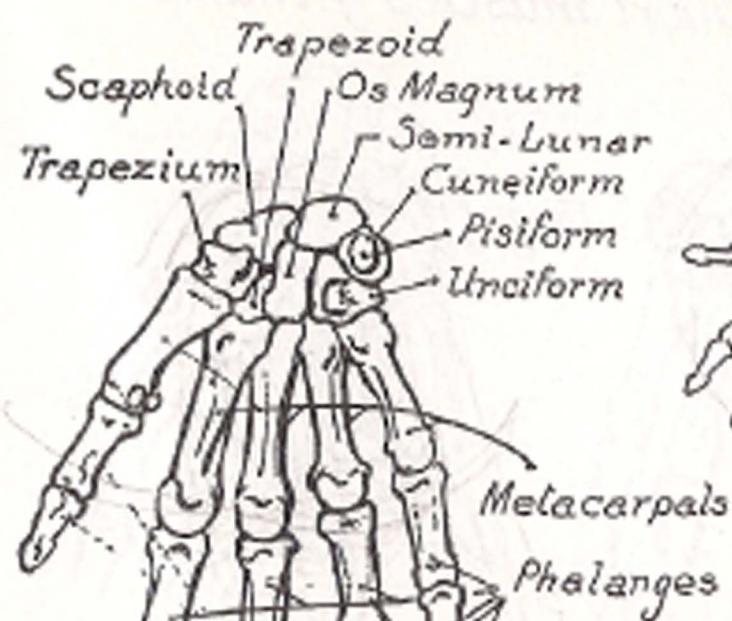








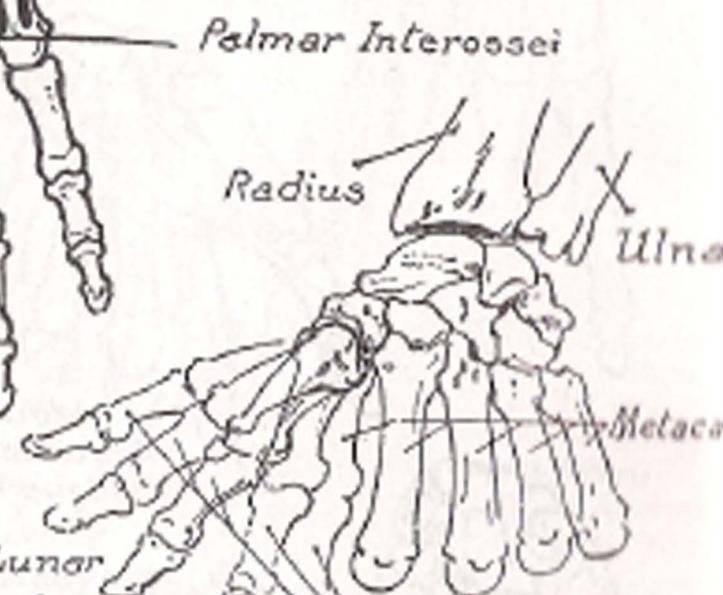
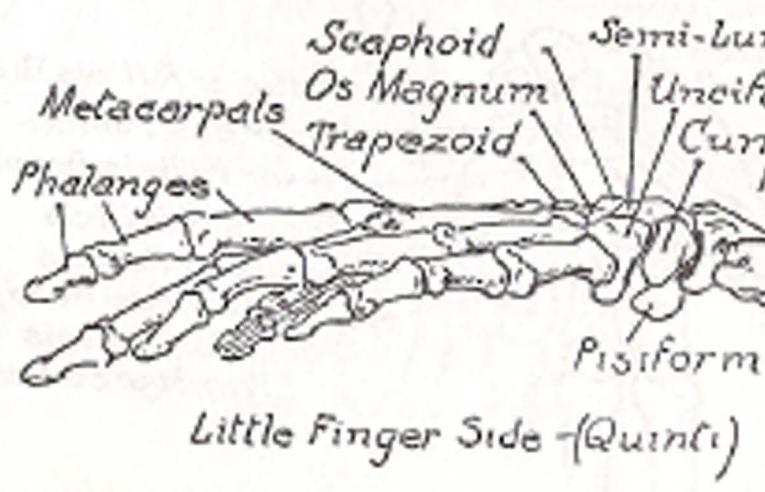




Abductor Pollicis Brevis (Origin)  
 Opponens Pollicis (Origin)  
 Abductor Pollicis Longus  
 Opponens Pollicis (Insertion)

Flexor Carpi Radialis (Insertion)  
 Adductor Pollicis (origin of Oblique Head)  
 Dorsal Interossei  
 Adductor Pollicis (Transverse Head)

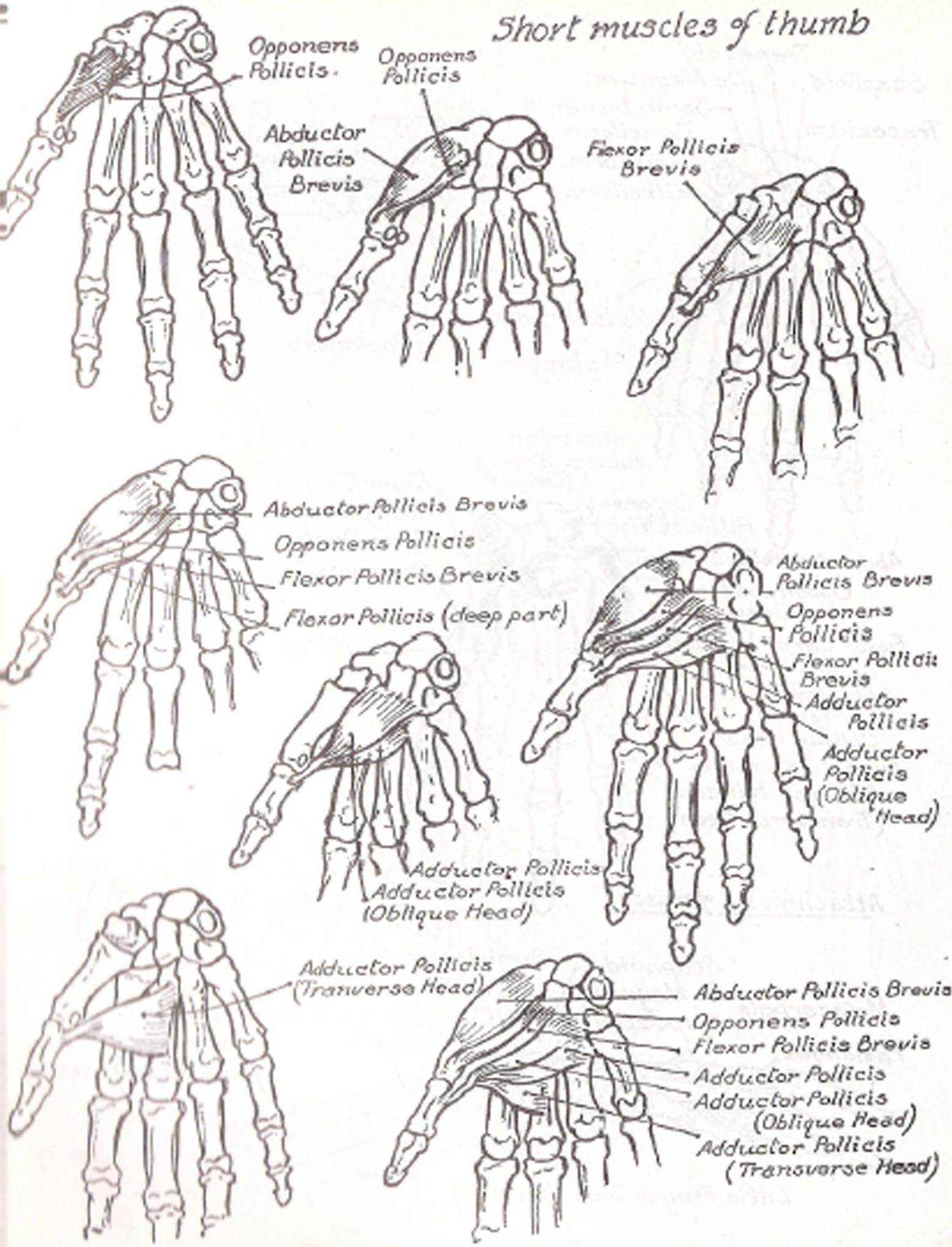
### Attachment of muscles

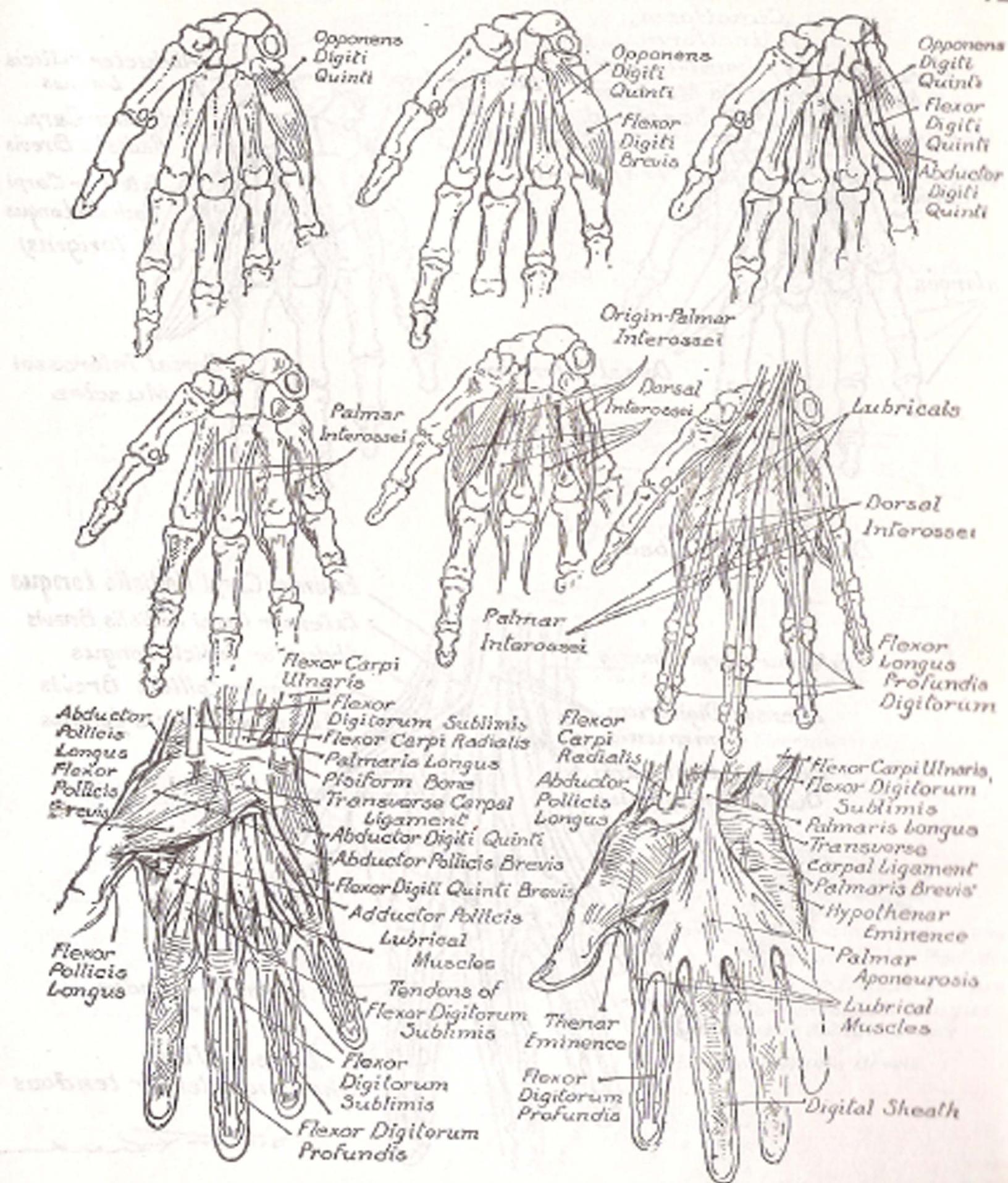


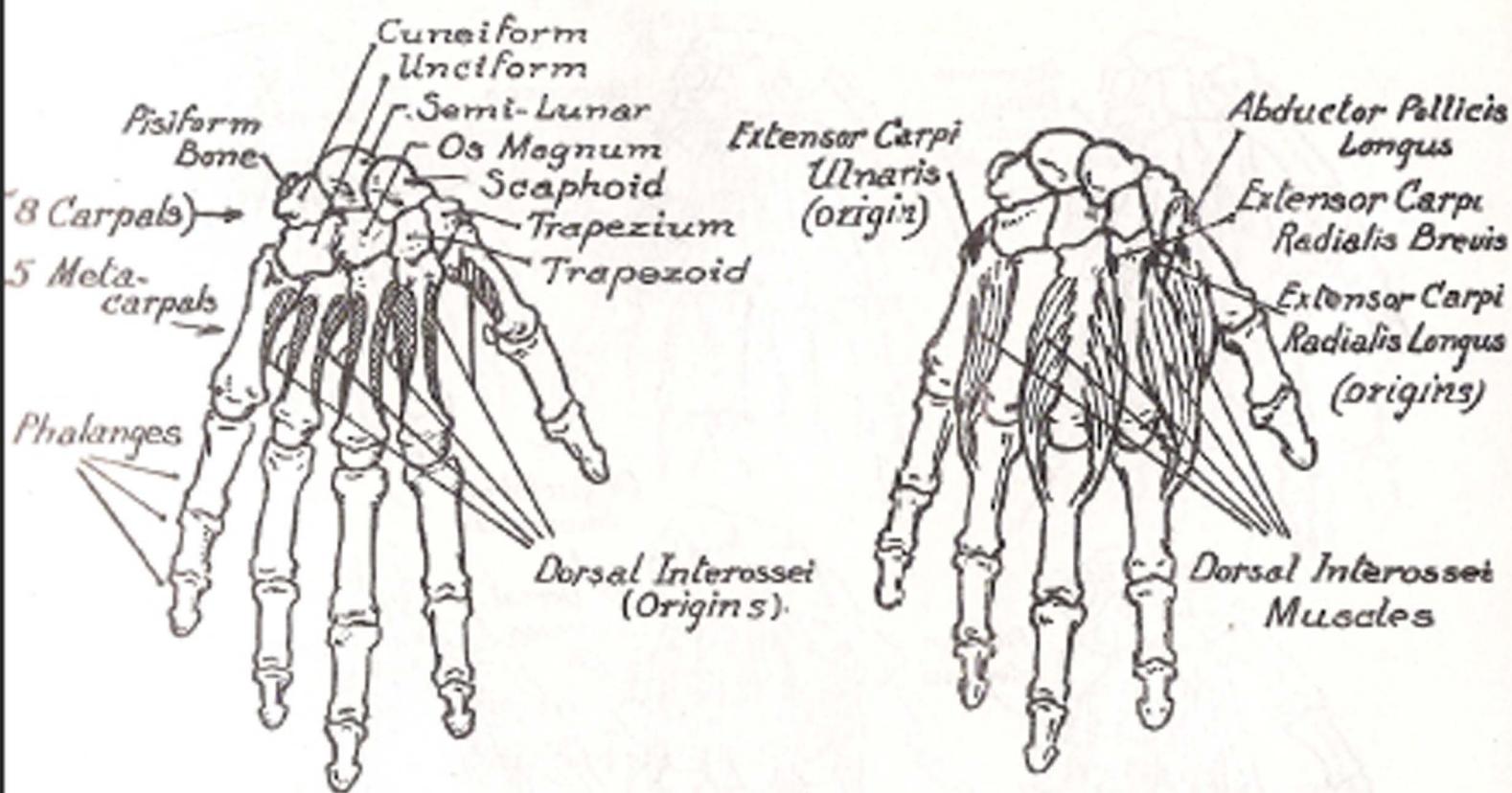
Movements of the thumb (palm View)

Little Finger Side (Quinti)

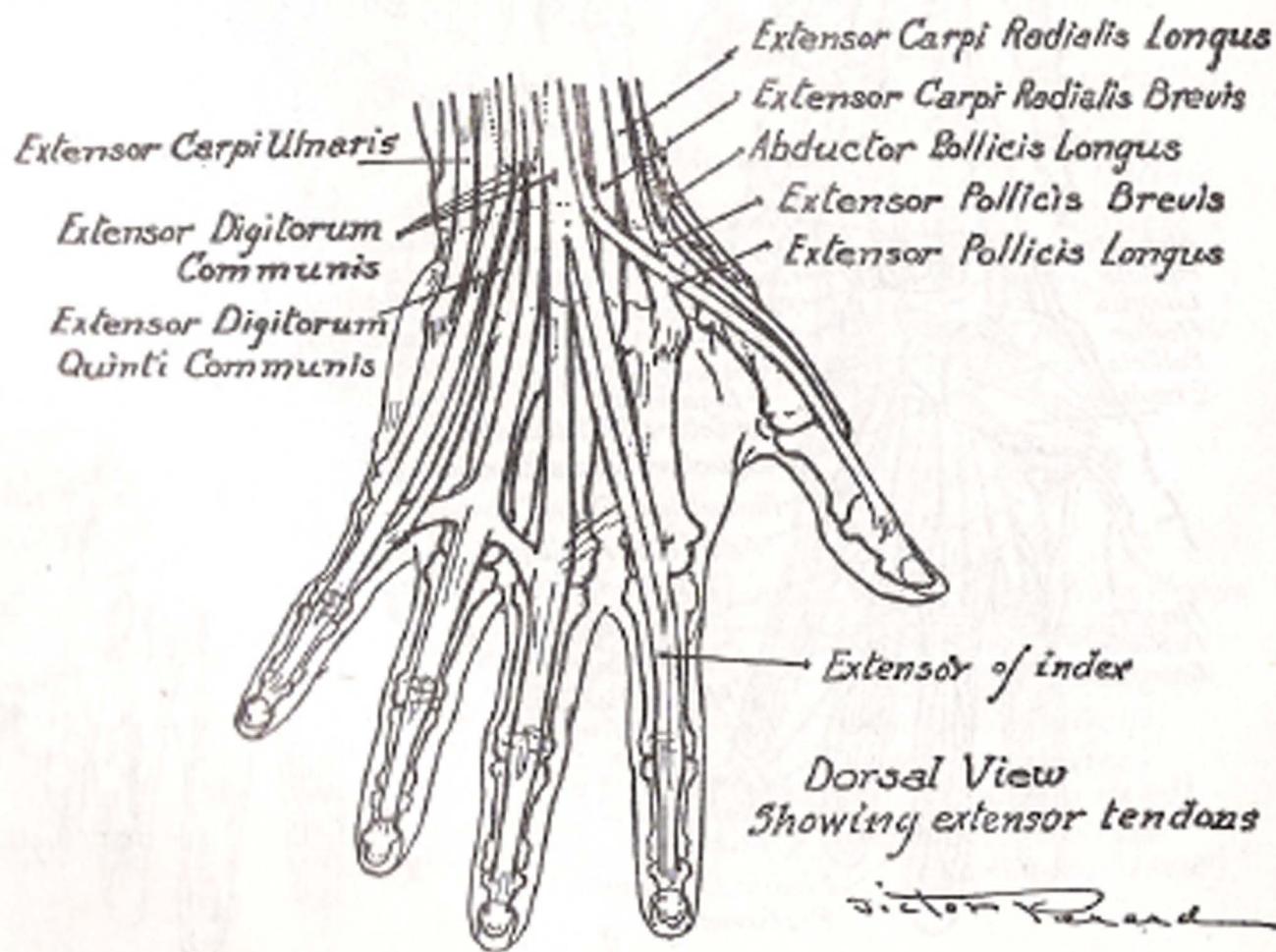
# Short muscles of thumb

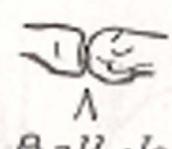
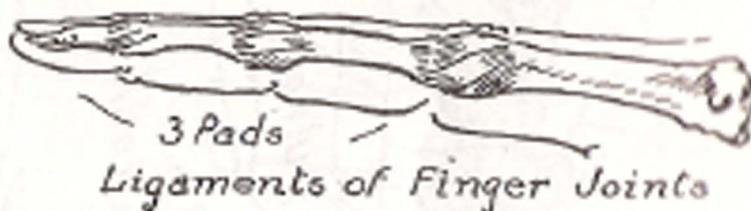
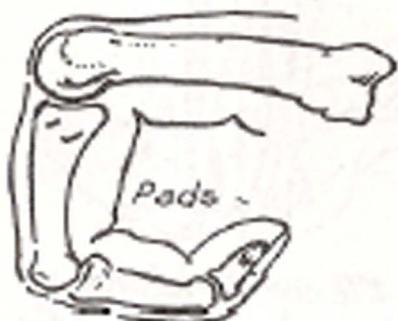
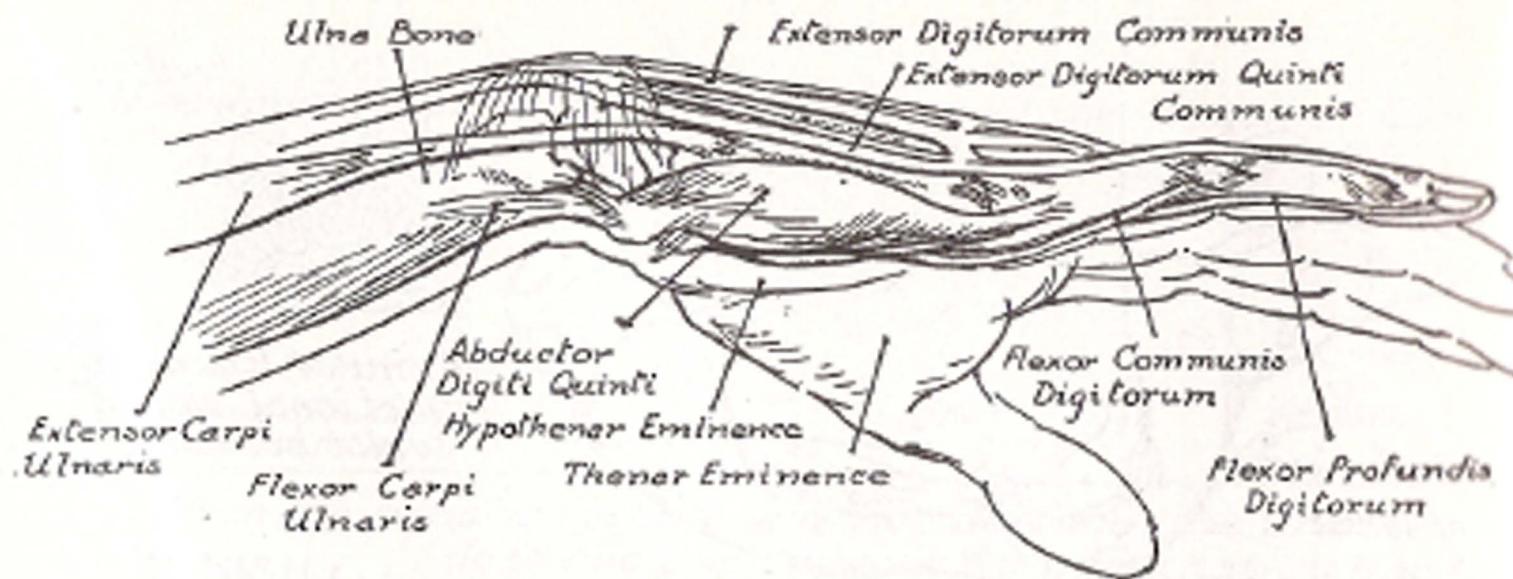






Dorsal View (back)

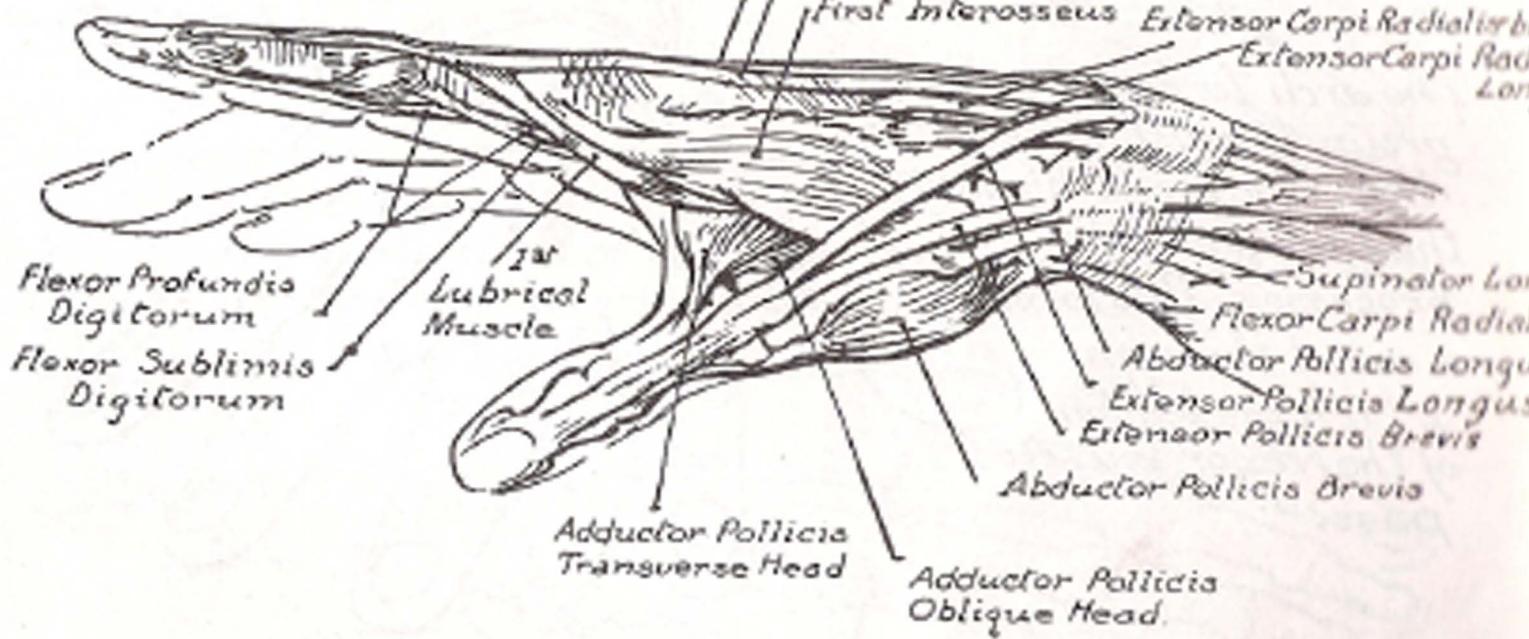


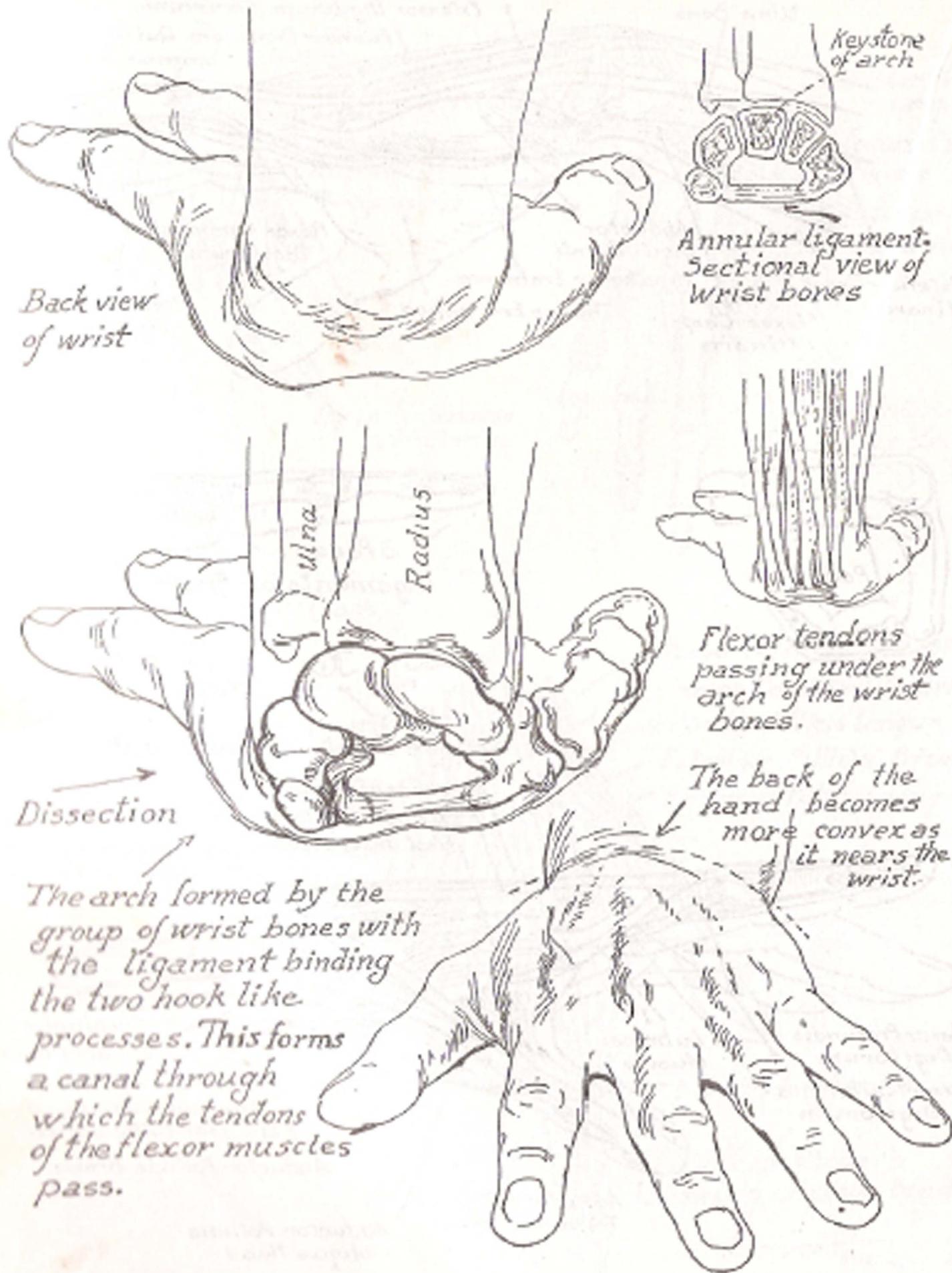


Extensor of Index

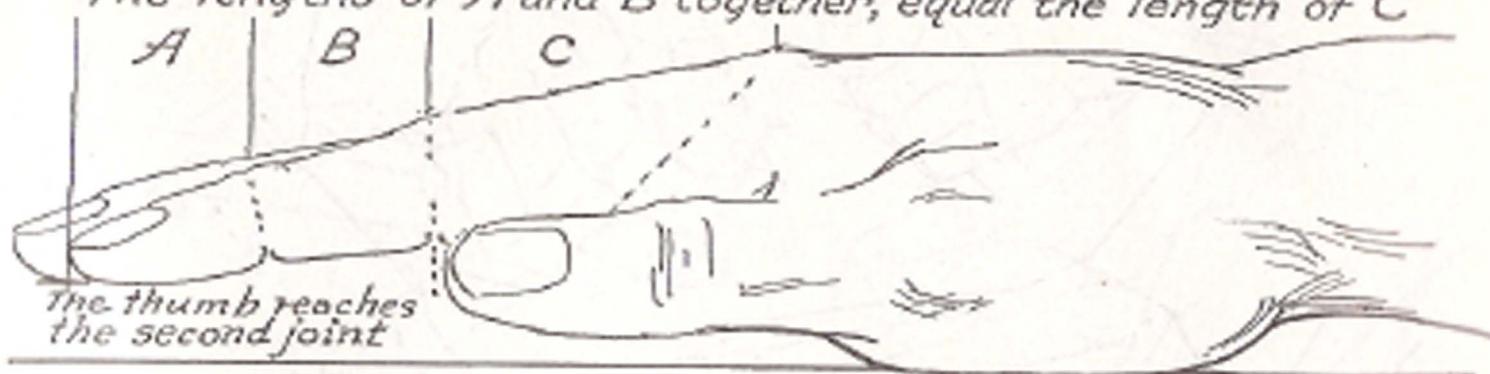
Extensor Digitorum Communis

first Interosseous Extensor Carpi Radialis  
Extensor Carpi Radialis Longus





The lengths of A and B together, equal the length of C



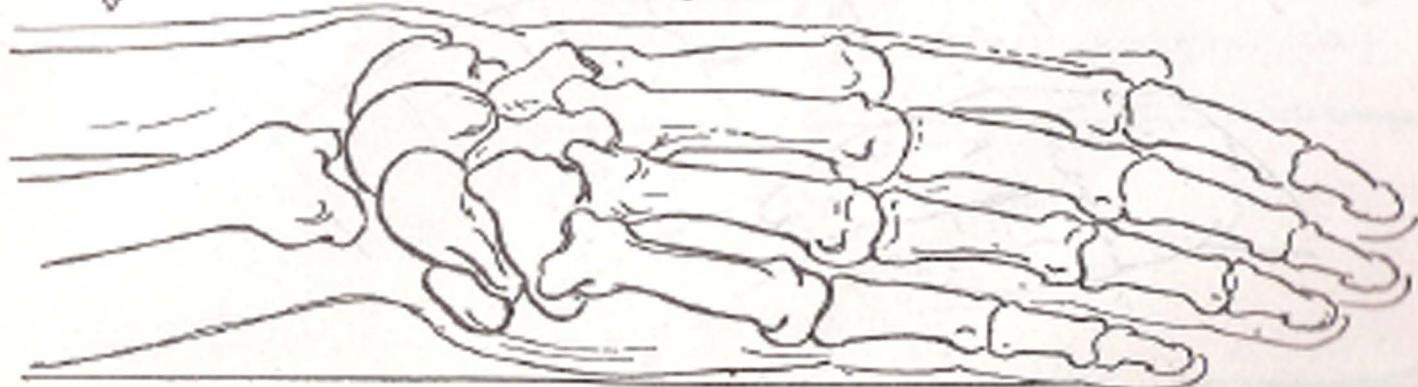
When the hand is resting on a flat surface, the wrist does not come in contact with that surface.

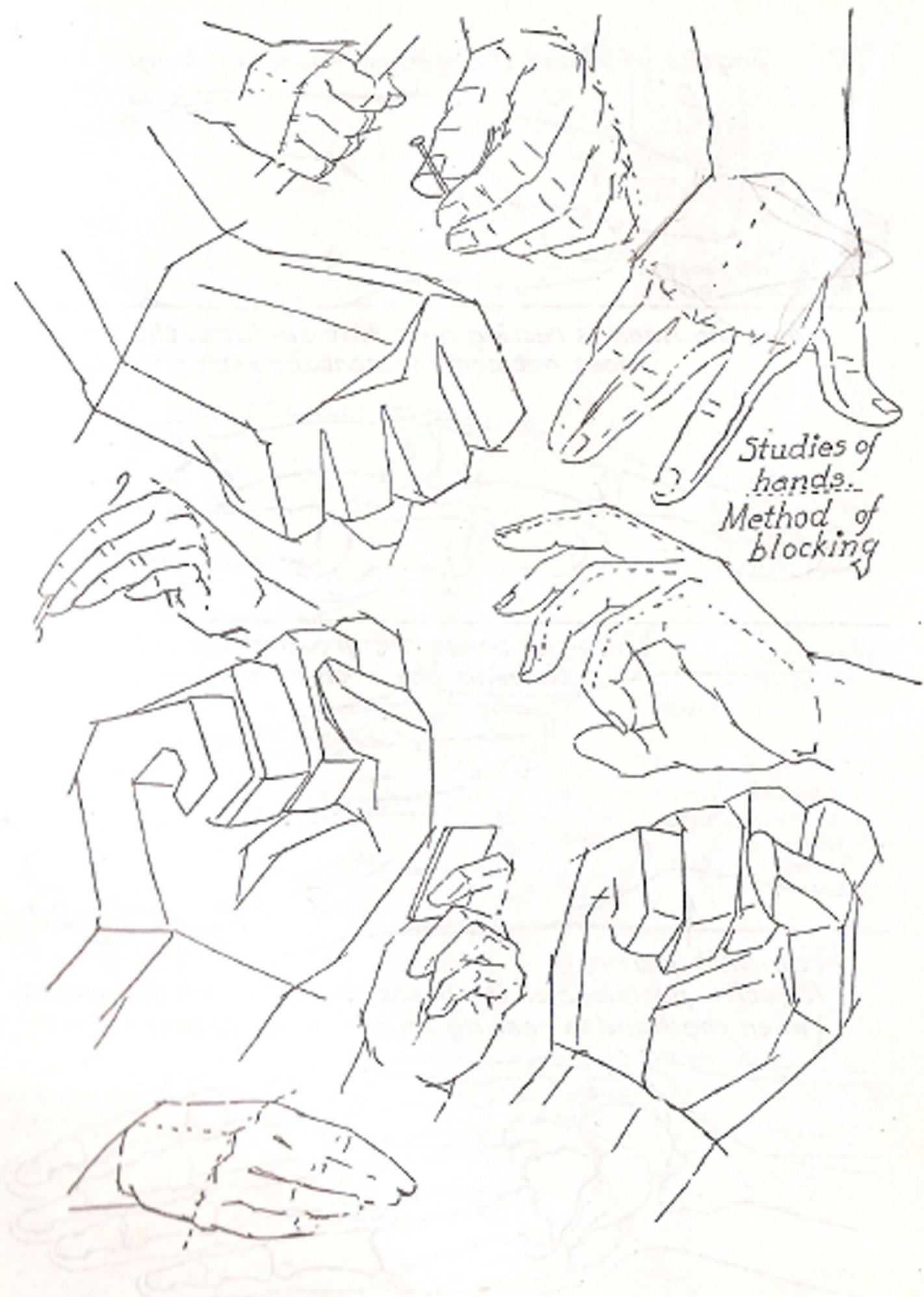


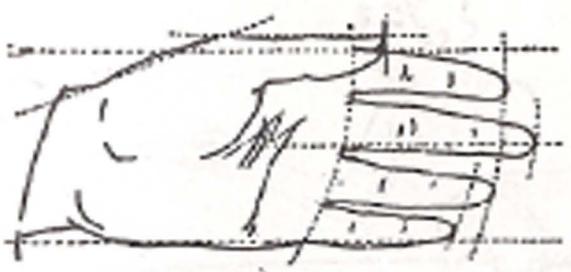
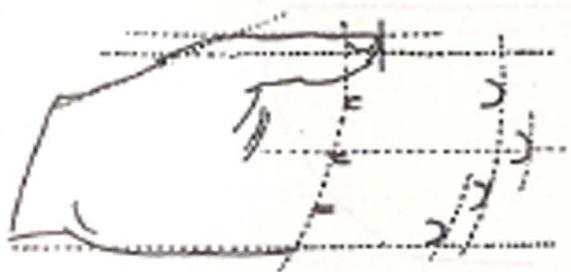
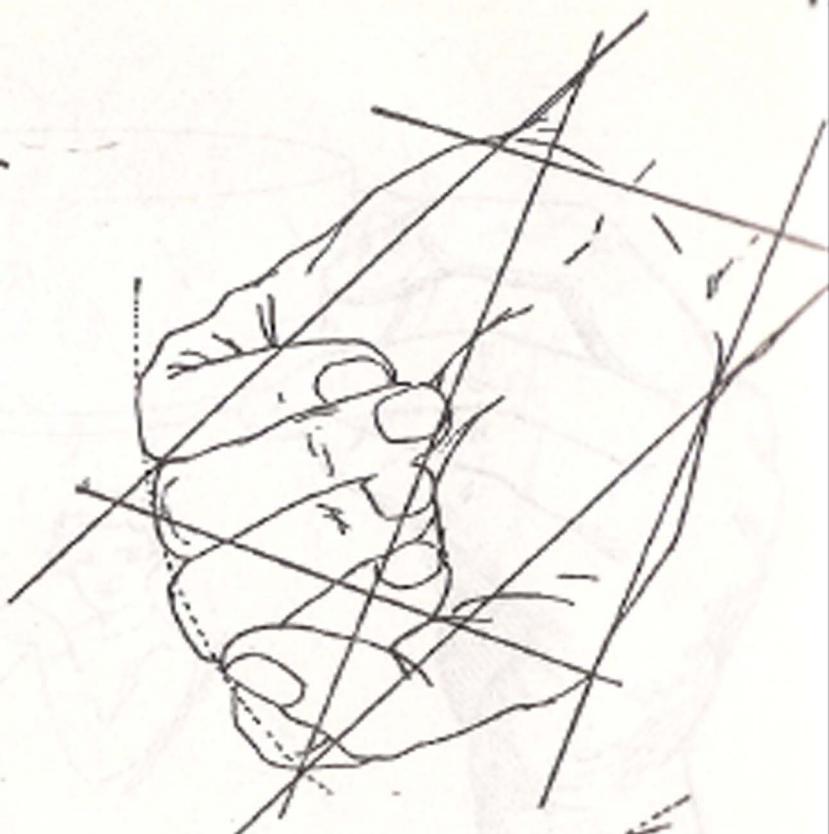
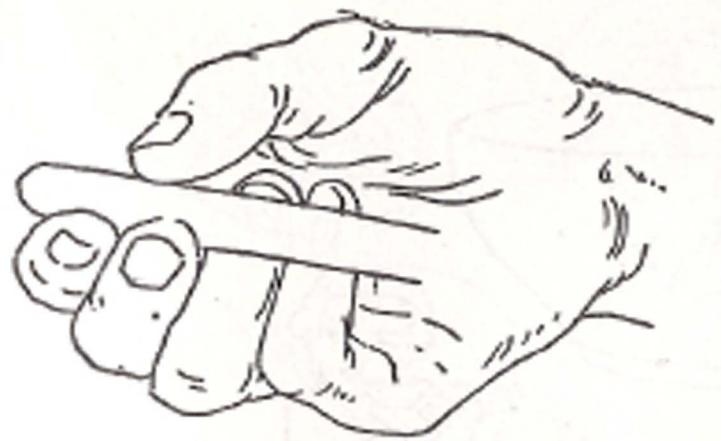
The wrist bones are grouped far into the wrist forming the arch of the wrist.

Woman's hand

Relative positions of the bones from the little finger side  
when the hand is resting on a flat surface.



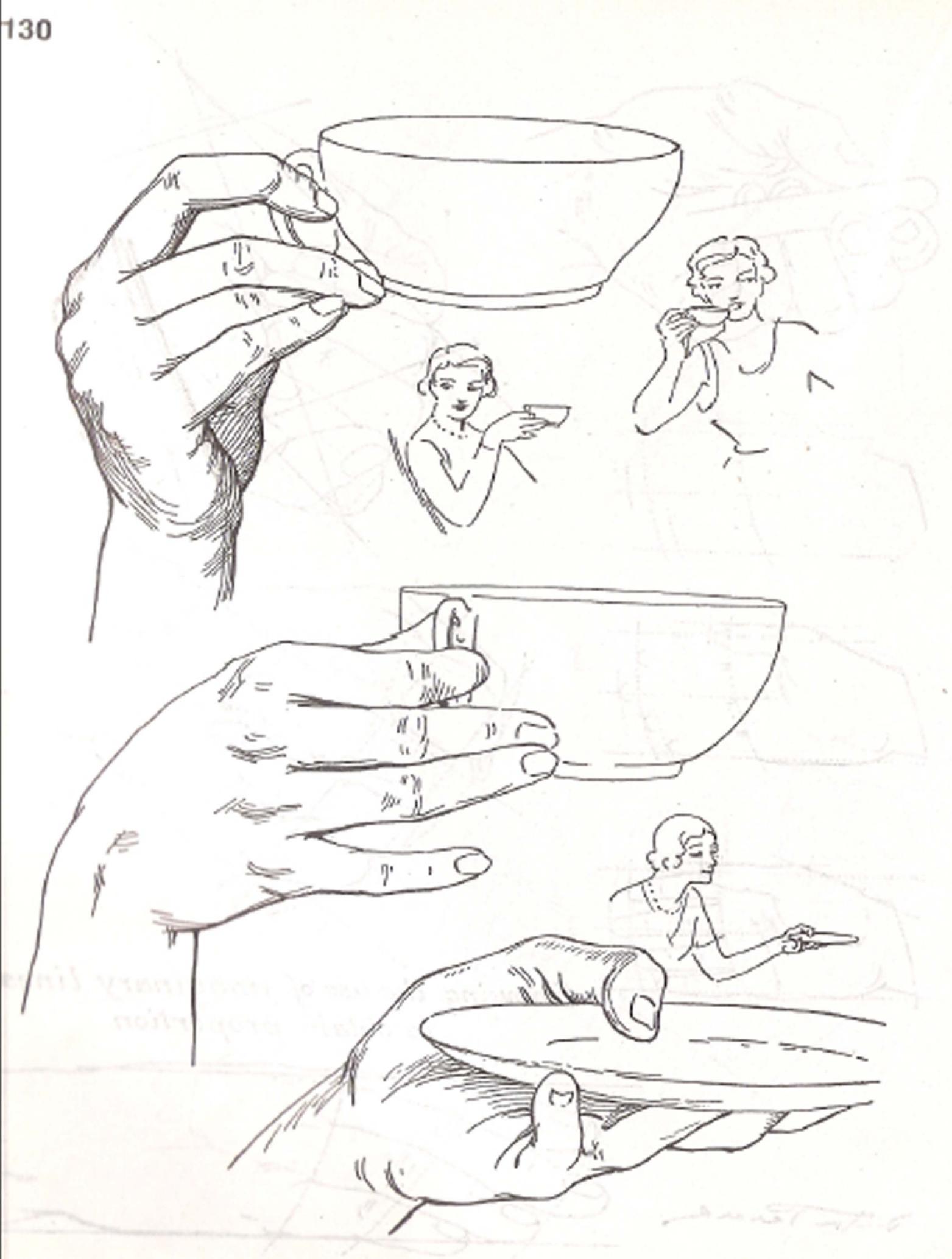




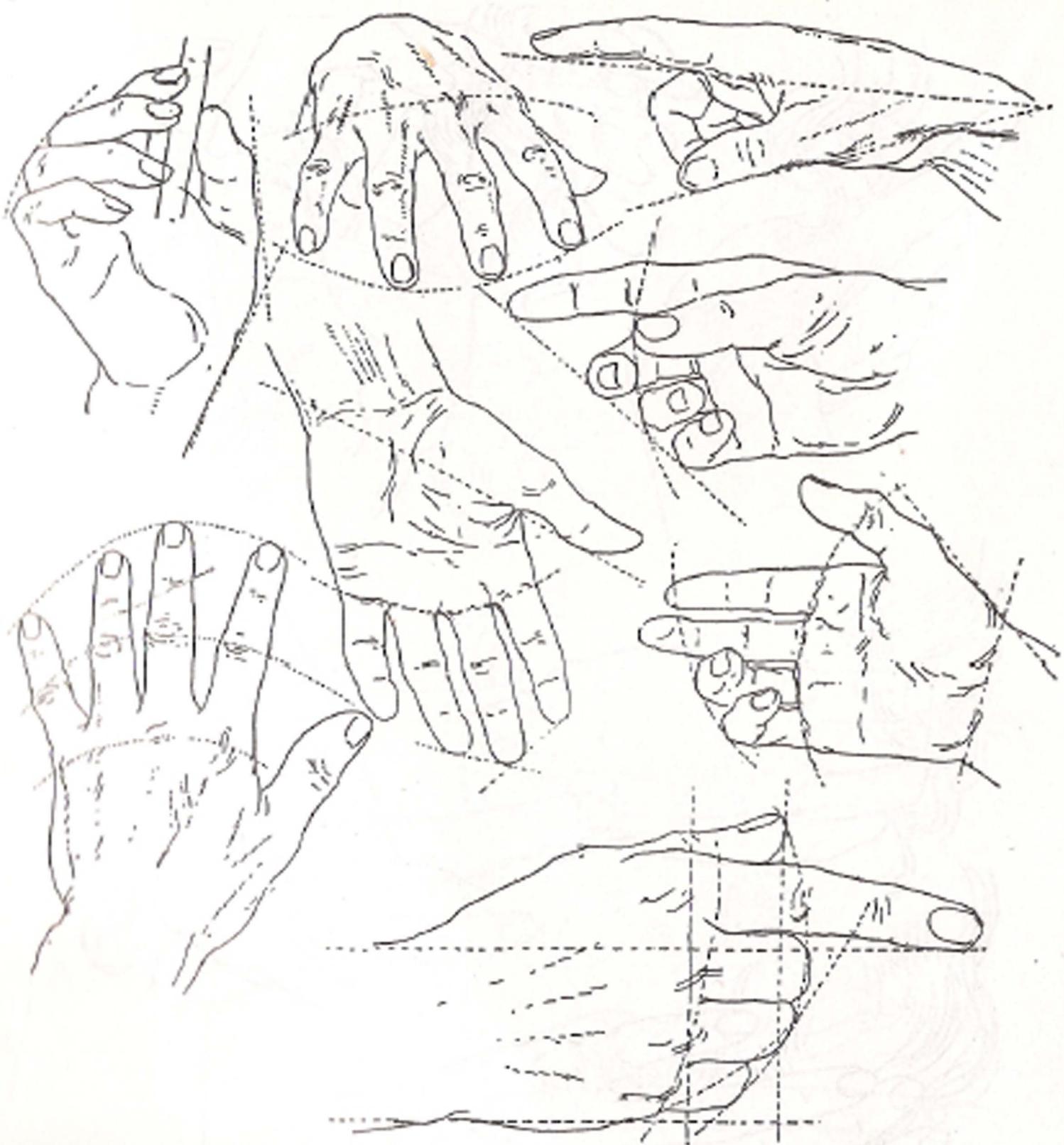
Showing the use of imaginary line  
to obtain proportion

Victor Perard

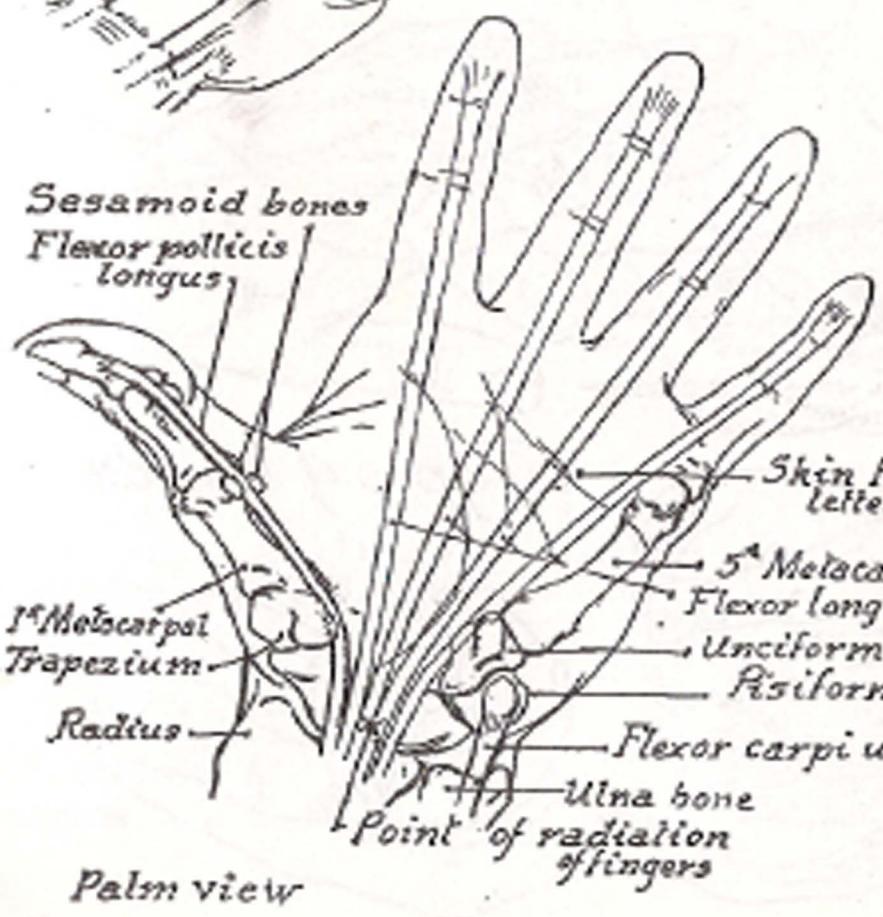


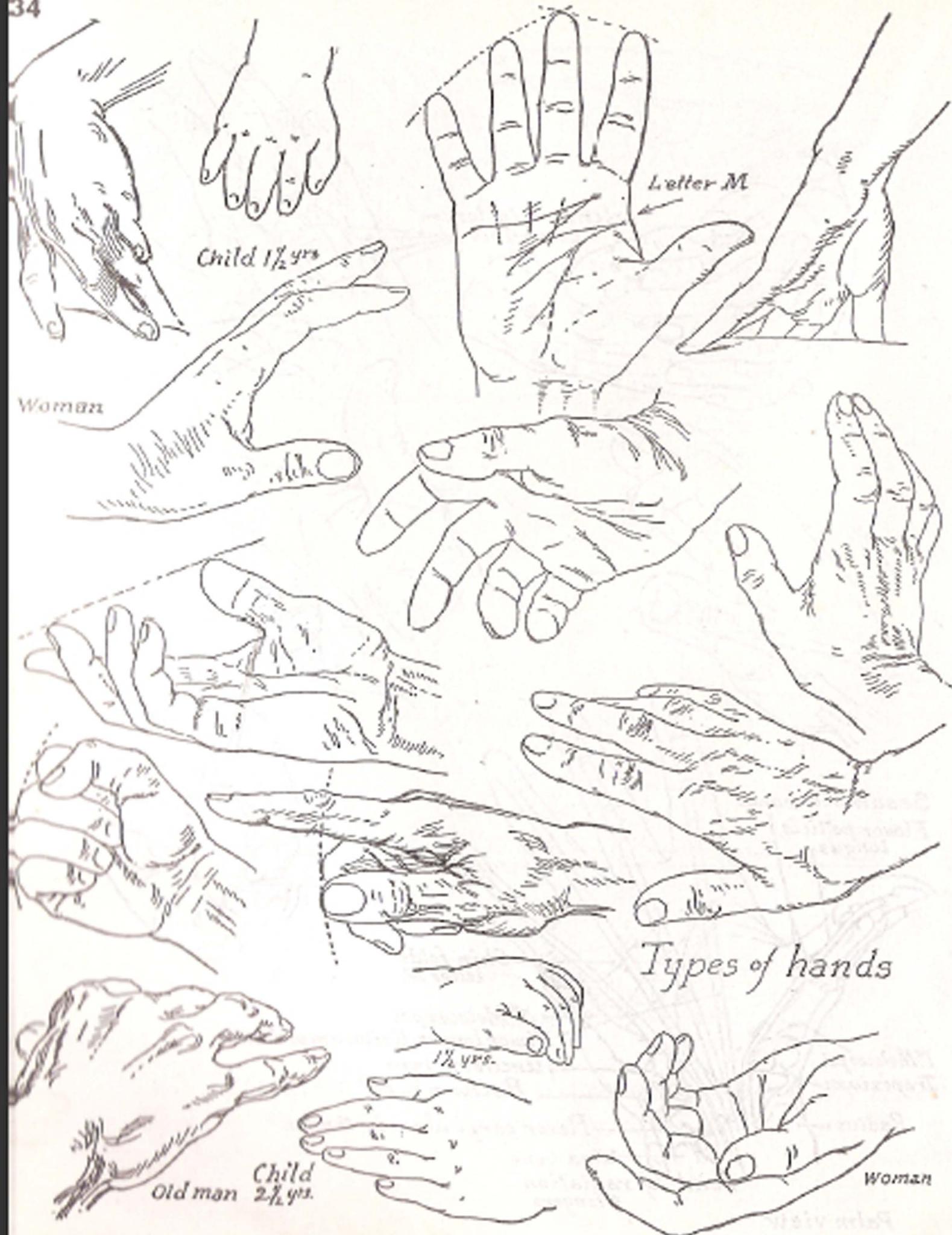


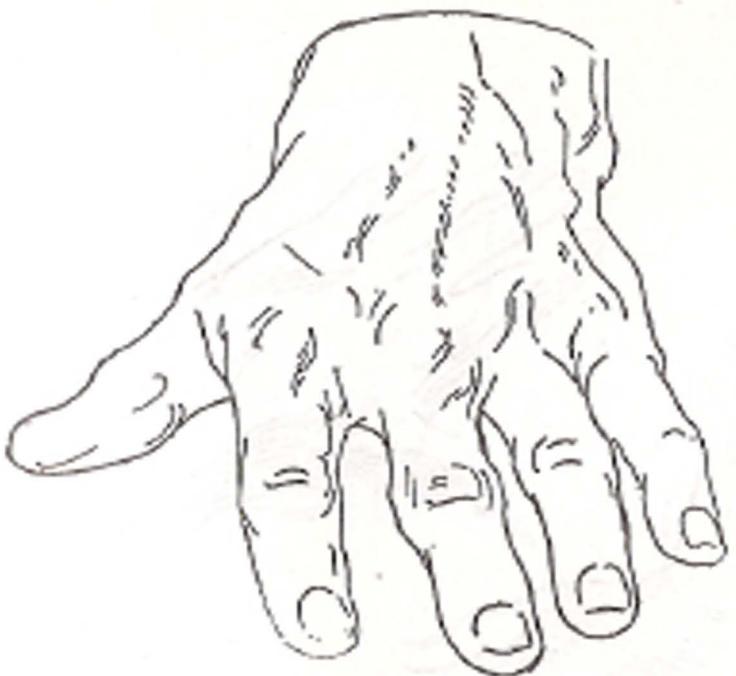




*Studies of hands with use of imaginary lines  
for proportion*



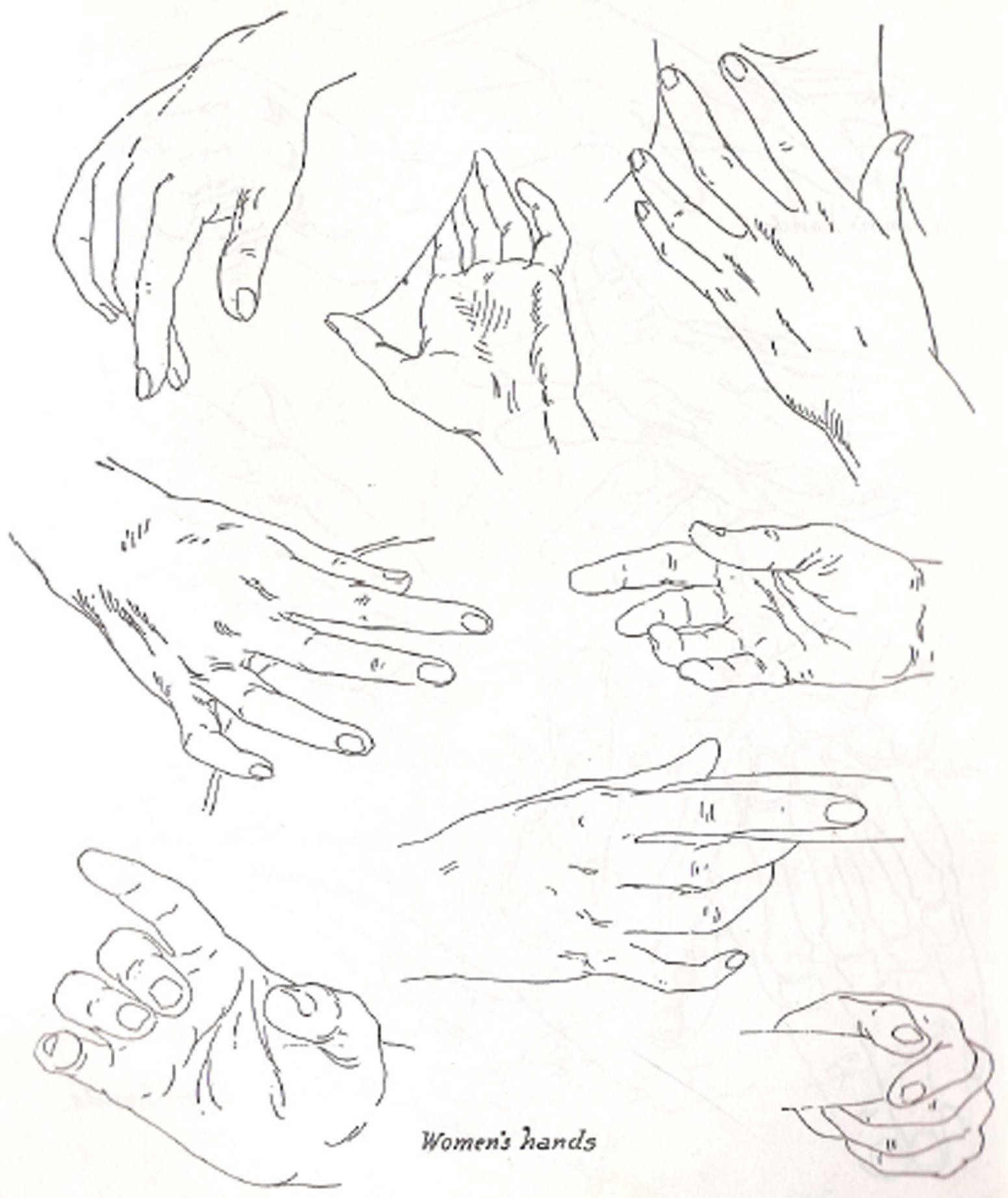




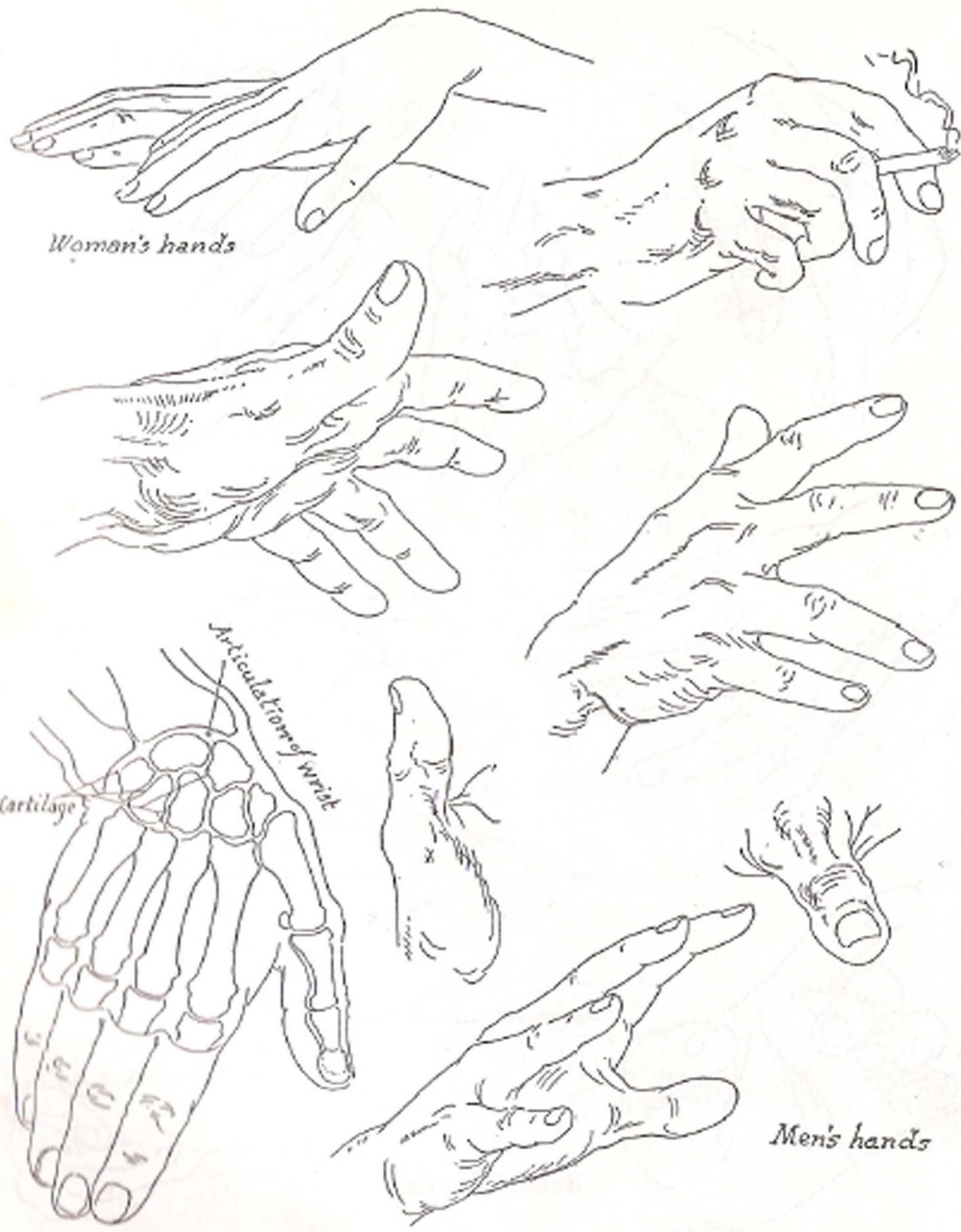


*Studies of Women's Hands*



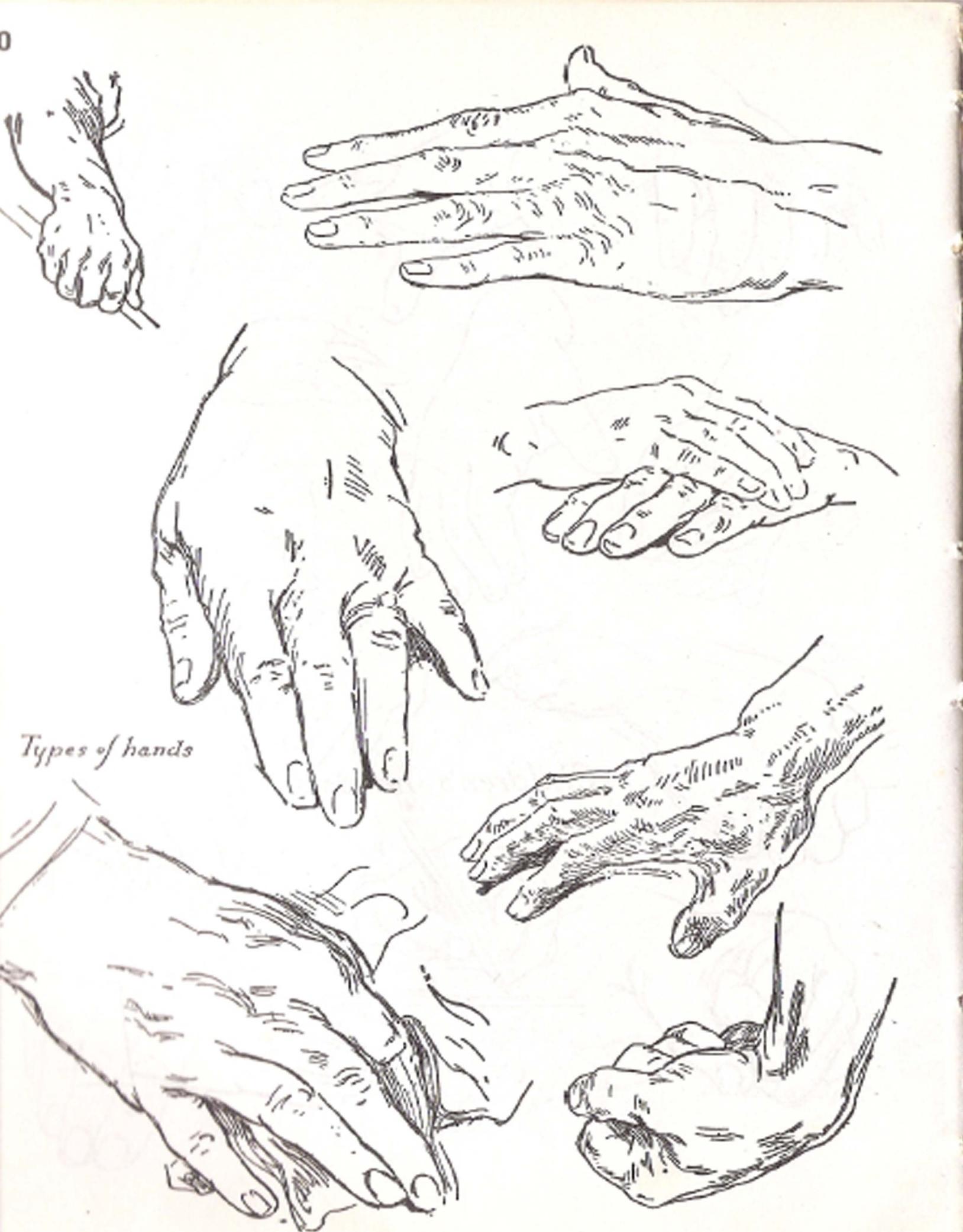


*Women's hands*

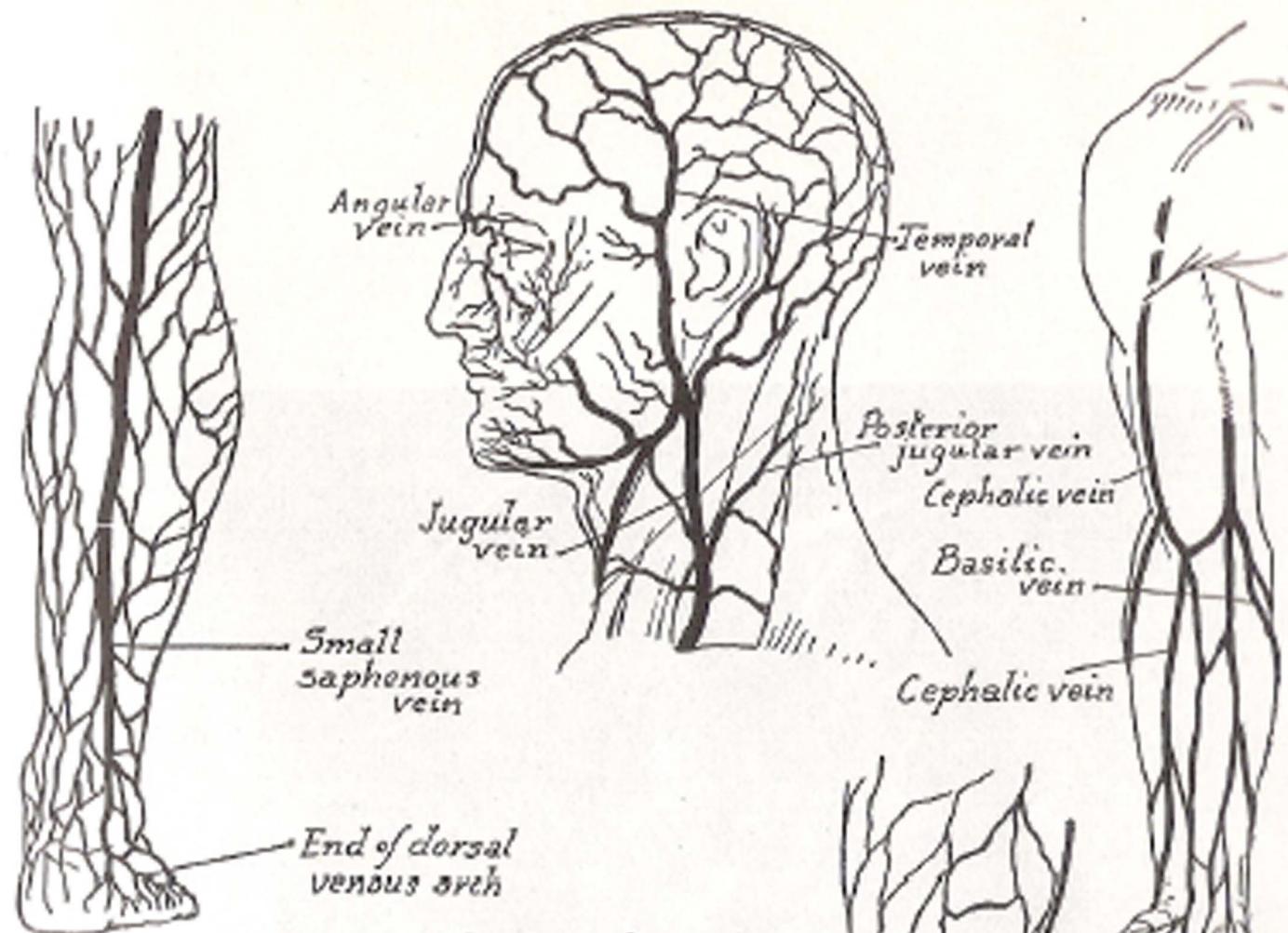


1  
*Children's hands*

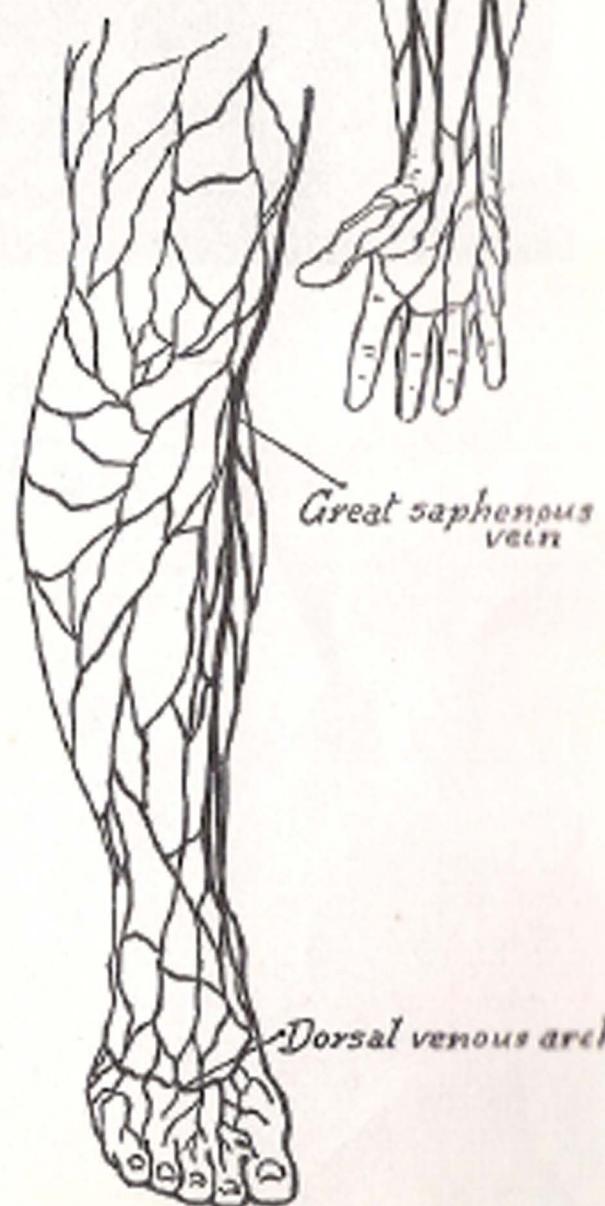
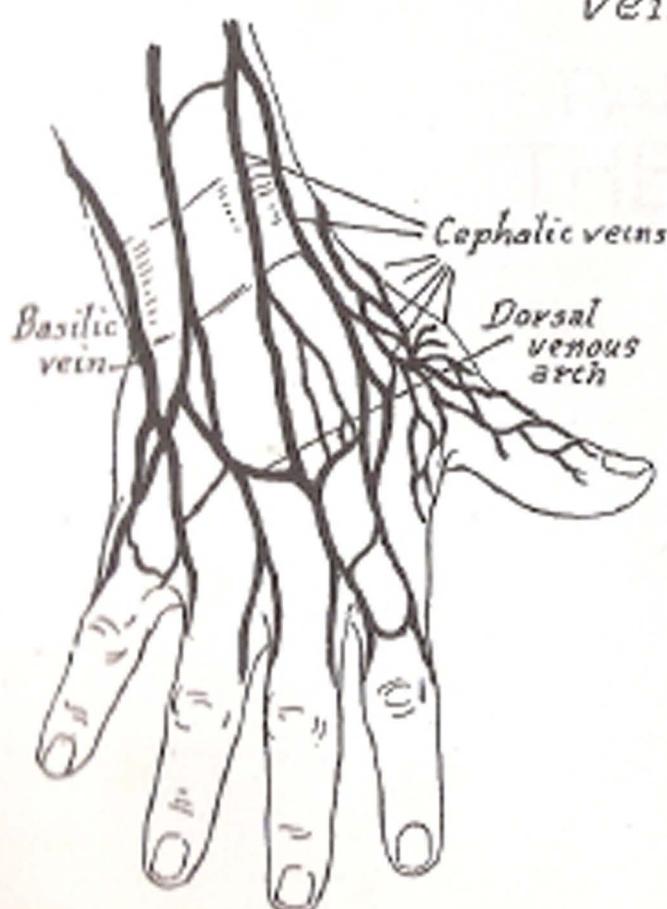




*Types of hands*

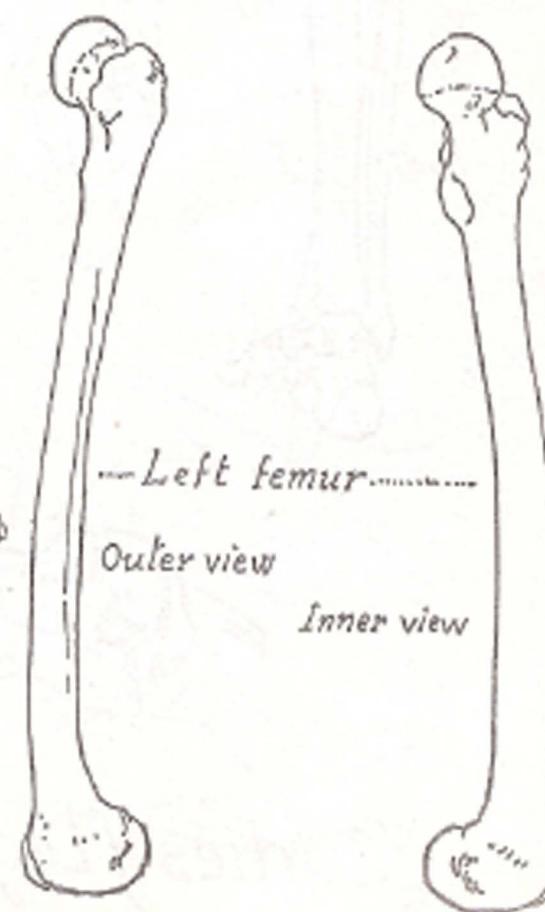
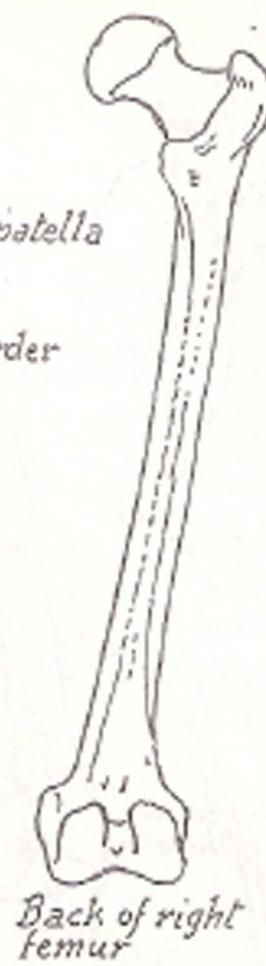
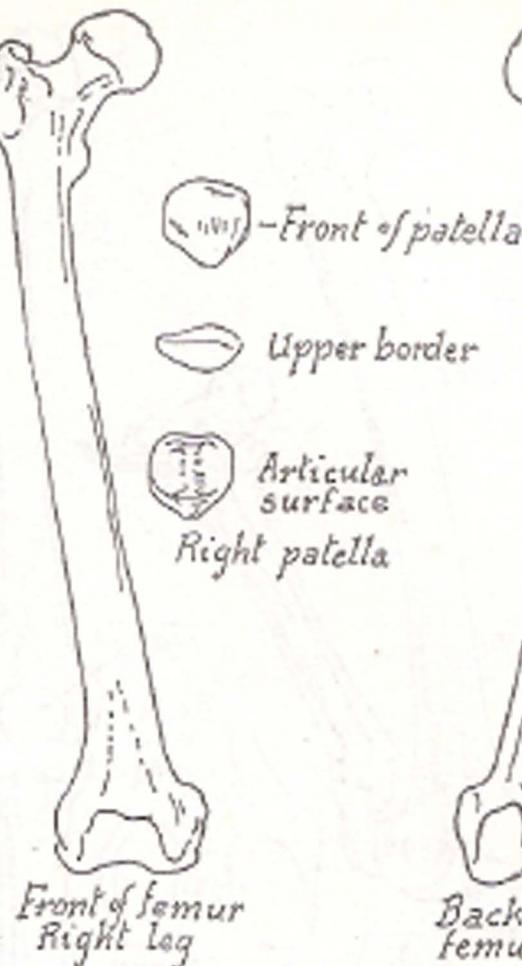


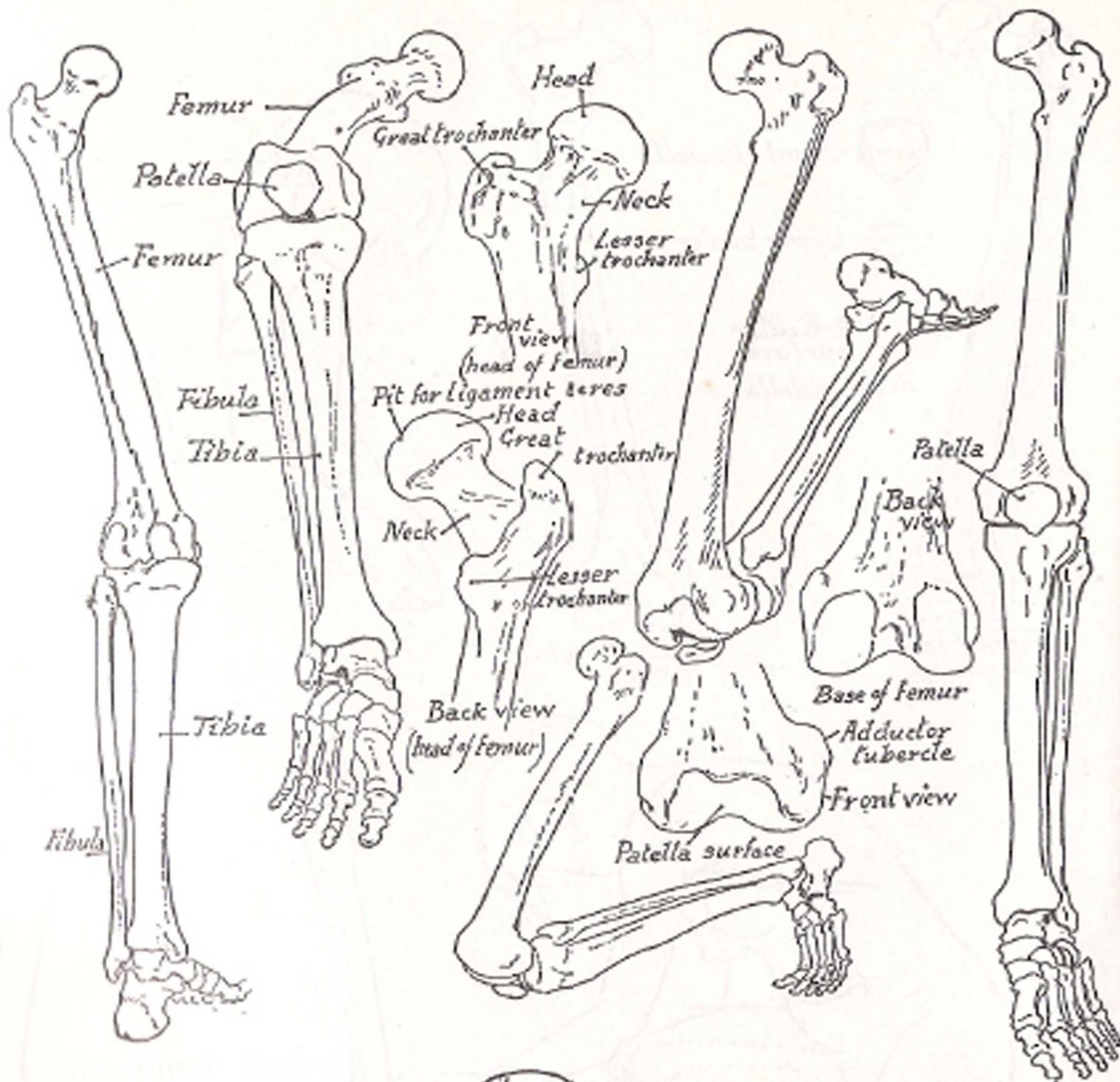
### Superficial veins





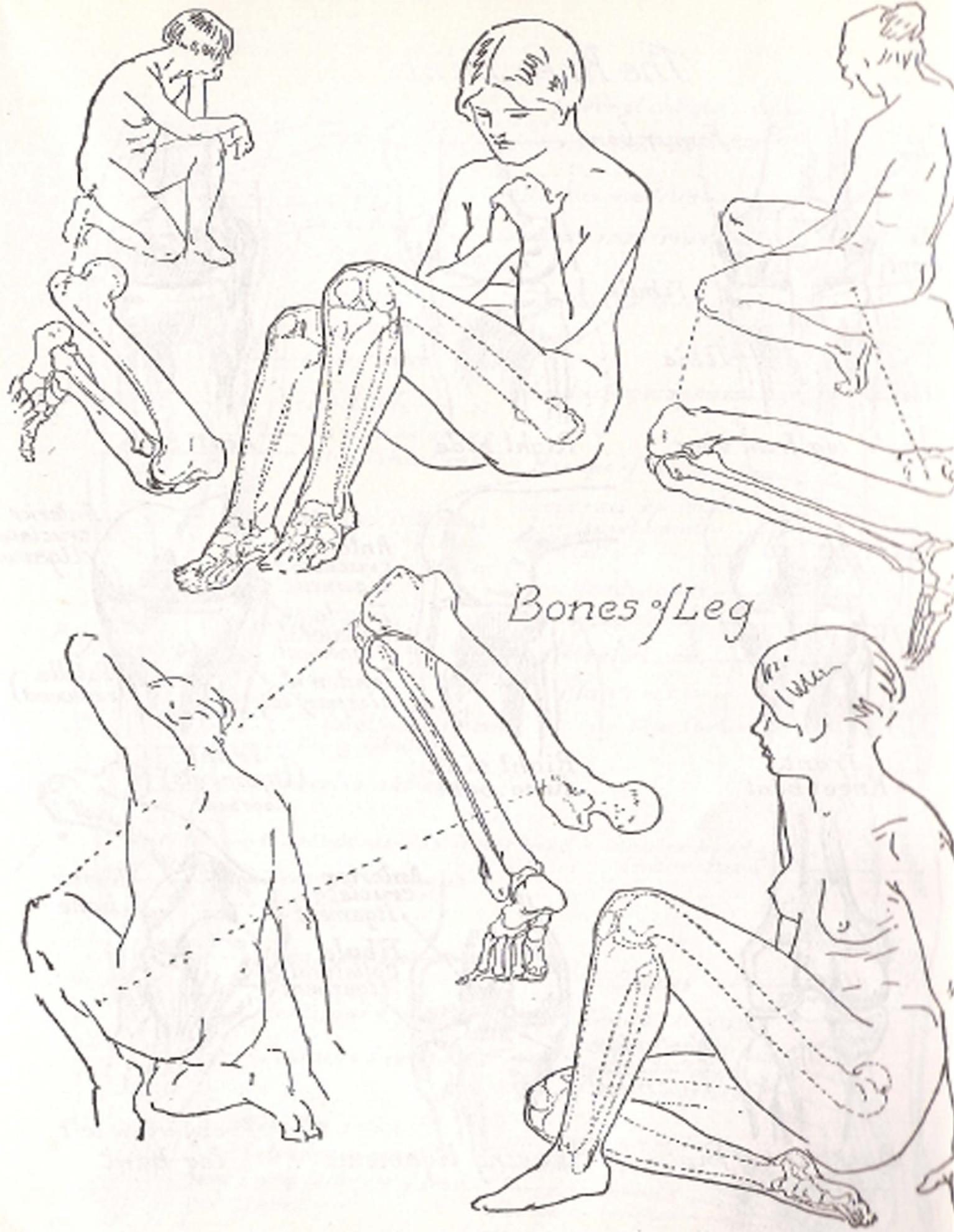
PART VII  
THE LEG



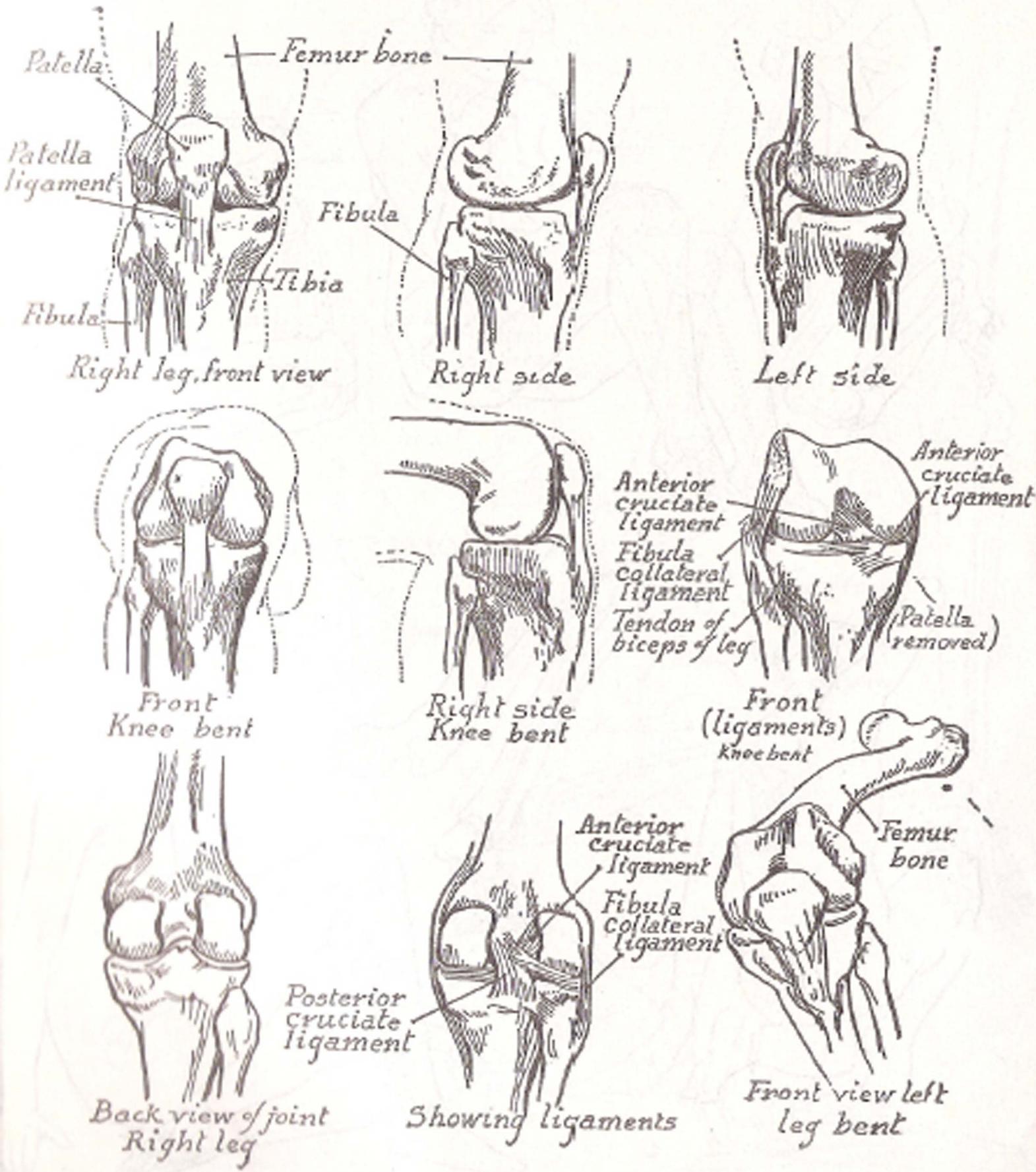


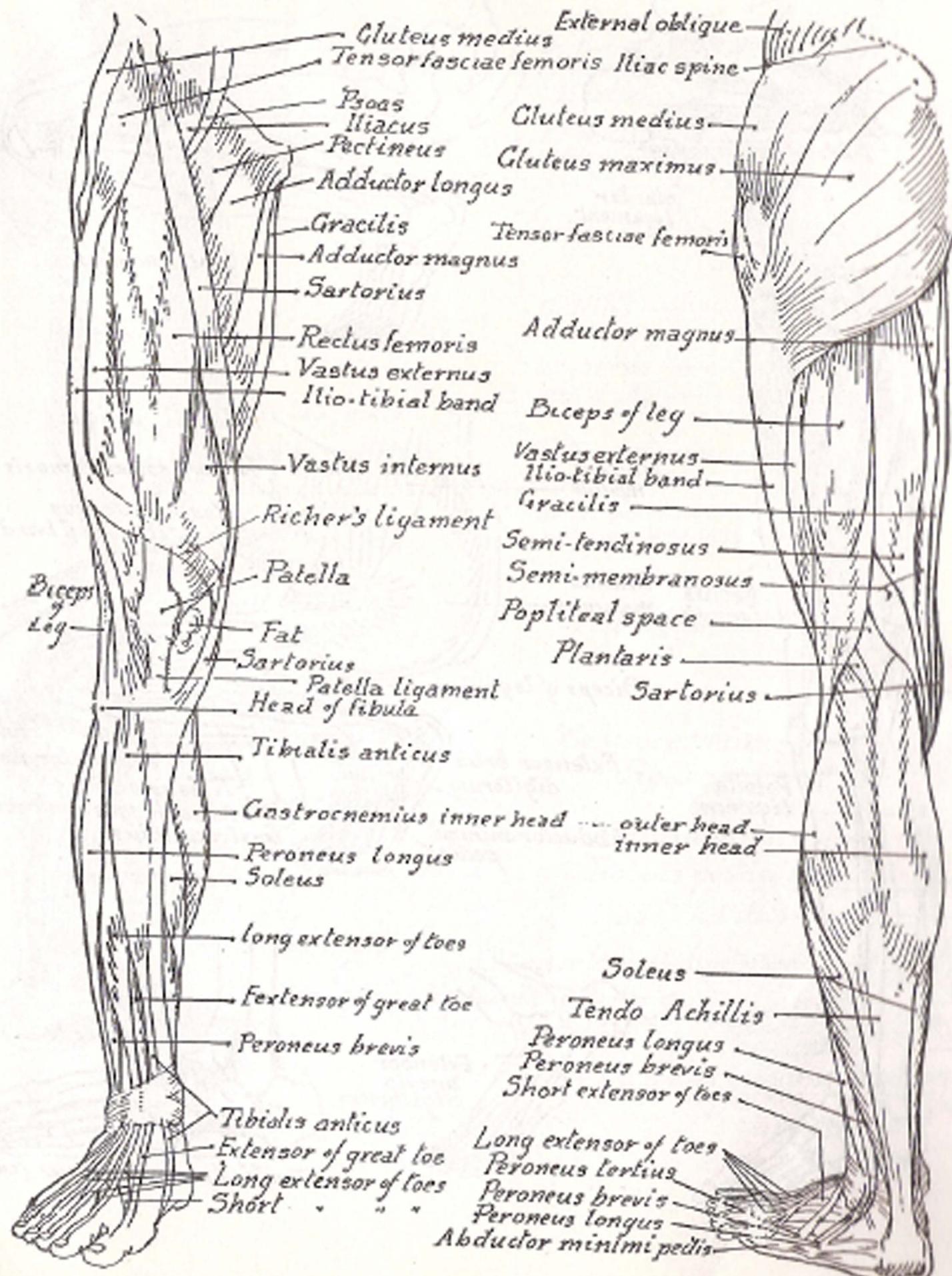
Studies of Leg bones

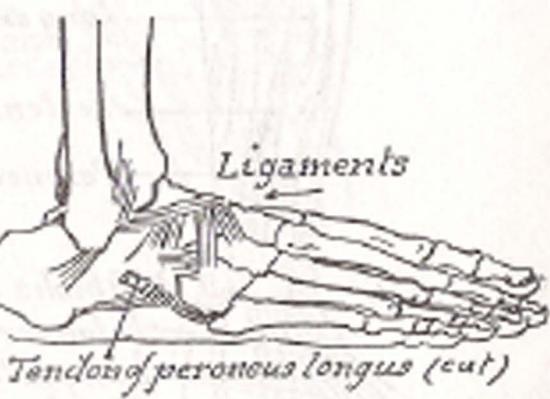
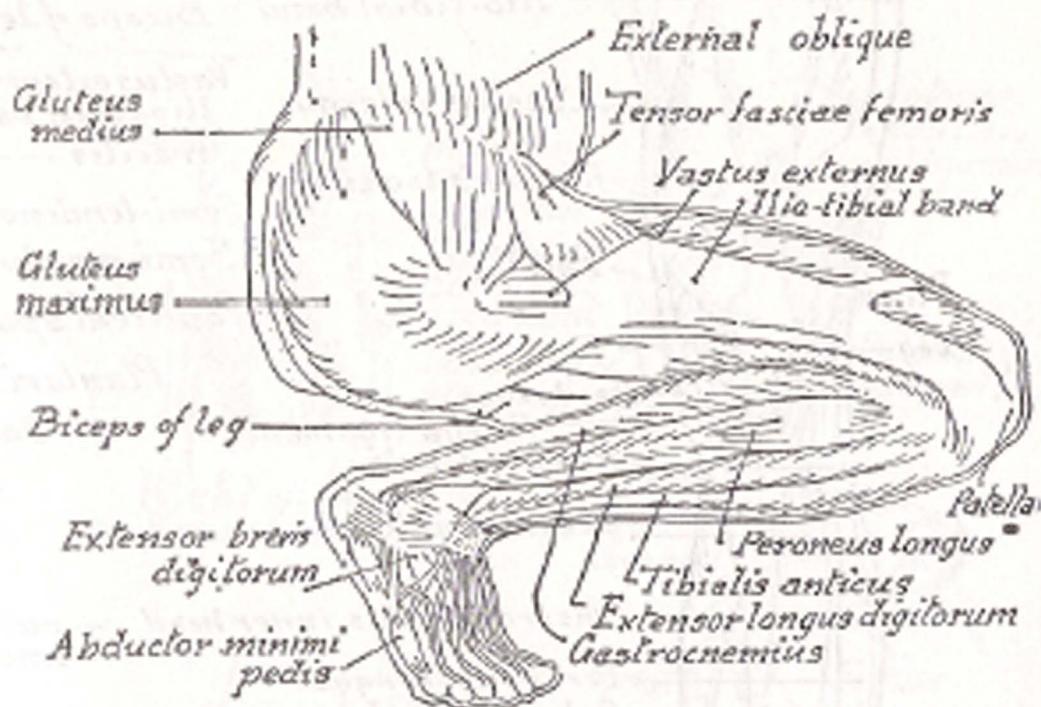
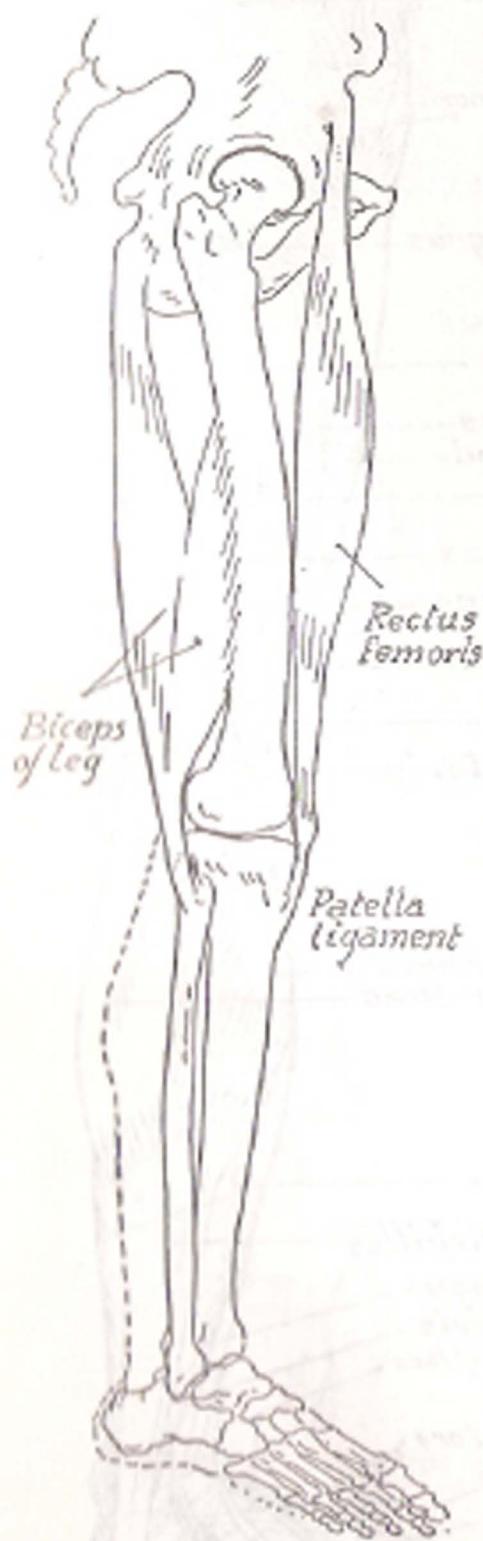
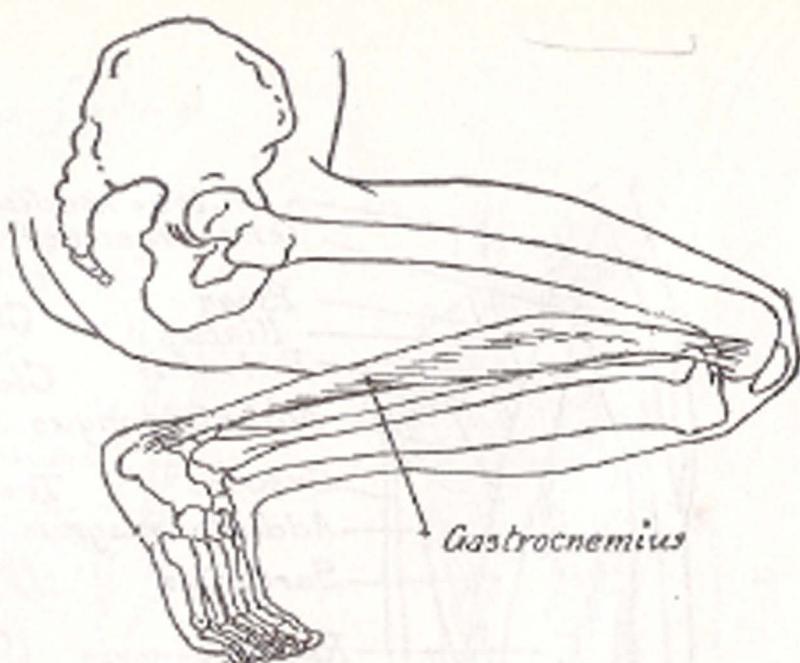
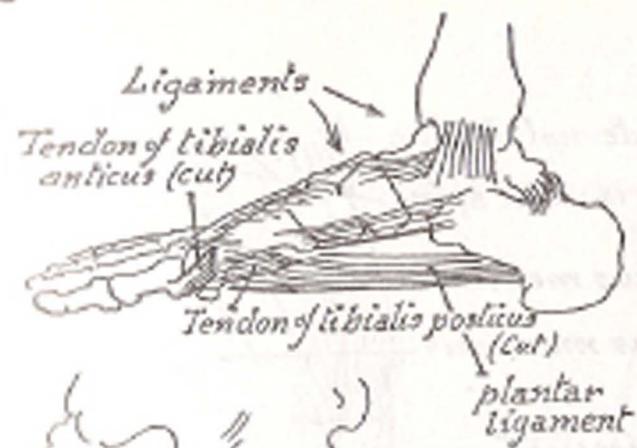
Bones of Leg

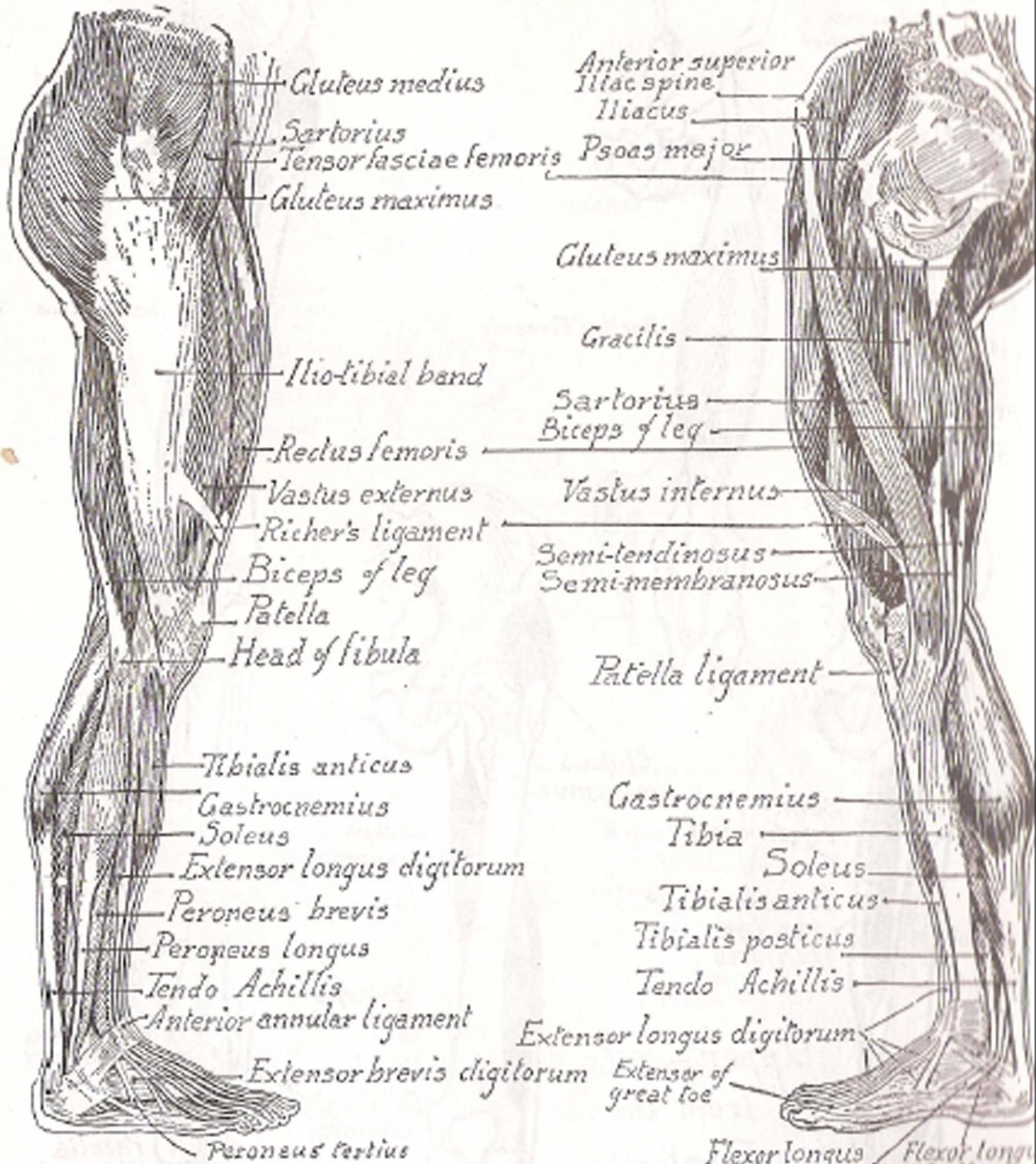


# The Knee Joint





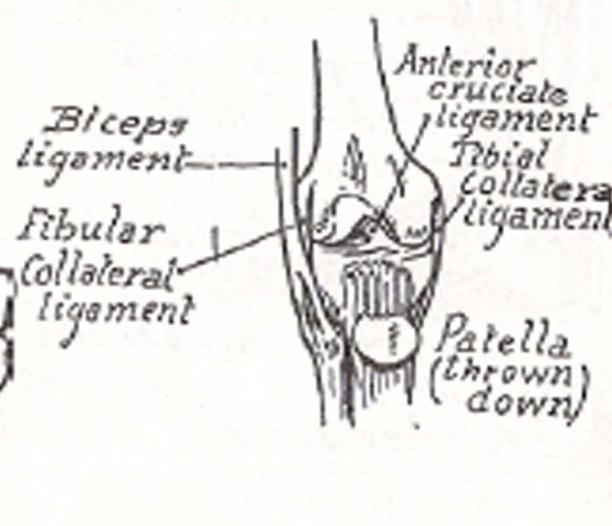
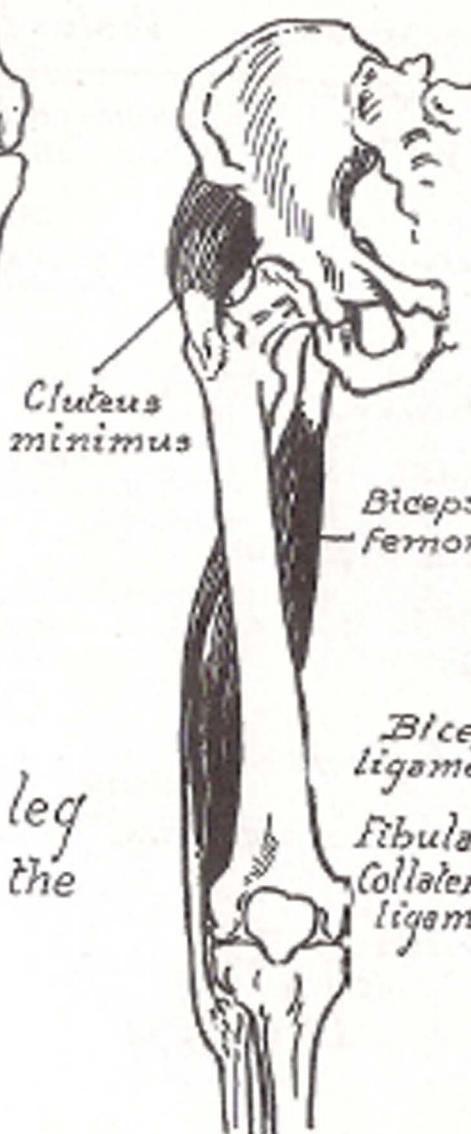
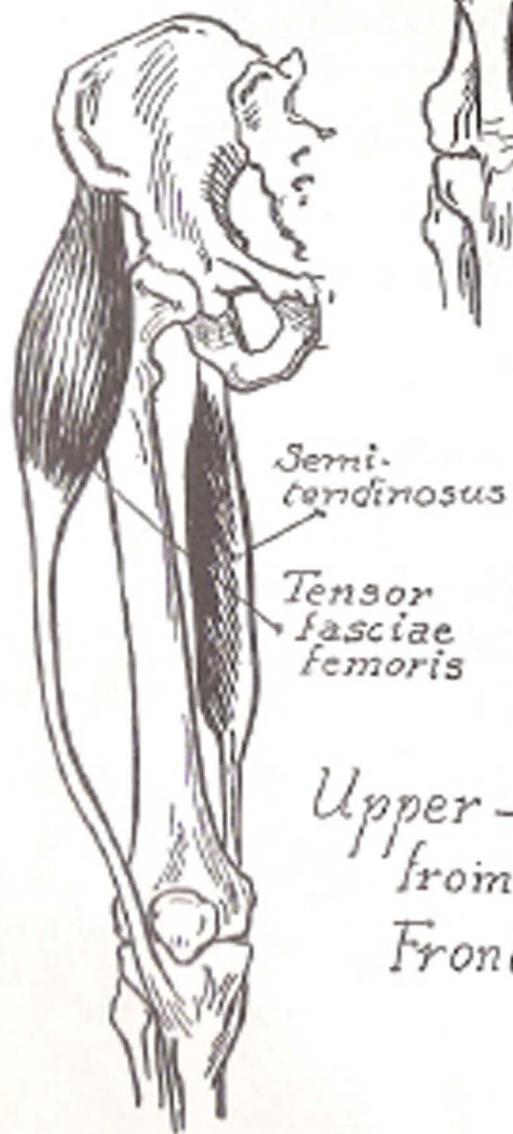
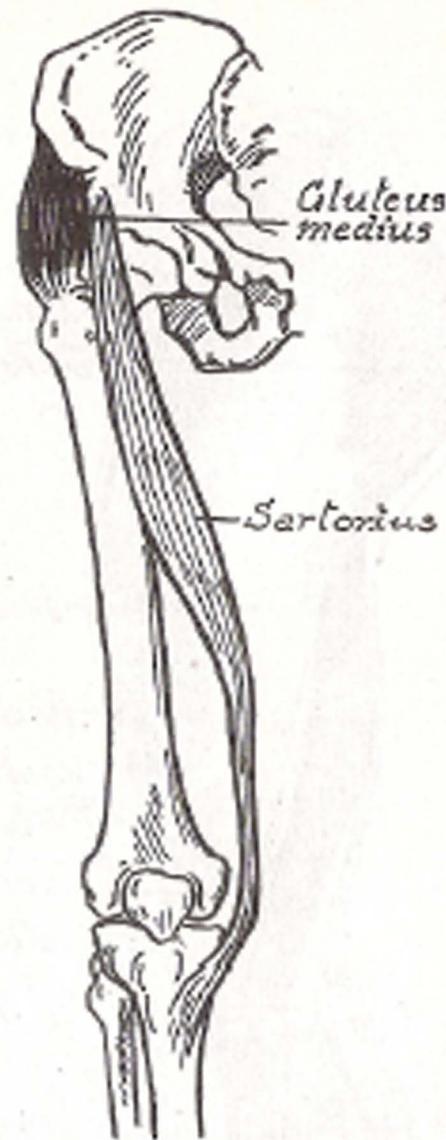


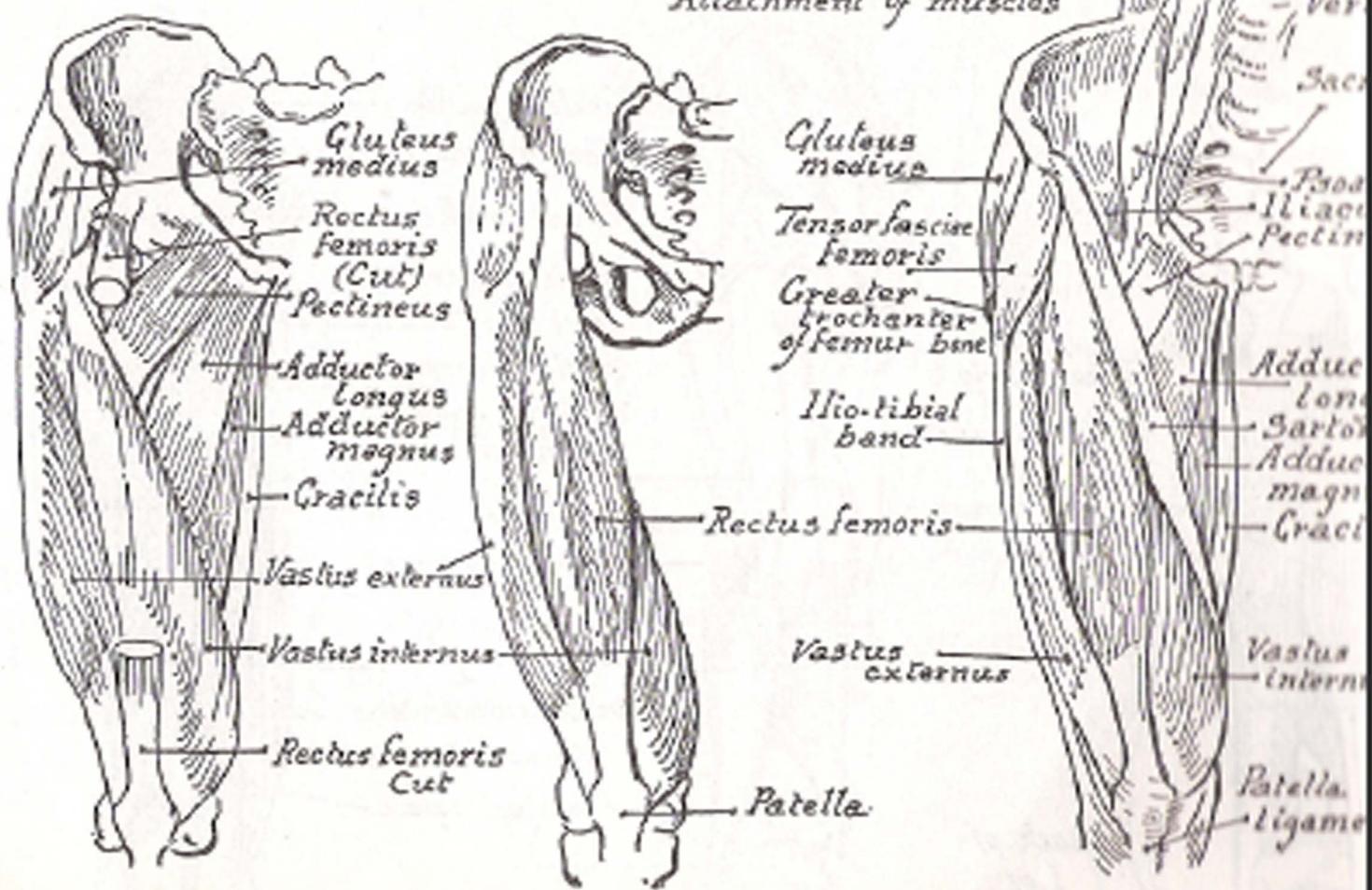
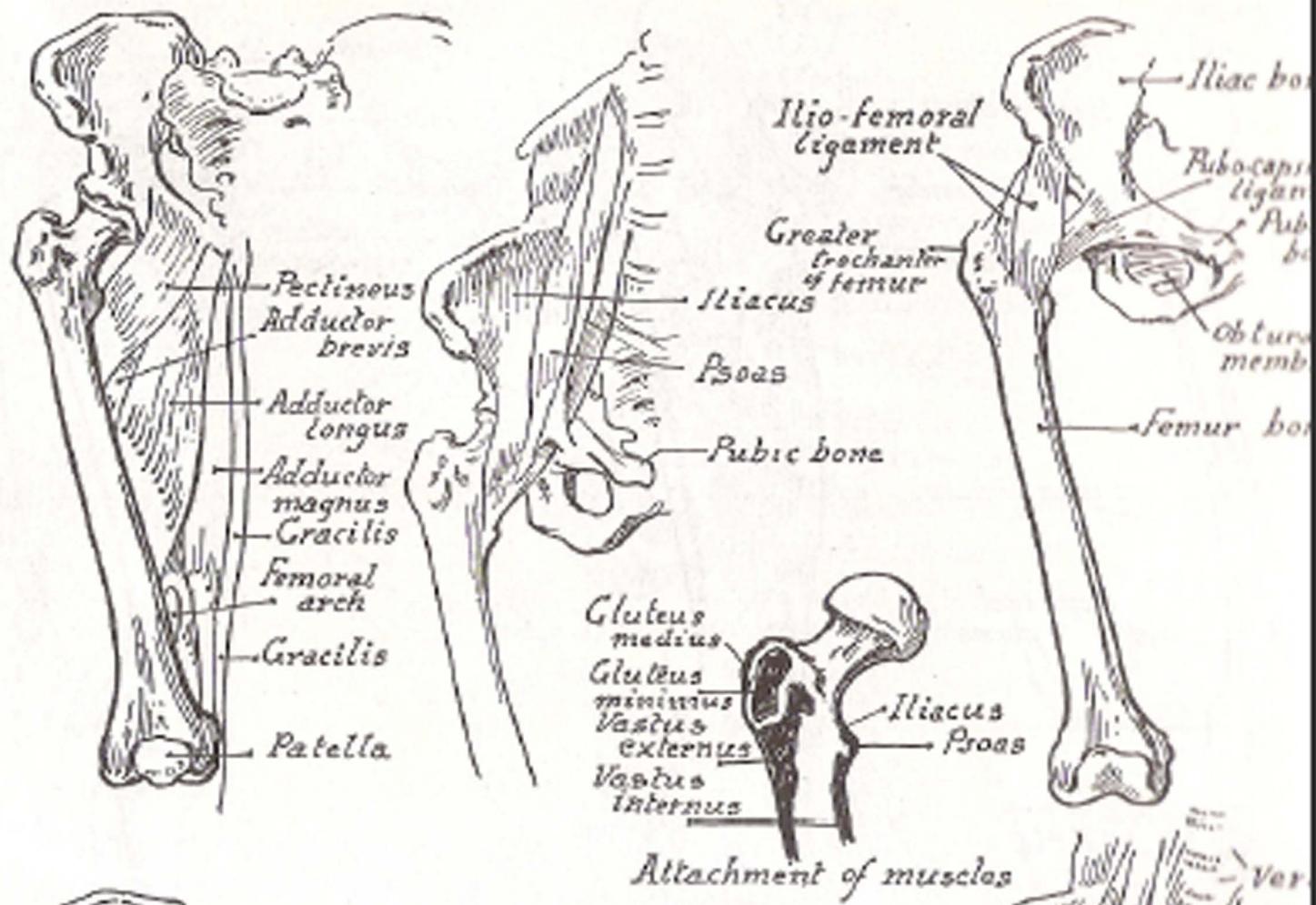


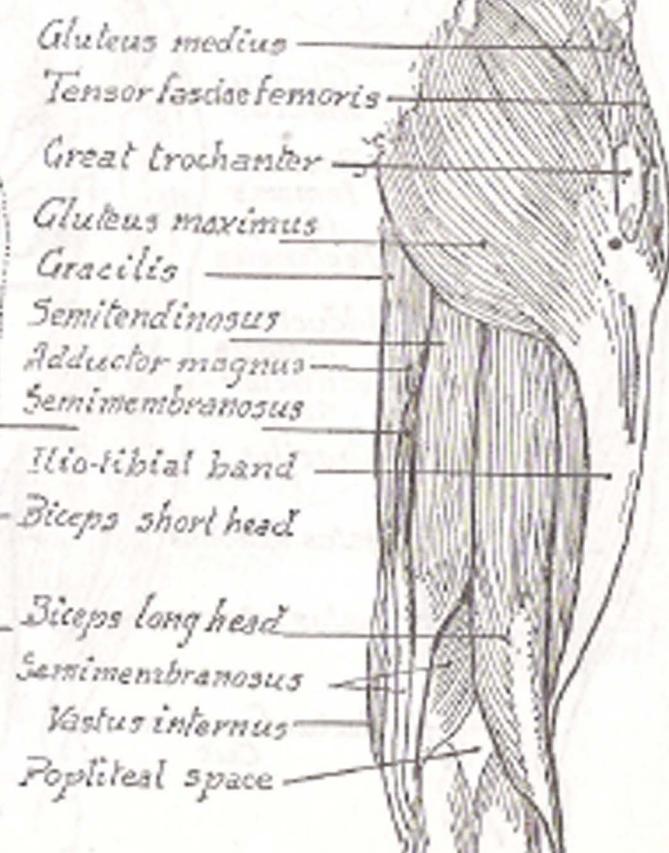
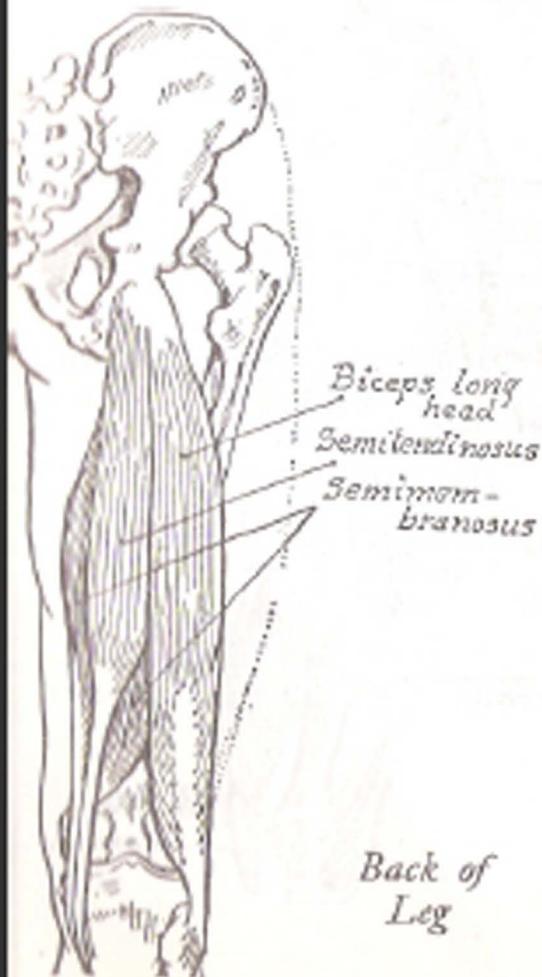
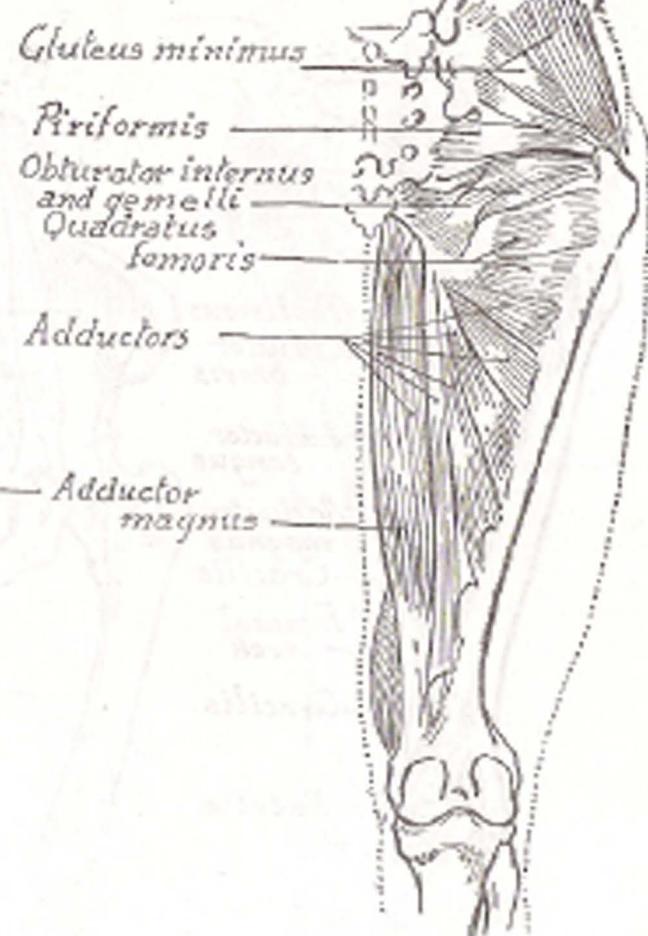
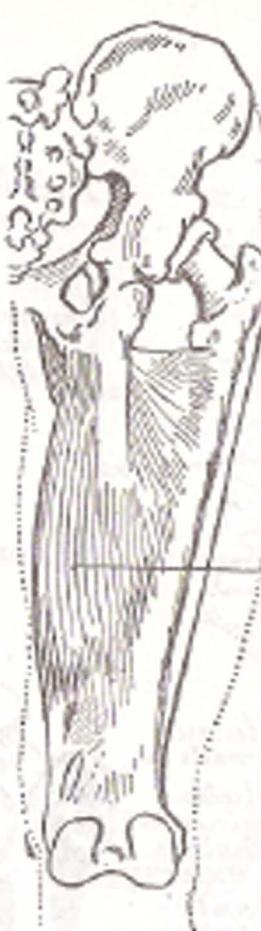
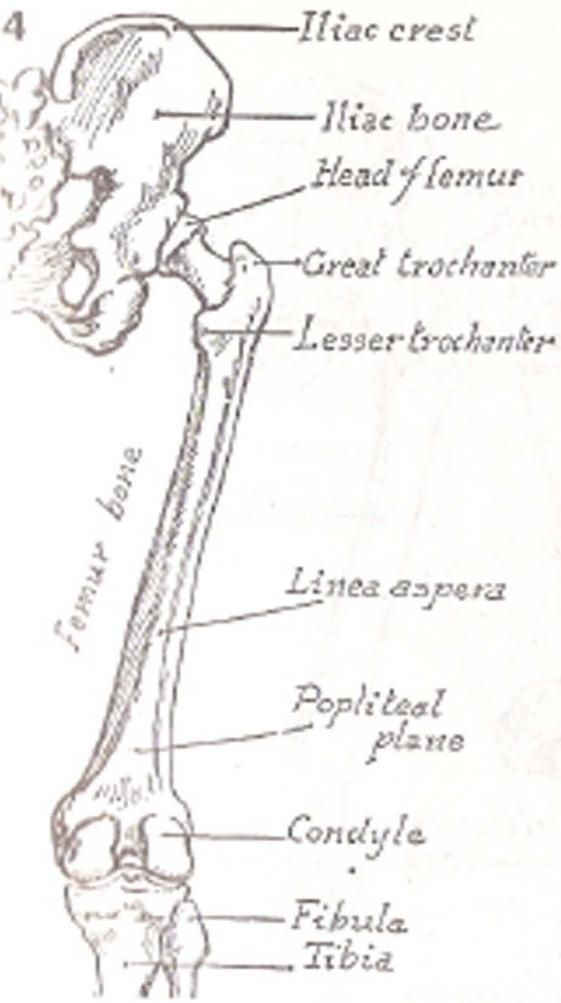
Outer view

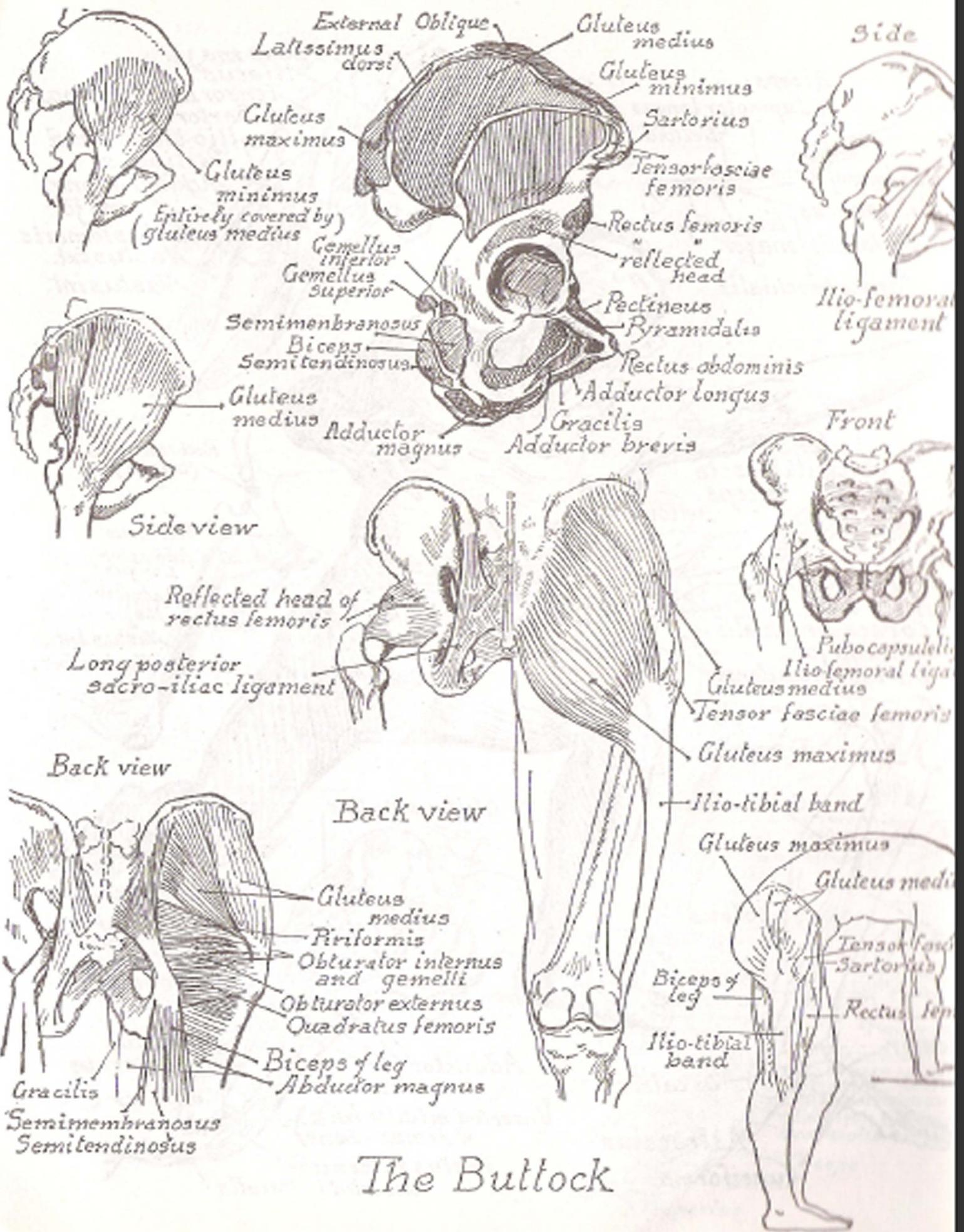
The leg

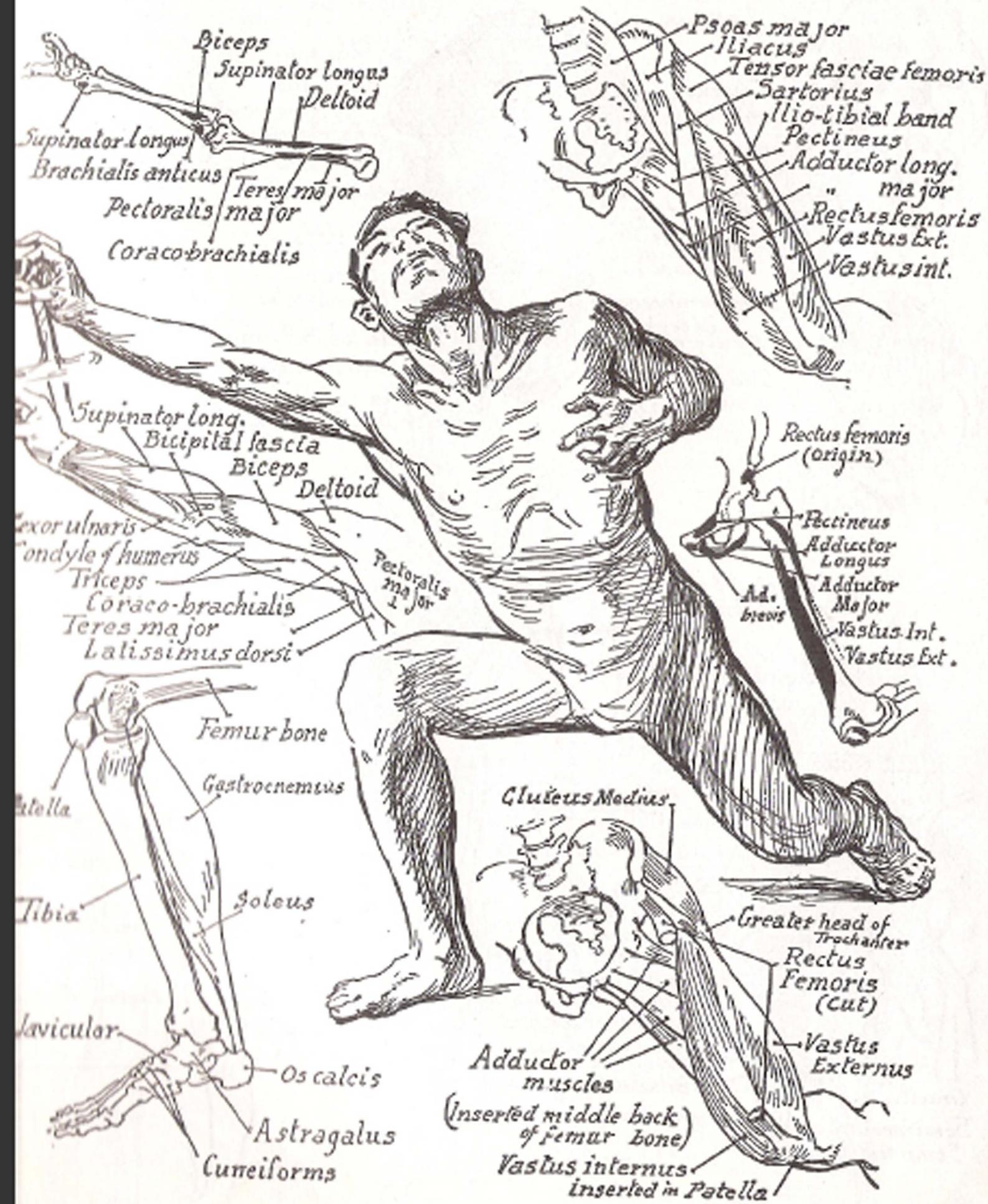
Inner view

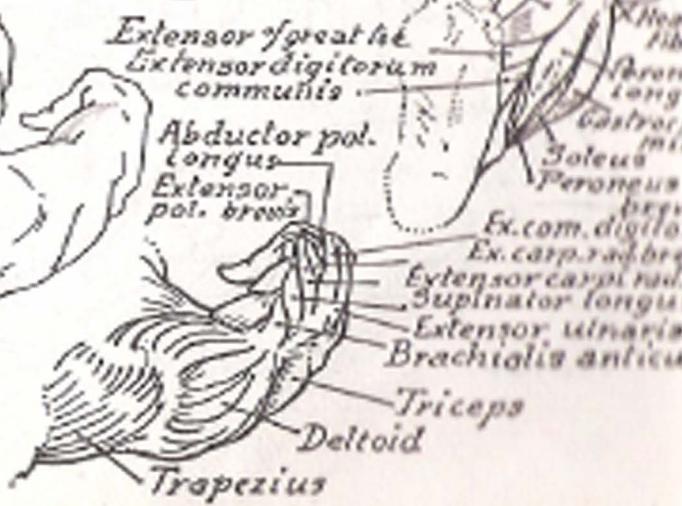
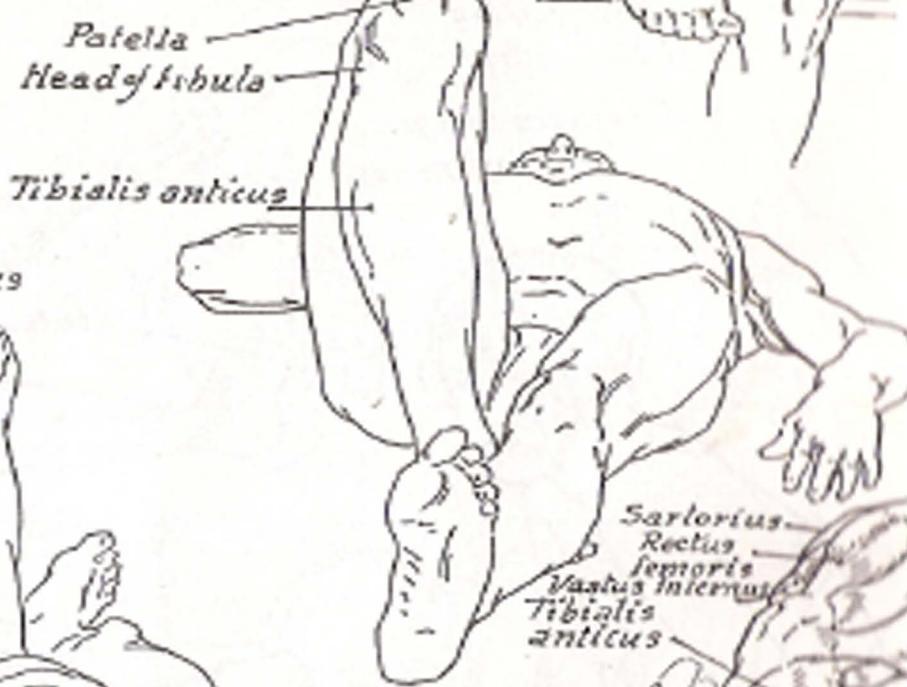
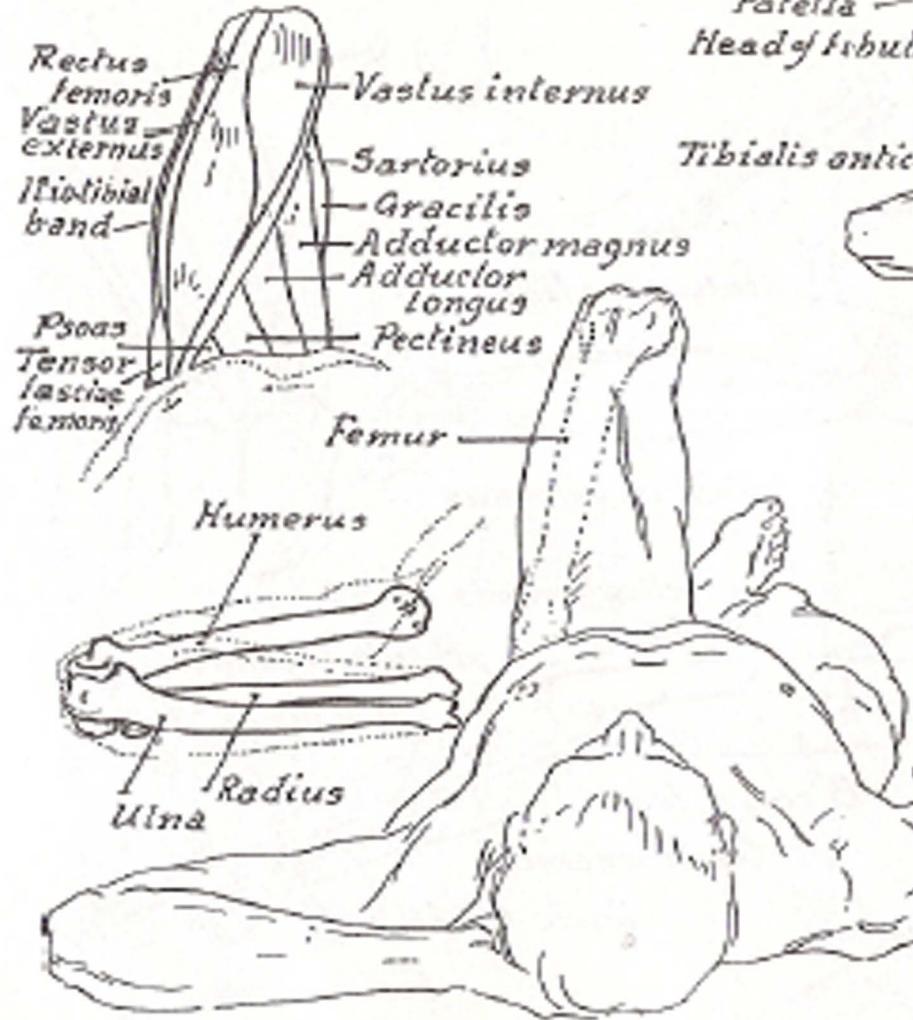
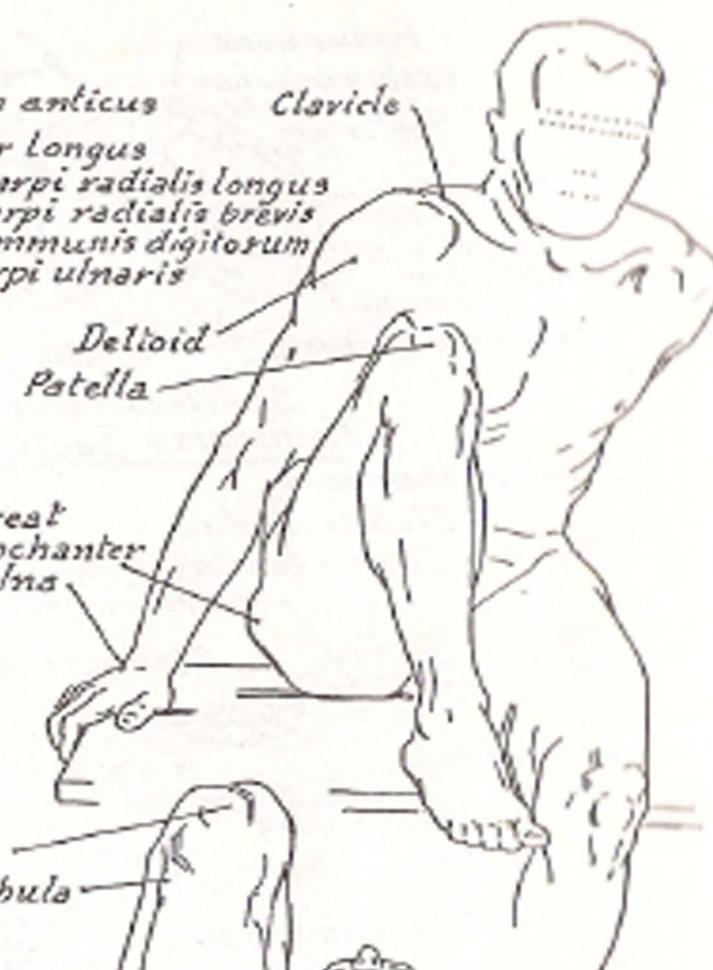


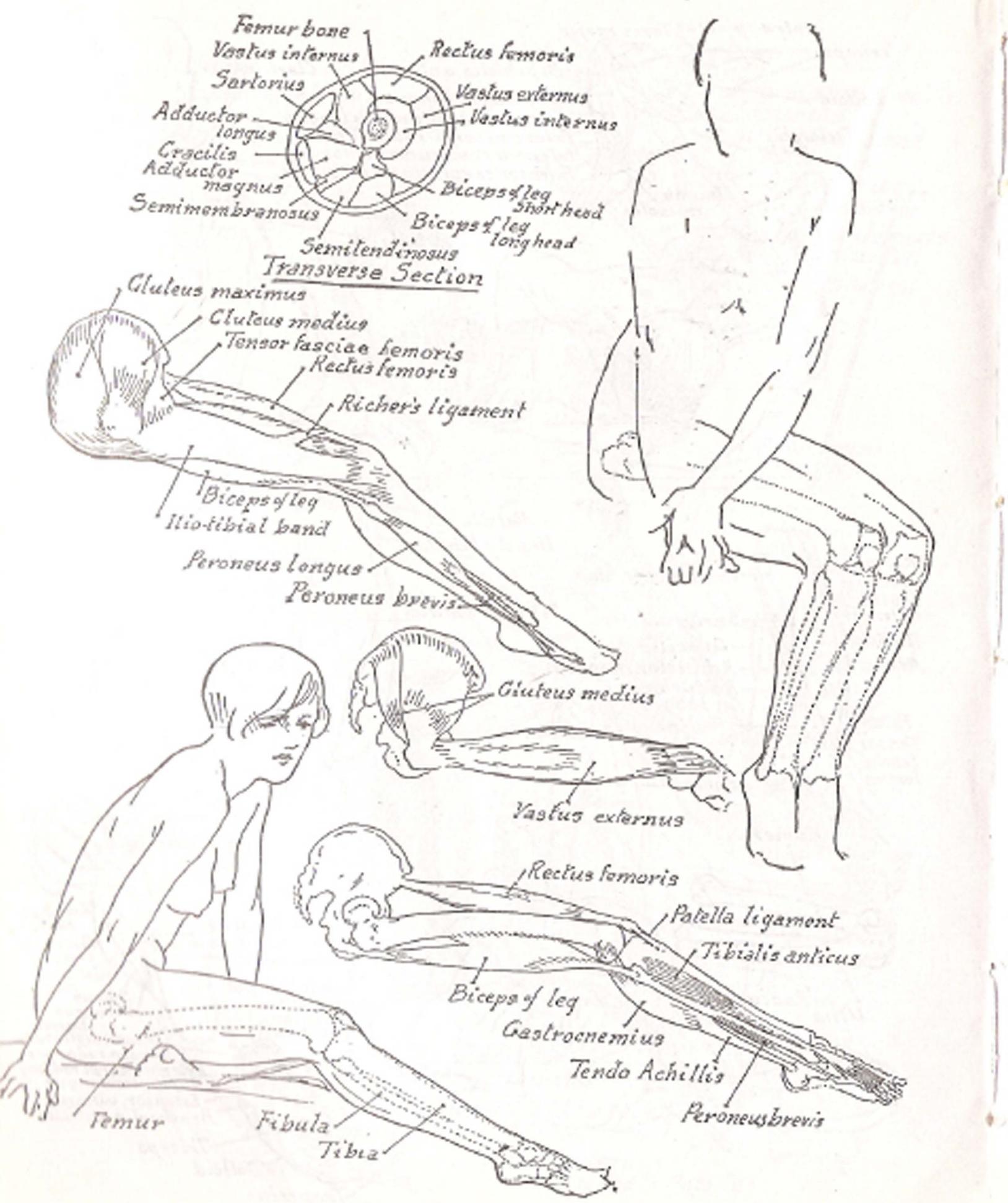


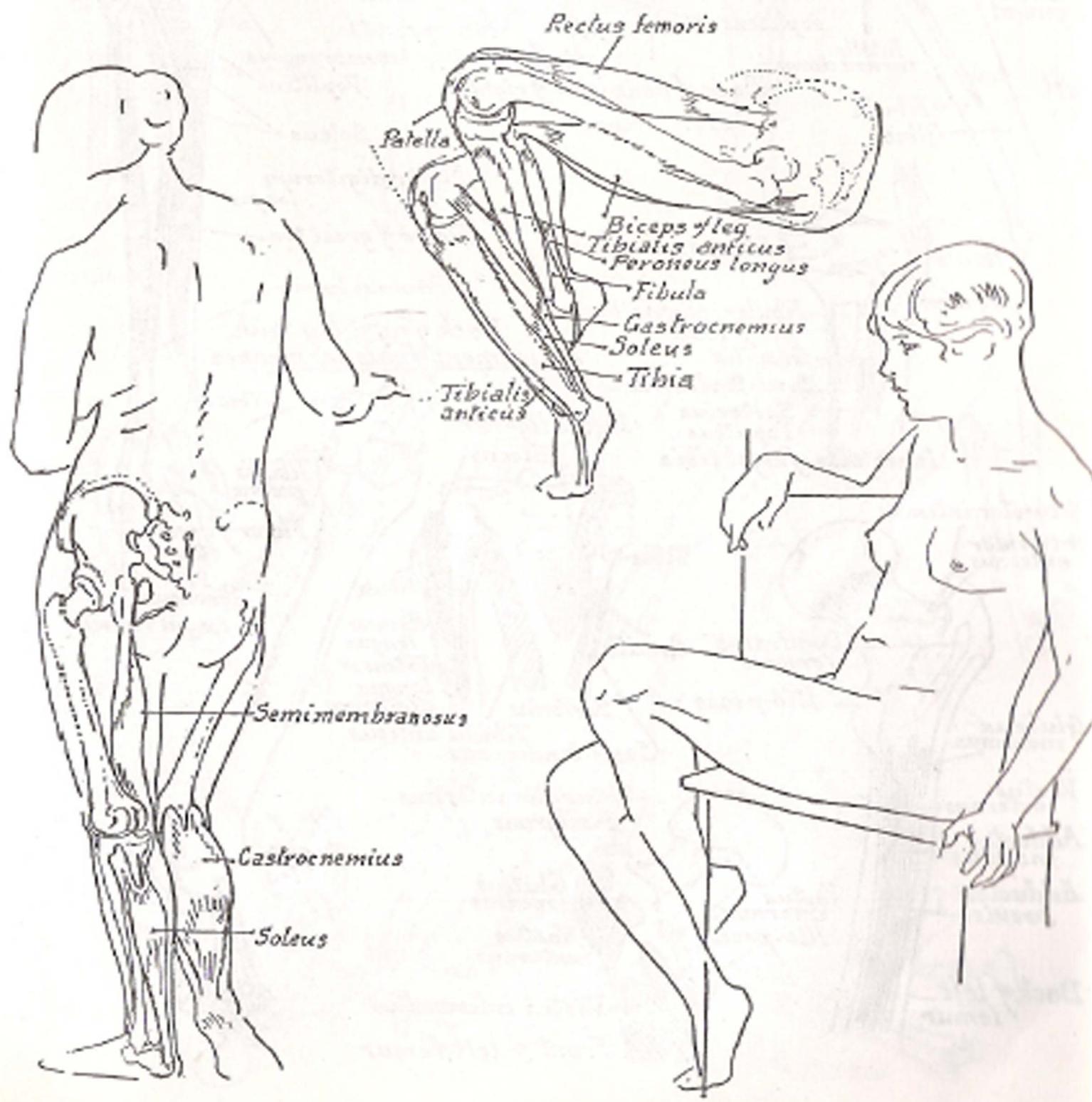


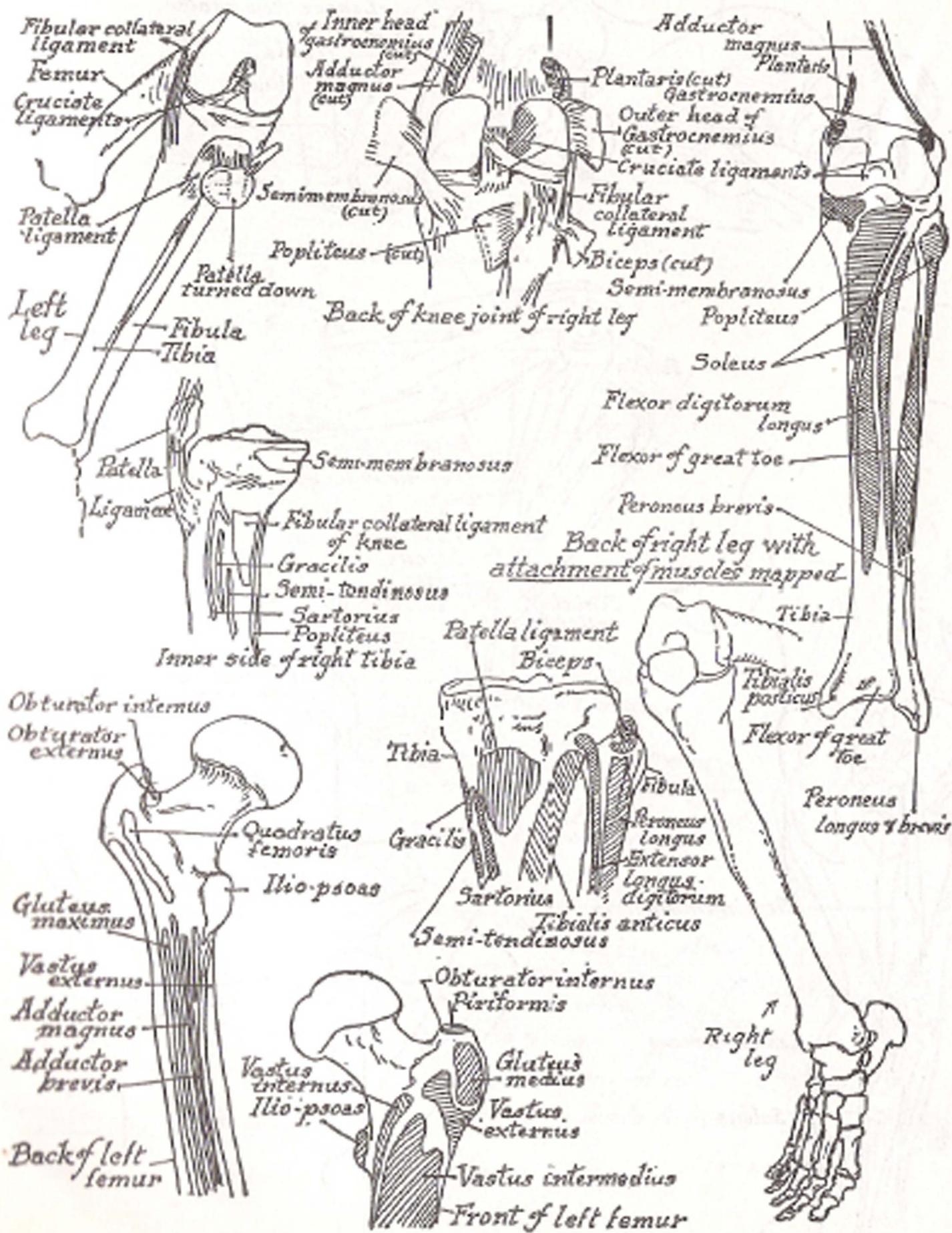


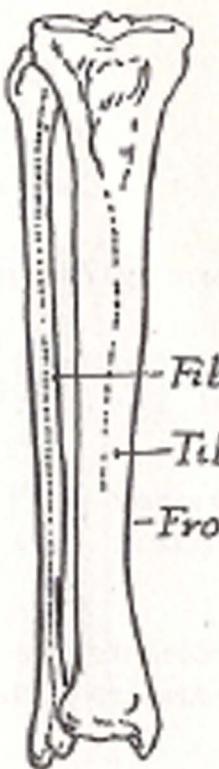












-Fibula  
-Tibia  
-Front view



Tibia and Fibula  
Right leg

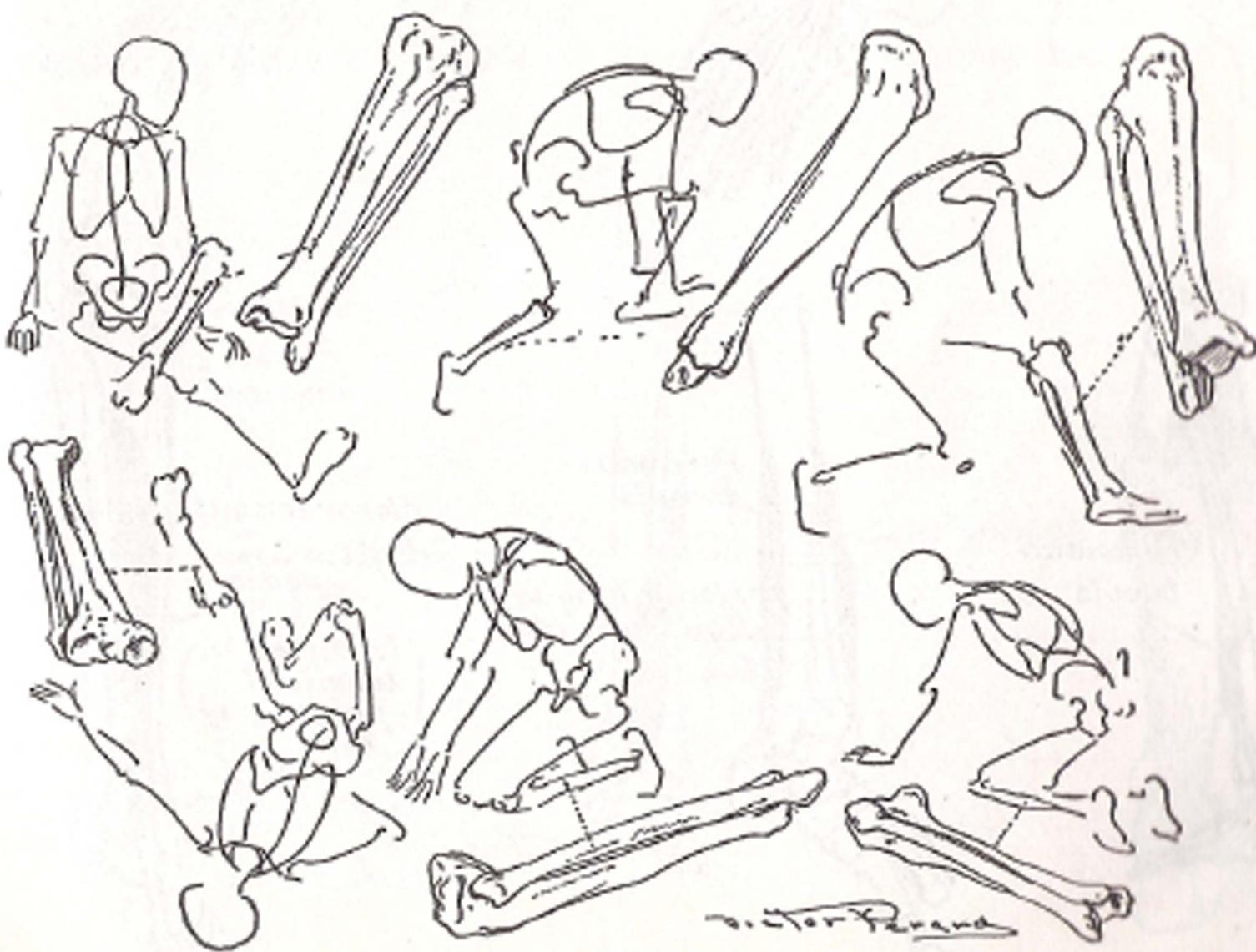
Outer view



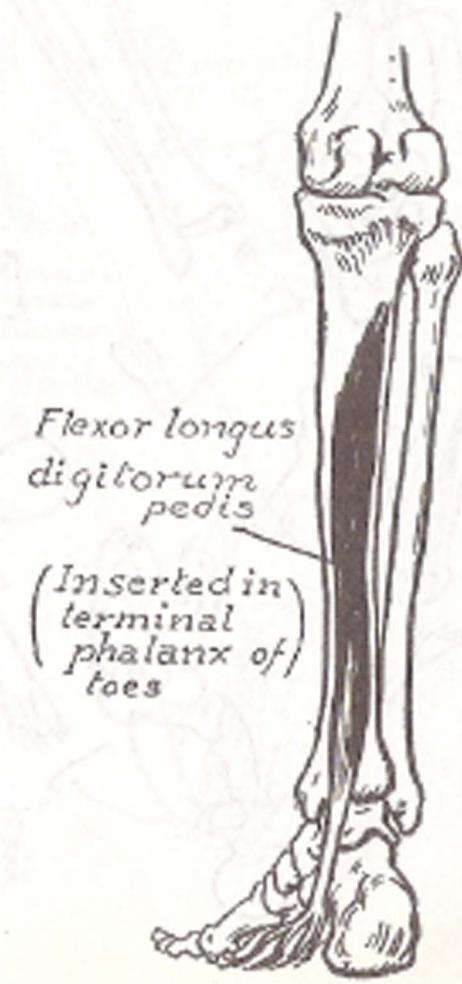
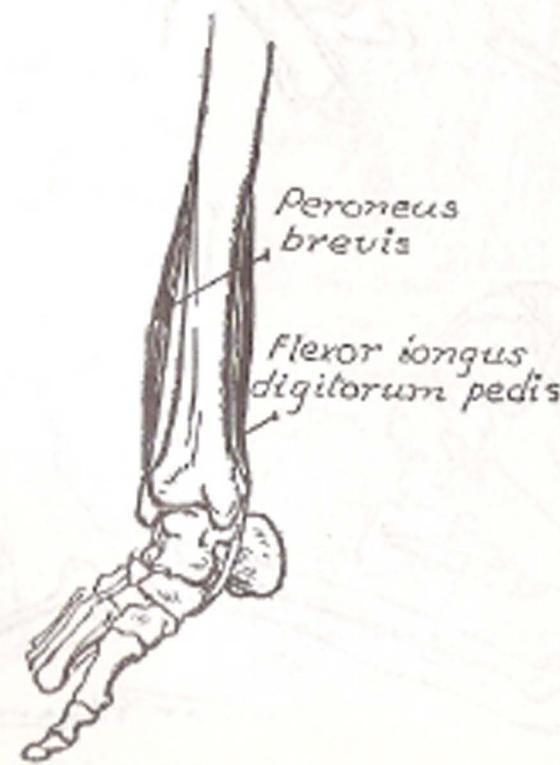
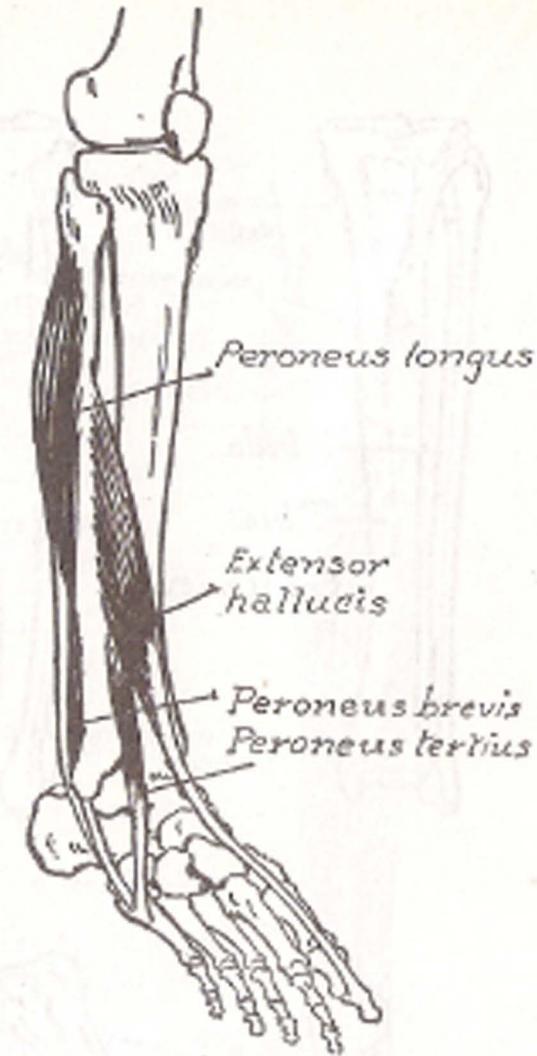
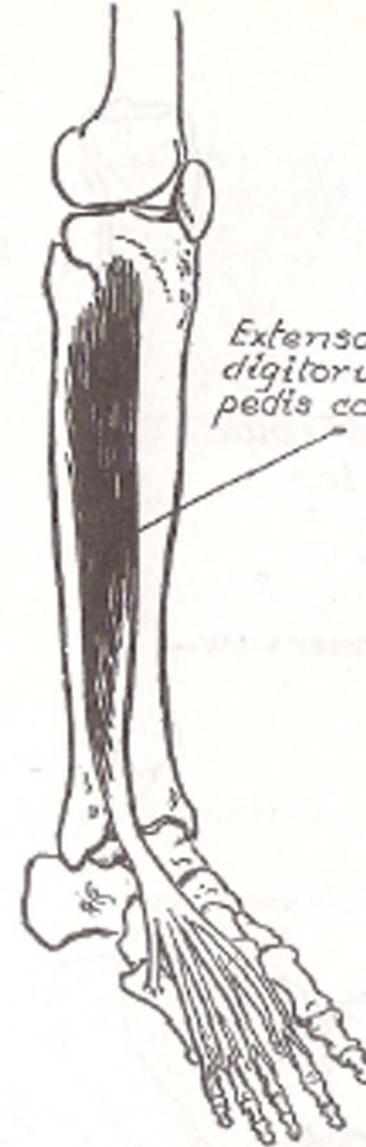
Inner view—



Back view—

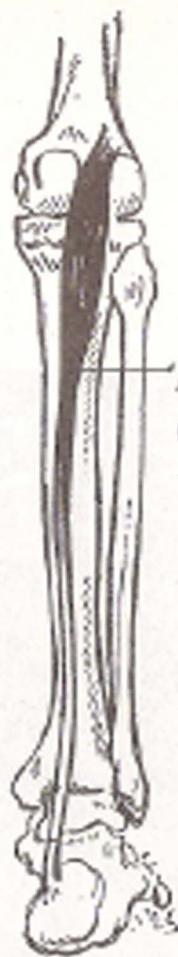


watermark





Tibialis  
posticus

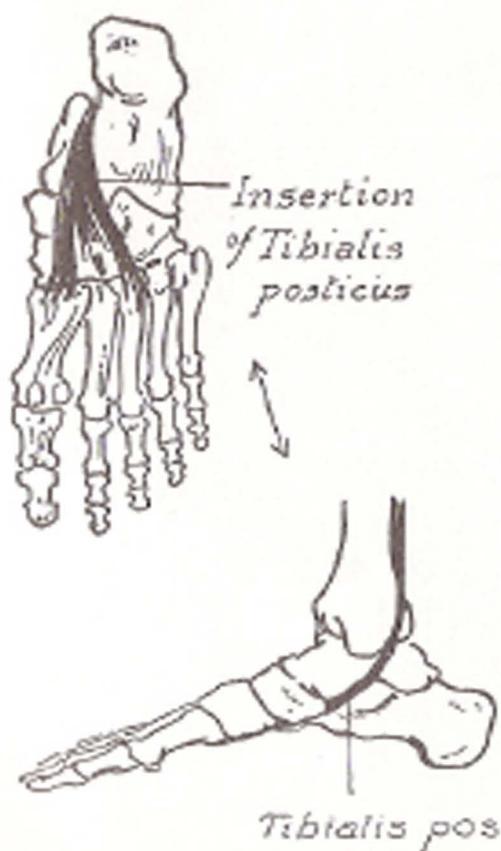


Plantaris  
Overlying  
the Soleus  
muscle

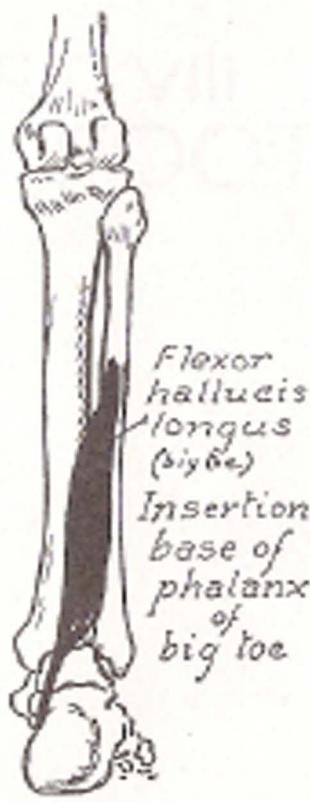


Soleus  
Underlying  
Gastrocnemius

### Muscles of the calf of leg



Insertion  
of Tibialis  
posticus

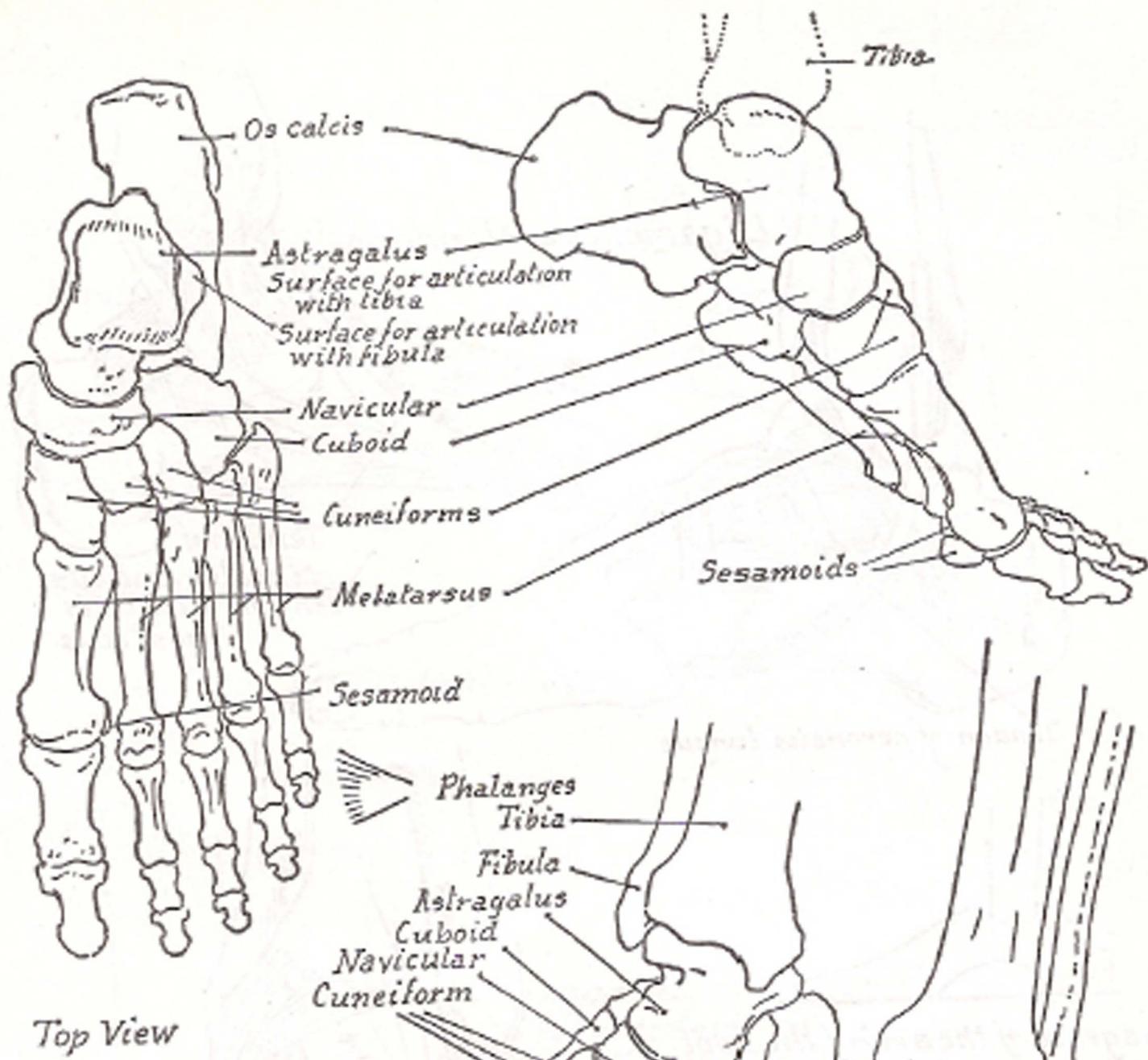


Flexor  
hallucis  
longus  
(syde)  
Insertion  
base of  
phalanx  
of  
big toe





PART VIII  
THE FOOT



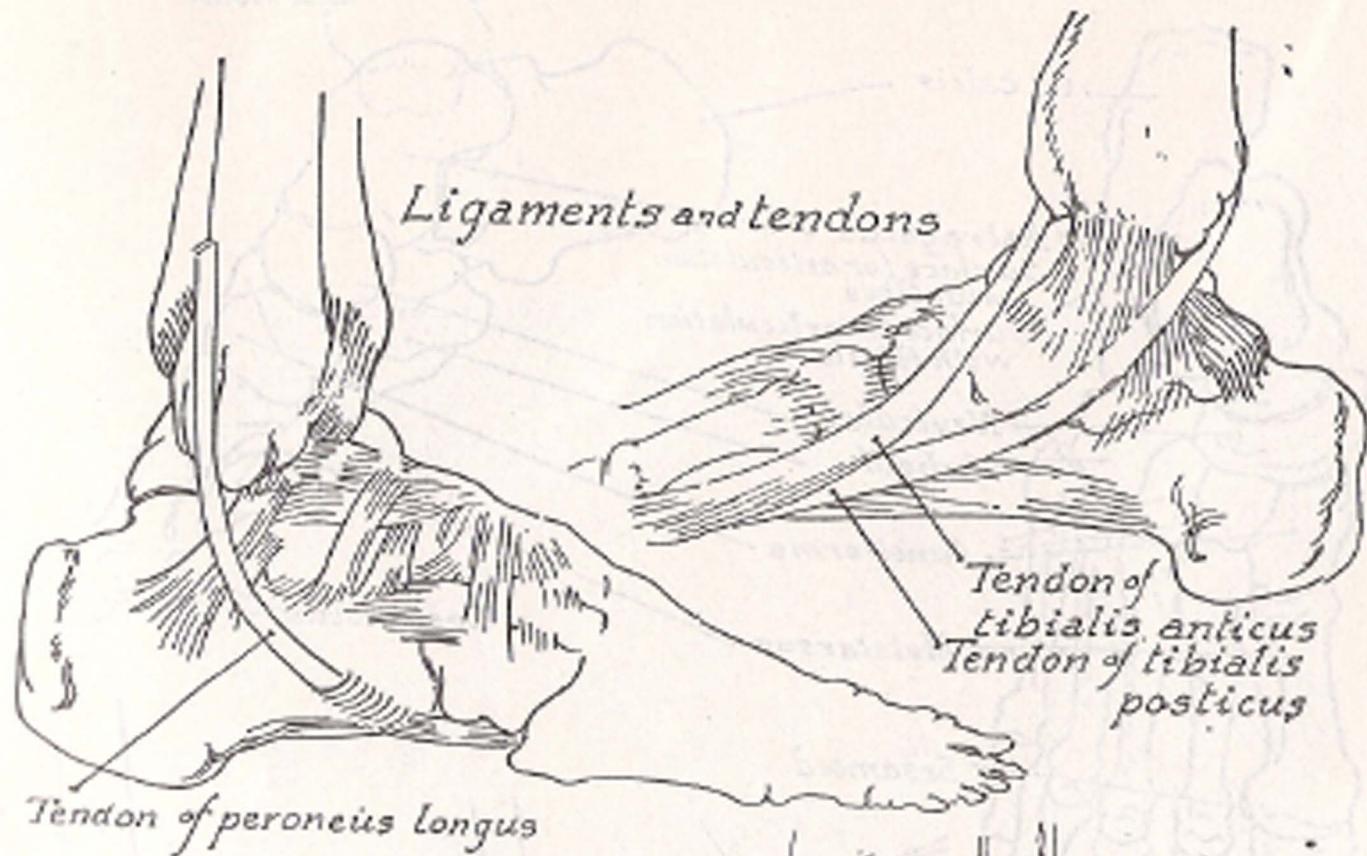
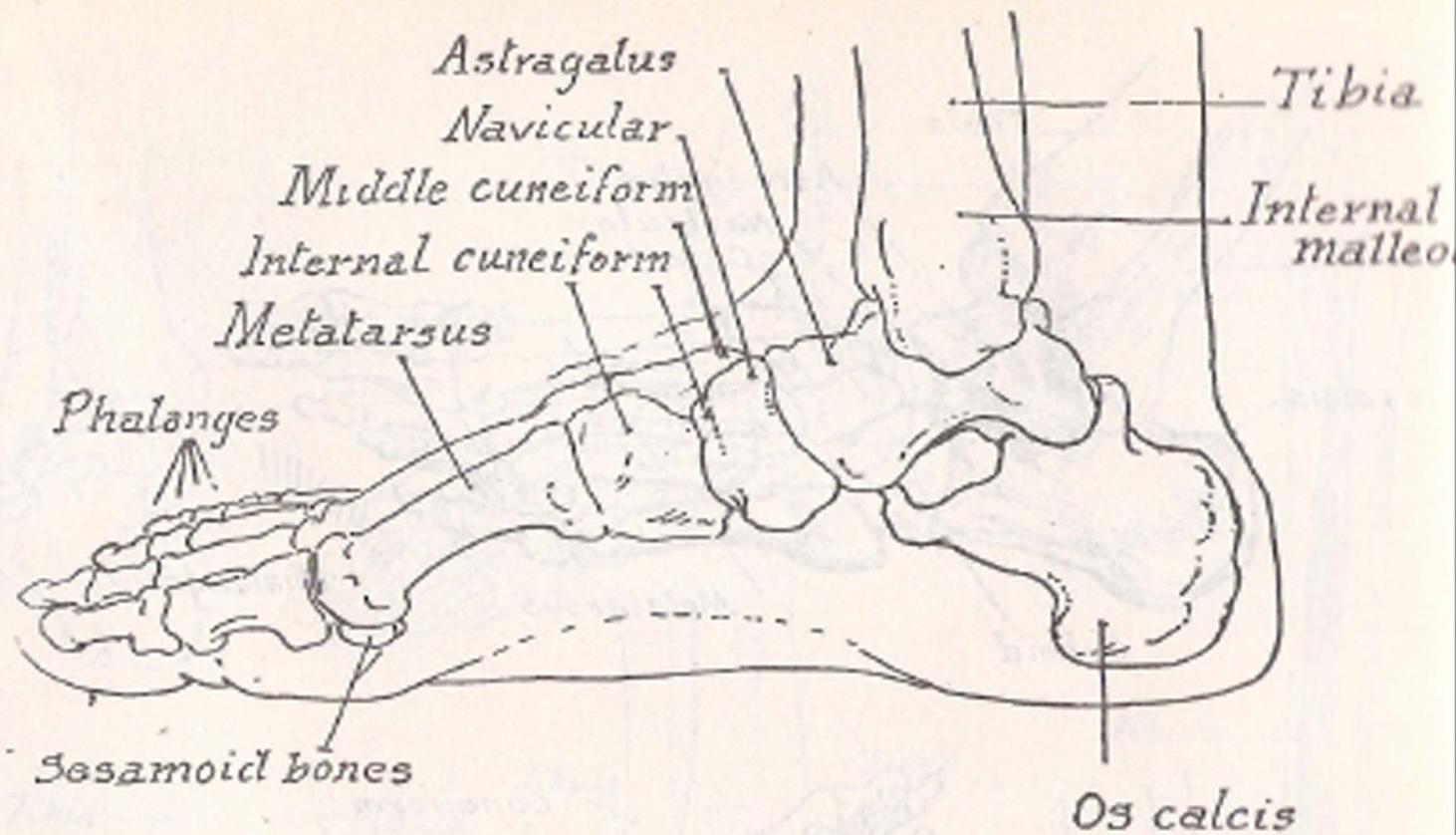


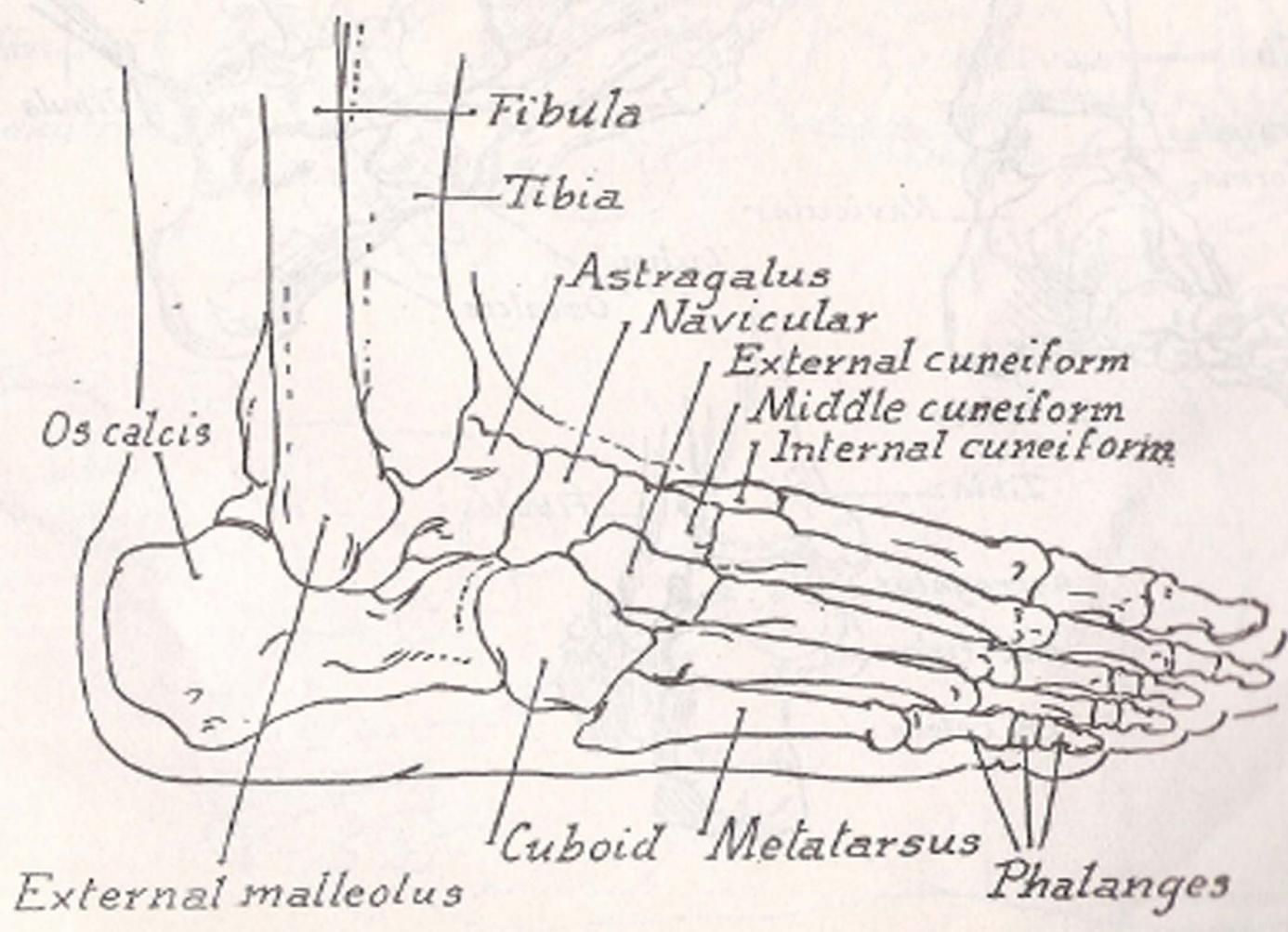
Diagram of the arch of the foot



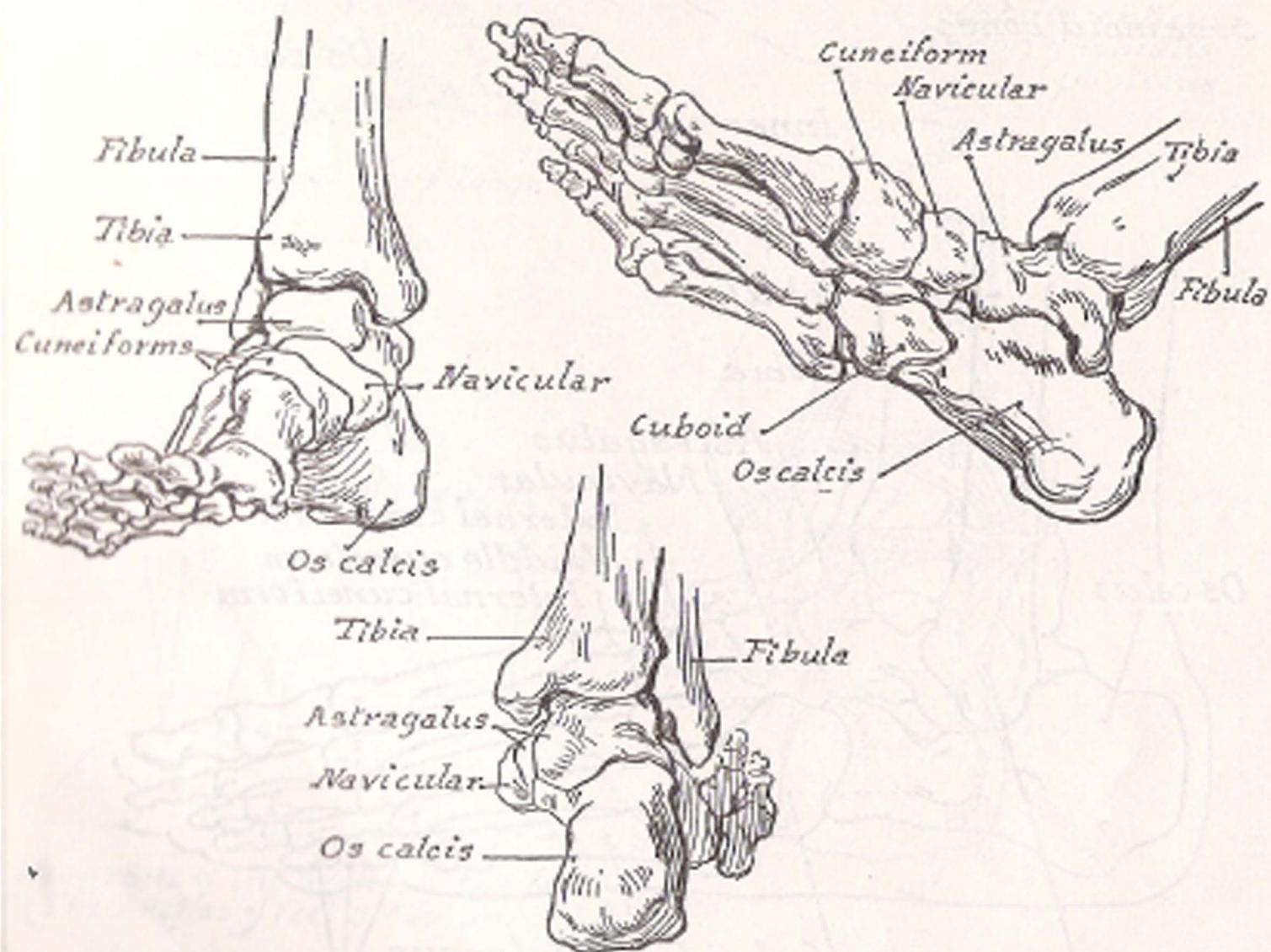
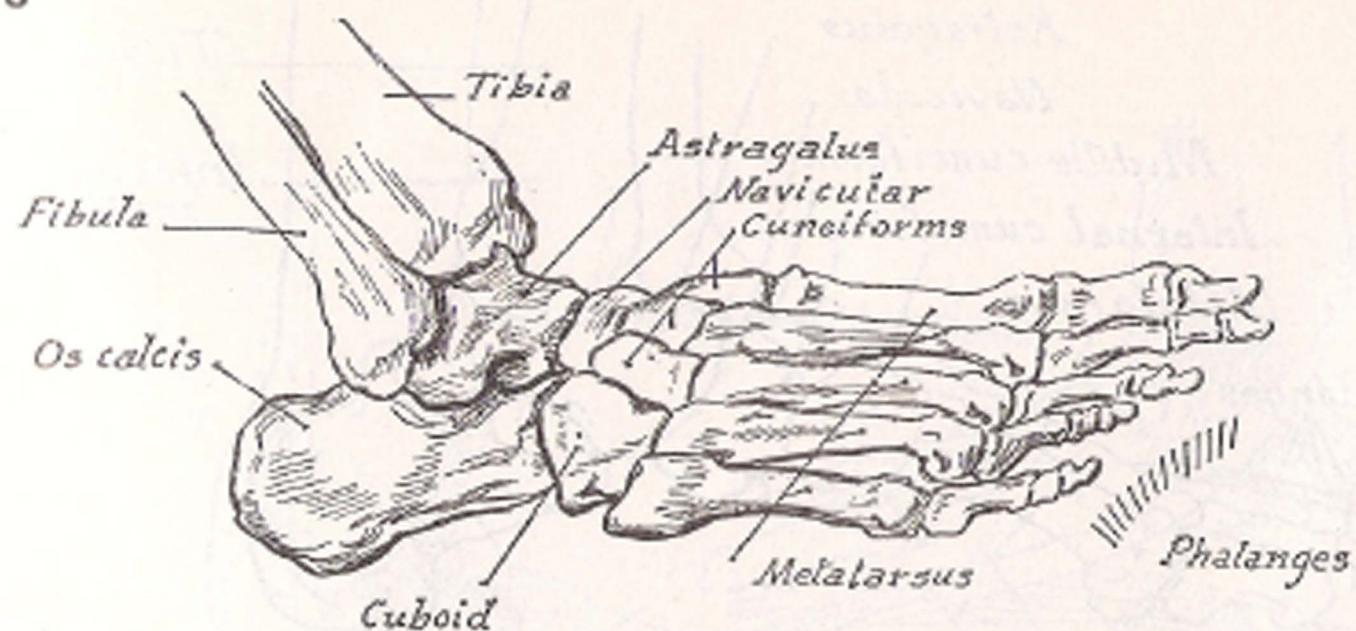
Diagram of the arches of the feet  
(The arches of feet act as springs)

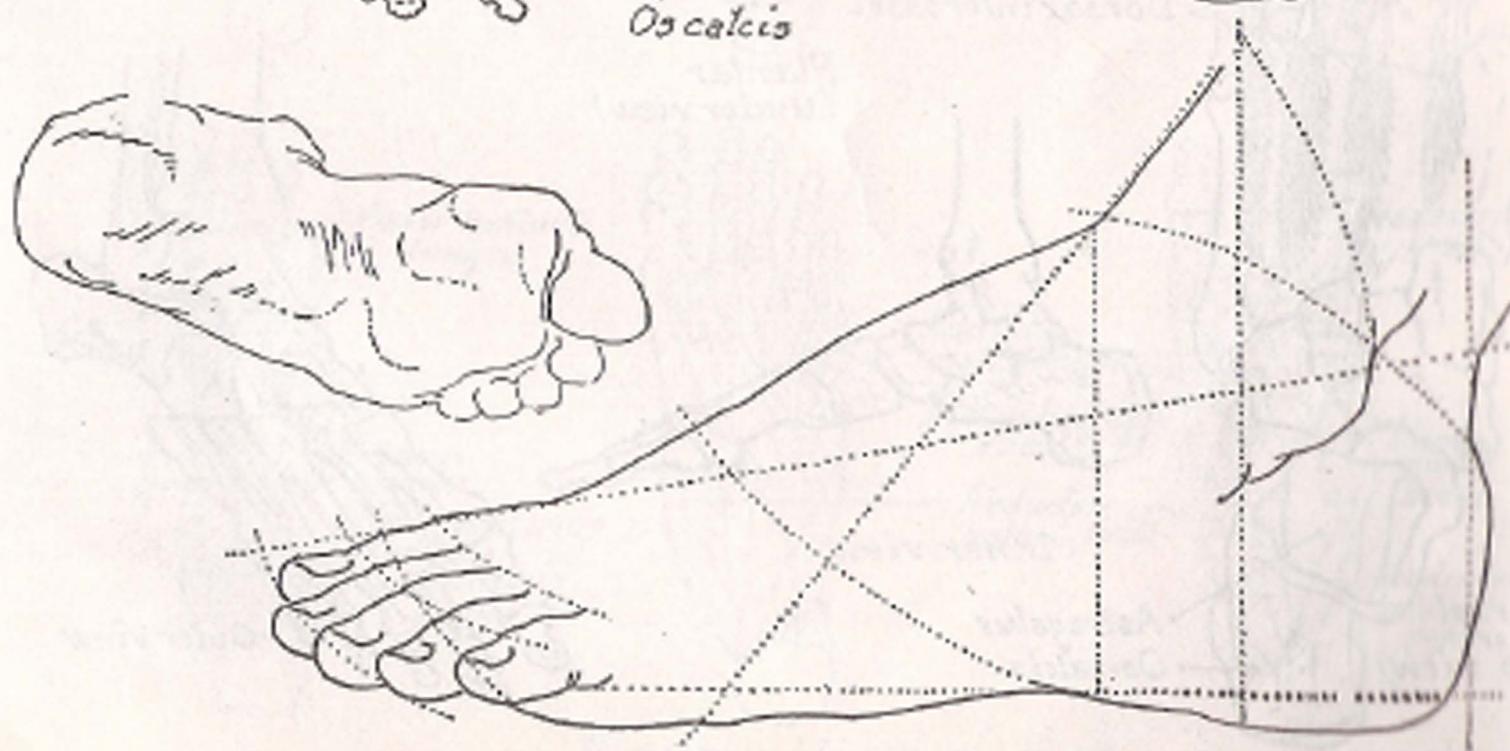
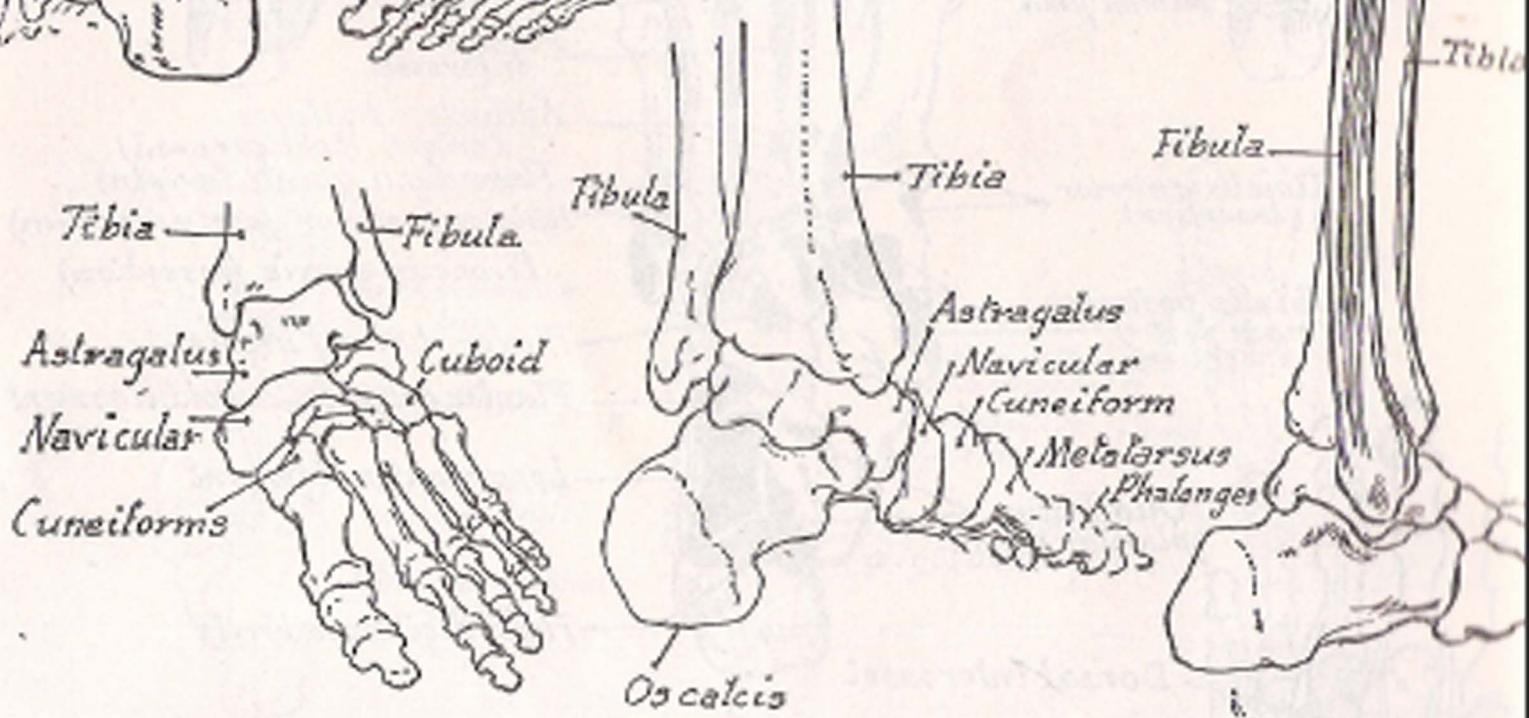
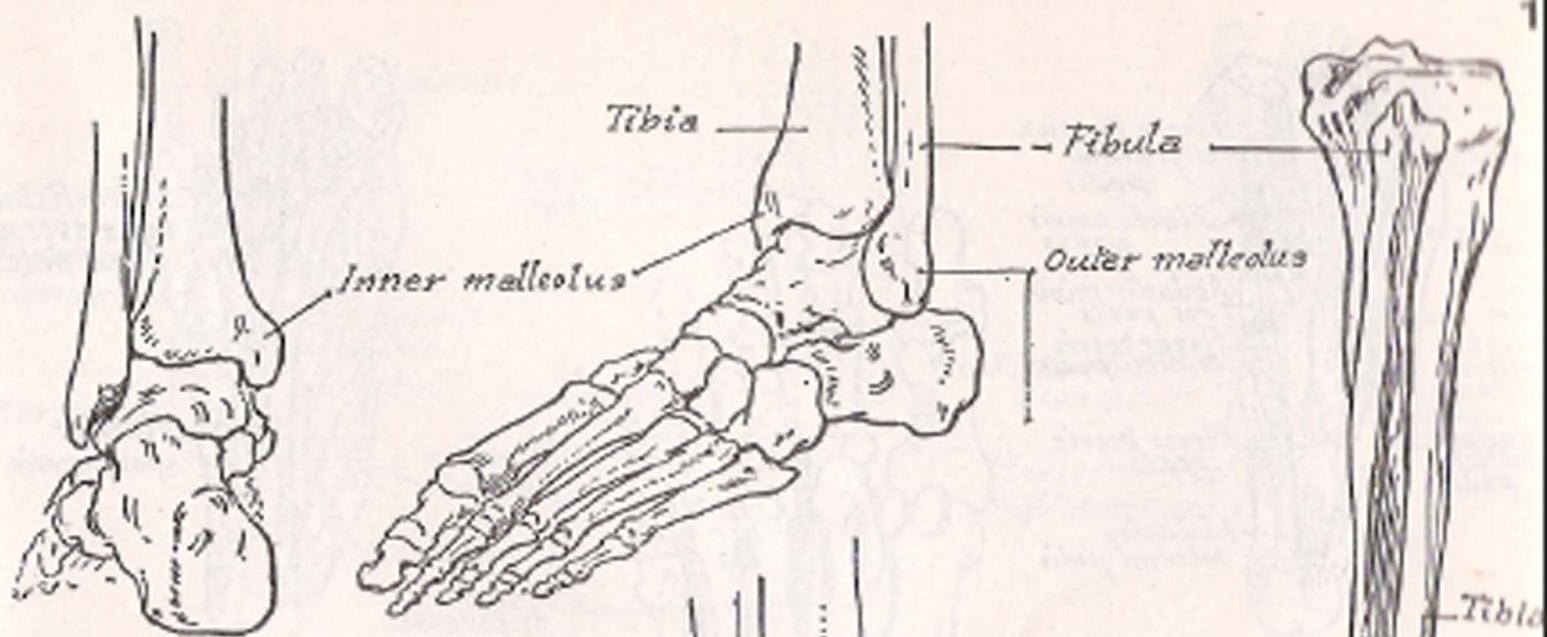


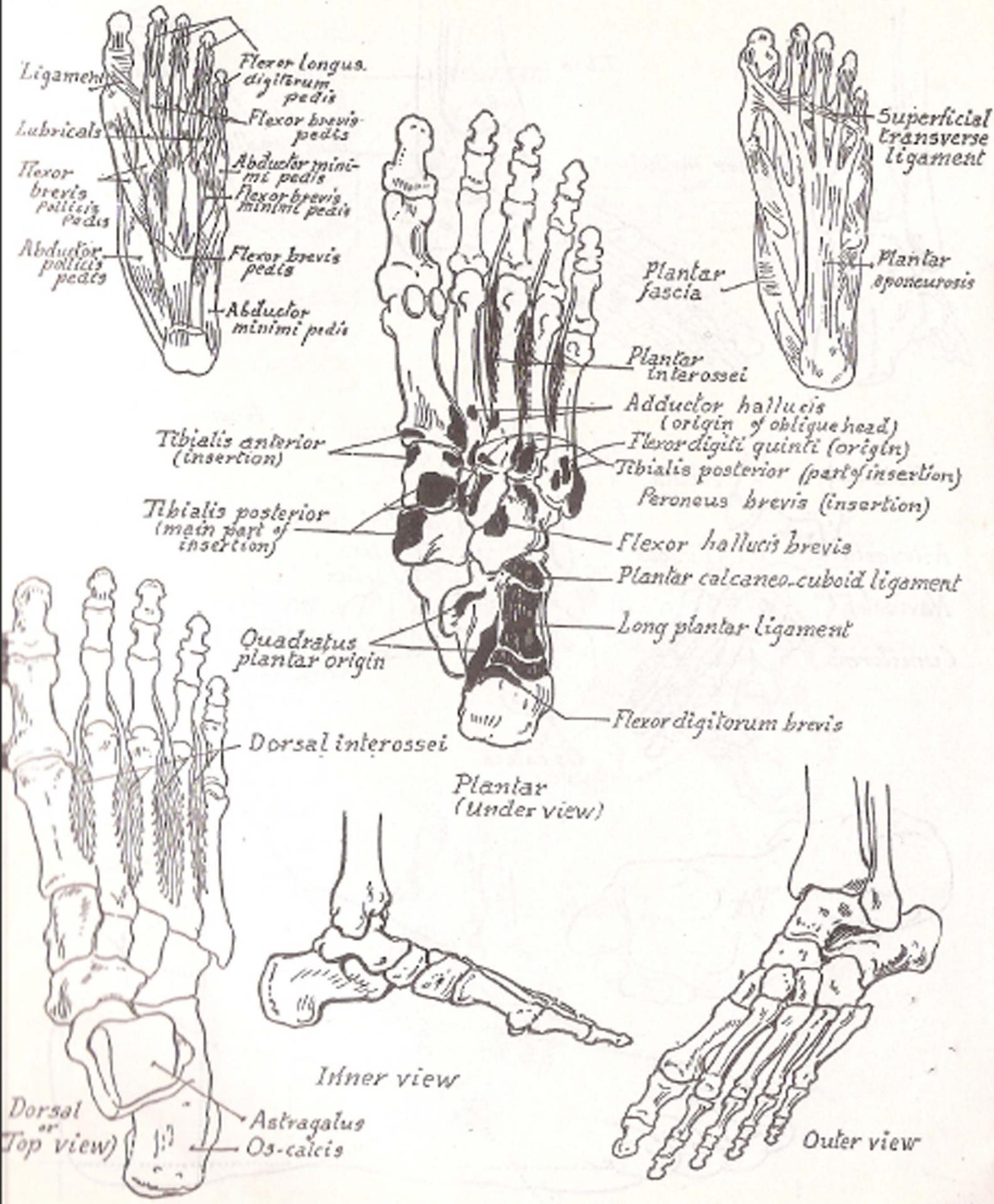
Inner view

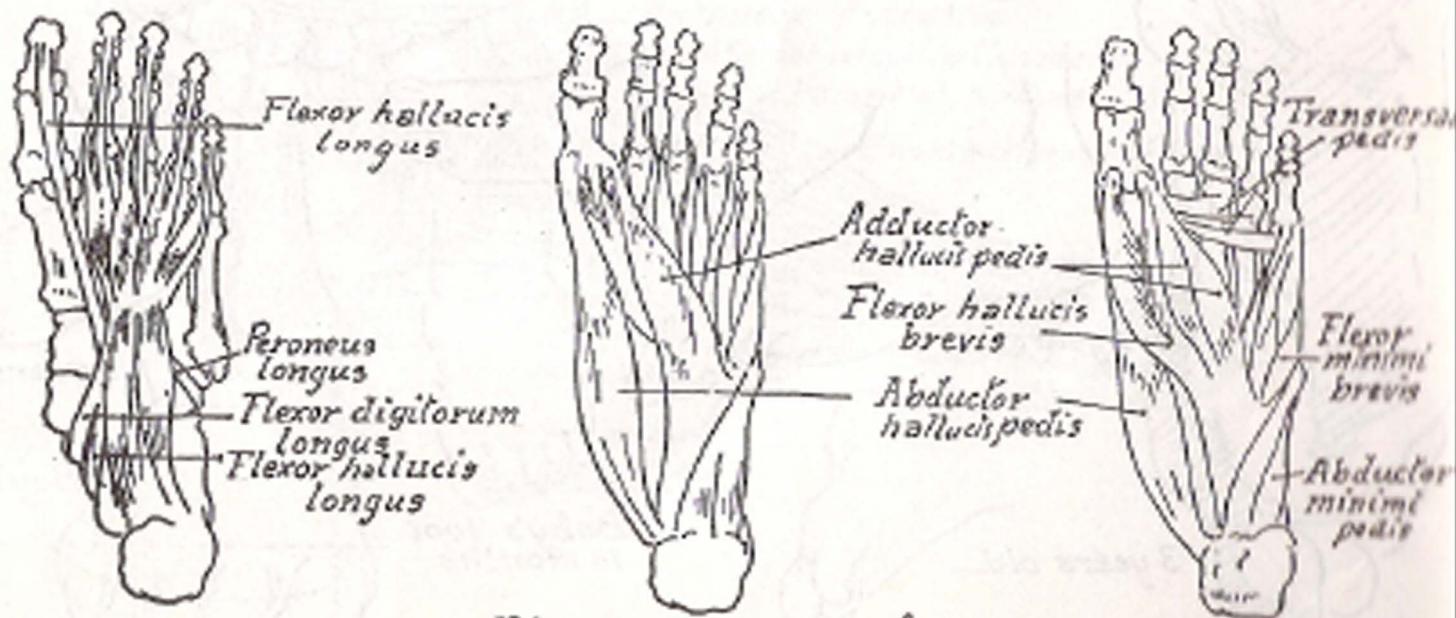
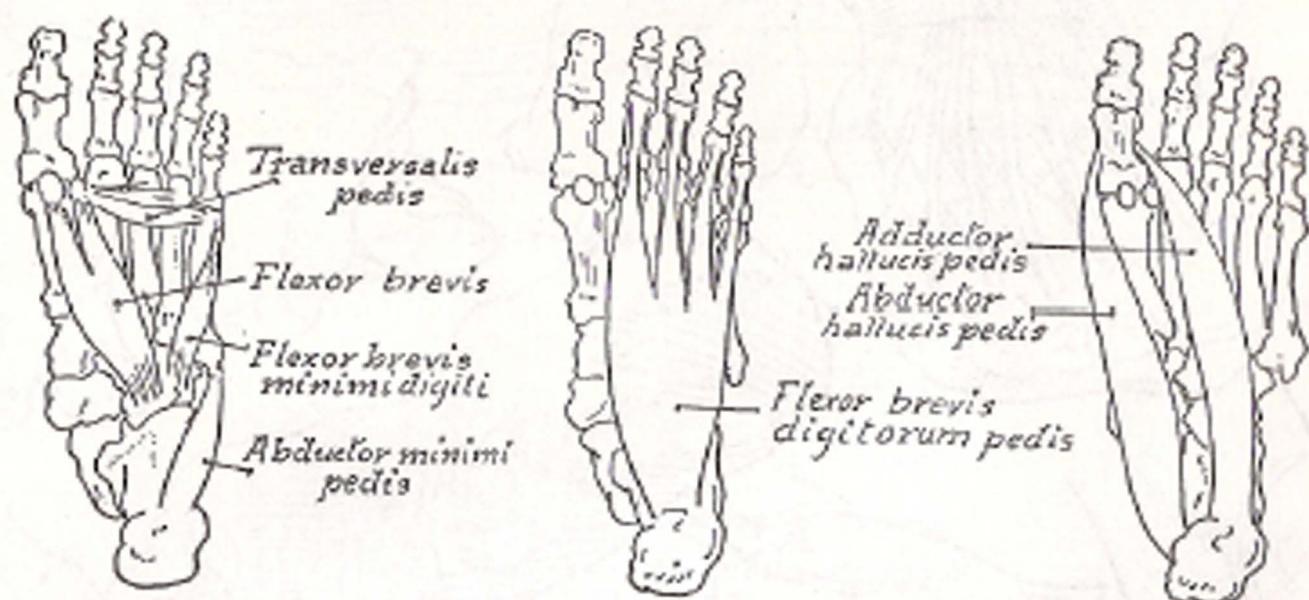
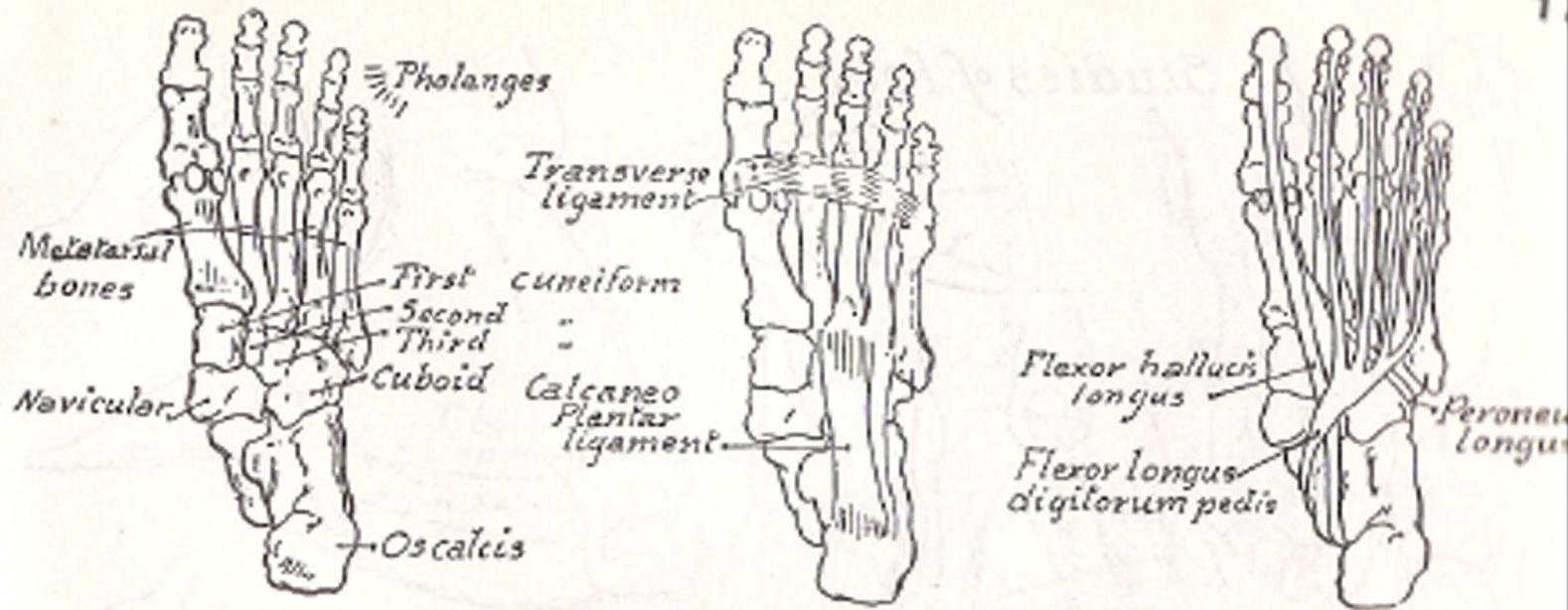


Outer view





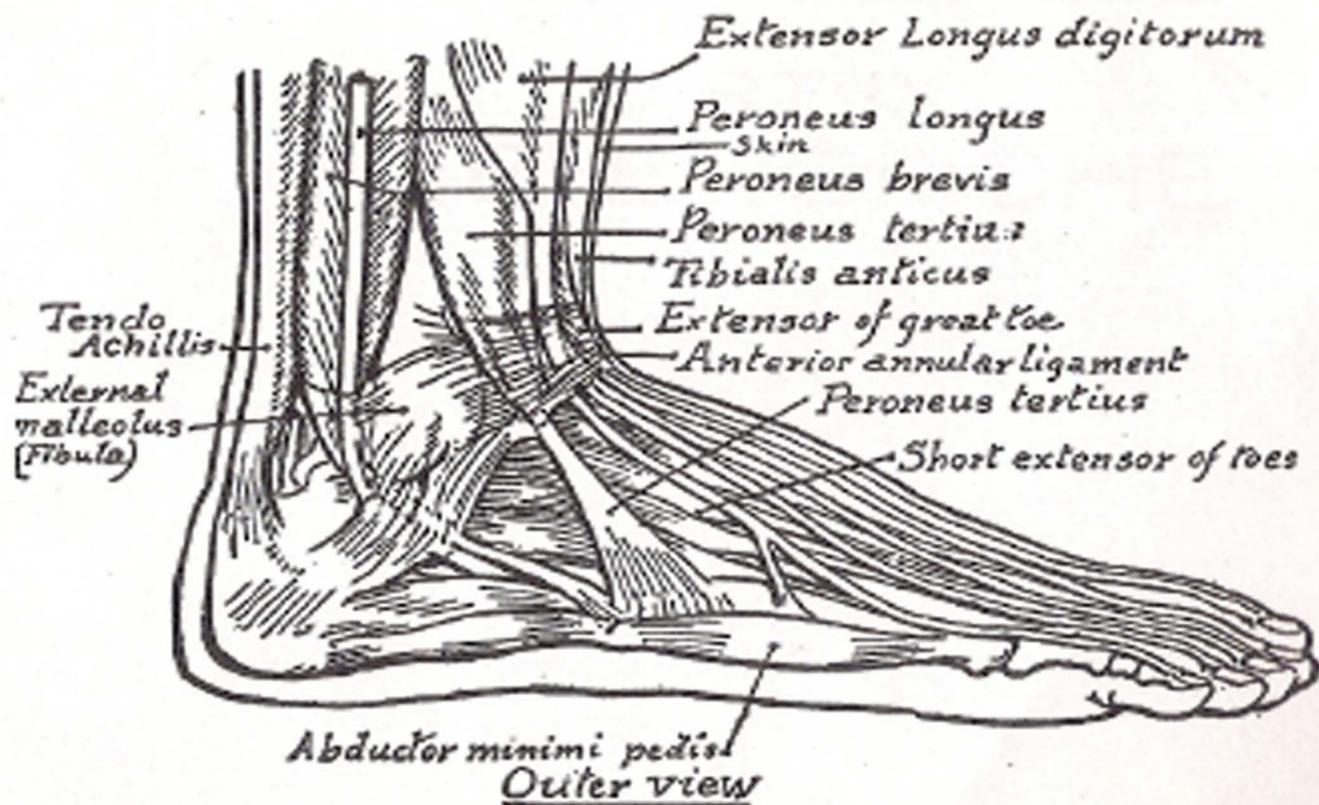
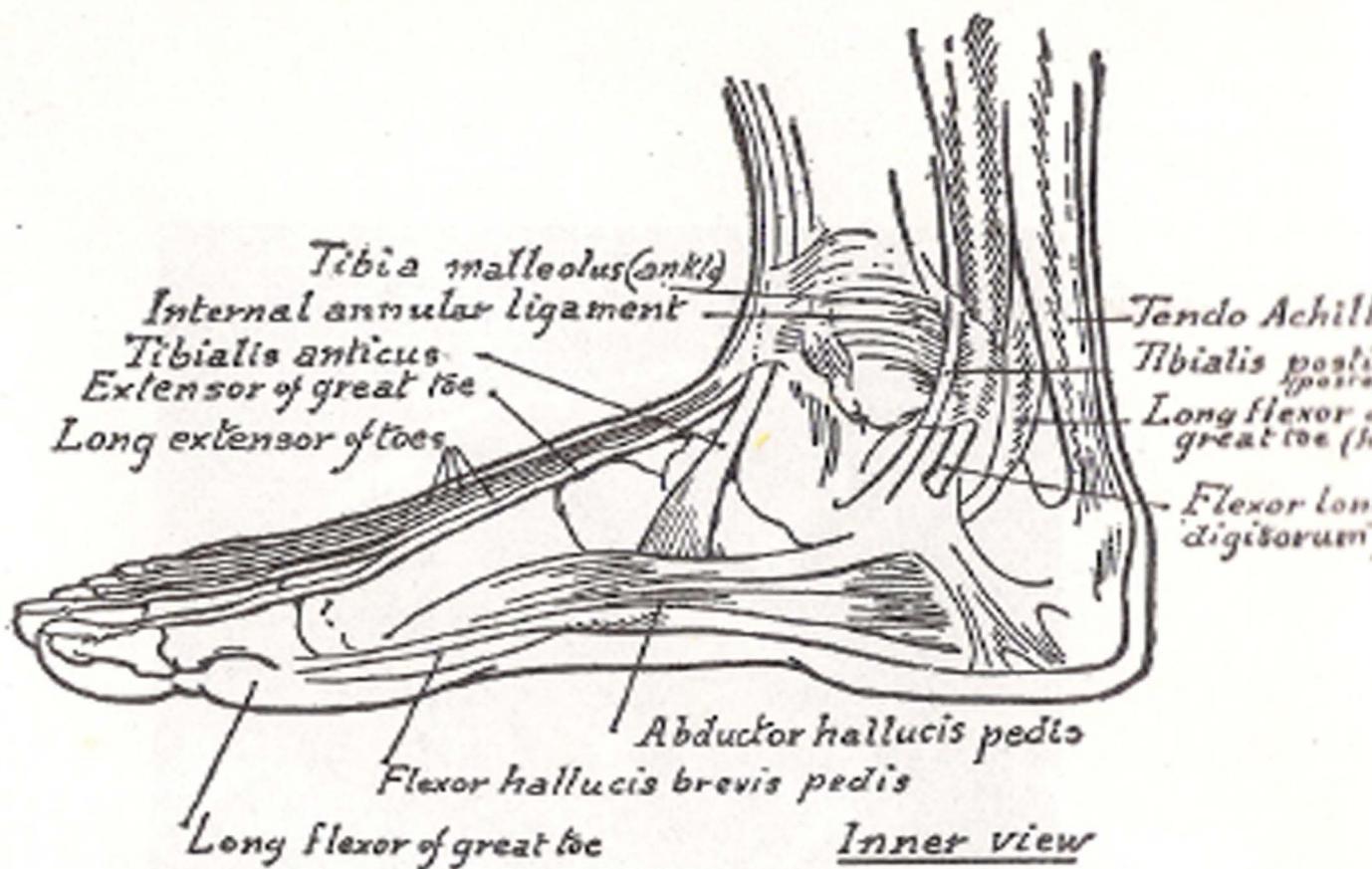




Plantar View of Foot

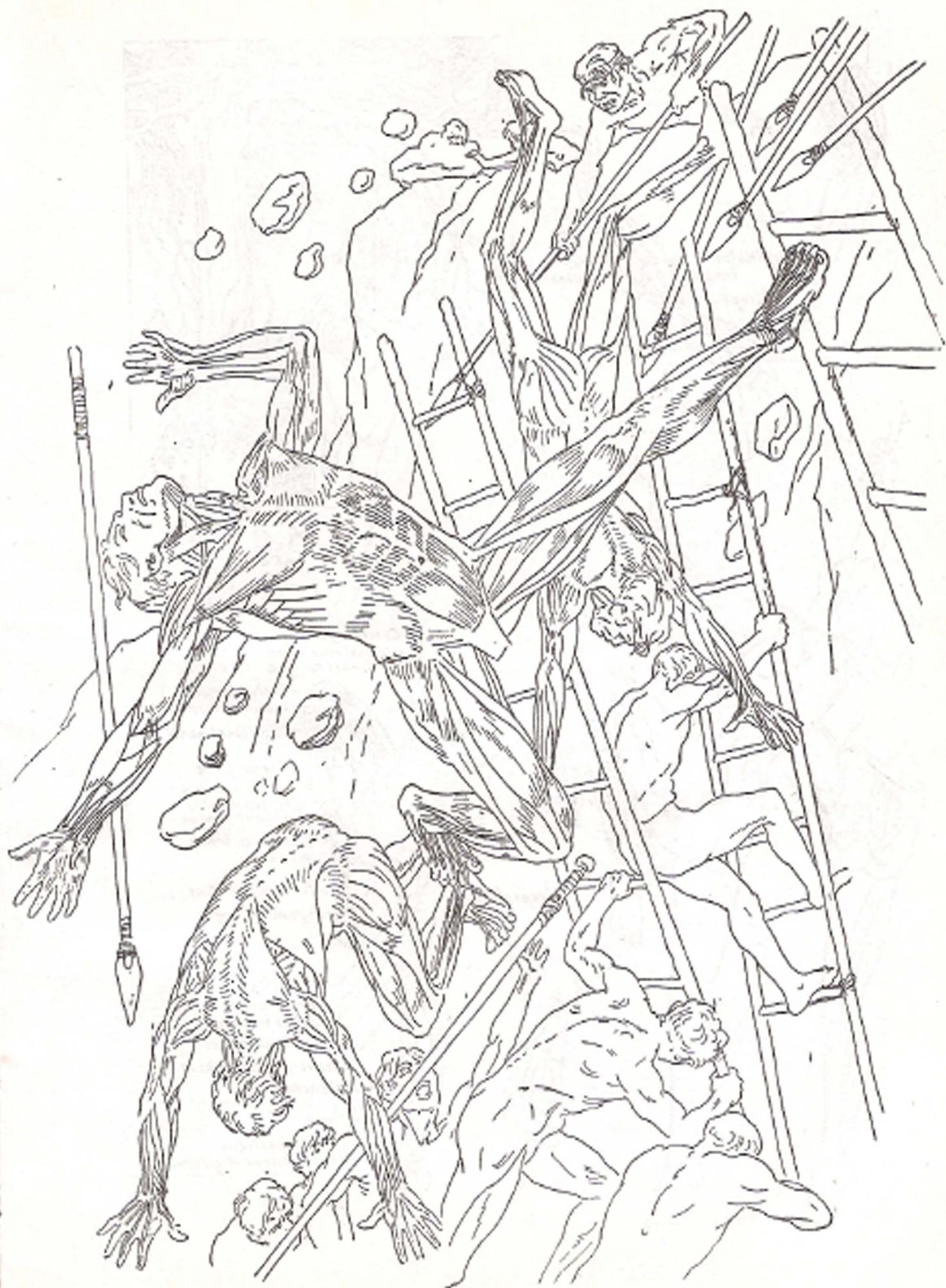
### Studies of feet

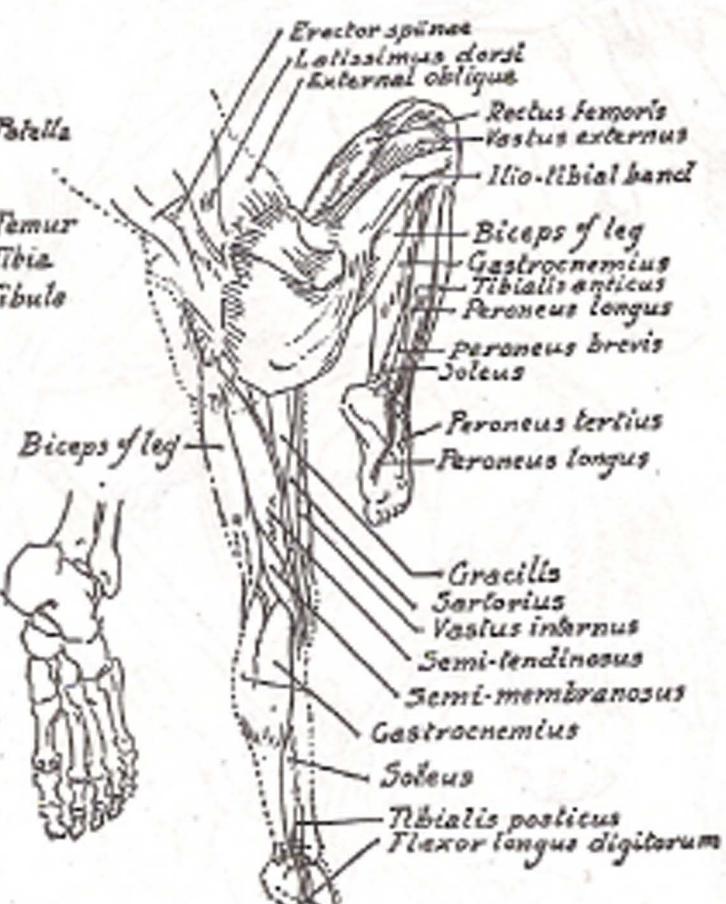
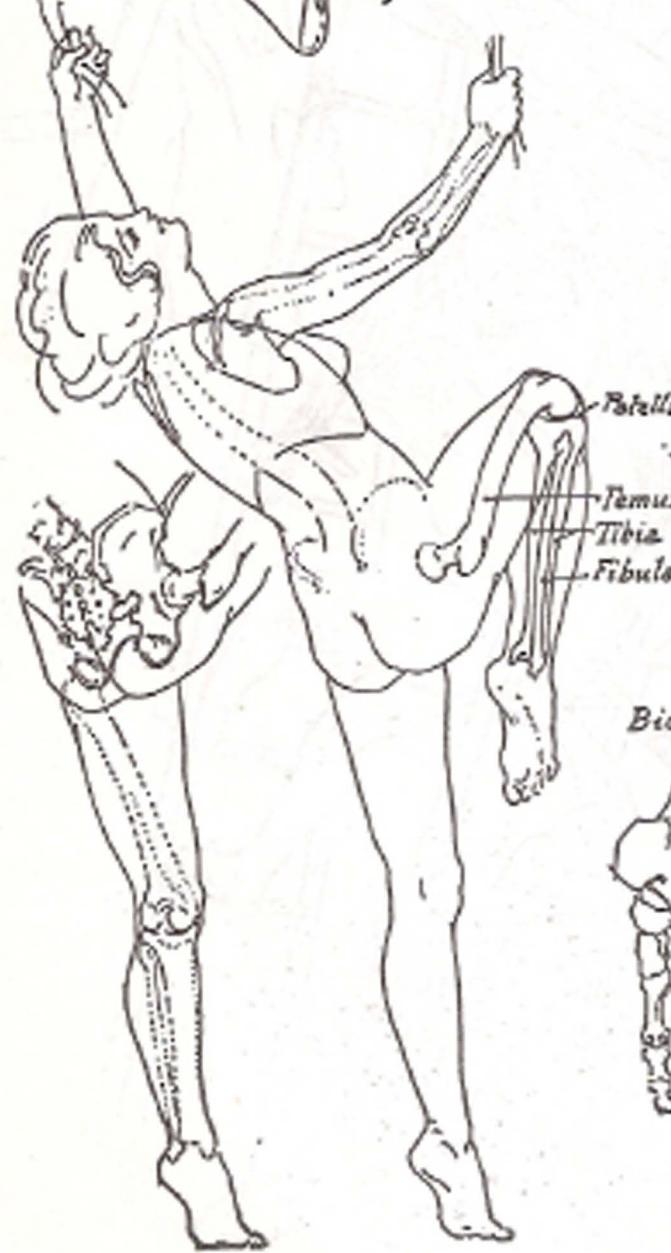
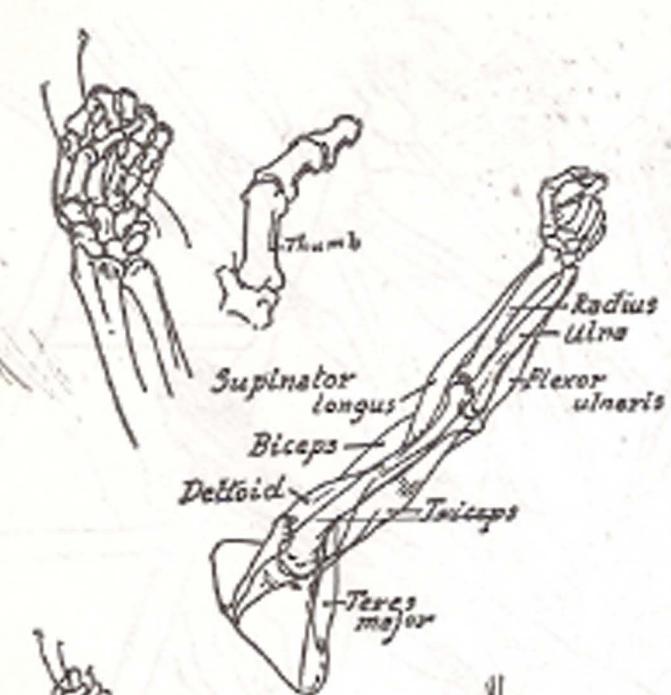


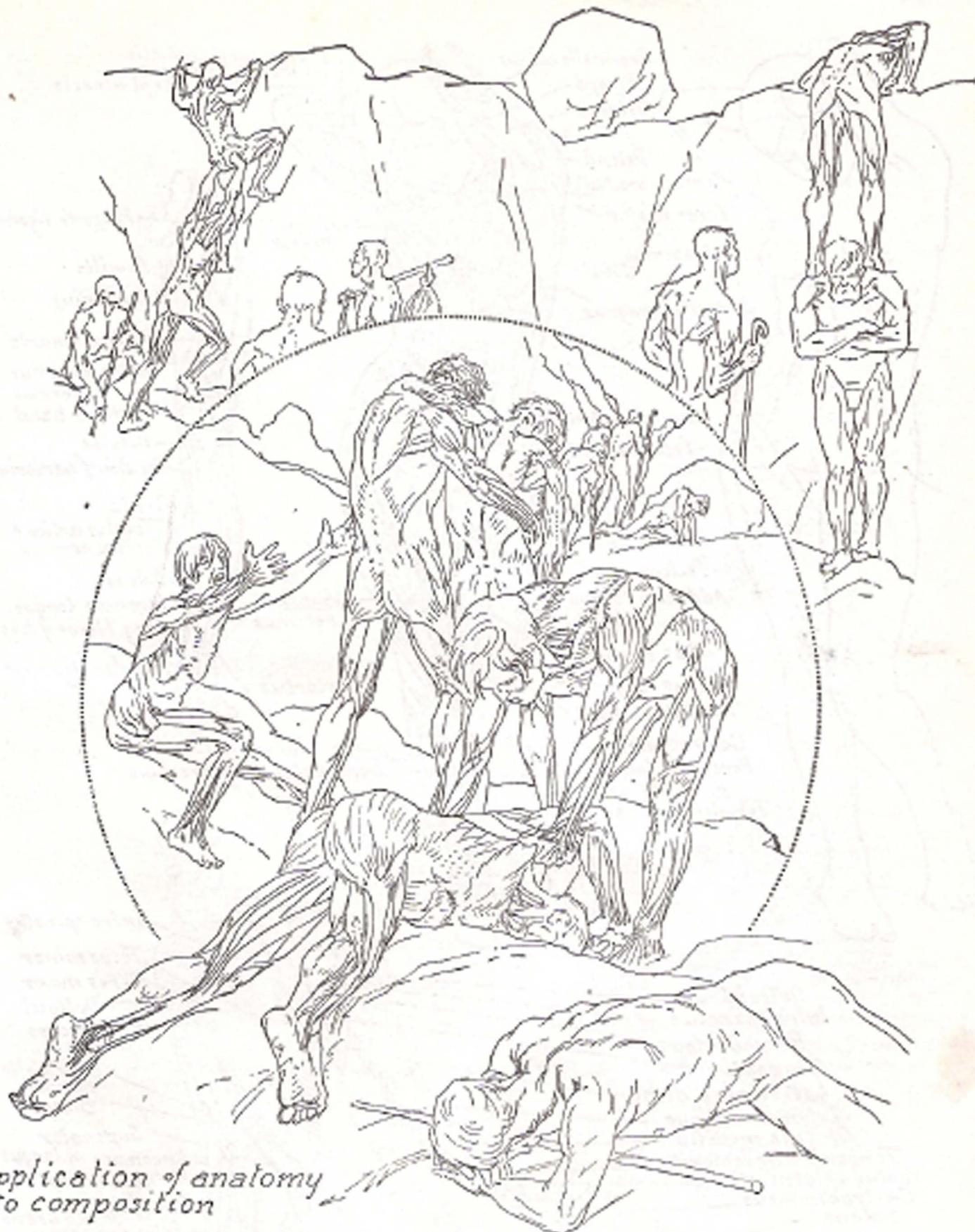




PART IX  
THE ECORCHE

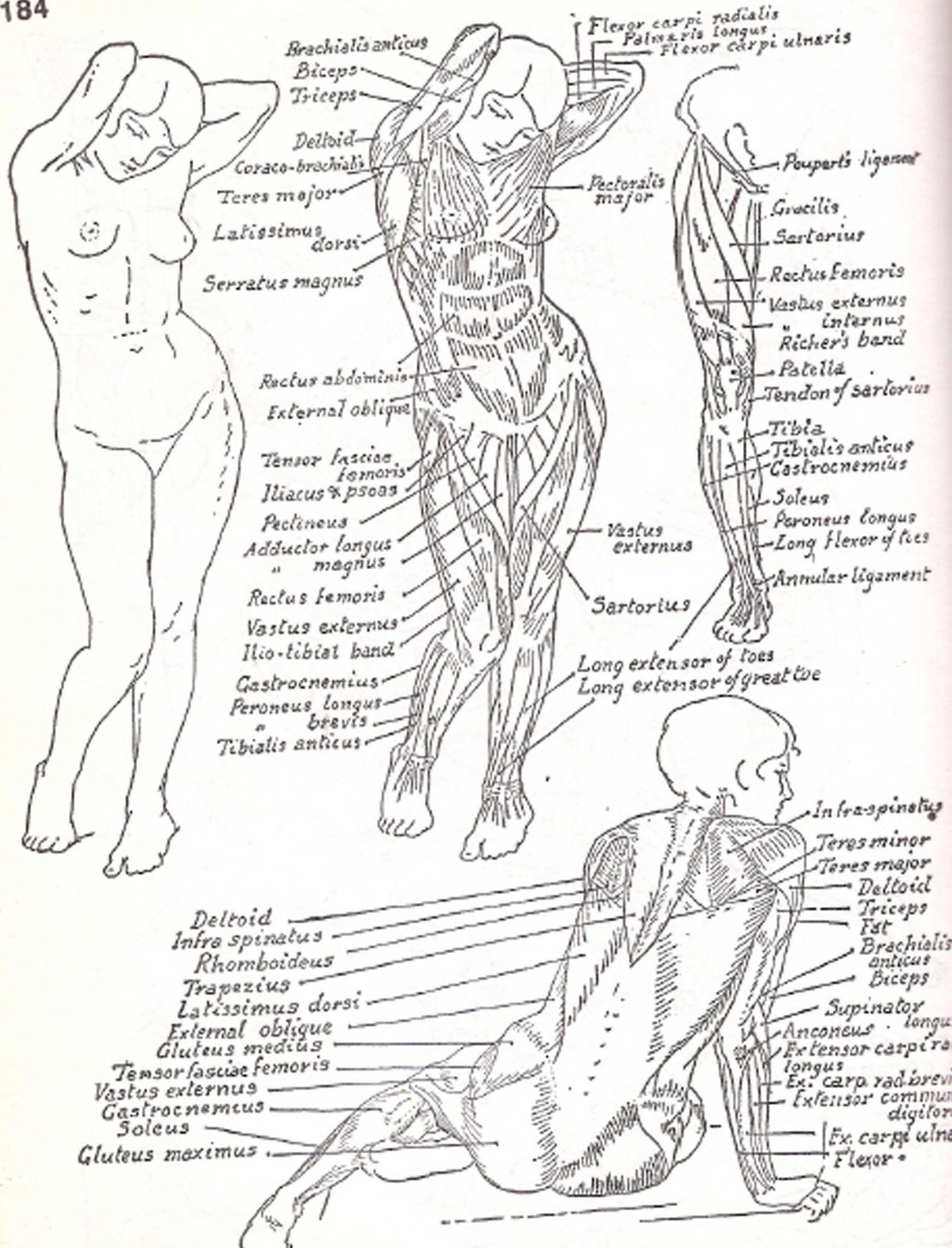


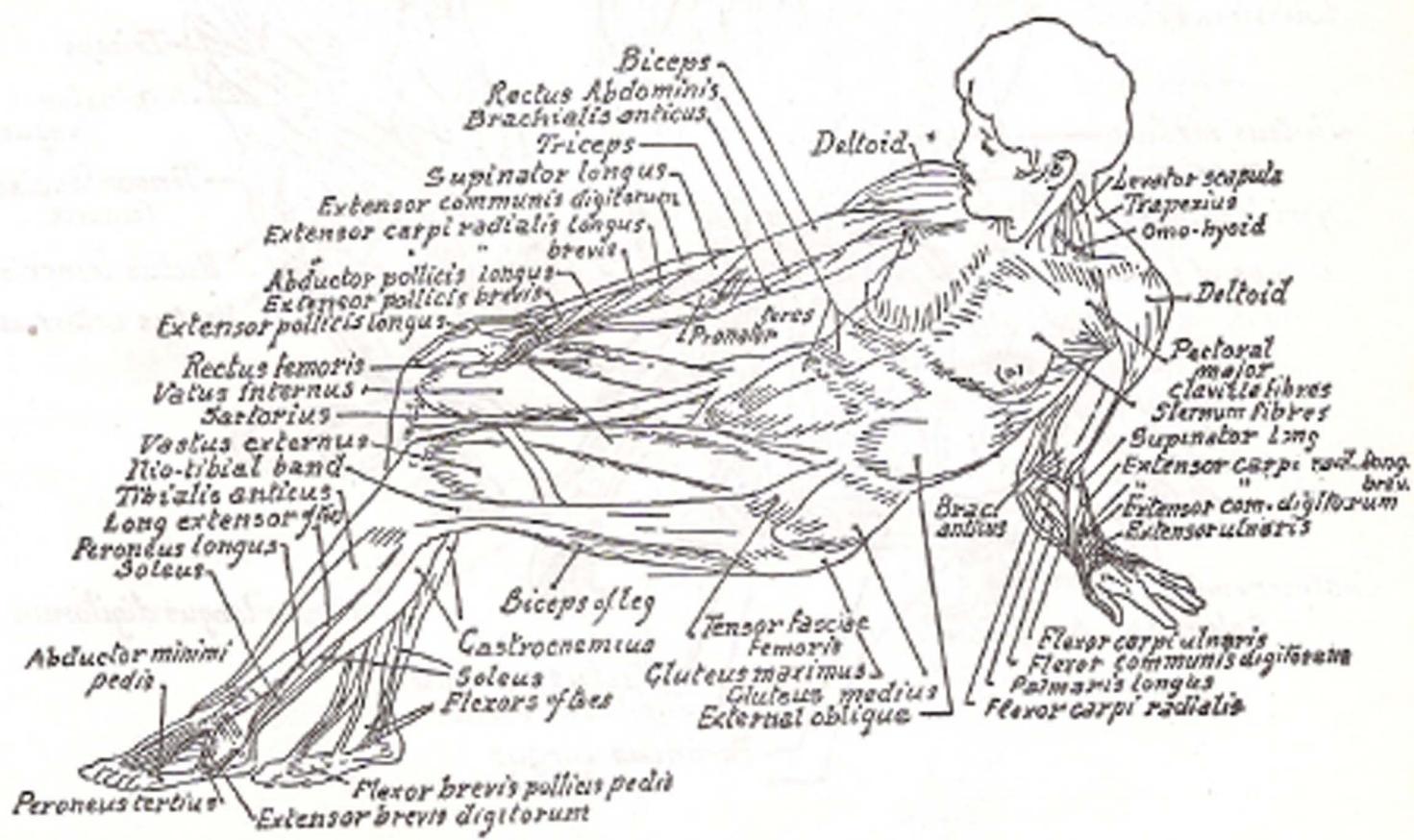
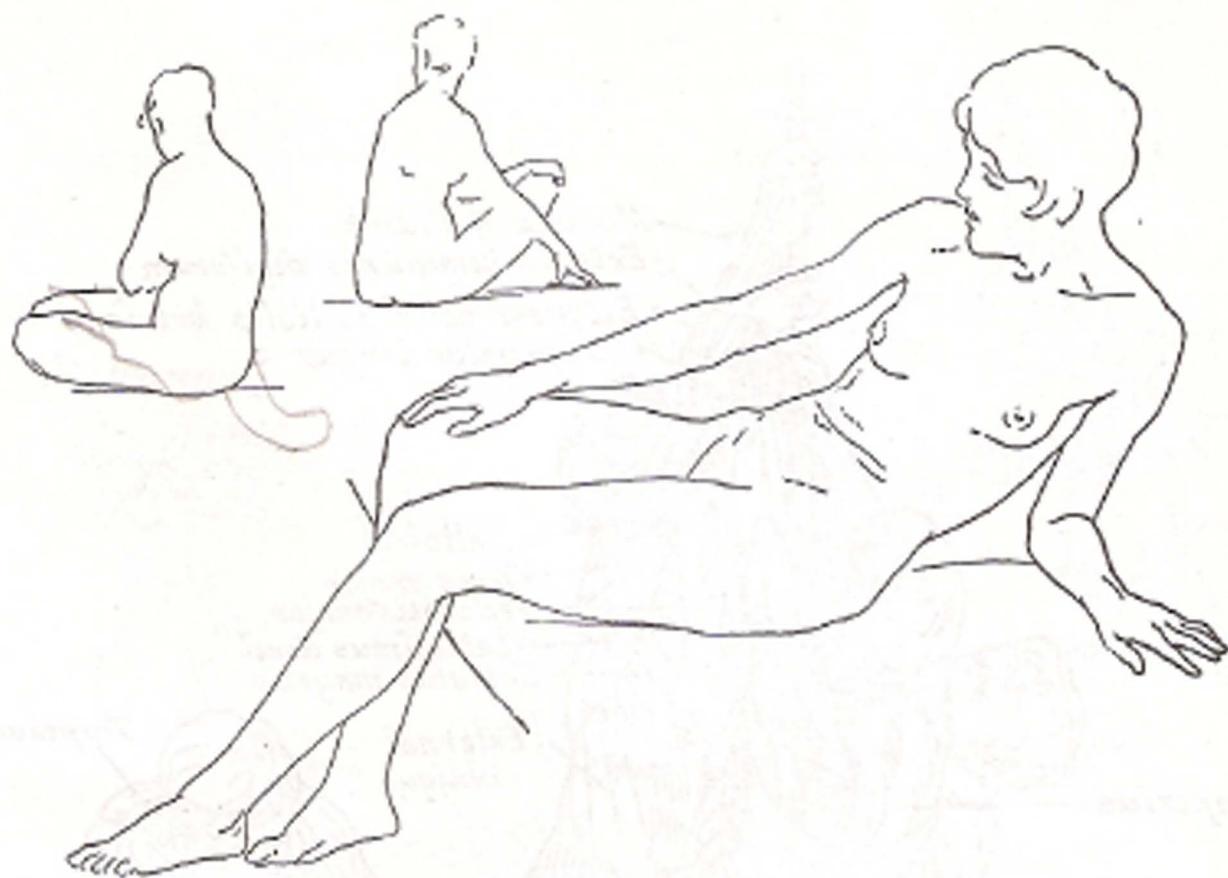


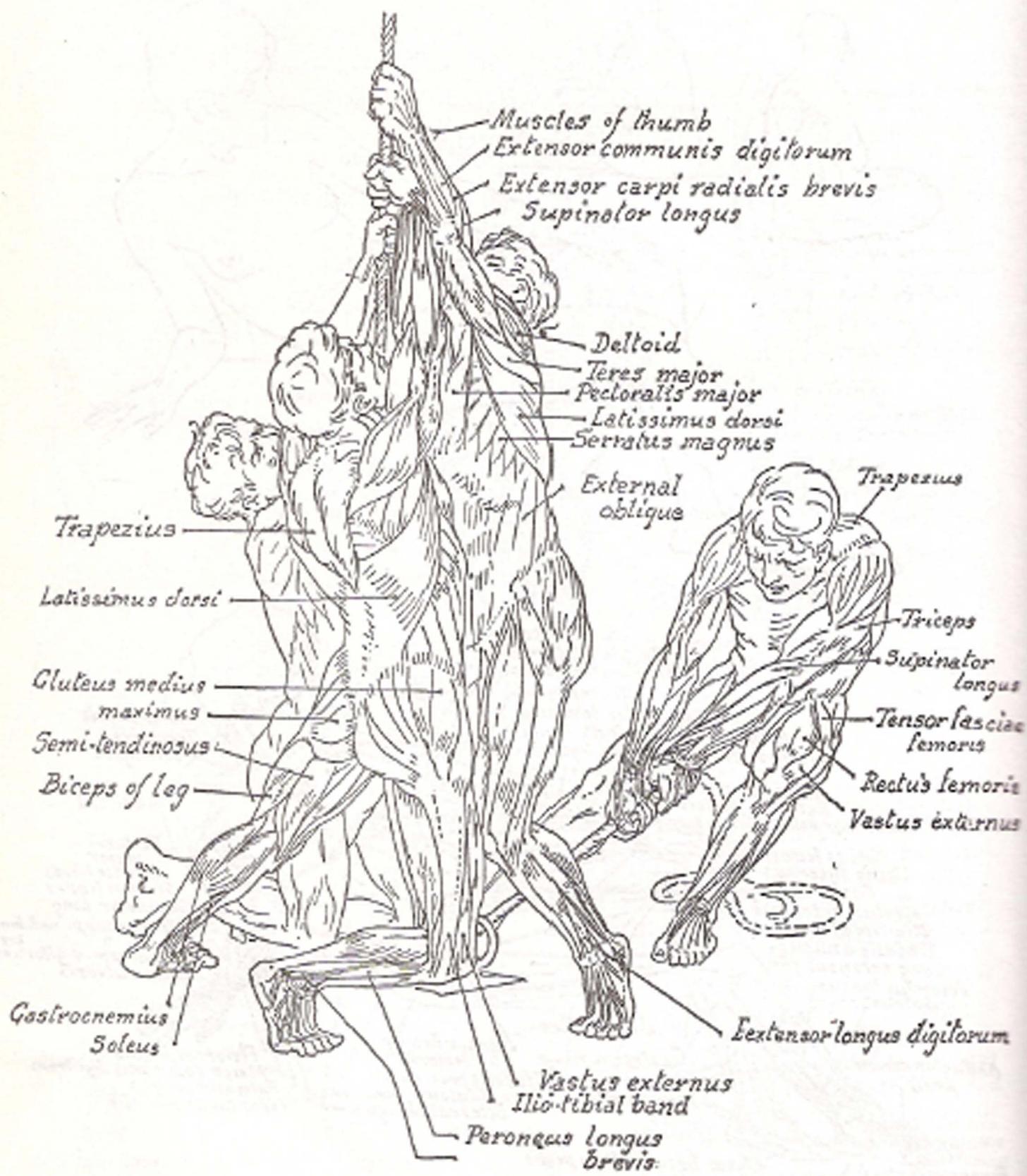


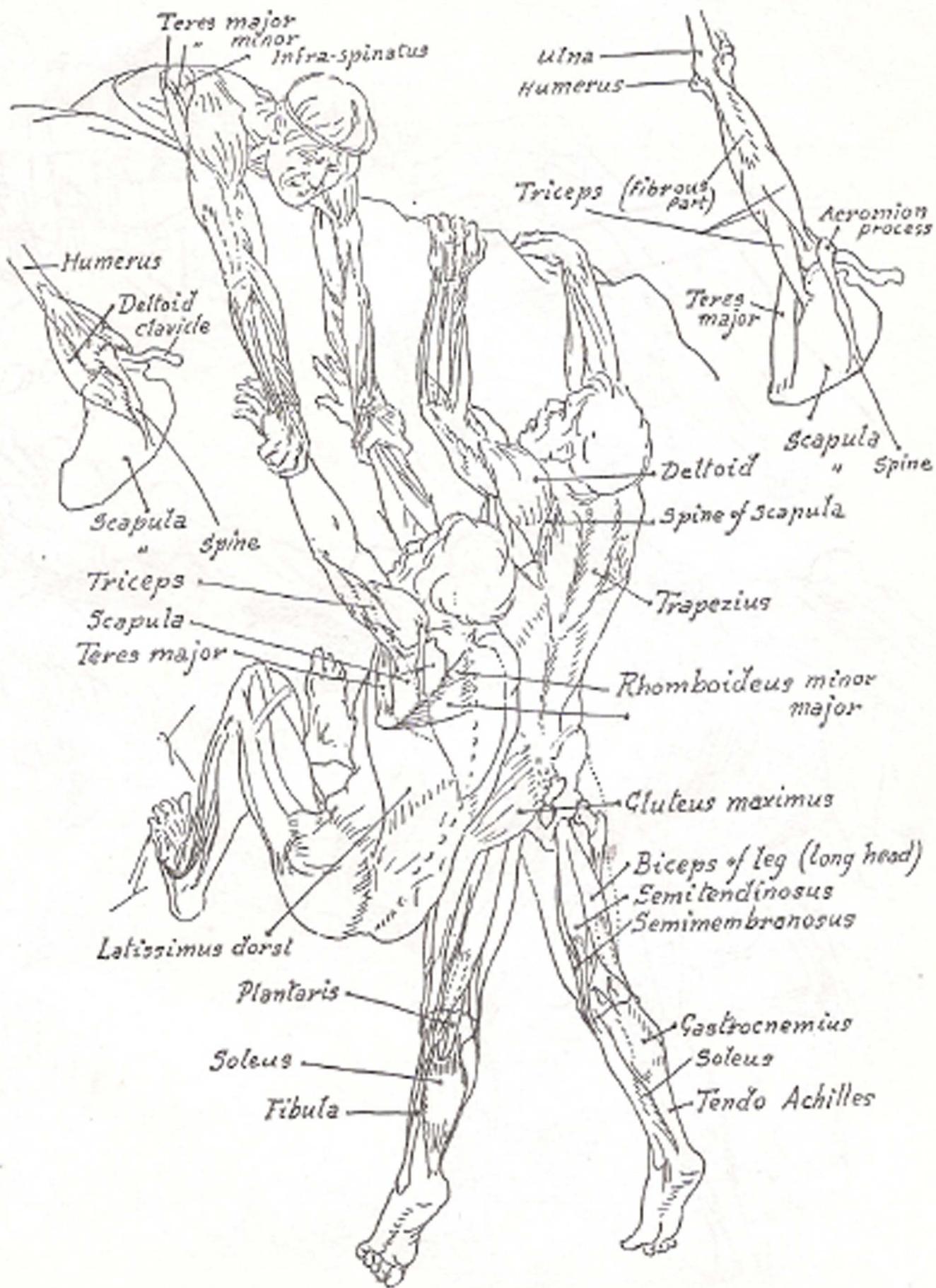
*Application of anatomy  
to composition*



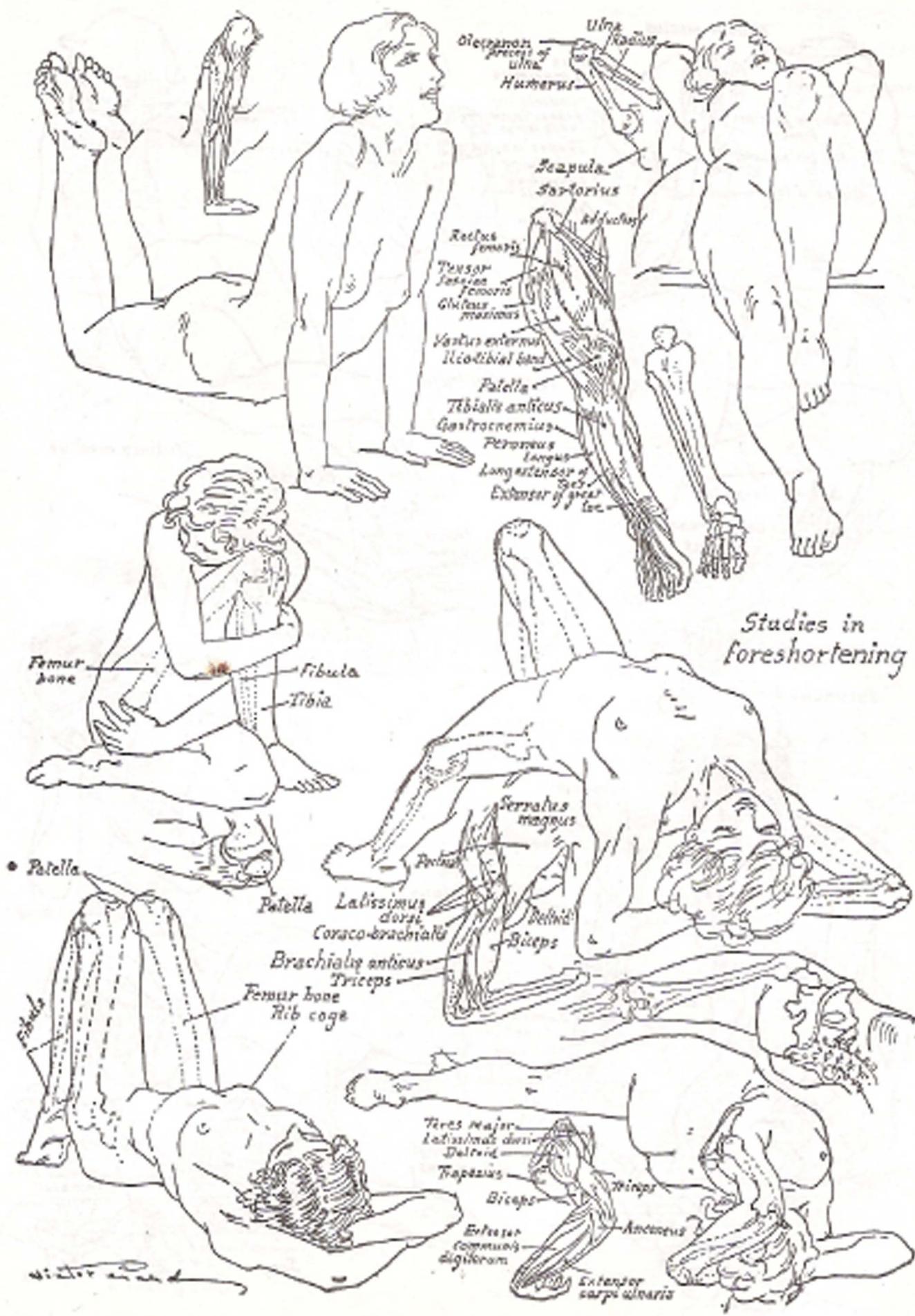


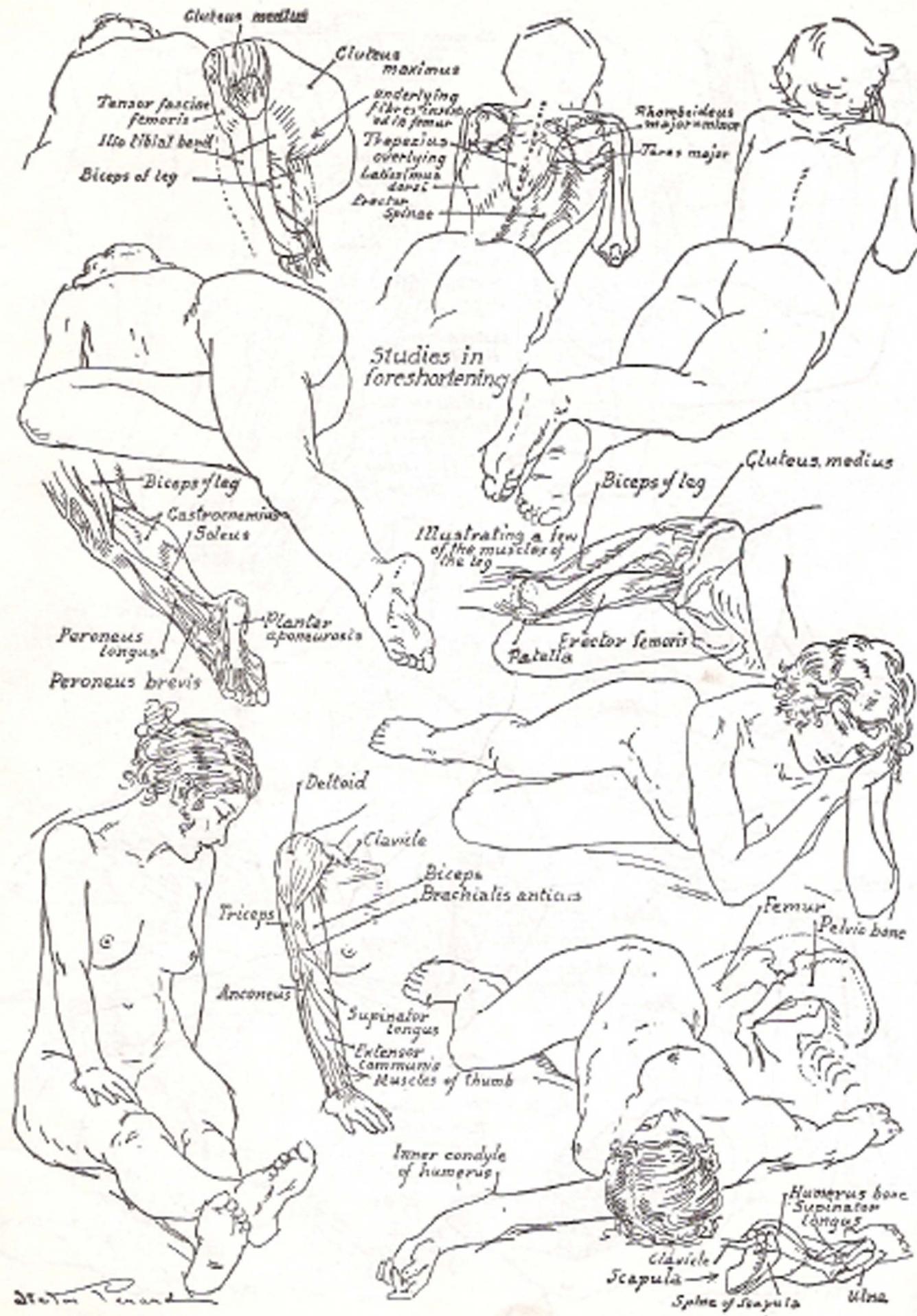


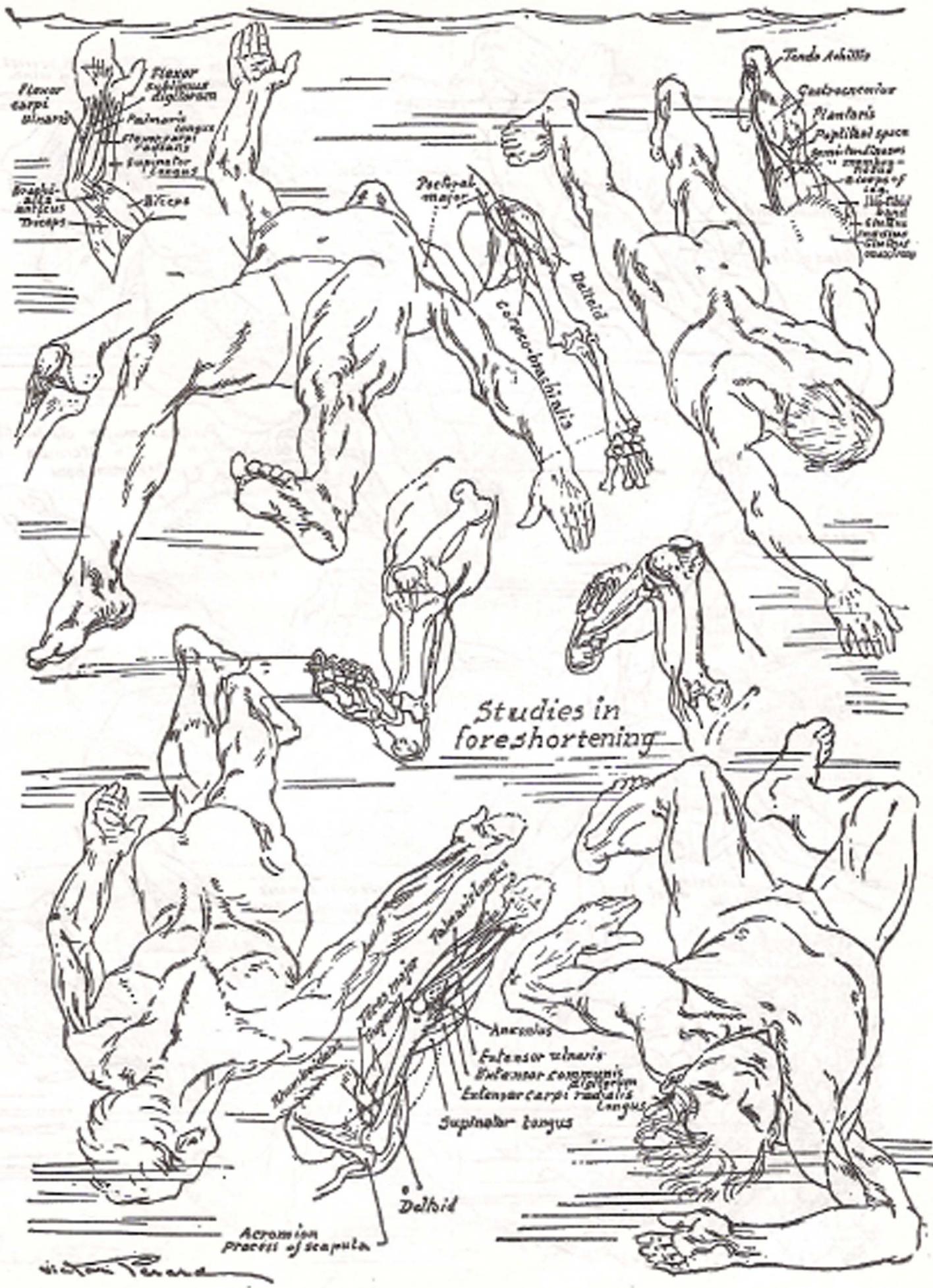




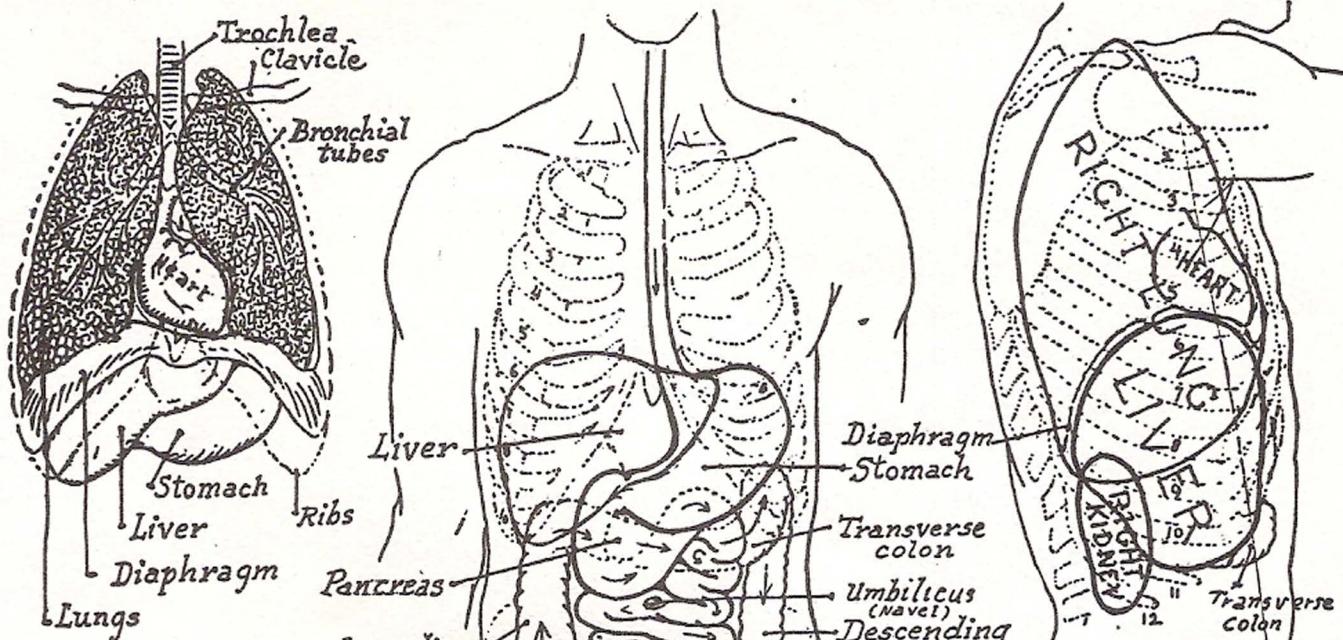






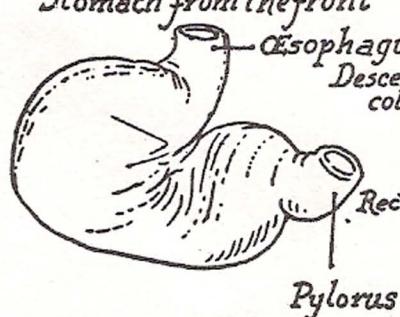
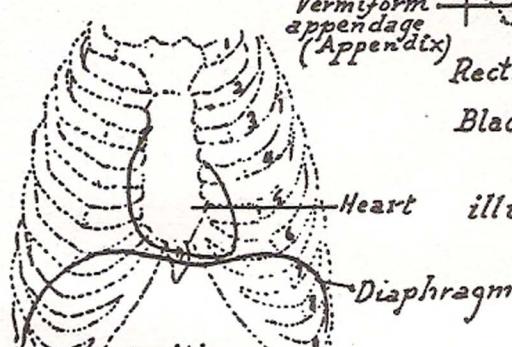






Front view  
illustrating position  
of digestive tract

Right side  
showing relative  
position of lung, liver  
& Kidney



Back view.  
Illustrating relative positions  
of internal organs

